



**NAAC A+**

# **Sustainability**

## **Health and Well-being Services**

### **(July 2024- December 2024)**



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 03 July 2024  
**Time:** 10am - 2pm  
**Program:** Free Eye Camps  
**Location:** PHC Mori, Distt Uttarkashi, Uttarakhand

**No. of Beneficiaries:** 28

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology




**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

21/7/2024 To  
5/7/2024

Dated

S. No	Registration No.	Student's Name	Signature of student
1	DD2024353001	Diyansh Tiwari	

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 3/7/2024

**Time** - 9:00am-2:00pm

**Program** – Comprehensive Community Health Program

**Location** – Khalateera, Haridwar

**Beneficiaries** –25

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 04, Students - 05

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students conducted the camp. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



Dr. Rajeev Bijalwan  
(Dy. Director-Health)


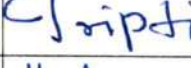



Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

**Date-** 3/7/2024

**Program** – Comprehensive Community Health Program

**Location** – Khalateera, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301138	Thapliyal Dipti Krishandutt	
2.	DD231103301139	Tripti	
3.	DD231103301140	Upasana Rawat	
4.	DD231103301141	Vansh Manwal	
5.	DD231103301142	Vanshika Rawat	

  
Dr. Rajeev Bhalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman Income Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 04 July 2024

**Time:** 10am - 3pm

**Program:** Free Eye Camps

**Location:** Main Market, Tehsil, Purola, Distt Uttarkashi, Uttarakhand

**No. of Beneficiaries:** 27

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology




**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

21/7/2024 to  
5/7/2024

Dated

S. No	Registration No.	Student's Name	Signature of student
1	DD2024353001	Diyansh Tiwari	

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date:** 05 July 2024  
**Time:** 9am-2pm  
**Program:** Free Eye Camps  
**Location:** CHC Barkot, Distt Uttarkashi, Uttarakhand  
**No. of Beneficiaries:** 48

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology




**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

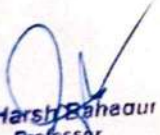
**Activity: Free Eye Camp**

**List of Students participated in the activity**

21/7/2024 to  
5/7/2024

Dated

S. No	Registration No.	Student's Name	Signature of student
1	DD2024353001	Diyansh Tiwari	

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 05 July 2024

**Time:** 9am - 2pm

**Program:** Free Eye Camps

**Location:** Shri Bhagwanda Mahavidyalaya, Jwalapur, Distt. Haridwar

**No. of Beneficiaries:** 201

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 05

**Students:** 03

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

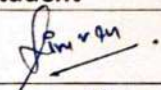
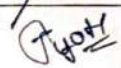
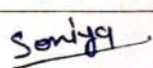


**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

Dated 05/07/24.

S. No	Registration No.	Student's Name	Signature of student
1.	DD2014353002	Simran Thapa	
2.	DD1914353003	Jyoti Pal	
3	DD2014353004	Sonija Baudh	

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehradun



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 10 July 2024  
**Time:** 10am - 2pm  
**Program:** Free Eye Camps  
**Location:** Mehmoodpur Kasba, Uttar Pradesh  
**No. of Beneficiaries:** 20

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

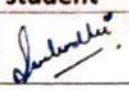
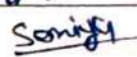


**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

Dated 10/07/24

S. No	Registration No.	Student's Name	Signature of student
1.	DD2014353003	Sankodhi Negi	
2	DD2014353001	Sonija Baudh	

  
**Dr. Harsh Bahadur**  
Professor  
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Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date** - 10/7/2024

**Time** - 9:00am-2:00pm

**Program** – Comprehensive Community Health Program

**Location** –Salempur, Haridwar

**Beneficiaries** –41

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 05, Students - 05

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, and field supervisor conducted the camp. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including BP, sugar, and haemoglobin. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



### Maternal and Child Health Program

Date- 10/7/2024

Program – Comprehensive Community Health Program

Location –Salempur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD241103302012	Radhika	
2.	DD241103302013	Riya Pal	
3.	DD241103302014	Shama Praveen	
4.	DD241103302015	Shivani Sharma	
5.	DD241103302016	Simran	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haryana Sahitya Akademi Hospital Trust  
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Dehradun-248140, Uttarakhand



## DEPARTMENT OF COMMUNITY MEDICINE HIMS, SRHU, DEHRADUN



### FAMILY PLANNING AWARENESS

**Date :** 11-07-2024

**Time:** 9.30am-1.30pm

**Location:** RHTC Gauhri Mafi, UHTC Kurkawala

**No. of Students:** 5

**Activity Detail:** World Population Day, celebrated annually on July 11th, is a global initiative aimed at raising awareness about population issues and their implications for sustainable development. The theme for 2024, "Leave No One Behind, Count Everyone," emphasized the importance of inclusive data collection and ensuring that all individuals, regardless of their socioeconomic background or geographic location, are accounted for in population statistics.

The program started by presenting a wonderful slide-show by Dr Anil Bisht (Post Graduate Resident) in the department where the staff of the department were made aware about the day and issues pertaining to it. Next, to commemorate World Population Day and promote awareness about reproductive health and family planning, Dr. Avani and Dr. Anil Bisht, post graduate residents in the Department of Community Medicine, conducted health education sessions at Rural and Urban health centers.





### Attendance:

11-07-2024				
		S.No.	Name of Students	Signature
		1	Ria Jain	<i>Ria</i>
		2	Ritvik Verma	<i>Ritvik</i>
		3	Ruchika Gahlyan	<i>Ruchika</i>
		4	Saachi Goel	<i>Saachi</i>
		5	Dr Avani Gupta	<i>Avani</i>

*H. K. Srivastava*  
 Dr A K Srivastava  
 (Prof. & Head)

Department of Community Medicine,  
 Himalayan Institute of Medical Sciences  
 Swami Rama Himalayan University  
 Swami Ram Nagar, Jolly Grant  
 Dehra-Dun-248026, Uttarakhand, India





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Workshop on Reproductive Health and Rights

**Date** – 11/7/2024

**Time** - 9:00am-2:00pm

**Program** – Comprehensive Community Health Program

**Location** – AKIC Bahadradabad & RIC Aurangabad

**Beneficiary** - 60

**Supporting Agency** – Wipro Cares

**University Role** – Staff - 05 (Dr Amandeep, Ms. Pawandeep, Ms. Meena Pandey, Ms. Neelam, Ms. Sheetal), Student - 02

**Activity Detail** - World Population Day is celebrated on the 11th of July every year to raise awareness about global population issues and the various importance of reproductive health and rights. India's population in 2024 stands at slightly over 1.428 billion. The poster competition was organized for the students of Government Inter College, Nagthat on the theme of "To Leave No One Behind, Count Everyone". A brief introduction of World Population Day, why we celebrate it, the history of World Population Day, and various components of this day, and the importance of family planning, gender equality, poverty, and maternal health were explained to the students before the initiation of the competition. 30 students from each inter-college participated in the competition with 6 groups (5 students in each group). Prizes were distributed to the qualified group based on the best poster and the explanation about what they made in the poster.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Rama Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## Workshop on Reproductive Health and Rights

**Date** – 11/7/2024

**Program** – Comprehensive Community Health Program

**Location** – AKIC Bahadrabad & RIC Aurangabad

S. No.	Registration No.	Name of Student	Signature
1.	DD241103302004	Kalpana Gayatri	Kalpana
2.	DD241103302005	Kanchan	Kanchan

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Income Hospital Trust  
Swami Ram Nagar, P.O. Dharwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 13/7/2024

**Time:** 9:00am-2:00pm

**Program** – Comprehensive Community Health Program

**Location** –Aneeki, Haridwar

**Beneficiaries** –28

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 03, Students-5

**Activity Detail** – A maternal and child health camp was organized in Aneeki village, consisting of a doctor, pharmacist, nurse, counsellor and students. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)


Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 13/7/2024

Program – Comprehensive Community Health Program

Location –Aneeki, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301143	Varsha Bhatt	
2.	DD231103301144	Vedanshi	
3.	DD231103301145	Vedanshi Ramola	
4.	DD22113301035	Diksha Shah (Batch 2022)	
5.	DD2113302142	Vikas Singh (Batch 2021)	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman and Income Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 13/7/2024

**Time -** 9:00am-1:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

**Beneficiaries** – 50

**Supporting Agency** – SRHU

**University Role** – Staff - 05 (Dr. Amandeep Kaur, Dr. Ravindra Singh, Mr. Gajendra Rawat, Mr. Sagar Verma & Ms. Sakshi (MBBS Intern))

**Students** - 03

**Activity Detail** – A Ni-Kshay Mitra Program was conducted for the Tuberculosis patients, and TB Patients of the community. The specialist doctors from the Pulmonary, and interns from Community Medicine departments of the university, along with Project Coordinator, counsellors, and supervisor as well as volunteers of AAS Sansthan. Health services and Nutrition kit distributed to patients after filling of google questionnaire.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)


Rural Development Institute  
Himalayan In-Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

**Date-** 13/7/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

S. No.	Registration No.	Name of Student	Signature
1.	DD231103302008	Sapna Trivedi	
2.	DD231103302009	Shalini Saklani	
3.	DD231103302010	Saurabh Negi	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haryana Sanitation Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 14 July 2024

**Time:** 9am-1pm

**Program:** Free Eye Camps

**Location:** Panchayat Ghar, Banheri Tanda, Distt Haridwar, Uttarakhand

**No. of Beneficiaries:** 85

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

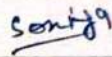
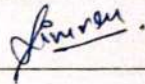


**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

Dated 14/07/24

S. No	Registration No.	Student's Name	Signature of student
1.	DP 2014353001	Sonija Baidh	
2.	DP 2014353002	Simran Thapa	

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 16 July 2024

**Time:** 10am-2pm

**Program:** Free Eye Camps

**Location:** Shanti Dham Swasthya Kendra, Bhikkawala, Distt Bijnor, Uttar Pradesh

**No. of Beneficiaries: 29**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

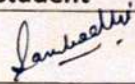
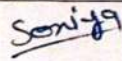


**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

Dated 16/07/24.

S. No	Registration No.	Student's Name	Signature of student
1.	DD2014353003	Sankhodhi Negi	
2	DD 2014353001	Seniya Baurh	

  
**Dr. Hrish Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital  
Jolly Grant, Dehra Dun





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 18 July 2024

**Time:** 10am-2pm

**Program:** Free Eye Camps

**Location:** Prem Dham Ashram, Najibabad, Distt Bijnor, Uttar Pradesh

**No. of Beneficiaries:** 41

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Acitivity: Free Eye Camp**

**List of Students participated in the activity**

Dated 18/07/24

S. No	Registration No.	Student's Name	Signature of student
1	DD1814353003	Jyoti Pat	Jyoti
2	DD2014353003	Sanskriti Negi	Sanskriti

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Dalla, Garhwal, India





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date** - 19/7/2024

**Time** - 9:00am-2:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Bahadrabad

**Beneficiaries** – 88

**Supporting Agency** – SRHU

**University Role** – Staff - 05 (Dr. Amandeep Kaur, Mr. Gajender Rawat, Dr. Sommi Pundir, Ms. Yashi Agarwal & Ms. Preeti)

**Students** - 03

**Activity Detail** –The camp was conducted for the TB patients for the health check-ups, growth monitoring and distribution of Protein Rich Food kit (nutrition kit) to the TB patients. Various information of the TB Patients taken through Google questionnaire for the research purpose. Volunteer of AAS Sansthan also collaborate with SRHU for this program.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hanspuran Income Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## TB Elimination Program

**Date-** 19/7/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Bahadrabad

S. No.	Registration No.	Name of Student	Signature
1.	DD241103302006	Kapil Joshi	Kapil
2.	DD241103302007	Kumari Riya	Riya
3.	DD241103302008	Neha Semwal	Neha

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 20/7/2024

**Time** - 9:00am-2:00pm

**Program** – Comprehensive Community Health Program

**Location** –Hazaragrant, Haridwar

**Beneficiaries** – 30

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 03

**Students** - 03

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students conducted the camp. The camp provided a comprehensive range of services, such as general examination, and primary investigation, including Blood Pressure, sugar, and haemoglobin. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



Dr. Rajeev Bijalwan  
(Dy. Director-Health)

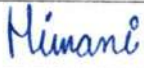


Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 20/7/2024

Program – Comprehensive Community Health Program

Location –Hazaragrath, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231103302001	Himani	
2.	DD231103302002	Isha	
3.	DD231103302003	Manisha Rana	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 21 July 2024

**Time:** 9am-1pm

**Program:** Free Eye Camps

**Location:** Saraswati Shishu mandir, Nahtaur, Distt Bijnor, Uttar Pradesh

**No. of Beneficiaries:** 78

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




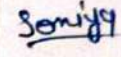
Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

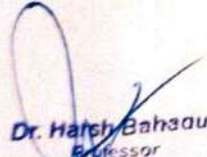
**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

Dated 21/07/24

S. No	Registration No.	Student's Name	Signature of student
1	DD1914353003	Jyoti Pal	
2	DD2014353001	Soniya Baudh	

  
**Dr. Harey Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No.: HH/BB/2024/1

Date: 23/7/2024

All the concerned are hereby informed that blood center (BC) will collect blood from volunteer donors as per the program mentioned below.

The details of the camp are as follows.

DATE & DAY OF VOLUNTARY BLOOD DONATION CAMP(VBDC)	DEPARTURE TIME FROM HIHT	Arrival Time to HIHT	CAMP TIMING
24/07/2024 (THURSDAY)	8:30 AM		10:00 A.M. Onwards
Venue : HALONIX INDUSTRY PENTAGON MALL SIDCUL HARIDWAR .			Contact Person: Ms. Seema Contact No.:9541833463

Following persons are detailed for the above camp.

S.No.	Name	Signature	Time of Reporting to Blood Centre
1.	Dr. Akansha (Junior Resident- Pathology Department )		
2.	Mr Aditya veer Saharawat (Tech. Supervisor)		
3.	Mr. Himanshu Rawat (Tech.)		
4.	Mr. Darshan Paniuly (Attend.)		
5.	One Nursing Staff		
6.	One Housekeeping Staff		
7.	One Driver		

Nursing Supdt. is requested to arrange for **One** nursing staff.

\*\*\* MTO to arrange for the vehicle for Blood Centre team

\*\*\*\* House keeping is requested to arrange for **One** Houskeeping staff.

Note: Kindly report 15 minutes before the departure time.

Note : 1- All are requested to wear uniform as per designation

2- The Doctors, Technician & PRO kindly meet the Undersigned before & after the assigned Camp activity

23/07/24  
Blood Centre

CC: Chief Medical Superintendent

HOD Dept. of Immunohematology & Blood Transfusion

Nursing Superintendent \*\*

(HRD) Department

Incharge M.T.O \*\*\*

Manager House Keeping\*\*\*\*

Media & Publicity



Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No.: HH/BB/2024/1

Date: 23/7/2024

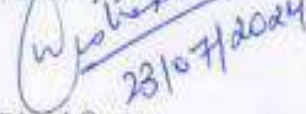
To,  
The Director  
State Blood Transfusion Council  
Red Cross Society Bhawan  
Uttarakhand State AIDS Control Society  
DandaLakhondSahastradhara Road  
Dehradun  
Uttarakhand

**Subject: Information regarding organizing a voluntary blood donation camp in accordance to the government guidelines**

Dear Sir/Madam,

This is to inform you that we are holding a voluntary blood donation camp on **24/7/2024** in collaboration with **HALONIX INDUSTRY PENTAGON MALL SIDCUL HARIDWAR.**  
Thanking You

Sincerely yours,

  
23/07/2024

Blood Centre  
Himalayan Hospital  
Swami Ram Nagar  
Dehradun  
Uttarakhand

Blood Centre,  
Himalayan Hospital  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant,  
Dehradun, Uttarakhand-248016

# Photographs of the Blood Donation Camp







# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 24/7/2024

**Time** - 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** –Ibrahimpur, Haridwar

**Beneficiaries** – 21

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 03

**Students** - 02

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, and field supervisor conducted the camp. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-House Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





## Maternal and Child Health Program

**Date-** 24/7/2024

**Program** – Comprehensive Community Health Program

**Location** –Ibrahimpur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231103302004	Manoj Sanhara	
2.	DD231103302005	Pratima Singh	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 25/7/2024

**Time** - 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** –Mahadevpuram, Haridwar

**Beneficiaries** – 23

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 03, Students - 04

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students conducted the camp. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including BP, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)

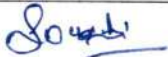



Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

**Date-** 25/7/2024

**Program** – Comprehensive Community Health Program

**Location** –Mahadevpuram, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD241103302017	Sourabh Lodhi	
2.	DD241103302018	Tanisha Khantwal	
3.	DD241103302019	Tohid Chaudhary	
4.	DD241103302020	Vanshika Sharma	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Dharwa  
Dehradun-248140, Uttarakhand





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 26 July 2024

**Time:** 10am-2pm

**Program:** Free Eye Camps

**Location:** Saraswati Shishu mandir, Nahtaur, Distt Bijnor, Uttar Pradesh

**No. of Beneficiaries:** 15

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 03

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



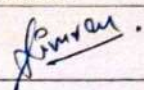
Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

Dated 26/07/24

S. No	Registration No.	Student's Name	Signature of student
1.	DP2014353002	Simray Thapa	

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





Rural Development Institute  
Haryana An Incentive Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## TB Elimination Program

**Date-**27/7/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

S. No.	Registration No.	Name of Student	Signature
1.	DD241103302001	Aakriti	Aakriti
2.	DD241103302002	Anjali Dhiman	Anjali
3.	DD241103302003	Devesh Rawat	Devesh

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Dharwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## General Health Camp

**Date** – 29/07/2024

**Time** - 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** – Luhan, Kalsi {Dehradun}

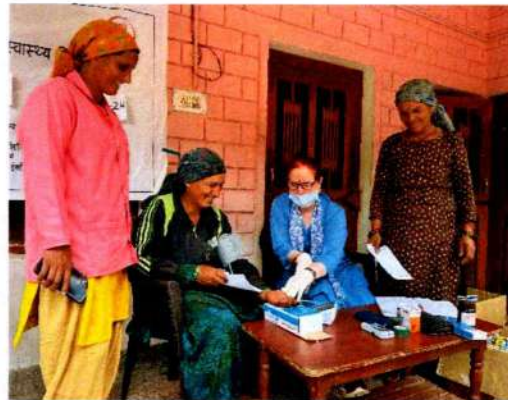
**Beneficiaries** – 35

**Supporting Agency** – New Space India Limited (NSIL)

**University Role** – Staff – 04, Students-5

### Activity Detail –

A General health camp was conducted by a medical team consisting of a doctor, pharmacist, nurse, and field supervisor. The camp offered a comprehensive range of services, including thorough general examinations and assessments of vital health parameters such as BP, Hb (Haemoglobin), sugar levels, height, and weight. This initiative aimed to address various health aspects and promote overall well-being within the community.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




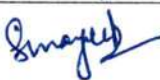

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### General Health Camp

**Date** – 29/07/2024

**Program** – Comprehensive Community Health Program

**Location** – Luhan, Kalsi [Dehradun]

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301120	Shrishti Rawat	
2.	DD231103301121	Shubham Kumar	
3.	DD231103301122	Siddhika Lakhera	
4.	DD231103301123	Simarjeet Kaur	
5.	DD231103301124	Soni	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program under NSIL Nagthat

**Date** – 29/7/2024

**Time** - 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Junior High School, Pipaya, Laksiyar, Kalsi block, Dehradun

**Beneficiaries** – 15

**Supporting Agency** – New Space India Limited (NSIL)

**University Role** – Staff - 02 (Dr Amandeep Kaur & Ms. Nirmala Bijalwan), Students-5

**Activity Detail** – Rashtriya Kishor Swasthya Karyakram (RKSK) is a national adolescent health program in India that aims to improve the health and well-being of adolescents aged 10-19 years. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). A one-day training session was conducted for the selected Peer Educators of Junior High Schools which was delivered on the six components of RKSK through a combination of lectures, case studies, and role-playing exercises.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalaya an Institute Hospital Trust  
Swami Rama Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

**Adolescent Health Program under NSIL Nagthat**

**Date** – 29/7/2024

**Program** – Comprehensive Community Health Program

**Location** – Junior High School, Pipaya, Lakseyar, Kalsi block, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301110	Shalini Aswal	<i>Shalini</i>
2.	DD231103301111	Shalini Negi	<i>Shalini Negi</i>
3.	DD231103301112	Shaurya Rawat	<i>Shaurya</i>
4.	DD231103301113	Shikha Dabral	<i>Shikha</i>
5.	DD231103301114	Shipra Saini	<i>Shipra</i>

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Home Hospital Trust  
Swami Ram Nagar, P.O. Dairwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Training

**Date:** 30 July, 2024

**Time:** 9:00am-1:00pm

**Location:** Government Inter College Mundhan, Kalsi block, Dehradun.

**Participants:** 46 students

**Supporting Agency:** New Space India Limited (NSIL)

**University Role:** Staff - 02 (Dr Amandeep Kaur & Ms. Nirmala Bijalwan), Students-5

### Activity Details:

The first session was taken by Krish Chauhan (Peer Educator) on the topic of growth and development. He discussed about the growth and development of the adolescent (11-19 years of age). Body changes take place with age like physically, mentally, socially, emotionally and spiritually with their positive and negative effects on the growth and development.

The Second session taken by Arushi Chauhan and Vandana (Peer Educator) on the topic of nutrition in which discussion about carbohydrates, vitamins, minerals, fat and protein in details. Importance of nutrition, its role and quantity in the diet for better growth of the children. She also discussed about 'Good touch and Bad touch' in details for the prevention of child and adolescent abuse in their growing age group.

Counselling session and Open discussion session taken by Dr. Amandeep Kaur about Menstrual Hygiene Management and related health issues among girls and aware about the use of sanitary napkins. Later on, discussed about non-communicable disease as well as the mental health with the adolescent.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansanagar In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand


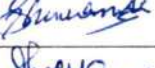




**Adolescent Health Program under NSIL Nagthat**

**Date:** 30 July, 2024

**Program** – Comprehensive Community Health Program

**Location:** Government Inter College Mundhan, Kalsi block, Dehradun.

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301115	Shivangi Tariyal	
2.	DD231103301116	Shivani Das	
3.	DD231103301117	Shivank Jethuri	
4.	DD231103301118	Shreya Kunwar	
5.	DD231103301119	Shrishti Bhandari	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Home Hospital Trust  
Swami Ram Nagar, P.O. Dharwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Camp

**Date** – 30/07/2024

**Time** - 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Mundhan, Kalsi (Dehradun)

**Beneficiaries** – 46

**Supporting Agency** – NSIL

**University Role** – Staff – 05

**Students** - 02

### Activity Detail:

A school health camp was conducted by a medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students. The camp provided a comprehensive range of services, such as general examination, growth monitoring and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The children were provided with the necessary treatment. During this camp, counselling and health education session of both groups and individuals was also done on nutrition, hand washing practices, hygiene, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)



Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## School Health Camp

**Date** – 30/07/2024

**Program** – Comprehensive Community Health Program

**Location** – Mundhan, Kalsi (Dehradun)

S. No.	Registration No.	Name of Student	Signature
1.	DD231103302006	Rajat Kumar	
2.	DD231103302007	Riya	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman and In-Game Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 30 July 2024  
**Time:** 9am-2pm  
**Program:** Free Eye Camps  
**Location:** Clementown, Dehradun, Uttarakhand  
**No. of Beneficiaries:** 59

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 03

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of Students participated in the activity**

Dated 30/7/2024

S. No	Registration No.	Student's Name	Signature of student
01	PD2024358001	Divyansh Tiwari	

  
**Dr. Harsh Bahaduri**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun  
Uttarakhand, India





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## General Health Camp

**Date** – 31/07/2024

**Time** - 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Thalin, Kalsi (Dehradun)

**Beneficiaries** – 50

**Supporting Agency** – NSIL

**University Role** – Staff – 04

### Activity Detail:

A General health camp was conducted by a medical team consisting of a doctor, pharmacist, nurse, and field supervisor. The camp offered a comprehensive range of services, including thorough general examinations and assessments of vital health parameters such as BP, Hb (Haemoglobin), sugar levels, height, and weight. This initiative aimed to address various health aspects and promote overall well-being within the community.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



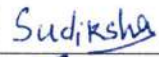




### General Health Camp

**Date** – 31/07/2024

**Program** – Comprehensive Community Health Program

**Location** – Thalin, Kalsi (Dehradun)

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301125	Srishti Saklani	
2.	DD231103301126	Stuti	
3.	DD231103301127	Sudiksha Sharma	
4.	DD231103301128	Suhani	
5.	DD231103301129	Suhani Rawat	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



Department of Community Medicine,  
Himalayan Institute of Medical Sciences,  
Swami Rama Himalayan University



## **BREASTFEEDING AWARENESS CAMPAIGN**

**Date :** 1-8-2024

**Time:** 9.30am-1.30pm

**Location:** Doiwala, Dehradun

**No. of Students:** 5

**Activity detail:** The Department of Community Medicine under the Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU) observed World Breastfeeding Week (WBW) in their field practice area, celebrated globally between 1 and 7 August 2024. Dept. of Community Medicine under HIMS, SRHU organized health awareness sessions within their field practice area wherein pregnant women, lactating mothers, men and women belonging to reproductive age groups, and those in geriatrics were given health education through role play and health talk in small groups regarding breast milk composition and its variations during lactation, myths burst about mother's perception of 'not producing enough milk', daily frequency of breastfeeding, breastfeeding techniques, and position, signs of good attachment (latching) and effective suckling, and techniques of expressing breast milk relevant for working mothers. In addition, the dept. also organized three competitions (making posters, role-play videos, and designing flyers) for MBBS students (excluding interns) on breastfeeding advocacy in alliance with the Indian Public Health Association-Uttarakhand (IPHA-UK). Total 5 students participated.







Doiwala, UT, India  
Hospital Road, Doiwala, Dohala, 248140, UT,  
India  
Lat 30.179830, Long 78.123079  
08/03/2024 10:29 AM GMT+05:30  
Note : Captured by GPS Map Camera



Garhwal Division, Uttarakhand, India  
532Q+568, Jhabrawala, Uttarakhand 248140, India  
Long 78.088080°  
Lat 30.150340°  
05/8/2024 11:23 AM



## First Breastfeeding Beneficial For Both Mother And Newborn's Health



**Doiwala (The Hawk):** An awareness program was organized at Himalayan Hospital Jollygraham under World Breastfeeding Week to educate mothers about the benefits of breastfeeding for both mothers and newborns.

The Department of Community Medicine at the Himalayan Institute of Medical Sciences and the Himalayan Hospital conducted a week-long awareness campaign in the rural areas around Doiwala. During this campaign, mothers of newborns were informed about the importance of breastfeeding. Department Head Dr. Ashok Kumar Srivastava stated that the first breastfeeding session is beneficial for both the mother's and the newborn's health. The mother's first thick yellow milk is the baby's first vaccination, providing essential minerals and immunity against diseases. He mentioned that the goal of celebrating Breastfeeding Week is to make mothers aware of its benefits. Breastfeeding can reduce infant mortality rates and malnutrition by 19%. The first milk of the mother is rich in vitamins, helps clean the infant's intestines, and protects the baby from jaundice. Dr. Surabhi Mishra mentioned that due to lack of awareness, there is a misconception that the first milk can be harmful. To dispel this myth, this weekly campaign is being run. She informed that a mother can start breastfeeding her baby approximately half an hour after birth. In the case of a cesarean delivery, the mother can start breastfeeding about four hours after the operation or once the effects of anesthesia wear off. Doing so keeps both the baby and mother healthy, accelerates the baby's intellectual development, and reduces the risk of cancer, diabetes, and hypertension later in life. Dr. Avni Gupta, Dr. Chirag Joshi, Dr. Sudiksha Sharma, Swasti Garg, Swati Bishoi, Vaibhav Gupta, Namika Sharma, Saksham Srivastava, Vaibhav Rana, and health worker Farrana participated in the campaign.



# दैनिक जागरण

## एचआइएचटी ने डोईवाला क्षेत्र में चलाया जागरूकता अभियान

संवाद सहयोगी जमनाल • डोईवाला : हिमालयन हॉस्पिटल जॉलीग्राम के निवासियों ने विश्व स्तनपान सप्ताह के ज्ञात माताओं को शिशुओं को स्तनपान कराने के प्रति जागरूक किया गया। स्वस्थ हो स्तनपान से मां व नवजात को होने वाले लाभ को जनकारी दी।

हिमालयन इंस्टीट्यूट ऑफ मेडिकल साइंसेज के कम्युनिटी मेडिसिन विभाग व हिमालयन हॉस्पिटल की ओर से डोईवाला के आसपास के ग्रामीण क्षेत्रों में सप्ताह भर तक चले जागरूकता अभियान में नवजात शिशुओं को माताओं को स्तनपान के विषय में जानकारी दी गई। विभागाध्यक्ष डा. आशोक कुमार श्रीवास्तव ने बताया कि जलजल स्तनपान मां और नवजात दोनों के स्वास्थ्य के लिए लाभदायक है। मां का जलजल गुणवत्ता दुध अपने का जलजल टोकराकार है, इससे अपने को आवश्यक खनिज व रोगों से लड़ने की शक्ति मिलती है। बताया कि स्तनपान सप्ताह मनाने का उद्देश्य मातृशक्ति को इसके प्रति जागरूक करना है। स्तनपान से 10 प्रतिशत शिशु मृत्यु दर व कुपोषण को कम किया जा सकता है। मां का जलजल दुध विटामिन युक्त होता है। यह शिशुओं



विश्व स्तनपान सप्ताह के तहत मां व नवजात को जागरूकता अभियान चलाते हिमालयन हॉस्पिटल जॉलीग्राम के डॉक्टर • डा. अशोक

को आर्त को सहाय्य व शिशु को पोषण से वंचने में सहाय्य करत है। डा. सुरभि मिश्रा ने बताया कि जागरूकता के अभाव में लंबे में यह प्रति है कि जलजल दुध पालक हो सकता है। इसको दूर करने के लिए यह जागरूकता अभियान आयोजित जा रहा है। उन्होंने बताया कि ऊपर के कारणों अने पंटे बाद मां अपने शिशु को स्तनपान करा सकती है। जहाँ सखी से हुए शिशु को मां को पाल पंटे बाद या एमिग्रिडेशन के प्रभाव से बचाव देने के बाद स्तनपान करा

सकती है। ऐसा करने से शिशु और मां दोनों ही स्वस्थ रहते हैं। स्वस्थ हो शिशु का शारीरिक विकास तेजी से होता है और जीवन में बेमर, मधुमेह, उच्च रक्तचाप का खतरा कम होता है। डा. अश्विनी गुप्त, डा. प्रियामा जैसि, डा. सुदीप शर्मा, स्वर्णिता गर्ग, स्वाति बिष्ट, वैभव गुप्त, वामिका शर्मा, सस्मिता श्रीवास्तव, वैभव राणा, स्वास्मिता कर्णवती परजल आदि इस

अभियान की और भी खबरें पढ़ें  
[www.jagran.com](http://www.jagran.com)



**Attendance:**

01-08-2024				
		S.No.	Name of Students	Signature
		1	Saloni Sharma	Saloni
		2	Vikrant Dhama	Vikrant
		3	Samyak Agarwal	Samyak
		4	Sanskar Bansal	Sanskar
		5	Dr Vaibhav Rana	Vaibhav

*H. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University,  
Swami Ram Nagar, Jolly Grant  
Rudrapur-246018, Uttarakhand-INDIA



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Counselling the Gap: Breastfeeding Support for All - 2024-25

**Date-** 2<sup>nd</sup> Aug.2024

**Time:** 9:00am-2:00pm

**Program** – Primary Health Care for Tribal Region, Kalsi

**Location** – Nagthat Kalsi

**Beneficiaries** –84

**Supporting Agency** – New Space India Limited (NSIL) RDI-HIHT

**University Role** – 2 staff members (Mr. Vikash Bora, Ms. Nirmla), Student-10

**From government department.** Block Coordinator, CHO, ASHAs, and AWW.

### Activity Details –

World Breastfeeding Week is celebrated every year from 1-7 August. The organization celebrated it with the communities, emphasizing this year's theme, "Counselling the Gap: Breastfeeding Support for All". Community members and breastfeeding mothers were educated on the benefits of breast milk. They were sensitized on the importance of colostrum (the first thick yellow milk) for newborns, proper breastfeeding techniques for newborns, health benefits of regular breastfeeding for mothers and nutritional and developmental benefits of consistent breastfeeding for infants.

This initiative was carried out in collaboration with Community Health Officers (CHO), ASHAs, and Anganwadi workers from the Government Department at PHC Kalsi. A total of 84 breastfeeding mothers with children aged 0 to 2 years participated in awareness sessions during the entire week.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)

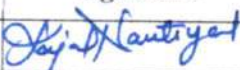



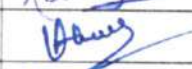





Rural Development Institute  
Himachal Pradesh Sahitya Akademi  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Counselling the Gap: Breastfeeding Support for All - 2024-25

**Date-** 2<sup>nd</sup> Aug, 2024

**Program** – Primary Health Care for Tribal Region, Kalsi

**Location** – Nagthat Kalsi

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301052	Kajal Nautiyal	
2.	DD22113301053	Kajal Rana	
3.	DD22113301054	Kajal Yadav	
4.	DD22113301055	Kanika Barthwal	
5.	DD22113301056	Keshav Joshi	
6.	DD22113301057	Khushi	
7.	DD22113301058	Kritika Thakur	
8.	DD22113301059	Mahek Panwar	
9.	DD22113301060	Mahika Kandari	
10.	DD22113301061	Mandeep Kumar	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman Institute Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 3/8/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Salempur, Haridwar

**Beneficiaries** – 28

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3, Students-10

**Activity Detail** – A maternal and health camp was organized in Salempur village consisting of a medical team doctor, pharmacist, nurse, counsellor, and field supervisor. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



Dr. Rajeev Bijalwan  
(Dy. Director-Health)


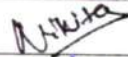


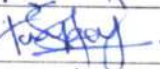
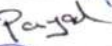
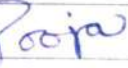



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Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 3/8/2024

Program – Comprehensive Community Health Program

Location –Salempur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302081	Nikita Bisht	
2.	DD2113302082	Nikita Kulasari	
3.	DD2113302083	Nikita Negi	
4.	DD2113302084	Nisha	
5.	DD2113302085	Pankaj	
6.	DD2113302086	Payal Rawat	
7.	DD2113302087	Pooja Rawat	
8.	DD2113302088	Prince Kumar	
9.	DD2113302089	Priyanka Pant	
10.	DD2113302090	Priyanka Rawat	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
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Swami Ram Nagar, P.O. Dairwala  
Dehradun-248140, Uttarakhand



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 04 August 2024  
**Time :** 9am-2pm  
**Program:** Free Eye Camps  
**Location:** Veer Nursing Home, Deoband, Distt Muzaffar Nagar, Uttar Pradesh

**No. of Beneficiaries:** 45

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.


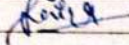


Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 04/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD1914353003	Jyoti Pal	
2.	DD204353001	Sonika Baudh	
3.			
4.			
5.			

  
Coordinator  
**Dr. Harsh Behar**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 06 August 2024

**Time :** 9am-2pm

**Program:** Free Eye Camps

**Location:** Panchayat Ghar, Dhourala, Distt Saharanpur, Uttar Pradesh

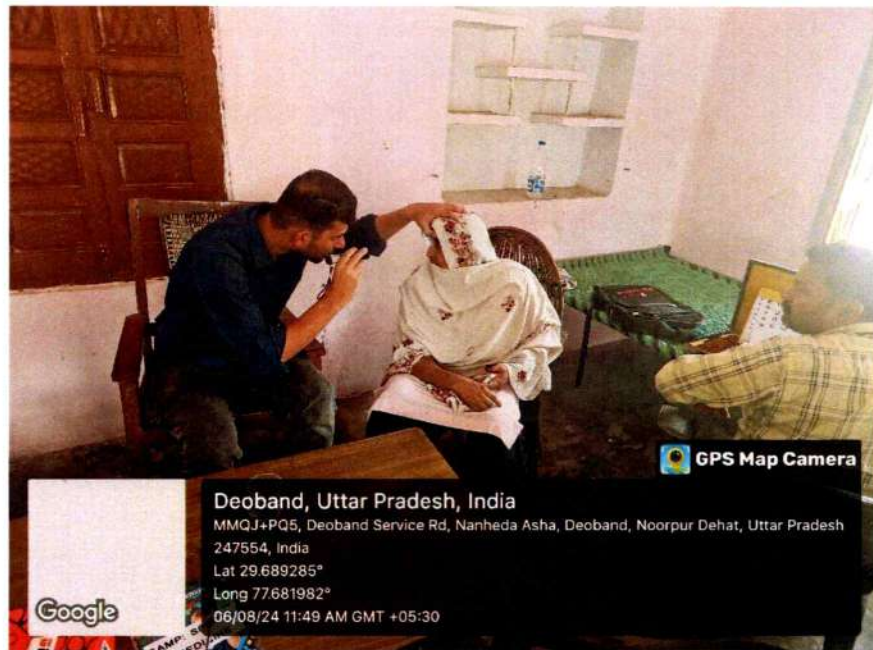
**No. of Beneficiaries:** 59

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 06/08/24.

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD1314353003	Jyoti Pal	Jyoti Pal
2.	DD2014353003	Lambodh Nepi	Lambodh Nepi
3.			
4.			
5.			

  
Coordinator  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program, 2024-25

**Date-** 7/8/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** –Alipur, Haridwar

**Beneficiaries** – 13

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3, Student-15

### Activity Detail

The medical team conducted a maternal and health camp in Alipur village on 7 August 2024. Wide range of services, including general examinations, risk assessments, and primary investigations such as blood pressure, blood sugar, and hemoglobin tests were offered in the camp. Antenatal and postnatal women received prophylactic treatment for anemia and essential micronutrients. Additionally, both group and individual counseling sessions were held on topics such as nutrition, family planning, self-care during pregnancy, institutional delivery, and breastfeeding.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 7/8/2024

Program – Comprehensive Community Health Program

Location –Alipur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302091	Priyanshi Nautiyal	
2.	DD2113302092	Rakshita Tamta	
3.	DD2113302093	Rashika Ramola	
4.	DD2113302094	Rekha Rawat	
5.	DD2113302095	Riya	
6.	DD2113302096	Riya Goyal	
7.	DD2113302097	Riya Gupta	
8.	DD2113302098	Riya Rawat	
9.	DD2113302099	Saksham Dangwal	
10.	DD2113302100	Sakshi Bagiyal	
11.	DD2113302101	Sakshi Bhandari	
12.	DD2113302102	Sakshi Bhandari	
13.	DD2113302103	Sakshi Jugran	
14.	DD2113302104	Sakshi Panwar	
15.	DD2113302105	Sakshi Parmar	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date - 7 August 2024**

**Time: 9am - 1pm**

**Program** – Comprehensive Community Health Program

**Location** –RIC Rohalki, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 31 participants (2 Peer Educator sessions)

**Supporting Agency** – Wipro Cares

**University Role** – Staff-2 (Mrs. Pawandeep Kaur, and Ms. Seema), Students-25

**Activity Detail:** SHHC members (Peer Educator) took the open discussion and two-way communication with the Adolescent on the various topics of RKSK. Adolescent growth is generally discussed about the age of the adolescent (11-19 years of age). Body changes take place with age physically, mentally, socially, emotionally, and spiritually with their positive and negative effects on growth and development. On the topic of nutrition, open discussion about carbohydrates, vitamins, minerals, fat, and protein in detail. Importance of nutrition, its role and quantity in the diet for better growth of the children.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



### Adolescent Health Program

Date - 7 August 2024

Program - Comprehensive Community Health Program

Location - RIC Rohalki, Bhadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302001	Aastha Tiwari	Aastha
2.	DD2113302002	Abha	Abha
3.	DD2113302003	Abhilasha	Abhilasha
4.	DD2113302004	Abhishek Chandra Joshi	Abhy.
5.	DD2113302005	Abhyuday Singh Kalura	Amk
6.	DD2113302006	Aditya Semwal	Aditya
7.	DD2113302007	Aisha	Aisha
8.	DD2113302008	Akanksha Malasi	Malasi A.
9.	DD2113302009	Akanksha Sriswal	Akanksha
10.	DD2113302010	Akash Ramola	Akash
11.	DD2113302011	Alan George Shiju	Alan
12.	DD2113302012	Aman Pal	Aman
13.	DD2113302013	Anamika Panwar	Anamika
14.	DD2113302014	Ananya Bisht	Ananya
15.	DD2113302015	Anisha Bhatt	Anisha
16.	DD2113302016	Anishka	Anishka
17.	DD2113302017	Anjali	Anjali
18.	DD2113302018	Anjali Dilwal	Anjali
19.	DD2113302019	Anjali Khantwal	Anjali
20.	DD2113302020	Anjali Mehar	Anjali
21.	DD2113302021	Anjali Panwar	Anjali
22.	DD2113302022	Anju	Anju
23.	DD2113302023	Ankit Bhidola	Ankit
24.	DD2113302024	Anshika Rayal	Anshika
25.	DD2113302025	Anu Pal	Anu

Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 08 August 2024  
**Time :** 9am-3pm  
**Program:** Free Eye Camps  
**Location:** Shanti Dham, Bhikkawala, Distt. Bijnor

**No. of Beneficiaries: 72**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated:

08/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD1814353003	Jyoti Pal	Jyoti Pal
2.	DD2014353003	Sambodhi Negi	Sambodhi Negi
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Baheari  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Camp

**Date** – 9/8/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Bongla, Haridwar

**Beneficiaries** – 55

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Students** - 10

**Activity Detail** – A school health camp was conducted by a medical team consisting of a doctor, pharmacist, nurse, counsellor, and field supervisor. The camp provided a comprehensive range of services, such as general examination, growth monitoring and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The children were provided with the necessary treatment. During this camp, counselling and health education session of both groups and individuals was also done on nutrition, hand washing practices, hygiene, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)







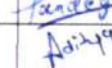

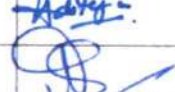

Rural Development Institute  
Hansa and In-charge Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## School Health Camp

**Date** – 9/8/2024

**Program** – Comprehensive Community Health Program

**Location** – Bongla, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301001	Aadil	
2.	DD22113301002	Aaisha	
3.	DD22113301003	Aastha Rawat	
4.	DD22113301004	Abdul Atif	
5.	DD22113301005	Aditi	
6.	DD22113301006	Aditya Pandey	
7.	DD22113301007	Aditya Singh	
8.	DD22113301008	Aditya Yadav	
9.	DD22113301009	Ambika	
10.	DD22113301010	Ambika Chauhan	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program, 2024-25

**Date-** 10/8/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** –Aneeki, Haridwar

**Beneficiaries** – 20

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3, Student-7

### Activity Detail

The maternal health camp organized in Aneeki village provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding. The camp was attended by 20 women in their antenatal and postnatal period.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haryana and In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

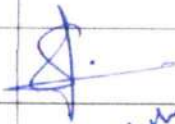
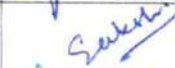



## Maternal and Child Health Program, 2024-25

Date- 10/8/2024

Program – Comprehensive Community Health Program

Location –Aneeki, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302106	Sakshi Thapliyal	
2.	DD2113302107	Sakshi Tinsola	
3.	DD2113302108	Sanjana	
4.	DD2113302109	Sanya Sharma	
5.	DD2113302110	Sayra Khan	
6.	DD2113302111	Seema Bhandhari	
7.	DD2113302112	Shachi	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haridwar an In-charge Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 10/8/2024

**Time:** 9:00am-1:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

**Beneficiaries** – 57

**Supporting Agency** – SRHU

**University Role** – Staff-2 (Dr. Amandeep Kaur, Mr. Gajendra Rawat), Students-15

**Activity Detail** – The TB elimination camp was conducted by a program implementation team and medical team comprising as well as Secretary and volunteers of AAS Sansthan collaborate with SRHU for their volunteer work. The program offered a services, including, growth monitoring, fill the google form, and distribution of Protein Rich Food kit (nutrition kit) to the TB patients.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

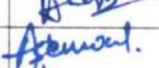

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

**Date-** 10/8/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301011	Anamika	
2.	DD22113301012	Anamika Barthwal	
3.	DD22113301013	Anchal Rani	
4.	DD22113301014	Anjali Rawat	
5.	DD22113301015	Anjali Sajwan	
6.	DD22113301016	Anjana Rawat	
7.	DD22113301017	Anshika Sindhwal	
8.	DD22113301018	Anuj Rawat	
9.	DD22113301019	Anushka Bisht	
10.	DD22113301020	Anushka Painuly	
11.	DD22113301021	Asmita Semwal	
12.	DD22113301022	Astha Gupta	
13.	DD22113301023	Avantika Tiwari	
14.	DD22113301024	Ayush Rawat	
15.	DD22113301025	Ayush Singh	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
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Dehradun-248140, Uttarakhand





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 11 August 2024  
**Time :** 9am-1pm  
**Program:** Free Eye Camps  
**Location:** Jila Panchayat Office, Banhera, Distt Haridwar

**No. of Beneficiaries:** 27

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.

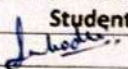


Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated:

11/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2014353003	Sambodhi Negi	
2.			
3.			
4.			
5.			

  
Coordinator  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 11 August 2024

**Time:** 9am-1pm

**Program:** Free Eye Camps

**Location:** Nagar Parshad Office, Ritha Mandi, Distt Dehradun

**No. of Beneficiaries:** 125

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 11/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2024353001	Divyansh Tiwari	Divyansh
2.			
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bhatnagar  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 13 August 2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** –RIC Aurangabad, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 72 participants (2 Peer Educator sessions)

**Supporting Agency** – Wipro Cares

**University Role** – Staff-3 (Dr. Rakesh, Dr Amandeep Kaur, and Mrs. Pawandeep Kaur), Students-7

**Activity Detail:** School Health and Hygiene Club members took the session on Menstrual Hygiene in which a detailed explanation of maintain of personal hygiene during the Menstruation, negative effects on health due to improper management of hygiene. Another session took place on Nutrition in which two-way communication on protein, vitamin, minerals, fats, and carbohydrates in details. Peer Educators also discussed Good touch and Bad touch by their family members, friends, relatives, and unknown persons.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

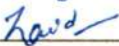
Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### Adolescent Health Program

**Date-** 13 August 2024

**Program** – Comprehensive Community Health Program

**Location** –RIC Aurangabad, Bahadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301146	Veer Kohli	
2.	DD22114301147	Vishwas Chauhan	
3.	DD22114301148	Vrinda Behl	
4.	DD22114301149	Yashaswini Sinha	
5.	DD22114301150	Zaid Ansari	
6.	DD231101301001	Aaradhya Thukral	
7.	DD231101301002	Aastha Juneja	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Institute Hospital Trust  
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Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program, 2024-25

**Date-** 14/8/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Hazaragrath, Haridwar

**Beneficiaries** – 38

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4, Students-20

**Activity Detail** – A medical team consisting of a lady doctor, pharmacist, nurse, counsellor and field supervisor conducted a maternal health camp in Hazaragrath village of Bahdarbad block of Haridwar district. Range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin were provided to women in their antenatal and postnatal period. The women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding and personal hygiene issues.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Service Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## Maternal and Child Health Program

Date- 14/8/2024

Time: 9:00am-4:00pm

Program – Comprehensive Community Health Program

Location – Hazaragrath, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302113	Shalini Pandey	
2.	DD2113302114	Shalini Panwar	
3.	DD2113302115	Sheetal	
4.	DD2113302116	Shivani	
5.	DD2113302117	Shivani Nautiyal	
6.	DD2113302118	Shrishti Pundir	
7.	DD2113302119	Shristi Silswal	
8.	DD2113302120	Shruti Negi	
9.	DD2113302121	Shuruti Silswal	
10.	DD2113302122	Simran Bisht	
11.	DD2113302123	Simran Chaudhary	
12.	DD2113302124	Simran Rawat	
13.	DD2113302125	Sneha Bisht	
14.	DD2113302126	Sneha Negi	
15.	DD2113302127	Sonam	
16.	DD2113302128	Sonika Rawat	
17.	DD2113302129	Soniya Pal	
18.	DD2113302130	Stuti Pundir	
19.	DD2113302131	Suchi	
20.	DD2113302132	Suman Kala	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 16 August 2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** –AIC Bongla & AKIC Bahadradab, Bhadrabad Bolck, Haridwar District

**Beneficiaries** – 160 participants

**Supporting Agency** – Wipro Cares

**University Role** – Staff -3 (Mrs. Pawandeep Kaur, Dr. Amandeep Kaur & Ms. Sheetal), Students-18

**Activity-** To Adopt the better health status, empower the adolescent through the counselling sessions, AFHC (Adolescent Friendly Health Clinic) and provided the basic health services through organized health camp. Growth monitoring, general health screening, Hb testing and counselling services (group as well as individual) provided to the adolescent.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Inpatient Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



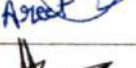


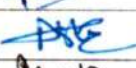
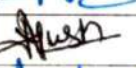
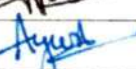





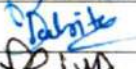
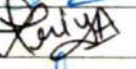
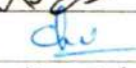
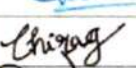
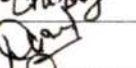


### Adolescent Health Program

Date- 16 August 2024

Program – Comprehensive Community Health Program

Location –AIC Bongla & AKIC bhadrabad, Bhadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302026	Anuja Negi	
2.	DD2113302027	Archana Bisht	
3.	DD2113302028	Areet Kaur	
4.	DD2113302029	Asheesh Sharma	
5.	DD2113302030	Ashmita Joshi	
6.	DD2113302031	Ashutosh Bisht	
7.	DD2113302032	Ayush Aswal	
8.	DD2113302033	Ayush Thapa	
9.	DD2113302034	Ayushi	
10.	DD2113302035	Ayushi Belwal	
11.	DD2113302036	Ayushi Kumari	
12.	DD2113302037	Babita	
13.	DD2113302038	Babita	
14.	DD2113302039	Baby Priya	
15.	DD2113302040	Chinmay Sachan	
16.	DD2113302041	Chirag Papney	
17.	DD2113302042	Dimpal	
18.	DD2113302043	Divya Rawat	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman an Income Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program, 2024-25

**Date-** 17/8/2024

**Time:** 9:00am-2:00pm

**Program** – Comprehensive Community Health Program

**Location** –Mahadevpuram, Haridwar

**Beneficiaries** – 24

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3, Students-5

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, and field supervisor conducted the camp. The camp provided a comprehensive range of services, such as general examination, and primary investigation, including Blood Pressure, sugar, and haemoglobin. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haramia an Income Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### Maternal and Child Health Program

Date- 17/8/2024

Program – Comprehensive Community Health Program

Location –Mahadevpuram, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302133	Swarnika Rana	Swarnika
2.	DD2113302134	Tannu	Ta
3.	DD2113302135	Tanu Verma	Tannu
4.	DD2113302136	Tanuja Rawat	Tanuja
5.	DD2113302137	Tanvi Rana	Tanvi

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 18 August 2024

**Time:** 10am-2pm

**Program:** Free Eye Camps

**Location:** Saraswati Shishu mandir, Nahtaur, Distt. Bijnor

**No. of Beneficiaries:** 35

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology


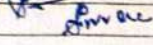
**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of students participated in the activity**

Dated:

18/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DP2014353001	Soniya Bandh.	
2.	DP2014353002	Simran Kapa	
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 20 August 2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** – AKIC Bahadrabad, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 77 participants

**Supporting Agency** – Wipro Cares

**University Role** – Staff -3 (Mrs. Pawandeep Kaur, Dr. Amandeep Kaur & Ms. Sheetal), Studeants-20

**Activity-** To Adopt a better health status, empower the adolescent through counselling sessions, AFHC (Adolescent Friendly Health Clinic), and provide basic health services through organized health camp. Growth monitoring, general health screening, Hb testing, and counselling services (group as well as individual) are provided to the adolescent.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman, an Inpatient Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

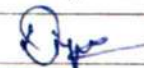
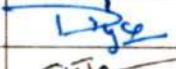
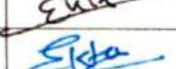
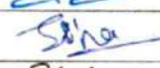
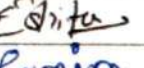

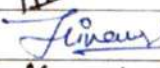
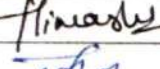
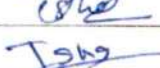

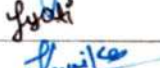

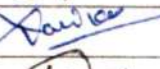

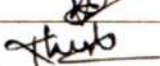



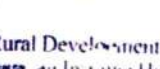
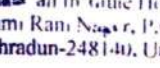


## Adolescent Health Program

Date- 20 August 2024

Program – Comprehensive Community Health Program

Location –AKIC Bhadrabad, Bhadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302045	Diya Sailwal	
2.	DD2113302046	Diya Sharma	
3.	DD2113302047	Ekta	
4.	DD2113302048	Ekta Uniyal	
5.	DD2113302049	Esha Baunthiyal	
6.	DD2113302050	Eshita	
7.	DD2113302051	Gunjan	
8.	DD2113302052	Harsimrat Kaur	
9.	DD2113302053	Himanshi	
10.	DD2113302054	Himanshu Bijalvan	
11.	DD2113302055	Isha	
12.	DD2113302056	Isha Aswal	
13.	DD2113302057	Jeewansha Uniyal	
14.	DD2113302058	Jyoti Rawat	
15.	DD2113302059	Kanika Gurung	
16.	DD2113302060	Kanika Sainwal	
17.	DD2113302061	Kanishka	
18.	DD2113302062	Karina Lingwal	
19.	DD2113302063	Khushi	
20.	DD2113302045	Khushi Dhanai	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 20 August 2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** – AKIC Bahadrabad, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 77 participants

**Supporting Agency** – Wipro Cares

**University Role** – Staff -3 (Mrs. Pawandeep Kaur, Dr. Amandeep Kaur & Ms. Sheetal), Students-20

**Activity-** To Adopt a better health status, empower the adolescent through counselling sessions, AFHC (Adolescent Friendly Health Clinic), and provide basic health services through organized health camp. Growth monitoring, general health screening, Hb testing, and counselling services (group as well as individual) are provided to the adolescent.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

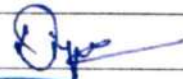


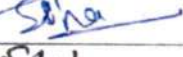
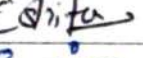
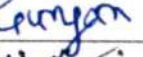

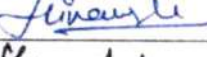
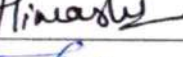




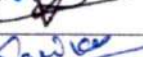

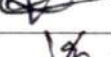
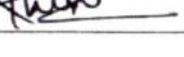
Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Adolescent Health Program

**Date-** 20 August 2024

**Program** – Comprehensive Community Health Program

**Location** – AKIC Bhadrabad, Bhadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302045	Diya Sailwal	
2.	DD2113302046	Diya Sharma	
3.	DD2113302047	Ekta	
4.	DD2113302048	Ekta Uniyal	
5.	DD2113302049	Esha Baunthiyal	
6.	DD2113302050	Eshita	
7.	DD2113302051	Gunjan	
8.	DD2113302052	Harsimrat Kaur	
9.	DD2113302053	Himanshi	
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12.	DD2113302056	Isha Aswal	
13.	DD2113302057	Jeewansha Uniyal	
14.	DD2113302058	Jyoti Rawat	
15.	DD2113302059	Kanika Gurung	
16.	DD2113302060	Kanika Sainwal	
17.	DD2113302061	Kanishka	
18.	DD2113302062	Karina Lingwal	
19.	DD2113302063	Khushi	
20.	DD2113302045	Khushi Dhanai	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 21 August 2024  
**Time:** 10am-2pm  
**Program:** Free Eye Camps  
**Location:** CHC Purkaji, Distt. Muzaffar Nagar  
**No. of Beneficiaries:** 46

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.

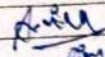
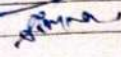


Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated:

21/06/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DP2014353001	Sanja Bouda,	
2.	DP2014353002	Sitram Karki	
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 22 August 2024  
**Time:** 9am-3pm  
**Program:** Free Eye Camps  
**Location:** Premdham Ashram, Najibabad, Distt Bijnor  
**No. of Beneficiaries:** 66

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated:

22/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD1914353002	Jyoti P01	Jyoti
2.			
3.			
4.			
5.			

  
Coordinator  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun



**Department of Community Medicine  
Himalayan Institute of Medical Sciences,  
Swami Rama Himalayan University**



**Health and Awareness Camp**

**Date-23.08.2024**

**Time-10:00 AM to 2:00PM**

**Location-Government Girls intercollege (GGIC), Rajpur Road, Dehradun**

**Number of Students Participated: 5**

**Activity detail:** On 23rd August 2024, department of Community Medicine, HIMS, SRHU in association with a social foundation Ramani organized a health camp along with an informative and interactive session on Menstrual hygiene and Breast Cancer in GGIC, Rajpur Road Dehradun.

The primary objectives of the session were:-

- Informing young girls about the importance of menstrual hygiene
- Creating awareness regarding the risk of breast cancer and the importance of self-examination of breasts



**Attendance:**

23-08-2024				✓
		S.No.	Name of Students	Signature
		1	Shiwang Gunjiyal	Shiwang
		2	Snehal Selangia	Snehal
		3	Sonakshi Mehra	Sonakshi
		4	Srishti	Srishti
		5	Dr Chirag Joshi	Chirag

*A. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-248001, Uttarakhand, India





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 24/8/2024

**Time:** 9:00am-3:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Bahadrabad

**Beneficiaries** – 98

**Supporting Agency** – SRHU

**University Role** – Staff-5 (Dr. Amandeep Kaur, Mr Gajender Rawat, Dr. Sommi Pundir, Ms. Yashi Agarwal & Ms. Preeti)

Students - 10

**Activity Detail** –The camp was conducted for the TB patients for the health check-ups, growth monitoring and distribution of Protein Rich Food kit (nutrition kit) to the TB patients. Various information of the TB Patients taken through Google questionnaire for the research purpose. Volunteer of AAS Sansthan also collaborate with SRHU for this program.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

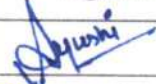
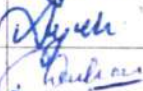

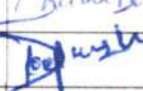

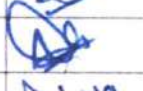


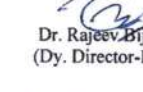
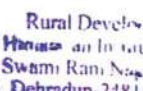
Rural Development Institute  
Himalayan In-charge Hospital Trust  
Swami Ram Nagar, P.O. Deiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

Date- 24/8/2024

Program –Ni-Kshay Mitra Program (TB Elimination)

Location – CHC Bahadrabad

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301026	Ayushi	
2.	DD22113301027	Ayushi	
3.	DD22113301028	Ayushi Chauhan	
4.	DD22113301029	Basant	
5.	DD22113301030	Bhavika Dharmi	
6.	DD22113301031	Deepanshu Sharma	
7.	DD22113301032	Deepesh Rawat	
8.	DD22113301033	Deepika	
9.	DD22113301034	Devesh Badoni	
10.	DD22113301036	Divya	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program, 2024-25

**Date-** 24/8/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** –Ibrahimpur, Haridwar

**Beneficiaries** – 22

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3, Students-7

### Activity Detail

On 24 August 2024 a maternal health camp was organized in Ibrahimpur village of Bahadrabad block. The camp was attended by pregnant and lactating women, including adolescents and children. The camp provided a range of services, such as general examination, risk assessment, and primary investigation, including BP, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal In-Home Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



## Maternal and Child Health Program

Date- 24/8/2024

Program – Comprehensive Community Health Program

Location –Ibrahimpur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302138	Tenzin Youtso	Tenzin
2.	DD2113302139	Vaishnavi Baloni	Vaishnavi
3.	DD2113302140	Vanshika Chauhan	Vanshika
4.	DD2113302141	Varsha Gairola	Varsha
5.	DD2113302143	Vivek Chamola	Vivek
6.	DD2113302144	Vivek Rana	Vivek
7.	DD2113302145	Yash Kandwal	Yash

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman and Gauri Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 25 August 2024  
**Time:** 10am- 4pm  
**Program:** Free Eye Camps  
**Location:** Inter College, Jaitra, Dhampur, Distt Bijnor  
**No. of Beneficiaries: 91**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated:

25/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2014353003	Samhodhi	Samhodhi
2.	DD2014353001	Sanya	Sanya
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Banerjee  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 27 August 2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** –RIC Aurangabad, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 89 participants (6 Peer Educator sessions)

**Supporting Agency** – Wipro Cares

**University Role** – Staff-3 (Dr Amandeep Kaur, Mrs. Pawandeep Kaur, and Ms. Neelam), Students-15

**Activity Detail:** To promote healthy life practices among adolescents, selected Peer Educators took sessions on Adolescent growth, nutrition, and sexual health. On the topic of nutrition, open discussion about carbohydrates, vitamins, minerals, fat, and protein in detail. Importance of nutrition, its role and quantity in the diet for better growth of the adolescent. Discussion on the prevention of Anemia in detail with the adolescents. Discussion on physical, mental, social, and emotional changes during the adolescent phases with the other adolescents.



Dr. Rajeev Bijalwan  
(Dy. Director-Health)

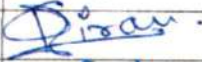








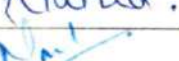





Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### Adolescent Health Program

Date- 27 August 2024

Program – Comprehensive Community Health Program

Location –RIC Aurangabad, Bhadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD2113302064	Kiran	
2.	DD2113302065	Kiran Nijwala	
3.	DD2113302066	Krishna Panthari	
4.	DD2113302068	Lakhveer Kaur	
5.	DD2113302069	Manisha Danosi	
6.	DD2113302070	Manju Bhatt	
7.	DD2113302071	Mansha Saini	
8.	DD2113302072	Monika Rawat	
9.	DD2113302073	Mukul Butola	
10.	DD2113302074	Naina Rawat	
11.	DD2113302075	Nandita	
12.	DD2113302076	Naveen	
13.	DD2113302077	Navneet Singh Negi	
14.	DD2113302078	Neeraj Kumar Anthwal	
15.	DD2113302079	Neha Dhasmana	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No. HH/BB/2024/31

Date: 27/8/2024

All the concerned are hereby informed that blood centre (BC) will collect blood from volunteer donors as per the program mentioned below. The following precautions will be taken during the conduct of the same.

- Issuing individual donor appointments in serial order to avoid over-crowding
- Proper history taking with a "mini-physical" including temperature checks prior to donation as per our SOP
- Frequent and repeated cleaning of donor stations after each donation
- Wearing appropriate PPE including protective face masks by donors as well as our BC personnel

The details of the camp are as follows:

DATE & DAY OF VOLUNTARY BLOOD DONATION CAMP(VBDC)	DEPARTURE TIME FROM HIHT	Arrival Time to HIHT	CAMP TIMING
28 <sup>th</sup> August 2024 (Wednesday)	10:00 AM		11:00 A.M. Onwards
Venue : Mohamadpur Badkali Maunthowala, Dehradun (Organised by Samanaya Nisha Mukti Kendra Dehradun)			Contact Person: Mr. K.C. Joshi Contact No: 9719236380

Following persons are detailed for the above camp.

S.No.	Name	Signature	Time of Reporting to Blood Centre
1	Dr. Akansha Aggarwal (Pathology- Resident)	<i>[Signature]</i>	
2	Mr. Sudhir Joshi ( P.R.O.)	<i>[Signature]</i>	
3	Mr. Bhupesh Pant (Tech.)	<i>[Signature]</i>	
4	Mr. Manoj Rawat (Attend.)		
5	One Nursing Staff	<i>[Signature]</i>	
6	One Housekeeping Staff	<i>[Signature]</i>	
7	One Driver		

Nursing Supdt. is requested to arrange for One nursing staff.

\*\*\* MTO to arrange for the vehicle for Blood Centre team (Kindly coordinate with Mr. K.C. Joshi for number & type of vehicle)

\*\*\*\* House keeping is requested to arrange for One Housekeeping staff.

Note: Kindly report 15 minutes before the departure time.

Note : 1- All are requested to wear uniform as per designation

2- The Doctors, Technician & PRO kindly meet the Undersigned before & after the assigned Camp activity

*[Signature]*  
27/8/24  
Dr. Dushyant Singh Gaur  
Professor & Head,  
Department of Immunohaematology  
& Blood Transfusion  
Blood Centre, Himalayan Hospital,  
SRHU, Dehradun

CC: Medical Superintendent  
HOD Dept. of Immunohaematology & Blood Transfusion  
Nursing Superintendent \*\*  
(HRD) Department  
Incharge M.T.O \*\*\*  
Manager House Keeping\*\*\*\*  
Media & Publicity

Professor & Head  
Dept. of Immunohaematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
SRHU, Swarni Ram Nagar (Jolly Grant)  
Dehradun-248026



Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No.: HH/BB/2024/31

Date: 27/8/2024

To  
The Director  
State Blood Transfusion Council  
Red Cross Society Bhawan  
Uttarakhand State AIDS Control Society  
DandaLakhondSahastradhara Road  
Dehradun  
Uttarakhand

Subject: Information regarding organizing a small voluntary blood donation camp in accordance to the government guidelines

Dear Sir/Madam,

This is to inform you that we are holding a voluntary blood donation camp on 28/8/2023 in collaboration with Mohamadpur Badkali Mauthrowala, Dehradun (Organised by Samanaya Nasha Mukti Kendra Dehradun)

The following precautions will be taken during the conduct of the same in accordance to the state government guidelines:

- a) Issuing individual donor appointments in a staggered manner to avoid over-crowding
- b) Proper history taking with a "mini-physical" including temperature checks prior to donation as per our SOP
- c) Frequent and repeated cleaning of donor stations after each donation
- d) Wearing appropriate PPE including protective face masks by donors as well as our BB personnel

Thanking You

Sincerely yours,

  
Dr. Dushyant Singh Gaur  
Professor & Head,  
Department of Immunohematology  
& Blood Transfusion  
Blood Centre, Himalayan Hospital,  
SRHU, Dehradun

Professor & Head  
Dept. of Immunohematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
SRHU, Swami Ram Nagar (Jolly Grant)  
Dehradun-248016

# Photographs of the Blood Donation Camp







# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 28 August 2024  
**Time:** 8.30am - 4.30pm  
**Program:** Free Eye Camps  
**Location:** CHC Doiwala, Distt Dehradun

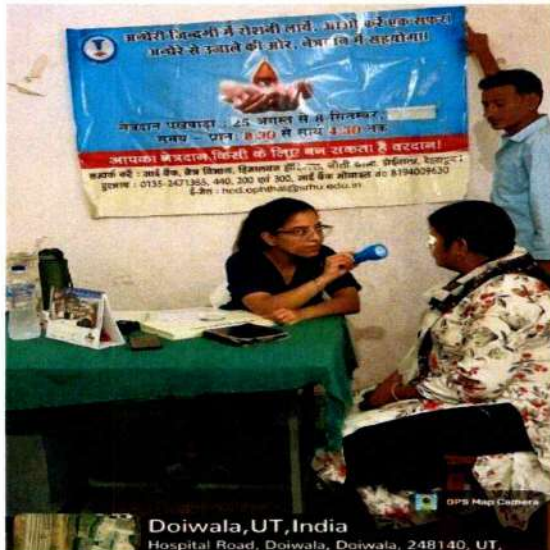
**No. of Beneficiaries: 27**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



*Dr. Renu Dhasmana*

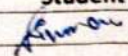
Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated:

28/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DP2014353002	Simran Thapa	
2.			
3.			
4.			
5.			



**Coordinator**  
**Dr. Harsh Bahuguna**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun



### FREE EYE CAMP

**Date :** 29 August 2024  
**Time:** 8.30am-4.30pm  
**Program:** Free Eye Camps  
**Location:** Mariam Inter College, Kiratpur, Distt Bijnor  
**No. of Beneficiaries:** 343

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 05

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of students participated in the activity**

Dated:

29/08/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD1914253003	Jyoti Rai	Jyoti Rai
2.	DD2014353003	Rambodhi Negi	Rambodhi Negi
3.			
4.			
5.			

  
Coordinator  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun





## HIMALAYAN INSTITUTE OF MEDICAL SCIENCES SWAMI RAMA HIMALAYAN UNIVERSITY



### Specialist Health Camp Report

**Date of Camp:** 29.08.2024

**Time:** 9am-3pm

**Venue:** CHC Narsan, Haridwar District

**Number of Beneficiaries:** 177

**Number of Students Participated:** 5

**Activity detail:** On 29<sup>th</sup> August 2024, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU), in alliance with the National Health Mission (NHM) Uttarakhand and the Chief Medical Office (CMO) of Haridwar, organized Ayushman Arogya Shivar (Health Camp) at CHC Narsan (Haridwar District) with specialists from various departments of HIMS namely., Community Medicine, General Medicine, Obstetrics & Gynaecology, Pediatrics, Orthopaedics, Ophthalmology, Psychiatry, and Dentistry. The camp focused on providing health check-ups, along with preventive care and health education, ensuring local residents received necessary medical attention without having to travel to distant healthcare facilities. Patients needing tertiary level of healthcare were referred to Civil Hospital, Roorkee and Himalayan Hospital, SRHU.



**Attendance:**

29-08-2024				
		<b>S.No.</b>	<b>Name of Students</b>	<b>Signature</b>
		1	Yashi Agarwal	<i>Yashi</i>
		2	Preeti	<i>Preeti</i>
		3	Abhishek Bawra	<i>Abhishek</i>
		4	Saba Karim	<i>Saba</i>
		5	Dr Anil Kumar Bisht	<i>Anil</i>

*H. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehra Dun-248026, Uttarakhand, India





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Substance Abuse and Cyber Crime Workshop

**Date-** 31/8/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Arya Inter College, Bongla, Bahadrabad

**Beneficiaries-** 169 Adolescent Male

**Supporting Agency** – WIPRO care

**University Role** – Staff – 5, Students-12

**Activity Detail** – The workshop was organized to educate and sensitize male adolescents on critical topics such as drug substance use, sexual harassment, and cybercrime. Skit played on Substance abuse as well as Ms. Aruna Bharti, and Deputy Commandant, Haridwar took the session on cybercrime and Substance Abuse. She explained all the crimes related to cyber with their punishments as well as the browsing of unethical content also in crime. She explains in detail the substance abuse common in society as well as their negative impacts on their personal and socio-economic life.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand






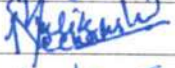


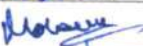

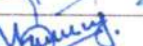



**Substance Abuse and Cyber Crime Workshop**

**Date-** 31/8/2024

**Program** – Comprehensive Community Health Program

**Location** – Arya Inter College, Bongla, Bahadrabad

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301062	Maneesha	
2.	DD22113301063	Manisha Negi	
3.	DD22113301064	Manpreet Saini	
4.	DD22113301065	Mansi	
5.	DD22113301066	Mansi Rawat	
6.	DD22113301067	Meenakshi Malik	
7.	DD22113301068	Megha Rai	
8.	DD22113301069	Mohammad Faiz	
9.	DD22113301070	Mohammad Suhel	
10.	DD22113301071	Mohd Zeeshan	
11.	DD22113301072	Monika Gurung	
12.	DD22113301073	Muhammed Arsh	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman In-Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-**31/8/2024

**Time:** 9:00am-4:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

**Beneficiaries** – 88

**Supporting Agency** – SRHU

**University Role** – Staff-3 (Dr. Sammi Pundir, Dr. Vivek Singh, Mr. Gajendra Rawat, Mr. Sagar Verma & Mr. Saksham (MBBS Intern))

Students - 15

**Activity Detail** –The TB Elimination camp was conducted by a RDI-SRHU and AAS Santhan team. The program offered a service, including general examinations, counselling, growth monitoring. Google questionnaire filled by staff of every TB Patient for their assessment and distribution of Protein Rich Food kit (nutrition kit) to the TB patients.



  
Dr. Rajeet Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

Date-31/8/2024

Program –Ni-Kshay Mitra Program (TB Elimination)

Location – SPS Rishikesh

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301037	Divya Pant	
2.	DD22113301038	Diya Pant	
3.	DD22113301039	Gagan Kumar	
4.	DD22113301040	Gurpreet Kaur Saini	
5.	DD22113301041	Harkomalpreet Kaur	
6.	DD22113301042	Harshit Kaintura	
7.	DD22113301043	Harshita	
8.	DD22113301044	Himanshu Jain	
9.	DD22113301045	Himanshu Tomar	
10.	DD22113301046	Isha Chauhan	
11.	DD22113301047	Ishita Krishali	
12.	DD22113301048	Jaya	
13.	DD22113301049	Jeba Anjum	
14.	DD22113301050	Jiya Chauhan	
15.	DD22113301051	Joel Thomas	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himanshu An In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

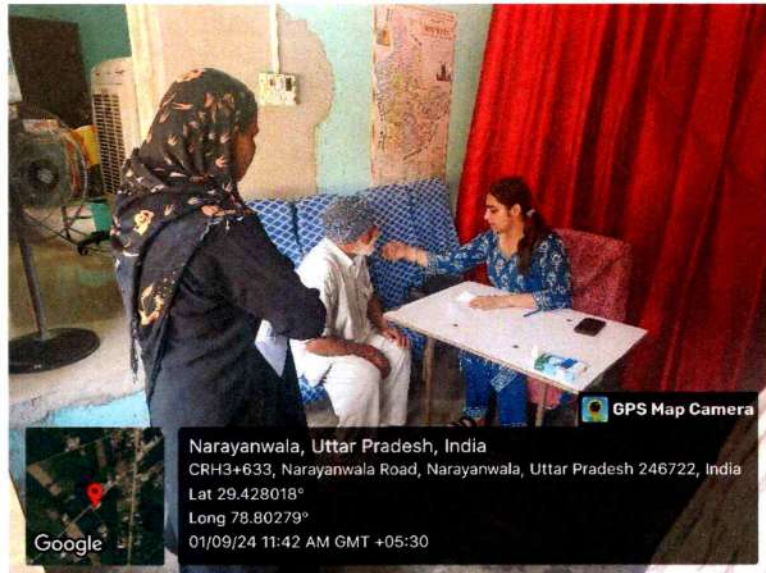
**Date :** 01 September 2024  
**Time:** 9.30am-2.30pm  
**Program:** Free Eye Camps  
**Location:** Inter College, Fatehpur, Distt Bijnor  
**No. of Beneficiaries: 120**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 11/09/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	TPS1910030	Mehndi Zehra	Mehndi Zehra
2.	201914353003	JYOTI PAL	Jyoti
3.			
4.			
5.			

Coordinator

  
**Dr. Harsh Bahadur**  
Professor

Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 4/9/2024

**Time** – 9am-2pm

**Program** – Comprehensive Community Health Program

**Location** – Salempur, Haridwar

**Beneficiaries** – 23

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3, Student - 2

**Activity Detail** - Maternal health camps are organized for pregnant and lactating women in the project area every Wednesday and Saturday. One such camp was conducted in Salempur village of Bahadabad villages of Haridwar district under Wipro Cares Health program. The camp was conducted by a team of lady doctor, pharmacist, nurse, counsellor, field supervisor and students.

A total of 23 women in their antenatal and postnatal period were screened during the camp. The services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin were offered. Prophylactic treatment for anaemia and micronutrients along with counselling sessions on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, personal hygiene were enabled in the camp.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





## Maternal and Child Health Program

**Date-** 4/9/2024

**Program** – Comprehensive Community Health Program

**Location** –Salempur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231101301013	Aishlee Goyal	
2.	DD231101301014	Akshita Gupta	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

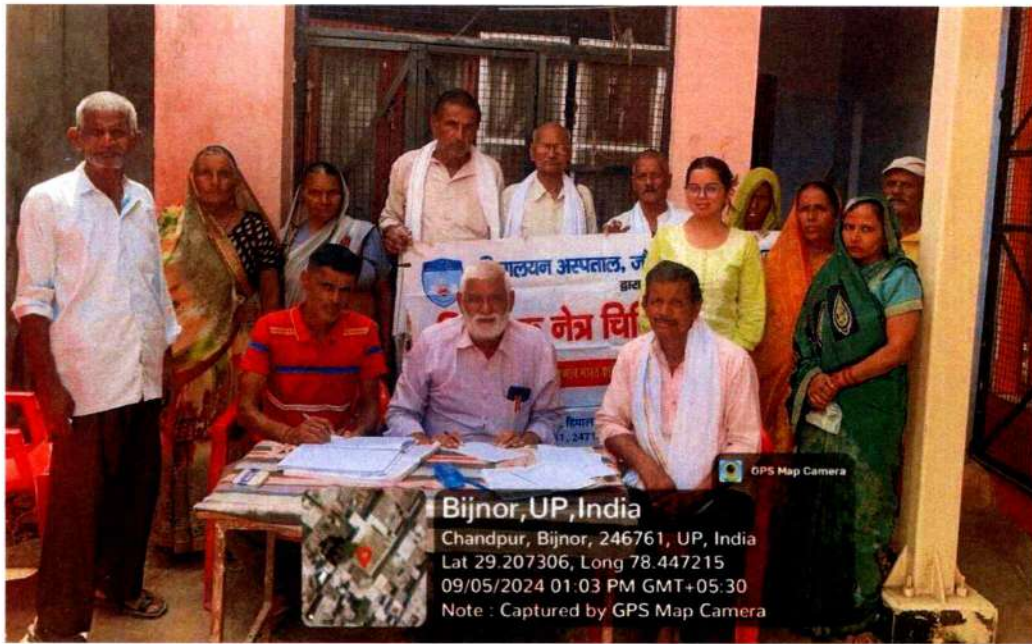
**Date :** 05 September 2024  
**Time:** 9.30am-1.30pm  
**Program:** Free Eye Camps  
**Location:** Uttari Adarsh Ramlila Club, Morna, Distt Bijnor  
**No. of Beneficiaries:** 49

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 5-09-2024

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2014253003	Sanjodhi Negi	Sanjodhi
2.	DD2014353001	Soniya	Soniya
3.			
4.			
5.			

Coordinator

  
**Dr. Harsh Bahrom**  
Professor  
Department of Ophthalmology,  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 6 September 2024

**Time** - 9am – 4pm

**Program** – Comprehensive Community Health Program

**Location** – AKIC Bahadrabad, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 143 participants

**Supporting Agency** – Wipro Cares

**University Role** – Staff-2 (Dr. Amandeep Kaur, and Ms. Sheetal), Student - 5

**Activity Detail:** Adolescent growth is generally discussed about the age of the adolescent (11-19 years of age). Body changes take place with age physically, mentally, socially, emotionally, and spiritually with their positive and negative effects on growth and development. SHHC members (Peer Educator) took the open discussion and two-way communication with the Adolescent on the various topics of RKSK. On the topic of nutrition, open discussion about carbohydrates, vitamins, minerals, fat, and protein in detail. Importance of nutrition, its role and quantity in the diet for better growth of the children. Another topic on Non-communicable disease also discussed with adolescents regarding their cause and precaution from the prevention of NCD.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)


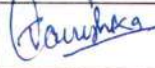
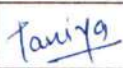
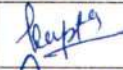

Rural Development Institute  
Himachal Pradesh Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

**Adolescent Health Program**

**Date-** 6 September 2024

**Program** – Comprehensive Community Health Program

**Location** – AKIC Bhadrabad, Bhadrabad Block, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301136	Tanishka Kandwal	
2.	DD22114301137	Tanishka Saxena	
3.	DD22114301138	Taniya Bhardwaj	
4.	DD22114301139	Taniya Gupta	
5.	DD22114301140	Tanmay Goyal	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman Singh Hospital Trust  
Swami Ram Nagar, P.O. Dairwala  
Dehradun-248140, Uttarakhand



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 08 September 2024  
**Time:** 9.30am-1.30pm  
**Program:** Free Eye Camps  
**Location:** CHC Bhopa, Distt Muzaffar Nagar  
**No. of Beneficiaries:** 46

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology




**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 5.09.2024

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2014253063	Shambhoo Singh	Shambhoo Singh
2.	DD2014353001	Soniya	Soniya
3.			
4.			
5.			

Coordinator

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology,  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 10 September 2024

**Time** - 9am – 4pm

**Program** – Comprehensive Community Health Program

**Location** – RIC Aurangabad, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 143 participants

**Supporting Agency** – Wipro Cares

**University Role** – Staff-4 (Dr. Kriti, Dr. Amisha Tiwari, Ms. Bhawna, and Ms. Neelam), Student - 5

**Activity Detail:** SHHC members (Peer Educator) took the sessions on the various components of RKSK like nutrition, Menstrual hygiene, Substance abuse, and mental health. General discussion on Anemia, its signs and symptoms, its precaution from home-based care, and diet. Another discussion on Menstrual health and hygiene, how to maintain personal hygiene during the menstrual phase, and the health issues due to improper practices. Another session was taken on Substance Abuse, types of substances, their negative effect on the health of the person, and their family members as well as their socioeconomic status due to excessive use of the drugs.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)



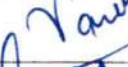

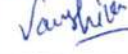
Rural Development Institute  
Hansa an Income Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Adolescent Health Program

**Date-** 10 September 2024

**Program** – Comprehensive Community Health Program

**Location** –RIC Aurangabad, Bahadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301141	Tripti Kunwar	
2.	DD22114301142	Tushar Arya	
3.	DD22114301143	Vandana Thapa	
4.	DD22114301144	Vanessa Harish Arya	
5.	DD22114301145	Vanshika Aggarwal	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Disability Certificate Camp

**Date:** 10<sup>th</sup> September 2024

**Time:** 10am-3pm

**Program:** Disability Certificate Camp

**Location:** Orthopaedics Department, Mela Hospital Haridwar

**Supporting Agency:** Dhyana Mandira Trust (DMT)

**Number of Beneficiaries:** 8 PWDs (Persons with Disabilities)

**University Participation:** Staff – 01

**Student - 03**

### Activity Details:

People with different types of disabilities will be taken to Mela Hospital, Haridwar. All beneficiaries undergone examinations by OPD doctors. Disability certificates was issued to eligible individuals, while others may be referred for further examination or treatment. The event is conducted every Wednesday from 10:00 AM to 3:00 PM in the Orthopaedics Department at Mela Hospital, Haridwar. A government medical team, including doctors, counsellors, and field supervisors, will be involved in the process. Rural Development supports the PWDs throughout the certificate process, offering assistance with transportation, hospital support, and referrals to other hospitals if needed.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




Rural Development Institute  
Haridwar an Inclusive Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Disability Certificate Camp

**Date:** 10<sup>th</sup> September 2024

**Program:** Disability Certificate Camp

**Location:** Orthopaedics Department, Mela Hospital Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231101301018	Anant Singh Bisht	
2.	DD231101301019	Ananya Sharma	
3.	DD231101301020	Ananya Sharma	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Game Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 11 September 2024  
**Time:** 9.30am-2.30pm  
**Program:** Free Eye Camps  
**Location:** Shanti Dham, Bhikkawala, Distt Bijnor  
**No. of Beneficiaries: 143**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 11/9/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353004	Shivani	Shivani
2.	DD2014353001	Soniya	Soniya
3.			
4.			
5.			

Coordinator

**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 11/9/202

**Time** – 9am-2pm

**Program** – Comprehensive Community Health Program

**Location** – Hazaragant, Haridwar

**Beneficiaries** – 21

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4, Student - 3

**Activity Detail** - A maternal health camp was conducted, attended by pregnant and lactating women, along with adolescents and children. The camp was facilitated by a medical team comprising a doctor, pharmacist, nurse, counselor, field supervisor and students. A wide range of services were provided, including general examinations, risk assessments, and primary investigations such as blood pressure, blood sugar, and hemoglobin tests. Antenatal and postnatal women received prophylactic treatment for anemia and essential micronutrients. Additionally, both group and individual counseling sessions were conducted on topics such as nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, postnatal care, and overall maternal well-being.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




Rural Development Institute  
Haraman Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 11/9/2024

Program – Comprehensive Community Health Program

Location – Hazaragant, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231101301015	Amritanshu Varman	
2.	DD231101301016	Ana Perveen	
3.	DD231101301017	Anam Malik	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 15 September 2024

**Program:** Free Eye Camps

**Location:** Saraswati Shishu Mandir School, Nahtaur, Distt Bijnor

**No. of Beneficiaries: 133**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 15/9/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353001	PRIYANKA CHINTAPATEA	Priyanka
2.	DD2114353004	SHIVANI	Shivani
3.			
4.			
5.			

Coordinator

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Specialist Health Camp in Nagthat, Kalsi under the NSIL Program

**Date:** - 16/9/2024

**Time:** - 9am-3pm

**Program:** - Specialist Health Camp

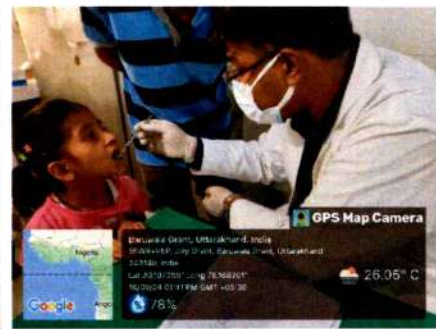
**Location:** - Lakhwar, Kalsi

**Beneficiaries:** - 124

**Supporting Agency:** - New Space India Limited (NSIL)

**University Role:** - 6 staff members (Dr. Akansha, Dr. Anchal, Dr. Vivek Singh, Mr. Sunil Khanduri, Mr. Vikas and Ms. Nirmala), Student - 5

**Activity Details:** - A Specialist health camp was conducted by a medical team comprising specialist doctors in the Lakhwar village of Kalsi block, Dehradun. The specialist health camp offered a comprehensive range of services, including general examinations, eye check-ups, dental check-ups, risk assessments, and primary investigations such as blood pressure, height, and weight. Out of 124 patients, 27 gynae patients, 70 eye patients, and 27 dental patients were registered. Medicines were given free of cost to the patients, and referrals were made to those who needed further treatment.



  
**Dr. Rajeev Bijalwan**  
(Dy. Director-Health)

Rural Development Institute  
Haraman on Income Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



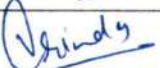




### Specialist Health Camp in Nagthat, Kalsi under the NSIL Program

**Date:** - 16/9/2024

**Program:** - Specialist Health Camp

**Location:** - Lakhwar, Kalsi, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301146	Veer Kohli	
2.	DD22114301147	Vishwas Chauhan	
3.	DD22114301148	Vrinda Behl	
4.	DD22114301149	Yashaswini Sinha	
5.	DD22114301150	Zaid Ansari	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Dharwala  
Dehradun-248140, Uttarakhand



Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No. HH/BB/2024/31

Date: 27/8/2024

All the concerned are hereby informed that blood centre (BC) will collect blood from volunteer donors as per the program mentioned below. The following precautions will be taken during the conduct of the same.

- Issuing individual donor appointments in serial order to avoid over-crowding
- Proper history taking with a "mini-physical" including temperature checks prior to donation as per our SOP
- Frequent and repeated cleaning of donor stations after each donation
- Wearing appropriate PPE including protective face masks by donors as well as our BC personnel

The details of the camp are as follows

DATE & DAY OF VOLUNTARY BLOOD DONATION CAMP(VBDC)	DEPARTURE TIME FROM HIHT	Arrival Time to HIHT	CAMP TIMING
28 <sup>th</sup> August 2024 (Wednesday)	10:00 AM		11:00 A.M. Onwards
Venue : Mohamadpur Badkali Maunthowala, Dehradun (Organised by Samanaya Nasha Mukti Kendra Dehradun)			Contact Person: Mr. K.C. Joshi Contact No: 9719236380

Following persons are detailed for the above camp.

S.No.	Name	Signature	Time of Reporting to Blood Centre
1	Dr. Akansha Aggarwal (Pathology- Resident)	<i>[Signature]</i>	
2	Mr. Sudhir Joshi ( P.R.O.)	<i>[Signature]</i>	
3	Mr. Bhupesh Pant (Tech.)	<i>[Signature]</i>	
4	Mr. Manoj Rawat (Attend.)		
5	One Nursing Staff	<i>[Signature]</i>	
6	One Housekeeping Staff	<i>[Signature]</i>	
7	One Driver		

Nursing Supdt. is requested to arrange for One nursing staff.

\*\*\* MTO to arrange for the vehicle for Blood Centre team (Kindly coordinate with Mr. K.C. Joshi for number & type of vehicle)

\*\*\*\* House keeping is requested to arrange for One Housekeeping staff.

Note: Kindly report 15 minutes before the departure time.

Note : 1- All are requested to wear uniform as per designation

2- The Doctors, Technician & PRO kindly meet the Undersigned before & after the assigned Camp activity

*[Signature]*  
27/8/24  
Dr. Dushyant Singh Gaur  
Professor & Head,  
Department of Immunohaematology  
& Blood Transfusion  
Blood Centre, Himalayan Hospital,  
SRHU, Dehradun

CC: Medical Superintendent  
HOD Dept. of Immunohaematology & Blood Transfusion  
Nursing Superintendent \*\*  
(HRD) Department  
Incharge M.T.O \*\*\*  
Manager House Keeping\*\*\*\*  
Media & Publicity

Professor & Head  
Dept. of Immunohaematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
SRHU, Swarni Ram Nagar (Jolly Grant)  
Dehradun-248026

Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No.: HH/BB/2024/31

Date: 27/8/2024

To  
The Director  
State Blood Transfusion Council  
Red Cross Society Bhawan  
Uttarakhand State AIDS Control Society  
DandaLakhondSahastradhara Road  
Dehradun  
Uttarakhand

Subject: Information regarding organizing a small voluntary blood donation camp in accordance to the government guidelines

Dear Sir/Madam,

This is to inform you that we are holding a voluntary blood donation camp on 28/8/2023 in collaboration with Mohamadpur Badkali Mauthrowala, Dehradun (Organised by Samanaya Nasha Mukti Kendra Dehradun)

The following precautions will be taken during the conduct of the same in accordance to the state government guidelines:

- a) Issuing individual donor appointments in a staggered manner to avoid over-crowding
- b) Proper history taking with a "mini-physical" including temperature checks prior to donation as per our SOP
- c) Frequent and repeated cleaning of donor stations after each donation
- d) Wearing appropriate PPE including protective face masks by donors as well as our BB personnel

Thanking You

Sincerely yours,

  
Dr. Dushyant Singh Gaur  
Professor & Head,  
Department of Immunohematology  
& Blood Transfusion  
Blood Centre, Himalayan Hospital,  
SRHU, Dehradun

Professor & Head  
Dept. of Immunohematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
SRHU, Swami Ram Nagar (Jolly Grant)  
Dehradun-248016



# Photographs of the Blood Donation Camp





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 18 September 2024  
**Program:** 9.30am-2.30pm  
**Time:** Free Eye Camps  
**Location:** CHC Purkaji, Distt Muzaffar Nagar  
**No. of Beneficiaries: 83**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 18/09/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD1914301080	Mammi Agawal	Mammi Agawal
2.		Mehuli Zehra	Mehuli Zehra
3.			
4.			
5.			

Coordinator



**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





## HIMALAYAN INSTITUTE OF MEDICAL SCIENCES SWAMI RAMA HIMALAYAN UNIVERSITY



### Specialist Health Camp Report

**Date of Camp:** 19.09.2024

**Time:** 9.30am – 3.30pm

**Venue:** CHC Bhagwanpur, Haridwar District

**Number of Beneficiaries:** 186

**Number of Students Participated:** 5

**Activity Details:** Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU), in alliance with the National Health Mission (NHM) Uttarakhand and the Chief Medical Office (CMO) of Haridwar, organized Ayushman Arogya Shivar (Health Camp) at CHC Bhagwanpur (Haridwar District) with specialists from various departments of HIMS namely., Community Medicine, General Medicine, Obstetrics & Gynaecology, Pediatrics, Orthopaedics, Ophthalmology, Psychiatry, and Dentistry. The camp focused on providing health check-ups, along with preventive care and health education, ensuring local residents received necessary medical attention without having to travel to distant healthcare facilities. Patients needing tertiary level of healthcare were referred to Civil Hospital, Roorkee and Himalayan Hospital, Jolly Grant. Services provided included specialist consultations, basic diagnostic tests, health awareness talks and referrals. A total of 180 patients benefitted.





## निशुल्क स्वास्थ्य जांच शिविर में 186 रोगी हुए लाभान्वित



**अधिकांश:** हिमालयन इंस्टिट्यूट ऑफ मेडिकल साइंसेज (एचआईएमएस) के सामुदायिक चिकित्सा विभाग की ओर से सामुदायिक स्वास्थ्य केन्द्र भगवानपुर (हरिद्वार) में निशुल्क आयुष्मान आरोग्य जांच शिविर आयोजित किया गया। एचआईएमएस के प्राचार्य डॉ. ऐके देवराय के दिशा निदेशन में आयोजित शिविर में कम्प्यूनिटी मेडिसिन से डॉ. सुरभि मिश्रा, जनरल मेडिसिन विभाग से डॉ. शिवम सेठी, बाल रोग विभाग से डॉ. देवाज्योति बैनर्जी, वेत्र रोग विभाग से डॉ. छवि गर्ग, स्त्री रोग विभाग से डॉ. सिमरन धवन, डेंटल

सर्जरी से डॉ. रंजु परमार, हड्डी रोग विभाग से डॉ. सुकान्त सोमर, मनोरोग से डॉ. अंशु प्रसाद ने स्वास्थ्य शिविर में पहुंचे करीब 186 से ज्यादा रोगियों को जांच कर स्वास्थ्य परामर्श दिया। शिविर के नोडल अधिकारी डॉ. अशोक कुमार श्रीवास्तव ने बताया निशुल्क स्वास्थ्य जांच शिविर में आए रोगियों का पंजीकरण, परामर्श सहित शुगर, बीपी, हिमोग्लोबिन सहित विभिन्न जांचों सहित निशुल्क दवा भी वितरित की गयी। स्वास्थ्य शिविर के संचालन में एम्बुलेंस के स्वर्णिम गर्ग, स्वाति बिट्ट, वैभव गुप्ता, करुण खुरवंशी ने अपना सहयोग दिया।

Attendance:

19-09-2025				
		S.No.	Name of Students	Signature
		1	Manish Panwaar	<i>Manish</i>
		2	Manjeet	<i>Manjeet</i>
		3	Mansi Arya	<i>Mansi</i>
		4	Manvi Agarwal	<i>Manvi</i>
		5	Dr Chirag Joshi	<i>Chirag Joshi</i>

*A. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-248026, Uttarakhand, India





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 19 September 2024  
**Time:** 10am - 2pm  
**Program:** Free Eye Camps  
**Location:** Prem Dham Ashram, Najibabad, Distt Bijnor  
**No. of Beneficiaries: 19**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 19/9/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304002	Shilpi Singh	Shilpi
2.	DDJ114353002	Simran Bhandari	Simran
3.			
4.			
5.			

Coordinator

  
**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 22 September 2024  
**Time:** 10am - 4pm  
**Program:** Free Eye Camps  
**Location:** MSB Inter College, Jaitra, Dhampur, Distt Bijnor  
**No. of Beneficiaries: 117**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 22/9/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304002	Shilpi Singh	Shilpi
2.	DD2221404001	Amisha	Amisha
3.			
4.			
5.			

Coordinator

**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 23 September 2024  
**Time:** 10am - 4pm  
**Program:** Free Eye Camps  
**Location:** Panchayat Ghar, Bhutpuri, Distt Bijnor  
**No. of Beneficiaries: 413**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 03

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



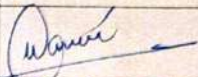
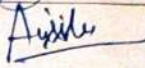
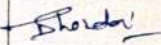
Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences

Activity: Free Eye Camp

List of students participated in the activity

Dated: 23/09/2024

S. No.	Registration No.	Student's Name	Signature of Student
1.	SRHUT		
2.	SRHUI9000147	Manu Tiwari	
3.	DD22214304009	Amisha	
4.	DD2114353002	Srinjan Bhandari	
5.			

Coordinator



Dr. Harsh Bahadur  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 23 September 2024

**Time** - 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** –GIC Mundhan, Kalsi Bolck, Dehradun

**Beneficiaries** – 59 participants (7 Peer Educator sessions)

**Supporting Agency** – NSIL & RDI-SRHU

**University Role** – Staff-2 (Mr. Sunil Khanduri & Ms. Nirmala Bijalwan), Student - 3

**Activity Detail:** The components of RKSK discussed with all the trained SHHC members (Peer Educator) like Adolescent Growth, Nutrition, Reproductive and Sexual Health, Non-communicable Disease, Mental Health, Substance Abuse, and gender-based Violence as well as Good Touch and Bad touch. A brief discussion on the all components on RKSK, their positive and negative impact on the lifestyle and health.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

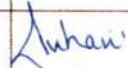
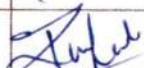
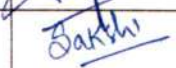


## Adolescent Health Program

**Date-** 23 September 2024

**Program** – Comprehensive Community Health Program

**Location** –GIC Mundhan, Kalsi Bolck, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301115	Ruhani Arora	
2.	DD22114301116	Rupali Negi	
3.	DD22114301117	Sakshi	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Dorwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** - 24 September 2024

**Time** - 9am – 4pm

**Program** – Comprehensive Community Health Program

**Location** – GIC Lakhwad, Kalsi Bolck, Dehradun

**Beneficiaries** – 191 participants (13 Peer Educator sessions)

**Supporting Agency** – NSIL & RDI-SRHU

**University Role** – Staff-2 (Mr. Sunil Khanduri & Ms. Nirmala Bijalwan), Student - 5

**Activity Detail:** Two-way communication between the Adolescent and the School Health and Hygiene Club members on the 6 components of RKSK. General discussion on Nutrition, Adolescent growth, as well as adolescent health, Menstrual hygiene, Good Touch and Bad touch, and Substance Abuse. The positive and negative impact of the environment, society, education, lifestyle, and physical and mental changes on health during the Adolescent phase.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

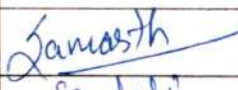
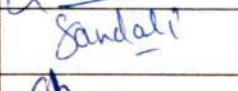
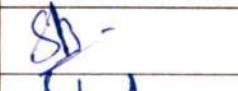
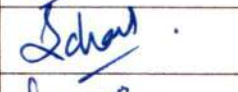

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Adolescent Health Program

**Date** - 24 September 2024

**Program** – Comprehensive Community Health Program

**Location** –GIC Lakhwad, Kalsi Bolck, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301118	Samarth Mehran	
2.	DD22114301119	Sandali Saxena	
3.	DD22114301120	Sanjana Bhartia	
4.	DD22114301121	Satyam Chandra	
5.	DD22114301122	Saumya Rawat	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa and In Home Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** - 24 September 2024

**Time** - 9am – 4pm

**Program** – Comprehensive Community Health Program

**Location** –AIC Bongla, Bahadrabad Bolck, Haridwar District

**Beneficiaries** – 182 participants (4 Peer Educator sessions)

**Supporting Agency** – Wipro Cares

**University Role** – Staff-2 (Ms. Sheetal, and Ms. Seema), Students - 5

**Activity Detail:** SHHC members (Peer Educator) took the communication with the Adolescent on the various topics of RKSK like mental health, General health Awareness and nutrition. Thorough discussion on the personal hygiene during the adolescent phase, negative effects on health if personal hygiene does not maintain properly. On the topic of nutrition, open discussion about carbohydrates, vitamins, minerals, fat, and protein in detail. Importance of nutrition, its role and quantity in the diet for better growth of the children.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

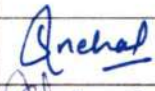

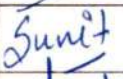
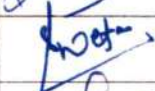

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### Adolescent Health Program

**Date** - 24 September 2024

**Program** – Comprehensive Community Health Program

**Location** –AIC Bongla, Bahadrabad Bolck, Haridwar District

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301131	Snehal Chauhan	
2.	DD22114301132	Srishti Tyagi	
3.	DD22114301133	Sumit Misra	
4.	DD22114301134	Sweta Sharma	
5.	DD22114301135	Tanishka Chaudhary	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

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Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 25 September 2024

**Time** - 9am – 4pm

**Program** – Comprehensive Community Health Program

**Location** –GIC Kachta, Kalsi Bolck, Dehradun

**Beneficiaries** – 80 participants

**Supporting Agency** – NSIL & RDI-SRHU

**University Role** – Staff-2 (Mr. Sunil Khanduri & Ms. Nirmala Bijalwan), Student - 5

**Activity Detail:** The six components of Rashtriya Kishore Swasthya Karyakaram were included in the School Health and Hygiene Club members in their sessions. Some members discussed Nutrition in detail regarding protein, vitamins, fat, minerals, and carbohydrates. Types of fruits and vegetables are included in these categories of nutrition. Basic discussions related to adolescent health as well as detailed discussions related to menstrual health among girls like the normal menstrual cycle, maintenance of personal hygiene during menses, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Rama Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

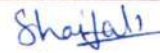


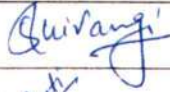



## Adolescent Health Program

**Date-** 25 September 2024

**Program** – Comprehensive Community Health Program

**Location** –GIC Kachta, Kalsi Bolck, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301123	Shaifali	
2.	DD22114301124	Shailanya Dutta	
3.	DD22114301125	Shamia	
4.	DD22114301126	Shivang Raghuraj	
5.	DD22114301127	Shruti	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Disability Certificate Camp

**Date** – 25<sup>th</sup> Sep-2024

**Time** – 10am-3pm

**Program** – Disability Certificate Camp

**Location** – Orthopedics Department Coronation Hospital Dehradun

**Supporting Agency** – Dhyana Mandira Trust (DMT)

**No of Beneficiaries** – 5- PWDs

**University Participation** – 01, Student - 03

### Activity Detail –

People with different types of disabilities were taken to Coronation Hospital Dehradun. All beneficiaries had undergone examinations by OPD doctors. Disability certificates were issued to eligible individuals, while others were referred for further examination or treatment. The event is conducted every Wednesday from 10:00 AM to 3:00 PM in the Orthopaedics Department at Coronation Hospital Dehradun. A government medical team, including doctors, counsellors, and field supervisors, were involved in the process. Rural Development Institute supports the PWDs throughout the certificate process, offering assistance with transportation, hospital support, and referrals to other hospitals if needed.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Disability Certificate Camp

**Date** – 25<sup>th</sup> Sep-2024

**Program** – Disability Certificate Camp

**Location** – Orthopedics Department Coronation Hospital Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD231101301021	Anika Singh	
2.	DD231101301022	Anirudh Bhandari	
3.	DD231101301023	Anjali Verma	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 25 September 2024  
**Time:** 9.30am-3.30pm  
**Program:** Free Eye Camps  
**Location:** Awami Muslim Fund, Kiratpur, Distt Bijnor  
**No. of Beneficiaries: 330**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 25/4/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	Amisha
2.	DD2114353002	Sprman - Bhandari	Bhandari
3.			
4.			
5.			

Coordinator



**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 26 September 2024

**Time** - 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** – Junior High School, Pipaya, Kalsi Bolck, Dehradun

**Beneficiaries** – 39 participants

**Supporting Agency** – NSIL & RDI-SRHU

**University Role** – Staff-2 (Mr. Sunil Khanduri & Ms. Nirmala Bijalwan), Student - 3

**Activity Detail:** School Health and Hygiene Club members took sessions on Adolescent Growth in which they discussed physical, mental, social, emotional, behavioral, and spiritual changes that take place during the Adolescence phase. Discussions on general health awareness during the adolescent stage like personal hygiene, and prevention from the cause of communicable as well as non-communicable disease. Few students discussed good touch and Bad touch because it is a sensitive issue in society. Some adolescents were not able to categorize the way of touch by another person.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

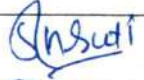

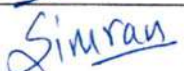


## Adolescent Health Program

**Date-** 26 September 2024

**Program** – Comprehensive Community Health Program

**Location** –Junior High School, Pipaya, Kalsi Bolck, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301128	Shruti Goswami	
2.	DD22114301129	Siddhartha Singh	
3.	DD22114301130	Simran Sharma	



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

HIMALAYAN COLLEGE OF NURSING  
SWAMI RAMA HIMALAYAN UNIVERSITY  
JOLLY GRANT, DEHRADUN

#### **REPORT ON SKIT COMPETITION: "AWARENESS ON HIV/AIDS"**

**Name of Activity:** Skit competition on Awareness on HIV/AIDS

**Date:** 28 September, 2024

**Facilitators:** Dr. Rajkumari Sylvia Devi and Dr. Vandana Chauhan

**Time:** 10 am to 3 pm

**Venue:** DIT University, Dehradun

**Number of Students:** 06

The Child Health Nursing Department at Himalayan College of Nursing participated in a skit competition on "Awareness of HIV/AIDS" held on September 28, 2024. This important event was organized by the USACS in Dehradun and took place at DIT University. The initiative aimed to enhance public understanding of HIV/AIDS and reduce stigma associated with the condition.

The activity was skillfully coordinated by Dr. Rajkumari Sylvia Devi and Dr. Vandana Chauhan, who guided students and ensure smooth execution of the event. A total of five colleges participated, creating a vibrant and competitive atmosphere.

The competition commenced at 10 AM in the Vedanta Auditorium of DIT University. Our team consisted of six students from the 6th semester of the Basic B.Sc. Nursing program, who delivered a compelling role play that effectively communicated critical messages about HIV/AIDS. Their hard work and dedication paid off as they secured an impressive 2nd position in the competition, demonstrating both their talent and commitment to raising awareness on this significant health issue.




Picture 1 and 2: Student performing the role play



Picture 3 and 4: Group photograph of students with award

  
Activity Coordinators

  
HOD

  
Principal  
Himalayan College of Nursing  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-248016




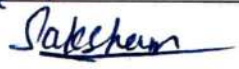




**HIMALAYAN COLLEGE OF NURSING**  
**SWAMI RAMA HIMALAYAN UNIVERSITY**  
**JOLLY GRANT, DEHRADUN**

**REPORT ON SKIT COMPETITION ON AWARENESS ON HIV/AIDS"**

**Date: 28.09.2024**

**Venue: DIT University, Dehradun**

S. No.	Registration No.	Student's Name	Signature
1	DD2113302139	Vaishnavi Baloni	
2	DD2113302088	Prince Kumar	
3	DD2113302033	Ayush Thapa	
4	DD2113302099	Saksham Arora	
5	DD2113302117	Shivani Nautiyal	
6	DD2113302005	Abhyudays Kalra	



Activity Coordinators



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 28 September 2024  
**Time:** 10.00am - 2.00pm  
**Program:** Free Eye Camps  
**Location:** CHC Morna, Distt Muzaffar Nagar  
**No. of Beneficiaries: 159**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 03

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 28/09/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	Provisional No. 8774	ROBIN PHARSWAN	Robin
2.	DD2114353001	PRIYANKA	Priyanka
3.	DD2114353002	Simran Bhanderi	Shreelax
4.			
5.			

Coordinator

**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute of Medical Sciences  
Jolly Grant, Dehra Dun





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

**HIMALAYAN COLLEGE OF NURSING  
SWAMI RAMA HIMALAYAN UNIVERSITY  
JOLLY GRANT, DEHRADUN**

**REPORT ON SUICIDE PREVENTION MONTH (2024)**

**Name of activity:** "Break the silence"- Speaking out against hopelessness

**Date:** 28<sup>th</sup> Sep, 2024

**Facilitator:** Dr. Grace Madonna Singh, Ms. Nitika Bhatt, Ms. Heena Negi, Mr. Atul Bhidola

**Time:** 9:00 am to 10:30 am

**Venue:** Offline-Rajkiya Primary School, Kothari Mohalla, Jolly grant

**No. of participants:** 74

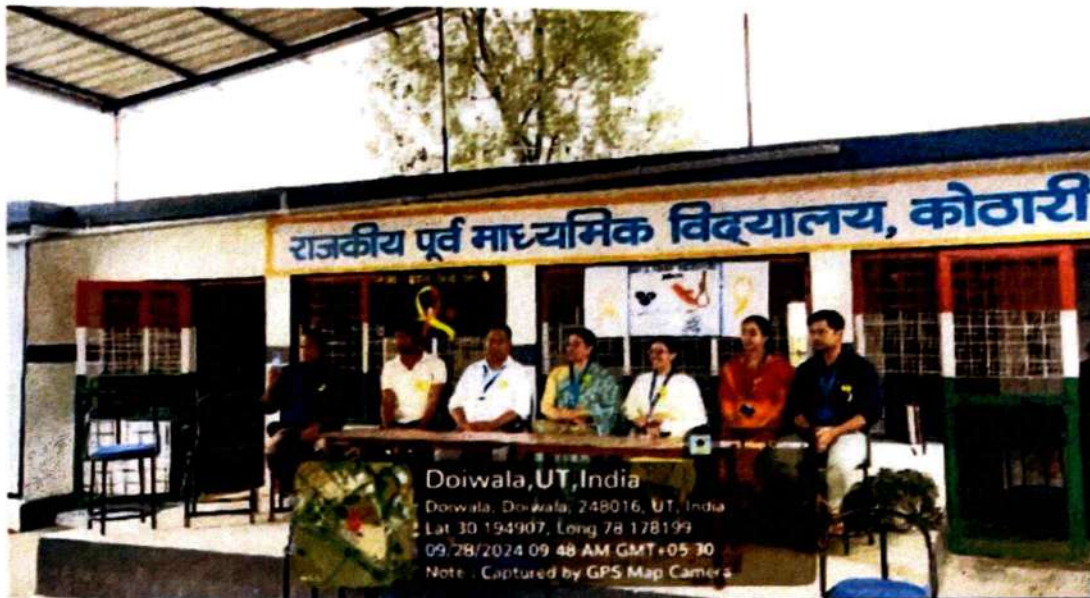
September is Suicide Prevention Month is a time to raise awareness of this urgently important crisis. We use this month to shift public perception, spread hope and share vital information to people affected by suicide. Our goal is ensuring that individuals, friends and families have access to the resources they need to discuss suicide prevention and to seek help.

To create awareness Mental Health Nursing & Community Health Nursing Department of Himalayan College of Nursing organised an awareness programme "**Break the silence**"- **Speaking out against hopelessness** on Suicide Prevention among the students and teachers.

The awareness programme was started at 9:00 am through role play followed by psychoeducation for which was given by the students and charts included introduction, importance of awareness, protecting factors, warning signs and prevention. A total number of beneficiaries 74 were benefited by the program.

This awareness program was organized by combined efforts of Mental Health Nursing Dr. Grace Madonna Singh, HOD, Mrs. Nitika Bhatt, Mrs. Heena Negi, Mr. Atul Bhidola, and Community Health Nursing Department Mr. Chandan Kumar Nursing Faculty along with students of B.Sc. Nursing VI Sem, Post Basic B.Sc. Nursing 2<sup>nd</sup> year and M.Sc. Nursing 1<sup>st</sup> & 2<sup>nd</sup> year (Mental Health Nursing Students).

Faculty of Mental Health Nursing and Community Health Nursing Department contributed significantly in successful completion of the educational visit.

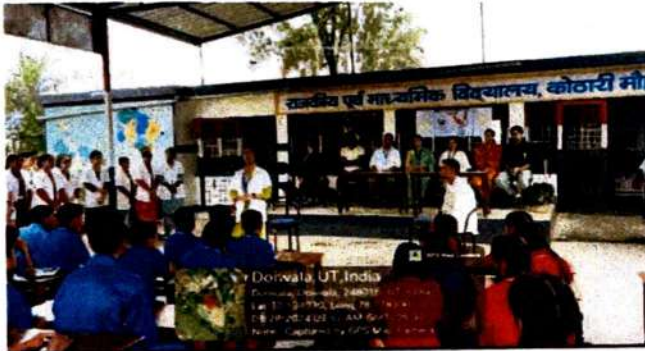


**School teachers with faculty of Himalayan College of Nursing after opening theme**



**Introduction to the programme: "Break the silence"- Speaking out against hopelessness**





**Role play enacted by students on Prevention of suicide**



**Psychoeducation on maintaining mental hygiene was given by students**



**Felicitations by event organizing team to Principal of Rajkiya Primary School**



**HIMLAYAN COLLEGE OF NURSING  
SWAMI RAMA HIMALAYAN UNIVERSITY**

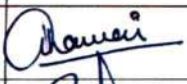

**SUICIDE PREVENTION PROGRAMME**

MSC – 2<sup>nd</sup> YEAR

**ATTENDANCE SHEET**

DATE: - 28/09/2024

VENUE – Rajkiya Primary School, Kothari Maholla

S.NO	NAME OF STUDENT	REMARK
1.	KSHTIZ NAWANI	
2.	POOJA SIJWALI	



**ACTIVITY COORDINATOR**  
Mrs Nitika Bhatt  
Assistant professor  
Mental health nursing  
HCN, SRHU



**HEAD OF DEPARTMENT**  
Dr. Grace M. Singh  
Professor and Head of department  
Mental Health Nursing  
HCN, SRHU

**HIMLAYAN COLLEGE OF NURSING  
SWAMI RAMA HIMALAYAN UNIVERSITY**


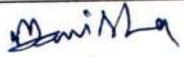

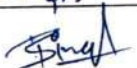
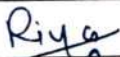
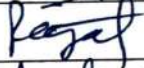

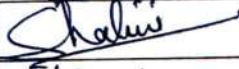
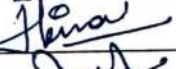

**SUICIDE PREVENTION PROGRAMME**

POST BASIC B.Sc Nursing - 2<sup>nd</sup> year


**ATTENDANCE SHEET**

DATE:- 28/09/2024

VENUE – Rajkiya Primary School, Kothari Maholla

S.NO	NAME OF STUDENT	REMARK
1.	ISHA	
2.	MANISHA	
3.	MANOJ	
4.	PRATIMA	
5.	RIYA	
6.	RAJAT	
7.	SAPNA	
8.	SHALINI	
9.	HIMANI	
10.	SAURABH	

  
ACTIVITY COORDINATOR  
Mrs Nitika Bhatt  
Assistant professor  
Mental health nursing  
HCN, SRHU

  
HEAD OF DEPARTMENT  
Dr. Grace M. Singh  
Professor and Head of department  
Mental Health Nursing  
HCN, SRHU

**HIMALAYAN COLLEGE OF NURSING**  
**SWAMI RAMA HIMALAYAN UNIVERSITY**  
**SUCIDE PREVENTION PROGRAMME**

BSc Nursing 6<sup>th</sup> semester

ATTENDANCE SHEET

DATE:-28/09/2024

VENUE – Rajkiya Primary School, Kothari Maholla

S.NO	NAME OF STUDENT	REMARK
1.	ANSHIKA RAYAL	<u>Anshika</u>
2.	ANU PAL	<u>Anu</u>
3.	ARCHANA BISHT	Archana.
4.	AREET KAUR	<u>Areet</u>
5.	ASHMITA JOSHI	<u>Ashmita</u>
6.	AYUSH ASWAL	Ayush
7.	AYUSHI	Ayushi.
8.	AYUSHI BELWAL	<u>Ayushi</u>
9.	AYUSHI KUMARI	<u>Ayushi</u>
10.	KRISHNA PANTHRI	Keishra Panthraer
11.	LAKHVEER KAUR	<u>Lakhveer kaur</u>
12.	NEERAJ ANTHWAL	<u>Neeraj</u>
13.	RAKSHITA RAMOLA	Rakshita Ramola.
14.	RIYA	<u>Riya</u>
15.	RIYAGUPTA	<u>Riya</u>
16.	RIYA RAWAT	<u>Riya</u>
17.	SAKSHI BAGIYAL	<u>Sakshi</u>



18.	SAKSHI BHANDARI	Sakshi
19.	SAKSHI BHANDARI	Sakshi
20.	SAKSHI JUGRAN	Sakshi
21.	SAKSHI PANWAR	Panwar
22.	SAKSHI PARMAR	Parmar
23.	SAKSHI THAPLIYAL	Sakshi
24.	SAKSHI TINSOLA	Sakshi
25.	SANJANA	Sanjana
26.	SANYA SHARMA	Sanya
27.	SHALINI PANDEY	Shalini
28.	VIVEK CHAMOLA	Vivek
29.	VIVEK RANA	Vivek
30.	YASH KANDWAL	Yash
31.	MUKUL BUTOLA	Mukul
32.	ANUJA NEGI	Anuja



ACTIVITY COORDINATOR  
Mrs Nitika Bhatt  
Assistant professor  
Mental health nursing  
HCN, SRHU



HEAD OF DEPARTMENT  
Dr. Grace M. Singh  
Professor and Head of department  
Mental Health Nursing  
HCN, SRHU



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 29 September 2024  
**Time:** 9am - 1pm  
**Program:** Free Eye Camps  
**Location:** CHC Tiuni, Distt Dehradun  
**No. of Beneficiaries: 63**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 29/9/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353003	Subham	Subham
2.			
3.			
4.			
5.			

Coordinator



**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trust  
Jolly Grant, Dehra Dun





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

**HIMALAYAN COLLEGE OF NURSING**

**SRHU, Swami Ram Nagar, Jollygrant, Dehradun**

**REPORT ON COMMUNITY OUTREACH- 2024**

**Name of Activity:** Awareness program on Heart Disease and its prevention

**Date:** 30<sup>th</sup> September 2024

**Facilitator:-**Dr.Kamli Prakash, Dr. Chandra Pant, Mr. Ankit Singh

**Time:** 09:30am to 11:30 am

**Venue:** Offline – Kudkawala , Doiwala

**No. of Participants:** 50

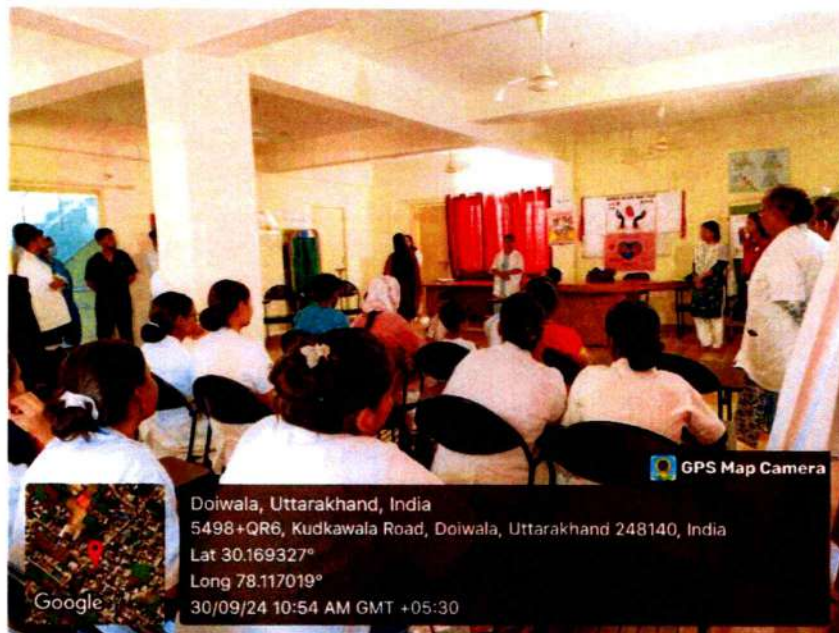
World Heart Day observed globally on 30<sup>th</sup> September 2024 under the theme “Use Heart for Action”

To create awareness within community setting regarding heart diseases and its prevention the Department of Adult Health Nursing in Collaboration with Department of Community Medicine,Himalayan Institute of Medical Sciences,conducted community outreach program to create awareness among patients and relatives visiting OPD of Urban Health Community Centre Kudkawala , Doiwala

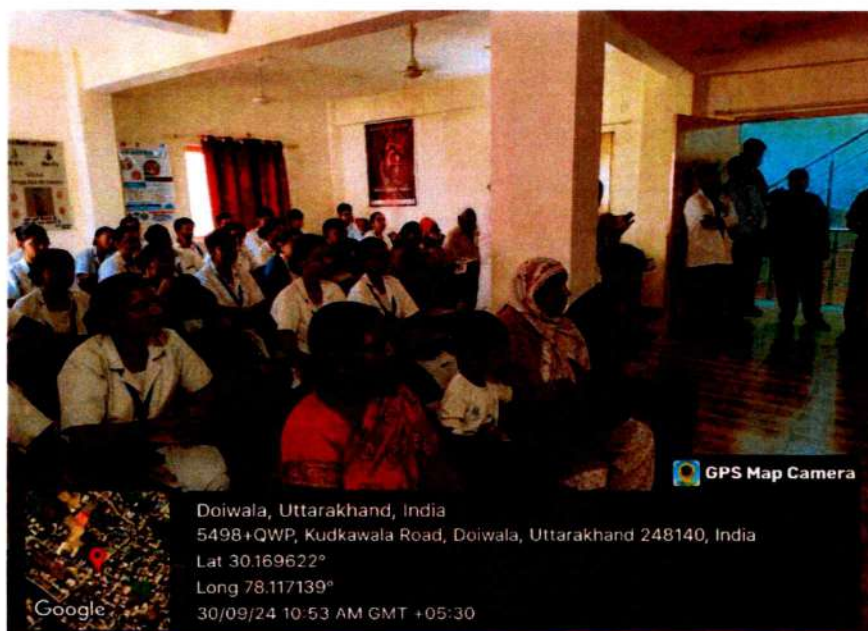
The program included various activities organized by M.Sc. Nursing 2<sup>nd</sup> year and B.Sc. Nursing 3<sup>rd</sup> Semester Students. Nukkad Natak which was performed by students for people , an exhibition of charts and posters regarding, causes of heart diseases, risk factors contributing heart diseases, and life style modification which can lower the risk of heart diseases, were displayed and explained by students to the common people, a short poem recitation was done by M.Sc. 2<sup>nd</sup> year student.

After the program a short message was delivered by Dr.Kamli Prakash, HOD Adult Health Nursing regarding importance of cardiovascular health, Dr. Chandra Pant also addressed the gathering regarding the prevention of heart diseases. Sister Rajkumari also shared her thoughts and encouraged patients for healthy life style modification and regular checkups.

The program was concluded with acknowledging the gathering.



**1. Dr. Chandrika addressing the gathering in Urban Health Community Centre, Kudkawala, Doiwala, Dehradun**



**2. Patients and relatives watching the program prepared by students in Urban Health Centre ,Kudkawala, Doiwala**



**3. B.Sc. Nursing 3<sup>rd</sup> Semester students explaining charts to Patients and relatives in Urban Health Centre ,Kudkawala, Doiwala**

*Prakash*

**Activity Coordinator  
HOD, Adult Health Nursing**

*Chad*

**Principal**



**Himalayan College of Nursing**  
**SRHU, Swami Ram Nagar, Jolly Grant, Dehradun**  
**Batch: B.Sc Nursing 3rd Semester**  
**WORLD HEART DAY CELEBRATION**

Date - 29-9-2024

S.No.	Registration number	Name of student	Signature
1	DD231103301022	Arohi	<i>Arohi</i>
2	DD231103301014	Anamika	<i>Anamika</i>
3	DD231103301005	Aditi Raturi	<i>Aditi</i>
4	DD231103301006	Aditi Sajwan	<i>Aditi</i>
5	DD231103301004	Aditi Parmar	<i>Aditi</i>
6	DD231103301009	Akansha Pandey	<i>Akansha</i>
7	DD231103301010	Akshita Kukreti	<i>Akshita</i>
8	DD231103301047	Jyoti Kholiya	<i>Jyoti</i>
9	DD231103301116	Shivani	<i>Shivani</i>
10	DD231103301001	Aanchal Pundir	<i>Aanchal</i>
11	DD231103301123	Simarjeet Kaur	<i>Simarjeet</i>
12	DD231103301016	Anisha Nakoti	<i>Anisha</i>
13	DD231103301019	Anurag Dilwal	<i>Anurag</i>
14	DD231103301018	Anshika Negi	<i>Anshika</i>
15	DD231103301024	Ashish Bhandari	<i>Ashish</i>
16	DD231103301048	Kanika	<i>Kanika</i>
17	DD231103301030	Bhawna Sharma	<i>Bhawna</i>
18	DD231103301029	Ayush Rana	<i>Ayush</i>
19	DD231103301031	Bhawna	<i>Bhawna</i>

S.No.	Registration number	Name of student	Signature
22	DD231103301033	Daksh	<i>Daksh</i>
23	DD231103301039	Gayatri	<i>Gayatri</i>
24	DD231103301036	Esha Rawat	<i>Esha</i>
25	DD231103301038	Gaurav	<i>Gaurav</i>
26	DD231103301041	Himani	<i>Himani</i>
27	DD231103301042	Himanshi	<i>Himanshi</i>
28	DD231103301050	Karuna	<i>Karuna</i>
29	DD231103301046	Jaffrine	<i>Jaffrine</i>
30	DD231103301116	Shivani	<i>Shivani</i>
31	DD231103301014	Anisha Krishali	<i>Anisha</i>
32	DD231103301021	Anushka Raj	<i>Anushka</i>
33	DD231103301040	Gunjan Rawat	<i>Gunjan</i>
34	DD231103301045	Ishika	<i>Ishika</i>
35	DD231103301076	Palak Saini	<i>Palak</i>
36	DD231103301083	Prerna Choudhary	<i>Prerna</i>
37	DD231103301088	Rashi Pant	<i>Rashi</i>
38	DD231103301090	Renuka Yadav	<i>Renuka</i>
39	DD231103301097	Riya Raikwal	<i>Riya</i>
40	DD231103301098	Sadhana	<i>Sadhana</i>

20	DD231103301034	Dikshita	<i>Dikshita</i>
21	DD231103301035	Divya	<i>Divya</i>

41	DD231103301101	Saloni Krishali	<i>Saloni</i>
42	DD231103301103	Samridhi Negi	<i>Samridhi</i>

*[Signature]*

Activity Coordinator



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 30 September 2024  
**Time:** 9.30am-1.30pm  
**Program:** Free Eye Camps  
**Location:** CHC Doiwala, Distt Dehradun  
**No. of Beneficiaries:** 39

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 30/9/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	TPS1910030	Mehneli Zehra	Mehneli Zehra
2.			
3.			
4.			
5.			

Coordinator



**Dr. Harsh Bahadur**  
Professor  
Department of Ophthalmology  
Himalayan Institute Hospital Trusts  
Jolly Grant, Dehra Dun



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 02 October 2024

**Time:** 9.30am-1.30pm

**Program:** Free Eye Camp

**Location:** Rama Vishnum Saraswati Shishu Mandir, Nahtaur, Distt Bijnor

**No. of Beneficiaries: 81**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences

Activity: Free Eye Camp

List of students participated in the activity

Dated: 02/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	0022219309002	Shilpi Singh	Shilpi
2.	0022214304001	Amisha	Amisha
3.			
4.			
5.			

Coordinator

Dr. Harsh Arora  
Reg. No. 118302/2014





Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No: HH/BB/2024/36

Date: 3/10/2024

All the concerned are hereby informed that blood centre (BC) will collect blood from volunteer donors as per the program mentioned below. The following precautions will be taken during the conduct of the same.

The details of the camp are as follows.

DATE & DAY OF VOLUNTARY BLOOD DONATION CAMP(VBDC)	DEPARTURE TIME FROM HIHT	Arrival Time to HIHT	CAMP TIMING
4 <sup>th</sup> October 2024 (Friday)	10:00 AM		11:00 A.M. to 3:00 P.M.
Venue : Sahid Durga Mall (SDM) PG College Doiwala Dehradun			Contact Person: Mr. Sudhir Joshi Contact No.: 9045774309 Contact Person: Dr. Kiran Joshi Contact No.: 8171470231

Following persons are detailed for the above camp.

S.No.	Name	Signature	Time of Reporting to Blood Centre
1.	Dr. Muskan (Junior Resident- Pathology Department)	Telephonic Inform	
2.	Mr. Sudhir Joshi ( P.R.O.)		
3.	Mr. Pankaj Bahuguna (Tech.)		
4.	Mr. Subhash Chhetri (Attend.)		
5.	One Nursing Staff		
6.	One Housekeeping Staff		
7.	One Driver		

Nursing Supdt. is requested to arrange for One nursing staff.

\*\*\* MTO to arrange for the vehicle for Blood Centre team (Kindly coordinate with Mr. Sudhir Joshi for number & type of vehicle)

\*\*\*\* House keeping is requested to arrange for One Housekeeping staff.

Note: Kindly report 15 minutes before the departure time.

Note : 1- All are requested to wear uniform as per designation

2- The Doctors, Technician & PRO kindly meet the Undersigned before & after the assigned Camp activity

for Manish Kalra  
03.10.24

Dr. Dushyant Singh Gaur  
Professor & Head,

Department of Immunohaematology  
& Blood Transfusion  
Blood Centre, Himalayan Hospital,  
SRHU, Dehradun  
Professor & Head

Dept. of Immunohaematology & Blood Transfusion  
Himalayan Institute of Medical Sciences,  
SRHU, Swami Ram Nagar (Jolly Grant)  
Dehradun-245016

CC: Medical Superintendent  
HOD Dept. of Pathology Department  
HOD Dept. of Immunohaematology & Blood Transfusion  
Nursing Superintendent \*\*  
(HRD) Department  
Incharge M.T.O \*\*\*  
Manager House Keeping\*\*\*\*  
Media & Publicity

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**Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun**

Ref. No.: HH/BB/2024/36

Date: 3/10/2024

**To  
The Director  
State Blood Transfusion Council  
Red Cross Society Bhawan  
Uttarakhand State AIDS Control Society  
DandaLakhondSahastradhara Road  
Dehradun  
Uttarakhand**

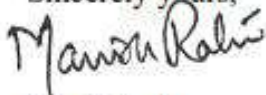
**Subject: Information regarding Voluntary Blood Donation Camp**

Dear Sir/Madam,

This is to inform you that we are holding a voluntary blood donation camp on **4/10/2024** in collaboration with Sahid Durga Mall (SDM) PG College Doiwala Dehradun.

Thanking You

Sincerely yours,



**Blood Centre  
Himalayan Hospital,  
SRHU, Dehradun**

Dr. Manish Raturi  
Professor  
Dept. of Immunohaematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
Savitri Rama Himalayan University  
Jolly Grant, Dehradun (Uttarakhand)  
Regn.No. UMMC-12673



**Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun**

**Date: 7.10.2024**

**To,  
The NSS Coordinator  
Dr. Kiran Joshi/Dr. Kunwar Singh  
Saheed Durga Mall PG College  
Doiwala, Dehradun**

**Dear Sir/Madam,**

Twenty Five voluntary donors donated their blood during the Voluntary Blood Donation Camp organized by your facility in association with our Blood Centre, Himalayan Hospital, SRHU, Jolly Grant, Dehradun at **Saheed Durga Mall PG College, Doiwala Dehradun on 4<sup>th</sup> October 2024.**

We would like to extend our sincere thanks for your support towards organizing the same. Please allow us to appreciate the fact that the enthusiasm of your members and the organizing committee was highly commendable. **We dearly cherish your efforts towards this noble cause and look forward to a lifelong association with you in future as well.**

**Thanks & Best of Regards,**

**Dr. Manish Raturi**

**Professor,  
Immunohaematology and Blood Transfusion,  
Himalayan Institute of Medical Sciences,  
Swami Rama Himalayan University,  
Swami Ram Nagar, Jolly Grant  
Dehradun**

Dr. Manish Raturi  
Professor  
Dept. of Immunohaematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Jolly Grant, Dehradun (Uttarakhand)  
Regn.No. 18MG-120713



# Photographs of the Blood Donation Camp







## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 04 October 2024  
**Time:** 10.30am-3.30pm  
**Program:** Free Eye Camp  
**Location:** Ramlila Club, Morna, Distt Bijnor  
**No. of Beneficiaries: 130**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 09/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DDJ114353002	Spryan	Shruti
2.		Hehndi Zehru.	Hehndi
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2264





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 05 October 2024  
**Time:** 10am-2pm  
**Program:** Free Eye Camps  
**Location:** CHC Barkot. Distt Uttarkashi  
**No. of Beneficiaries:** 80

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 05/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353-03	Shubham Kumar	Shubham
2.			
3.			
4.			
5.			

Coordinator  
Dr. Harin Bahadur  
Regn. No. UKMC-224r





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date** - 5/10/2024

**Time** - 9am - 1pm

**Program** - Ni-Kshay Mitra Program (TB Elimination)

**Location** - CHC Doiwala

**Beneficiaries** - 55

**Supporting Agency** - SRHU

**University Role** - Staff-4 (Dr. Amandeep Kaur, Mr. Gajendra Rawat, Dr. Prabhit & Dr. Noor (MBBS Intern))

**Student** - 3

**Activity Detail** -

The comprehensive support program for TB patients has been launched by RDI-SRHU to improve the health status of the TB patients in Dehradun and Haridwar districts. Under this program, general health checkups, consultations and awareness sessions are organized at CHC level. The TB patients are also given protein rich Nutrition Kits which is a very important part for the person under treatment.

On 5 October 2024, one such camp was organized at CHC Doiwala in which 55 patients attended the camp. Along with medical checkups all the patients were provided with nutrition kits. The weight and height were also checked to assess their improvement in their health status.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh In-charge Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



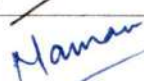


## TB Elimination Program

**Date-** 5/10/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301096	Mohd Shahe Nigar	
2.	DD22114301097	Mudit Jangpangi	
3.	DD22114301098	Naman Arya	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 06 October 2024

**Time:** 10am-3pm

**Program:** Free Eye Camps

**Location:** Inter College, Fatehpur, Narayanwala, Distt Bijnor

**No. of Beneficiaries: 92**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 06/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD 2119353009	Shivani Singh	Shivani
2.		Mehndi Zehra	Mehndi
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2264





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 9/10/2024

**Time** – 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** – Salempur, Haridwar

**Beneficiaries** – 21

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3

**Student** - 3

**Activity Detail** – On 9<sup>th</sup> October 2024, a maternal health camp was conducted in Salempur villages of Bahadrabad block of district Haridwar. 21 pregnant and lactating women attended this camp and sought medical services. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 9/10/2024

Program – Comprehensive Community Health Program

Location – Salempur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301073	Jhanvi Taparia	
2.	DD22114301074	Jyoti Panwar	
3.	DD22114301075	Jyotsna Sharma	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doria  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Disability Certificate Camp

**Date** – 9th Oct -2024

**Time** –10am – 3pm

**Program** – Disability Certificate Camp

**Location** – Orthopedics Department, Coronation Hospital Dehradun

**Supporting Agency** – Dhyana Mandira Trust (DMT)

**No of Beneficiaries** – 5 - PWDs

**University Participation** – Staff-01

**Student** - 03

### Activity Detail –

People with different types of disabilities will be taken to Orthopedics Department, Coronation Hospital Dehradun. All beneficiaries will undergo examinations by OPD doctors. Disability certificates will be issued to eligible individuals, while others may be referred for further examination or treatment. The event is conducted every Wednesday from 10:00 AM to 3:00 PM in the Orthopedics Department, Coronation Hospital Dehradun. A government medical team, including doctors, counsellors, field supervisors and students, were involved in the process. Rural Development supports the PWDs throughout the certificate process, offering assistance with transportation, hospital support, and referrals to other hospitals if needed.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Game Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## Disability Certificate Camp

**Date** – 9th Oct -2024

**Program** – Disability Certificate Camp

**Location** – Orthopedics Department, Coronation Hospital Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301108	Prisha Negi	
2.	DD22114301109	Priyansha Basera	
3.	DD22114301110	Radhika Bakshi	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman Hospital Trust  
Swami Ram Nagar, P.O. Dharwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 14 October 2024

**Time -** 9am – 4pm

**Program** – Comprehensive Community Health Program

**Location** – Rashtriya Ashram Paddhati Vidhyalaya, Kalsi block, Dehradun

**Beneficiaries** – 158 participants

**Supporting Agency** – NSIL-SRHU

**University Role** – Staff -3 (Mr. DP Uniyal, Mrs. Pawandeep Kaur, Dr. Amandeep Kaur), Student - 5

**Activity-** School Health camp organized in the residential school in Kalsi block, Dehradun. General Health checkups and growth monitoring of the adolescent were done. The majority of the adolescents reported Boils, pustules, and allergies in their groin area along with body pain, and eye pain. General counseling of the students as well as school teachers and hostel warden regarding the maintenance of personal hygiene. Free medication was distributed to those students who were complaining of the disease.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Adolescent Health Program

**Date** - 14 October 2024

**Program** – Comprehensive Community Health Program

**Location** – Rashtriya Ashram Paddhati Vidhyalaya, Kalsi block, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301082	Keshav Pande	
2.	DD22114301083	Khushi Jain	
3.	DD22114301084	Krishna Mani Yadav	
4.	DD22114301085	Kriti Gupta	
5.	DD22114301086	Lakshya Singh Chauhan	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 14 October 2024  
**Time:** 10am-3pm  
**Program:** Free Eye Camps  
**Location:** Panchayat Ghar, Chandpur, Distt Bijnor  
**No. of Beneficiaries: 29**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.

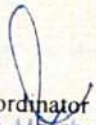


Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 14/6/24

S. No.	Registration No.	Student's Name	Signature of Student
1.		Mehndi Zehra	Mehndi
2.	202114353001	Priyanka Patra	Priyanka
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn.No. UKMC-2264





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Program

**Date** – 15/10/2024

**Time** – 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** – Alipur, Bahadrabad, Haridwar

**Beneficiaries** – 93

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3 (Dr. Amandeep Kaur, Mr. D P Uniyal & Ms. Sheetal), Student - 4

**Activity Detail** – A school health camp was conducted in the GPS school where general health checkup and growth monitoring was done. The camp provided a comprehensive range of services, such as general examination, growth monitoring, and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The children were provided with the necessary treatment. During this camp, counseling and health education session for both groups and individuals was also done on nutrition, hand washing practices, hygiene, etc. Identification of Learning Disability cases and 1 student with cerebral palsy along with difficulty in learning, speech, and walking.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand




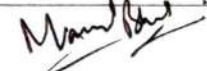


## School Health Program

**Date** – 15/10/2024

**Program** – Comprehensive Community Health Program

**Location** – Alipur, Bhadrabad, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301087	Malini Tomar	
2.	DD22114301088	Malvika Kalra	
3.	DD22114301089	Manavi Baaniya	
4.	DD22114301090	Mannat Bhatt	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman, Dehra Dun Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 15 October 2024

**Time:** 10am-3pm

**Program:** Free Eye Camps

**Location:** Shanti Niwas Swasthya Kendra, Bhikkawala, kalagarh, Distt Bijnor

**No. of Beneficiaries: 140**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated 15/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	2222219309002	Shubhi Singh	Shubhi
2.	DD 211 9 353008	Shivani Singh	Shivani
3.			
4.			
5.			

Coordinator

Dr. Vishal Bhatia  
Regn. No. UKM/2024





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date-** 16 October 2024

**Time** – 9am – 4pm

**Program** – Comprehensive Community Health Program

**Location** – Government Girls Inter College, Haripur, Kalsi block

**Beneficiaries** – 133 participants

**Supporting Agency** – NSIL-SRHU

**University Role** – Staff -3 (Dr. Amandeep Kaur, Ms. Maya Sharma, and Mrs. Leela Uniyal)

**Student** - 5

**Activity-** School Health Camp organized in the Intercollege where provide of health services like growth monitoring (height and weight) and general health check-ups were provided. Counsel the patients regarding the maintenance of personal hygiene during menstruation among girls. Free Medicine was distributed to the students who were complaining about ill health. Common health issues found during the health camp were allergies, headaches, body pain, and eye pain.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Adolescent Health Program

**Date-** 16 October 2024

**Program** – Comprehensive Community Health Program

**Location** – Government Girls Inter College, Haripur, Kalsi block

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301091	Mayank	Mayank
2.	DD22114301092	Md Sakib	Mohd
3.	DD22114301093	Mimansa Mishra	M. Mishra
4.	DD22114301094	Mishika Kukreja	Mishika
5.	DD22114301095	Mohammed Arshil Qamar	Arshil

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Institute Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMPS

**Date :** 17 October 2024  
**Time :** 9am-1pm  
**Program:** Free Eye Camps  
**Location:** CHC Tiuni, Distt. Dehradun

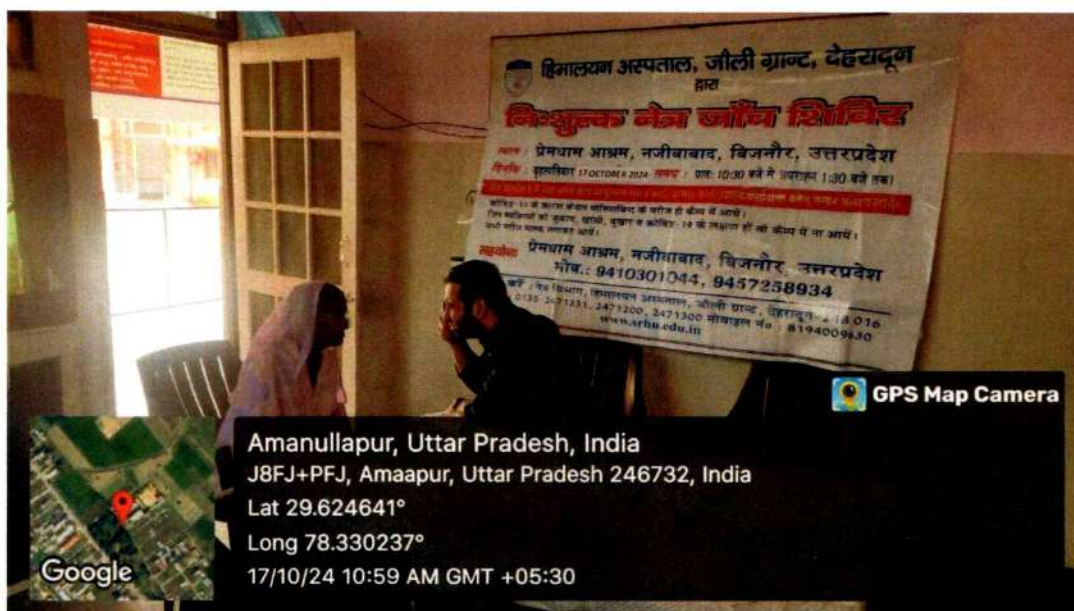
**No. of Beneficiaries:** 39

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 03

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 17/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304002	Shilpi Singh	Shilpi
2.	DD22214304001	Amisha	Amisha
3.			
4.			
5.			

Coordinator  
Dr. Harsh Bahadur  
Regn.No. UKMC-2264



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 18/10/2024

**Time** – 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** – Aneeki, Haridwar

**Beneficiaries** – 21

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 3

**Student** - 3

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students conducted the camp. The camp provided a comprehensive range of services, such as general examination, risk assessment, and primary investigation, including Blood Pressure, sugar, and haemoglobin. Antenatal and Postnatal women were provided with prophylactic treatment for anaemia and micronutrients. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)



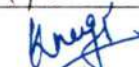
Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 18/10/2024

Program – Comprehensive Community Health Program

Location – Aneeki, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301076	Kaif Ahmed	
2.	DD22114301077	Kanak Sharma	
3.	DD22114301078	Karan Singh Negi	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Institute Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 19/10/2024

**Time** – 9am – 4pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Bahadrabad

**Beneficiaries** – 100

**Supporting Agency** – SRHU

**University Role** – Staff-5 (Mr. Gajendra Rawat, Mrs. Pawandeep Kaur, Dr. Lakshay, Ms. Mansi, and Ms. Mishika (MBBS Intern))

**Student** - 5

**Activity Detail** – A Ni-Kshay Mitra Program was organized for the TB patients in the community who attended the event. The camp was conducted by a medical team and program implementation team of RDI-SRHU as well as AAS Sansthan. The program offered a comprehensive range of services, including general examinations, growth monitoring, and Protein Rich Food kit (nutrition kit) distribution to TB patients.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)






Rural Development Institute  
Hansa on Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### TB Elimination Program

**Date -** 19/10/2024

**Program –** Ni-Kshay Mitra Program (TB Elimination)

**Location –** CHC Bahadrabad

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301099	Nandini Agarwal	
2.	DD22114301100	Naseeruddin	
3.	DD22114301101	Nikita Dhanai	
4.	DD22114301102	Om Borkar	
5.	DD22114301103	Palak Bhagat	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Home Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Disability Certificate Camp

**Date:** 22<sup>nd</sup> October 2024

**Time:** 10am – 3pm

**Program:** Disability Certificate Camp

**Location:** Orthopaedics Department, Mela Hospital Haridwar

**Supporting Agency:** Dhyana Mandira Trust (DMT)

**Number of Beneficiaries:** 11 persons with disabilities (PWDs)

**University Participation:** Staff - 01, Student - 04

### Activity Details:

On 22<sup>nd</sup> October 2024, a Disability Certificate Camp was held at the Orthopedics Department of Mela Hospital in Haridwar. The event was supported by the Dhyana Mandira Trust (DMT) and aimed to assist individuals with various types of disabilities in obtaining their disability certificates. A total of 11 persons with disabilities (PWDs) benefited from this program. Alongside the beneficiaries, a representative from the university participated, as well as a dedicated medical team from the government hospital.

The camp featured a comprehensive medical examination, with each participant being assessed by the doctors present. For some individuals, referrals were made for further examination at specialized hospitals such as Coronation Hospital in Dehradun, NAVH, Civil Hospital in Roorkee, and AIIMS Rishikesh. In addition to the medical team, counselors and field supervisors were present to provide additional support to the beneficiaries. In this way, the camp not only helped with immediate disability assessments but also connected individuals with resources for their continued care. RDI is supported through transport facilities and human resources for guidance.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## Disability Certificate Camp

**Date:** 22nd October 2024

**Program:** Disability Certificate Camp

**Location:** Orthopaedics Department, Mela Hospital Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301111	Raj Krishan Gupta	
2.	DD22114301112	Rakshit Batra	
3.	DD22114301113	Rashika Bidani	
4.	DD22114301114	Riya Arya	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haryana In-charge Hospital Trust  
Swarni Ram Nagar, P.O. Doria  
Dehradun-248140, Uttarakhand



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 23 October 2024  
**Time:** 10am-2pm  
**Program:** Free Eye Camps  
**Location:** CHC Purkaji, Distt. Muzaffar nagar

**No. of Beneficiaries: 60**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 23/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	0022214204001	Amigla	Amigla
2.	002114352002	Samson	Samson
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahari  
Regn.No. UKMC-2261





## HIMALAYAN INSTITUTE OF MEDICAL SCIENCES SWAMI RAMA HIMALAYAN UNIVERSITY



### Specialist Health Camp Report

**Date of Camp:** 24.10.2024

**Time:** 9.30am – 3.30pm

**Venue:** CHC Laksar, Haridwar District

**Number of Beneficiaries:** 150

**Number of Students Participated:** 5

**Activity details:** On 24<sup>th</sup> October 2024, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU), in alliance with the **National Health Mission (NHM) Uttarakhand** and the **Chief Medical Office (CMO) of Haridwar**, organized *Ayushman Arogya Shivar* (Health Camp) at CHC Khanpur (Haridwar District) with specialists from various departments of HIMS namely., Community Medicine, General Medicine, Obstetrics & Gynaecology, Pediatrics, Orthopaedics, Ophthalmology, Psychiatry, and Dentistry. Services provided were **Specialist Consultations, Diagnostic Services, Health Awareness, Education** and patients needing tertiary level of healthcare were referred to District Hospital, Haridwar and Himalayan Hospital, SRHU.



Ayushman Arogya Health Camp (24 Oct 2024)						
Venue: CHC Laksar, District Haridwar						
S. No.	Name	Post	Department	Mob. No.	Signature (In-time)	Signature (Out-time)
1	Dr. Anshu Prasad	Senior Resident	Psychiatry	7906306959	Anshu	Anshu
2	Dr. Sukant Tomar	Senior Resident	Orthopaedics	7017336873	Sukant	Sukant
3	Dr. Divyancee Gulati	Senior Resident	OBG	9582070050	Divyancee	Divyancee
4	Dr. Simran Soni	Senior Resident	Ophthalmology	8279786971	Simran	Simran
5	Ms. Priyanka Chintapatra	Optometry Intern	Ophthalmology	9528631121	Priyanka	Priyanka
6	Dr. Sanjeeva Kumar	Senior Resident	Dental	9411312247	Sanjeeva	Sanjeeva
7	Dr. Shubhanshu Jugran	Senior Resident	Medicine	8077389940	Shubhanshu	Shubhanshu
8	Dr. Surbhi Chaudhary	Junior Resident	Pediatrics	8128538471	Surbhi	Surbhi
9	Dr. Niharika Verma	Senior Resident	Community Medicine	8439672399	Niharika	Niharika
10	Ms. Muskan Jain	Intern	Community Medicine	7209200000	Muskan	Muskan
11	Mr. Narinder Garg	Intern	Community Medicine	6398711041	Narinder	Narinder
12	Mr. Mohd. Sameer	Intern	Community Medicine	7017175747	Sameer	Sameer

Surbhi  
24/10/24

Surbhi  
24/10/24

#### Attendance:

24-10-2024				
	S.No.	Name of Students	Signature	
	1	Joy Verma	Joy	
	2	Kanika Negi	Kanika	
	3	Kshitij Mohan	Kshitij	
	4	Mahi Dhandriyal	Mahi	
	5	Dr Anil Kumar Bisht	ABisht	

Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Phone-2480261, Uttarakhand, India





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 24 October 2024  
**Time:** 10am-3pm  
**Program:** Free Eye Camps  
**Location:** Ramlila Club, Morna, Distt Bijnor  
**No. of Beneficiaries: 104**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences

Activity: Free Eye Camp

List of students participated in the activity

Dated: 29/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22219309002	Shilpa Singh	Shilpa
2.	DD22214304001	Amisha	Amisha
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn.No. UKMC-2264



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date**-26/10/2024

**Time** – 9am – 4pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

**Beneficiaries** – 89

**Supporting Agency** – SRHU

**University Role** – Staff-3 (Dr. Sammi Pundir, Dr. Amandeep Kaur, Mrs. Leela Uniyal, Mr. Umang Choudhary and Mohd. Sameer (MBBS Intern)), Student - 4

**Activity Detail** –The TB Elimination camp was conducted by an RDI-SRHU and AAS Santhan team. The various services offered during the camp included general examinations, counseling, growth monitoring, and the distribution of Nutrition Kits to every TB patient. Google questionnaire filled by a staff of every TB Patient for their assessment of various patterns like dietary, disease, treatment, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

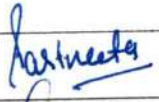
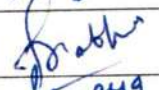
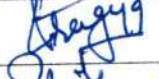

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

**Date-**26/10/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301104	Parineeta Tyagi	
2.	DD22114301105	Prabal Kumar Walia	
3.	DD22114301106	Pragya	
4.	DD22114301107	Preyanshi Bisht	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Institute Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date** - 26/10/2024

**Time** – 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** – Ibrahimpur, Haridwar

**Beneficiaries** – 23

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Student** - 3

**Activity Detail** – A medical team consisting of a doctor, pharmacist, nurse, counsellor, and field supervisor conducted the maternal and child health camp. The camp provided a comprehensive range of services, such as general examination, and primary investigation, including Blood Pressure, sugar, and haemoglobin. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)



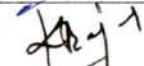
Rural Development Institute  
Hansa an In-charge Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date - 26/10/2024

Program – Comprehensive Community Health Program

Location – Ibrahimpur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301079	Karnika Rathore	
2.	DD22114301080	Kartik Sachdeva	
3.	DD22114301081	Kayna Bajaj	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Rani Nager, P.O. Dierwala  
Dehradun-248140, Uttarakhand



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 27 October 2024  
**Time:** 10am-2pm  
**Program:** Free Eye Camps  
**Location:** Inter College, Jaitra, Dhampur, Distt Bijnor  
**No. of Beneficiaries: 38**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences

Activity: Free Eye Camp

List of students participated in the activity

Dated: 27/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353003	Shubham Kumar	Shubham
2.			
3.			
4.			
5.			

Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2264



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 27 October 2024  
**Time:** 9am-1pm  
**Program:** Free Eye Camps  
**Location:** CHC Tiuni, Distt. Dehradun  
**No. of Beneficiaries: 24**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of students participated in the activity**

Dated: 27/10/24

S. No.	Registration No.	Student's Name	Signature of Student
1.		Mehndi Zehra	Mehndi
2.	22114353001	Priyanka Patra	Priyanka
3.			
4.			
5.			

Coordinator  
Dr. Harsh Bahadur  
Regn.No. UKMC-2264





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Free Eye Camp

**Date:** 04 November 2024

**Time:** 10am - 2pm

**Program:** Free Eye Camp

**Location:** Adarsh Uttari Ramlila Samiti, Morna, Distt Bijnor

**No. of Beneficiaries:** 56

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 4/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353002	Simran Bhandari	<u>Simran</u>
2.	DD2224353005	Vishesh Chaudhary	<u>Vishesh</u>
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bhandari  
Regn. No. UKMC-2254



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 05 November 2024  
**Time:** 10am - 2pm  
**Program:** Free Eye Camp  
**Location:** CHC Barkot, Distt Uttarkashi

**No. of Beneficiaries:**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 5/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD 2114353003	Shubham Kumar	<i>Shubham</i>
2.			
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2264



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 5/11/2024

**Time** – 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** –Aneeki, Haridwar

**Beneficiaries** – 34

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Student** - 3

**Activity Detail** – On 5<sup>th</sup> November 2024, a health camp was organized pregnant and lactating women in Aneeki vilage of Bahadrabad block of Haridwar district. A medical team of a doctor, pharmacist, nurse, counsellor, field supervisor and students provided a range of services, such as general examination, and primary investigation, including Blood Pressure, sugar, and haemoglobin. During this camp, counselling sessions on groups and individual basis were also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

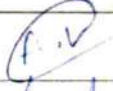
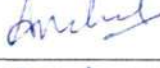

Rural Development Institute  
Haraman an In-charge Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 5/11/2024

Program – Comprehensive Community Health Program

Location –Anekki, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301015	Ananya Verma	
2.	DD22114301016	Anchal Ramola	
3.	DD22114301017	Anjul Gautam	

  
Dr. Rajeev Bhalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Income Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Camp

**Date** – 8/11/2024

**Time** – 9am – 1pm

**Program** – Comprehensive Community Health Program

**Location** – Aurangabad, Haridwar

**Beneficiaries** – 52

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Students** - 4

### Activity Detail

A school health camp was conducted by a medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students. The camp provided a comprehensive range of services, such as general examination, growth monitoring and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The children were provided with the necessary treatment. During this camp, counselling and health education session of both groups and individuals was also done on nutrition, hand washing practices, hygiene, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## School Health Camp

**Date** – 8/11/2024

**Program** – Comprehensive Community Health Program

**Location** – Aurangabad, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301024	Aradhya Bakshi	
2.	DD22114301025	Archita	
3.	DD22114301026	Arpit Yadav	
4.	DD22114301027	Arunima Saran	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Income Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Specialist Health Camp under the NSIL Program

**Date:** - 9/11/2024

**Time** – 9am – 4pm

**Program:** - Specialist Health Camp

**Location:** - Panchayat Ghar, Nagthat village, block Kalsi, Dehradun.

**Beneficiaries:** - 156

**Supporting Agency:** - New Space India Limited (NSIL), RDI-HIHT

**University Role:** - 5 staff members, 1 intern and 2 volunteer, Students - 3

**University Role (Staff name):** - Dr. Anjali Binjwal, (Gynecology Department. SRHU) Dr. Akansha, (Ophthalmology Department. SRHU) Dr. Vivek Singh, (Dental) Mr. Sunil Khanduri, Mr. Vikas, Ms. Amisha (Intern. SRHU), Amar Singh Negi, and Kripal Singh (Volunteer),

**Government Support:** - Ms. Preeti (CHO) Mrs. Beena, Mrs. Babita Devi Mrs. Babita Chauhan, and Mrs. Nisha (ASHAs)

**Activity Details:** - A Specialist health camp was organized, and members of the community attended the event. The camp was conducted by a medical team comprising specialist doctors from the Gynecology and Obstetrics, Dental, and Ophthalmology departments of the university, along with pharmacists, field supervisors, ophthalmology intern and students. The camp offered a comprehensive range of services, including general examinations, eye check-ups, risk assessments, and primary investigations such as blood pressure, sugar level, Hemoglobin level, height, and weight. Counseling was provided to both individuals and groups. Out of 156 patients, 29 gynae patients (2 ANC and 2 PNC), 49 eye patients, 37 dental patients as well as pediatrics patients, and 41 General medicine patients were registered. Medicines were given free of cost to the patients, and referrals were made to those who needed further treatment.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-cune Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

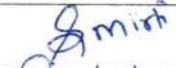
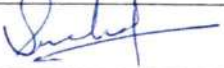



### Specialist Health Camp under the NSIL Program

**Date:** - 9/11/2024

**Program:** - Specialist Health Camp

**Location:** - Panchayat Ghar, Nagthat village, block Kalsi, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD241103503002	Smriti bisht	
2.	DD241103505001	Sneha Semwal	
3.	DD241103504003	Tanuja	



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 9/11/2024

**Time** – 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** – Salempur, Haridwar

**Beneficiaries** – 30

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Student** - 3

**Activity Detail** – In Salempur village, Bahadrabad block, a maternal health camp was conducted to support the well-being of women and children. Pregnant and lactating women, along with adolescents and young children, participated in the camp. A skilled medical team, comprising a doctor, pharmacist, nurse, counselor, field supervisor and students, provided essential healthcare services. The camp included general check-ups and primary investigations such as blood pressure, blood sugar, and hemoglobin testing. Additionally, group and individual counseling sessions were held, covering vital topics like nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, and postnatal care.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)


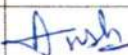

Rural Development Institute  
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Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

**Date-** 9/11/2024

**Program** – Comprehensive Community Health Program

**Location** –Salempur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301018	Ankita	
2.	DD22114301019	Ansh Kapoor	
3.	DD22114301020	Anshika Tandon	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hemraj an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 9/11/2024

**Time** – 9am – 1pm

**Program** – Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

**Beneficiaries** – 59

**Supporting Agency** – SRHU

**University Role** – Staff-5 (Dr. Amandeep Kaur, Mr. Gajendra Rawat, Dr. Megha, Mr. Mehul Chauhan & Mr. Shubham Chaudhary (MBBS Intern)), Students - 4

**Activity Detail** – A Ni-Kshay Mitra Program was conducted for tuberculosis patients in the selected area of Doiwala. The specialist doctors from the Pulmonary, and interns from the Community Medicine departments of the university, along with the Project Coordinator, counselors, supervisor and students as well as volunteers of AAS Sansthan. Health services, counseling sessions, feedback on services from the patients, and Nutrition kits were distributed to patients after filling out the Google questionnaire.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




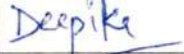
Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

**Date-** 9/11/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301039	Dakshesh Verma	
2.	DD22114301040	Daviz Godara	
3.	DD22114301041	Deepankar Panwar	
4.	DD22114301042	Deepika Aneja	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
~~Himachal Pradesh~~ Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### Free Eye Camp

**Date:** 10 November 2024  
**Time:** 10am - 2pm  
**Program:** Free Eye Camps  
**Location:** Shukdev Inter College, Morna, Distt Muzaffar Nagar  
**No. of Beneficiaries:** 89

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



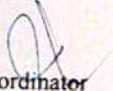
**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of students participated in the activity**

Dated: 10/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353028	Simran Bhandari	<u>Simran</u>
2.	DD2114353003	Shubham Kumar	<u>Shubham</u>
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2266





## Himalayan Institute of Medical Sciences Swami Rama Himalayan University



### Specialist Health Camp and Antenatal Care Awareness

**Date of Camp:** 10.11.2024

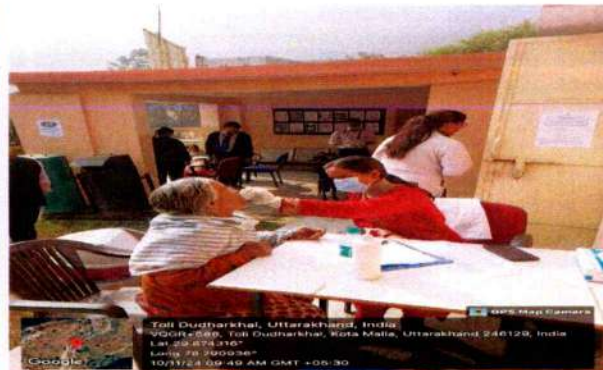
**Time:** 9:00 am to 3:00 pm

**Location:** Himalayan Sanjeevani Clinic (Telemedicine Centre), Vill-Toli, Pauri

**Number of Beneficiaries:** 110

**Number of Students Participated:** 6

**Activity details:** A health camp was held at the "Himalayan Sanjeevani Clinic-Telemedicine Centre, Toli Village, Pauri" on November 10<sup>th</sup>, 2024, from 9:00 am to 3:00 pm. The purpose of the camp was to screen patients for non-communicable diseases (NCDs), offer free medical exams and medication to patients, hold awareness sessions, and provide MBBS interns and MSc. Epidemiology students with practical experience in planning and running a health camp. Patient registration, vital sign monitoring, anthropometry, professional consultation, dental screening and medication distribution made up the campsite's patient flow. Every patient received all services at no cost to them. Patients who lived far out in the village received free round-trip transportation in the university vehicle.



**Attendance:**

10-11-2024				
		<b>S.No.</b>	<b>Name of Students</b>	<b>Signature</b>
		1	Priyanshi Thakur	Priyanshi
		2	Manish Panwaar	Manish
		3	Manjeet	Manjeet
		4	Mansi Arya	Mansi
		5	Manvi Agarwal	Manvi
		6	Dr Avani Gupta	Avani

*H. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehradun-248001, Uttarakhand, India





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Program

**Date:-** 14/11/2024

**Time:-** 9am – 2pm

**Program:-** Adolescent Awareness session and School Health Camp

**Location:-** ATS School, Haripur, Kalsi

**Beneficiary:-** 118 adolescent boys

**Supporting Agency:-** RDI-NSIL

**University Role:-** Staff- 3 (Dr Amandeep Kaur, Mrs, Pawandeep Kaur, and Ms. Maya Sharma)

**Student -** 5

**Activity Details:-** A school health camp was conducted by a medical team consisting of a doctor, nurse, counselor and students. The camp provided a comprehensive range of services, such as general examination, growth monitoring for the assessment of nutritional status, and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The children were provided with the necessary treatment. During this camp, counseling and health education session for both groups and individuals was also done on nutrition, hand washing practices, personal hygiene, etc.

The open discussion session was taken on various components of Rashtriya Kishore Swasthya Karyakaram to enhance the skills and create knowledge among adolescent boys. Adolescent growth, Nutrition and reproductive & Sexual Health, Mental Health, Substance Abuse, Non-Communicable disease, and Gender-based Violence (Good touch and bad touch). School staff also participate in the discussion along with school Adolescents.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

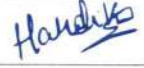


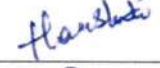

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Rama Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## School Health Camp

**Date:-** 14/11/2024

**Program:-** Adolescent Awareness session and School Health Camp

**Location:-** ATS School, Haripur, Kalsi

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301059	Hardik	
2.	DD22114301060	Harleen Kaur	
3.	DD22114301061	Harshita	
4.	DD22114301062	Harshita Chandra	
5.	DD22114301063	Harshita Prahari	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 16/11/2024

**Time** – 9am – 2pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Bahadradab

**Beneficiaries** – 81

**Supporting Agency** – SRHU

**University Role** – Staff-5 (Dr. Amandeep Kaur, Mr. Gajendra Rawat, Dr. Ravindra Singh, Ms. Priyanshi, and Ms. Shelja (MBBS Intern)), Student - 4

**Activity Detail** – The Tuberculosis elimination camp was organized for the Tuberculosis patients of the selected community. The program offered a comprehensive range of services, including general examinations, growth monitoring, and health awareness sessions on prevention and precaution followed by the patient during the TB treatment. The distribution of Protein Rich Food kits (nutrition kits) to the TB patients for their better nutritional status.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand


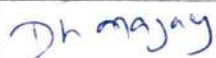

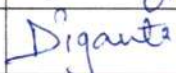


## TB Elimination Program

**Date-** 16/11/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Bahadrabad

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301043	Devanshu Vasishta	
2.	DD22114301044	Dhananjay Joshi	
3.	DD22114301045	Dheeraj Pratap Singh	
4.	DD22114301046	Diganta Kapoor	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Housing an Inpatient Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 17 November 2024  
**Time:** 10am-3pm  
**Program:** Free Eye Camps  
**Location:** Saraswati Shishu Mandir, Nahtaur, Distt Bijnor  
**No. of Beneficiaries:** 112

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.

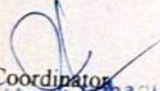


Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 17/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114355004	Shivani	Shivani
2.	DD2114353001	Priyanka	Priyanka
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahari  
Regn.No. UKMC-2264





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** – 18 November 2024

**Time** - 9:00am-2:00pm

**Program** – Comprehensive Community Health Program

**Location** – Arya Kanya Inter College, Bahadradab Block, Haridwar

**Beneficiaries** – 40

**Supporting Agency** – WIPRO Care

**University Role** – Staff- 3 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur, and Ms. Seema)

**Students** - 02

**Activity Detail** – Rashtriya Kishor Swasthya Karyakram (RKSK) is a national adolescent health program in India that aims to improve the health and well-being of adolescents aged 10-19 years. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). A two-day training session was conducted for the selected School Health & Hygiene Club members of Arya Kanya Inter College which was delivered on the three components of RKSK through a combination of lectures, case studies, and role-playing exercises including fill up of Pre-questionnaire, growth monitoring and information taken through google questionnaire. Personal Hygiene Kit was also provided to the School Principal for the students.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand

## Adolescent Health Program

**Date** – 18 November 2024

**Program** – Comprehensive Community Health Program

**Location** – Arya Kanya Inter College, Bhadrabad Block, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD231103503001	Aditi Bahuguna	Aditi
2.	DD231103503002	Deeksha Pokhriyal	Deeksha

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hanspur, an Income Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## General Health Camp

**Date** – 19-11-24

**Time** – 9am-2pm

**Program** – General Health Camp

**Location** – Mundhan

**Beneficiaries** – 51

**Supporting Agency** – New Space India Limited (NSIL)

**Staff** – 4- Dr. Vivek Singh, Mrs. Maya, Mrs. Nirmala, Mr. Vikas

**Students** - 3

**Activity Detail** - On 19-11-24, the Rural Development Institute HIHT - NSIL organized a general camp in the upper Himalayan region in Mundhan, Kalsi, Dehradun. This initiative is essential due to the area's diverse population and limited access to healthcare services. Many residents, particularly from underserved communities, struggle to access regular healthcare, resulting in untreated health conditions and a lower quality of life.

51 individuals benefited from routine health check-ups and received necessary medications, along with the distribution of 3 Nutrition Kits. These initiatives not only address immediate healthcare needs but also contribute to the long-term well-being of the community.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## General Health Camp

**Date** – 19-11-24

**Program** – General Health Camp

**Location** – Mundhan

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301001	Aarnesh Punera	Aarnesh..
2.	DD22114301002	Aashna	Aashna..
3.	DD22114301003	Adeeb Khan	Adeeb K

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## General Health Camp

**Date** – 20-11-2024

**Time** – 9am-4pm

**Program** – General Health Camp

**Location** – Temple area Kachta, Kalsi, Dehradun

**Beneficiaries** – 76

**Supporting Agency** – New Space India Limited (NSIL), RDI-HIHT

**Staff** – 4- Dr. Vivek Singh, Mrs. Maya, Mrs. Nirmala, Mr. Vikas

**Students** - 4

**Activity Detail** – On 20-11-24, the Rural Development Institute HIHT - NSIL held a general camp near the Temple area in Kachta, Kalsi, Dehradun, situated in the upper Himalayan region. This initiative is vital due to the region's diverse population and limited access to healthcare services. Many local residents, especially those from underserved communities, face difficulties in accessing regular healthcare, leading to untreated conditions and a diminished quality of life.

A total of 76 individuals benefited from routine health check-ups and received necessary medications. These efforts not only meet immediate healthcare needs but also play a key role in enhancing the overall well-being of the community in the long run.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)



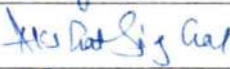

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## General Health Camp

**Date** – 20-11-2024

**Program** – General Health Camp

**Location** – Temple area Kachta, Kalsi, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301004	Aditya Goyal	
2.	DD22114301005	Aditya Sharma	
3.	DD22114301006	Akshat Singhal	
4.	DD22114301007	Akshat Singhal	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman In Home Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 20 November 2024  
**Time:** 10am - 3pm  
**Program:** Free Eye Camps  
**Location:** Shanti Dham Swasthya Kendra, Bhikkawala, Distt Bijnor  
**No. of Beneficiaries: 107**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 20/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353002	Simran Bhendari	Simran
2.	DD2114353001	Priyanka	Priyanka
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn.No. UKMC-2264



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 21 November 2024  
**Time:** 10am-2pm  
**Program:** Free Eye Camps  
**Location:** Premdham Ashran, Najibabad, Distt Bijnor  
**No. of Beneficiaries:** 46

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



*Ja*



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 21/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	Amisha
2.	DD2214304002	Shilpi Singh	shilpi singh
3.			
4.			
5.			

  
Coordinator

Dr. Harsh Bahadur  
Regn.No. UKMC-2264



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## General Health Camp under NSIL

**Date** – 21-11-2024

**Time** – 9am-4pm

**Program** – General Health Camp

**Location** – Panchayat Bhawan, Luhari, Kalsi, Dehradun

**Beneficiaries** – 56

**Supporting Agency** – New Space India Limited (NSIL), RDI-HIHT

**Staff** – 4- Dr. Vivek Singh, Mrs. Maya, Mrs. Nirmala, Mr. Vikas, Students - 5

**Activity Detail** – Rural Development Institute HIHT - NSIL Organized General camp on 21-11-2024 near panchayat bhawan, Luhari, Kalsi Dehradun upper Himalayan area is crucial due to the region's diverse population and varying access to healthcare services. Many residents, especially those from underserved communities, may lack access to routine health facilities, leading to untreated conditions and a lower quality of life. A total of 56 people get the benefits of routine examinations by providing essential medication. These initiatives not only address immediate health needs but also contribute to the overall well-being of the community.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)



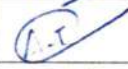


Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## General Health Camp under NSIL

**Date** – 21-11-2024

**Program** – General Health Camp

**Location** – Panchayat Bhawan, Luhari, Kalsi, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301008	Aman	
2.	DD22114301009	Aman Rehman	
3.	DD22114301010	Anannya Tripathi	
4.	DD22114301011	Anant Jain	
5.	DD22114301012	Ananya Jindal	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Program

**Date:-** 22/11/2024

**Time –** 9am – 1pm

**Program:-** School Health Camp

**Location:-** Government Primary School, Teliwala 1st

**Beneficiary:-** 55

**Supporting Agency:-** RDI-NSIL

**University Role:-** Staff- 2 (Dr Amandeep Kaur, and Ms. Maya Sharma), Students - 3

**Activity Details:-** A school health camp was organized at Government Primary School Teliwala 1<sup>st</sup>. The camp provided a comprehensive range of services, such as general examination, growth monitoring for the assessment of nutritional status, and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The school boys and girls were provided with the necessary treatment (cough and cold, headache, body pain, leg pain, and allergy as well). During this camp, counseling and health education session for both groups and individuals was also done on nutrition, personal hygiene, etc. Hand Washing Practice sessions conducted for the school students for their better health and hygiene practices.



  
**Dr. Rajeev Bijalwan**  
(Dy. Director-Health)


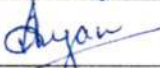

Rural Development Institute  
Himachal Pradesh Institute of Health Sciences  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## School Health Camp

**Date:-** 22/11/2024

**Program:-** School Health Camp

**Location:-** Government Primary School, Teliwala 1st

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301028	Arya Agarwal	
2.	DD22114301029	Aryan Aswal	
3.	DD22114301030	Aryan Pratap Singh	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 23/11/2024

**Time** – 9am – 2pm

**Program** – Comprehensive Community Health Program

**Location** –Ibrahimpur, Haridwar

**Beneficiaries** – 28

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Student** - 3

### Activity Detail

28 pregnant and lactating women benefitted through a maternal health camp organized in Ibrahimpur village of Haridwar district on 23 November 2024. The camp provided a comprehensive range of services, such as general examination, and primary investigation, including Blood Pressure, sugar, and haemoglobin.

During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haryana and Haryana Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



## Maternal and Child Health Program

Date- 23/11/2024

Program – Comprehensive Community Health Program

Location –Ibrahimpur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301021	Anubhav Bahuguna	
2.	DD22114301022	Anushka Kaushik	
3.	DD22114301023	Aparajita Dimri	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan In-Home Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 23/11/2024

**Time** – 9am – 4pm

**Program** – Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

**Beneficiaries** – 74

**Supporting Agency** – SRHU

**University Role** – Staff-5 (Dr. Amandeep Kaur, Mr. Gajender Rawat, Dr. Lakshay, Ms. Mahi Dhandiyal, and Ms. Mishika (MBBS Intern))

**Students** - 4

**Activity Detail**—An AAS Santhan team, a program implementation team of RDI, and a medical team of SRHU conducted the TB Elimination camp in SPS Rishikesh. The program offered various services, including general examinations, counseling sessions on personal and environmental hygiene, growth monitoring, filling out the Google questionnaire, and distributing a Protein-rich food kit (nutrition kit) to TB patients.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

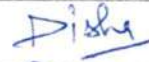
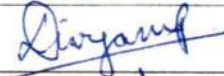
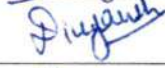

Rural Development Institute  
Hansa an In-cure Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

**Date-** 23/11/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301047	Disha Arora	
2.	DD22114301048	Divyam Panwar	
3.	DD22114301049	Divyansh Arya	
4.	DD22114301050	Drishtdeum Malik	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa and Institute Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 23 November 2024  
**Time:** 9.30am-1.30pm  
**Program:** Free Eye Camps  
**Location:** CHC Purkaji, Distt Muzaffar Nagar  
**No. of Beneficiaries: 27**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 23/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	Roll No. 2	Mahandi	Mahandi
2.	DD22214304002	Shilpi Singh	Shilpi Singh
3.			
4.			
5.			

  
Coordinator

Dr. Harsh Bahadur  
Regn. No. UKMC-2264





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date :** 24 November 2024  
**Time:** 9am - 1pm  
**Program:** Free Eye Camps  
**Location:** CHC Tiuni, Distt Dehradun  
**No. of Beneficiaries:** 20

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



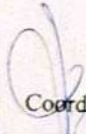
Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology



Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 24/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD 2114353003	Shekham Kumar	<u>Shekham</u>
2.			
3.			
4.			
5.			



Coordinator

Dr. Harsh Bahadur  
Regn. No. UKMC-2254



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 25 November 2024

**Time:** 9.30am – 4.30pm

**Program:** Free Eye Camps

**Location:** Panchayat Ghar, Nagina, Distt Bijnor

**No. of Beneficiaries:** 79

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. RenuDhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 25/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22114304009	Shilpi Singh	shilpi Singh
2.	DD2114353001	Priyanka	Priyanka
3.			
4.			
5.			



Coordinator

Dr. Harsh Lax  
Regn. No. UKMC-226





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Disability Certificate Camp

**Date:** November 27, 2024

**Time:** 10:00 AM to 3:00 PM

**Program:** Disability Certificate Camp

**Location:** Coronation Hospital in Dehradun.

**Supporting Agency:** Dhyana Mandira Trust (DMT)

**Beneficiaries:** 5 persons with disability

**University Participation:** Staff - 01, Student - 02

### Activity Detail

On November 27, 2024, a Disability Certificate Camp was held at the Orthopaedics Department of Coronation Hospital, Dehradun, the camp aimed to assist individuals with various disabilities by providing them with the necessary medical examinations to obtain disability certificates. A total of five people with disabilities (PWDs) benefited from the camp.

The medical team conducted thorough assessments for the participants, and based on the evaluations, some were referred to other prestigious medical institutions such as NAVH, Gandhi Shatabdi, and AIIMS Rishikesh for further treatment. The camp was conducted every Wednesday from 10:00 AM to 3:00 PM, providing essential services to those in need of disability certification. RDI is supported through transport facilities and human resources for guidance.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)



Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Disability Certificate Camp

**Date:** November 27, 2024

**Program:** Disability Certificate Camp

**Location:** Coronation Hospital in Dehradun.

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301051	Fabiha Khan	
2.	DD22114301052	Gaurangi Agarwal	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hannu an Income Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Program

**Date:** - 27/11/2024

**Time** – 9am – 3pm

**Program:** - School Health Camp

**Location:** - Government Girls Inter College, Kalsi

**Beneficiary:** - 58 adolescent girls

**Supporting Agency:** - RDI-NSIL

**University Role:** - Staff- 2 (Dr. Amandeep Kaur, and Ms. Maya Sharma)

**Student** - 3

**Activity Details:** - A school health camp was organized at Government Girls Inter College, Kalsi. General examination of health done among the various aspects among adolescent girls. The camp provided a comprehensive range of services, such as general examination, growth monitoring for the assessment of nutritional status, and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The adolescent girls were provided with the necessary treatment (cough and cold, Urinary Tract Infection, headache, body pain, allergy as well). During this camp, counseling and health education session for both groups and individuals was also done on nutrition, hand washing practices, personal hygiene, and menstrual hygiene management.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand






## School Health Camp

**Date:** - 27/11/2024

**Program:** - School Health Camp

**Location:** - Government Girls Inter College, Kalsi

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301031	Ashika Kashyap	
2.	DD22114301032	Ashmit Verma	
3.	DD22114301033	Ashwin Sharma	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman Singh Hospital Trust  
Swami Ram Nagar, P.O. Doriwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Program

**Date:** - 28/11/2024

**Time:** - 9am - 2pm

**Program:** - School Health Camp

**Location:** - Government Ashram Paddhati Higher Secondary School, Kalsi

**Beneficiary:** - 166 adolescent girls

**Supporting Agency:** - RDI-NSIL

**University Role:** - Staff- 4 (Mr. Sunil Khanduri, Dr Vivek Singh, Mr. Vikash and Ms. Nirmala)

**Student:** - 5

**Activity Details:** - On 28 November 2024, RDI-NSIL organized a free health check-up camp for adolescents at the Government Ashram Paddhati Higher Secondary School located at Langa Pokhari Nagthat Kalsi, Dehradun. A total of 166 students got themselves examined, in which mainly adolescent girls were found to have problems related to personal hygiene, for which they were given treatment as well as counselling on hygiene. The school's principal, Mr. Hans Chauhan, appreciated the efforts of the RDI-NSIL team in the high Himalayan region of Uttarakhand.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




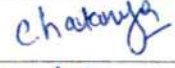

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand


## School Health Camp

**Date:** - 28/11/2024

**Program:** - School Health Camp

**Location:** - Government Ashram Paddhati Higher Secondary School, Kalsi

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301034	Asmi Negi	
2.	DD22114301035	Ayush Verma	
3.	DD22114301036	Bhuvnesh Chauhan	
4.	DD22114301037	Chaitanya Sunta	
5.	DD22114301038	Chetna Pandey	

  
Dr. Rajeev Bhalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman In-Game Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date :** 28 November 2024  
**Time:** 10am-2pm  
**Program:** Free Eye Camps  
**Location:** Panchayat Ghar, Bhutpuri, Distt Bijnor  
**No. of Beneficiaries: 53**

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of students participated in the activity**

Dated: 20/11/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	0022214304002	Shilpi Singh	shilpi singh
2.	002114353003	Shubham Kumar	Shubham
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bandari  
Regn.No. UKMC-2264





Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun

Ref. No. HH/BB/2024/44

Date: 28/11/2024

All the concerned are hereby informed that blood centre (BC) will collect blood from volunteer donors as per the program mentioned below. The following precautions will be taken during the conduct of the same. The details of the camp are as follows.

DATE & DAY OF VOLUNTARY BLOOD DONATION CAMP(VBDC)	DEPARTURE TIME FROM HHHT	Arrival Time to HHHT	CAMP TIMING
29 <sup>th</sup> November 2024 (Friday)	10:00 AM		10:30 A.M. to 3:00 P.M.
Venue : Shakti Bhawan Doiwala			Contact Person: Mr. Sudhir Joshi Contact No.: 9045774309 Contact Person: Mr. Avinash Contact No.: 8218639563

Following persons are detailed for the above camp.

S.No.	Name	Signature	Time of Reporting to Blood Centre
1.	Dr. Guneet (Junior Resident- Pathology Department)	<i>Guneet</i>	
2.	Dr. Manvi Aggarwal (MBBS Intern for observation)	<i>Manvi</i>	Telephonic Inform
3.	Mr. Sudhir Joshi ( P.R.O.)	<i>Sudhir</i>	
4.	Mr. Kapil Bisht (Tech.)	<i>Kapil</i>	
5.	Ms. Raksha (MLT Intern)	<i>Raksha</i>	Telephonic Inform
6.	Mr. Rajeev Solanki (Attend.)	<i>Rajeev</i>	
7.	One Nursing Staff		
8.	One Housekeeping Staff		
9.	One Driver		

Nursing Supdt. is requested to arrange for One nursing staff.

\*\*\* MTO to arrange for the vehicle for Blood Centre team (Kindly coordinate with Mr. Sudhir Joshi for number & type of vehicle)

\*\*\*\* House keeping is requested to arrange for One Housekeeping staff.

Note: Kindly report 15 minutes before the departure time.

Note : 1- All are requested to wear uniform as per designation

2- The Doctors, Technician & PRO kindly meet the Undersigned before & after the assigned Camp activity

for *[Signature]*  
28/11/24  
Dr. Dushyant Singh Gaur  
Professor & Head,

Department of Immunohematology  
& Blood Transfusion  
Blood Centre, Himalayan Hospital,  
SRHU, Dehradun

Professor & Head

Dept. of Immunohematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
SRHU, Swarn Jyoti, Jolly Grant, Dehradun  
Dehradun-248122

CC: Medical Superintendent  
HOD Dept. of Immunohematology & Blood Transfusion  
Nursing Superintendent \*\*  
(HRD) Department  
Incharge M.T.O \*\*\*  
Manager House Keeping\*\*\*\*  
Media & Publicity



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**Department of Immuno Haematology & Blood Transfusion  
Himalayan Hospital, SRHU, Jolly Grant, Dehradun**

Ref. No.: HH/BB/2024/44

Date: 28/11/2024

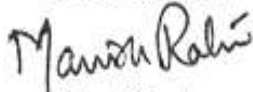
**The Director  
State Blood Transfusion Council  
Red Cross Society Bhawan  
Uttarakhand State AIDS Control Society  
DandaLakhondSahastradhara Road  
Dehradun  
Uttarakhand**

**Subject: Information regarding Voluntary Blood Donation Camp**

Dear Sir/Madam,

This is to inform you that we are holding a voluntary blood donation camp on 29/11/2024 in collaboration with Shakti Bhawan Doiwala .

Sincerely yours,



Blood Centre  
Himalayan Hospital  
Swami Ram Nagar  
Dehradun  
Uttarakhand

**Dr. Manish Raturi**  
Professor  
Dept. of Immunohaematology & Blood Transfusion  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Jolly Grant, Dehradun (Uttarakhand)  
Regn.No. UPMO-10673

# Photographs of the Blood Donation Camp







स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 01 December 2024

**Time:** 9am-1pm

**Program:** Free Eye Camps

**Location:** Inter College, Narayanwala, Distt Bijnor

**No. of Beneficiaries:** 54

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**

**Activity: Free Eye Camp**

**List of students participated in the activity**

Dated: 1-12-24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353002	S P m ran	Granda
2.	DD2114353003	Shubham	Shubham
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn.No. UKMC-2264



## DEPARTMENT OF COMMUNITY MEDICINE HIMS, SRHU, DEHRADUN



### AWARENESS CAMPAIGN ON AIDS

**Date:** 02 -12-2024

**Time:** 9am – 1pm

**Location:** UHTC Kurkawala, RHTC Gauhri Mafi, Arya Kanya Inter College, SPS Hospital Rishikesh, HSMS and Dept of Community Medicine, HIMS.

**Number of Students Participated:** 7

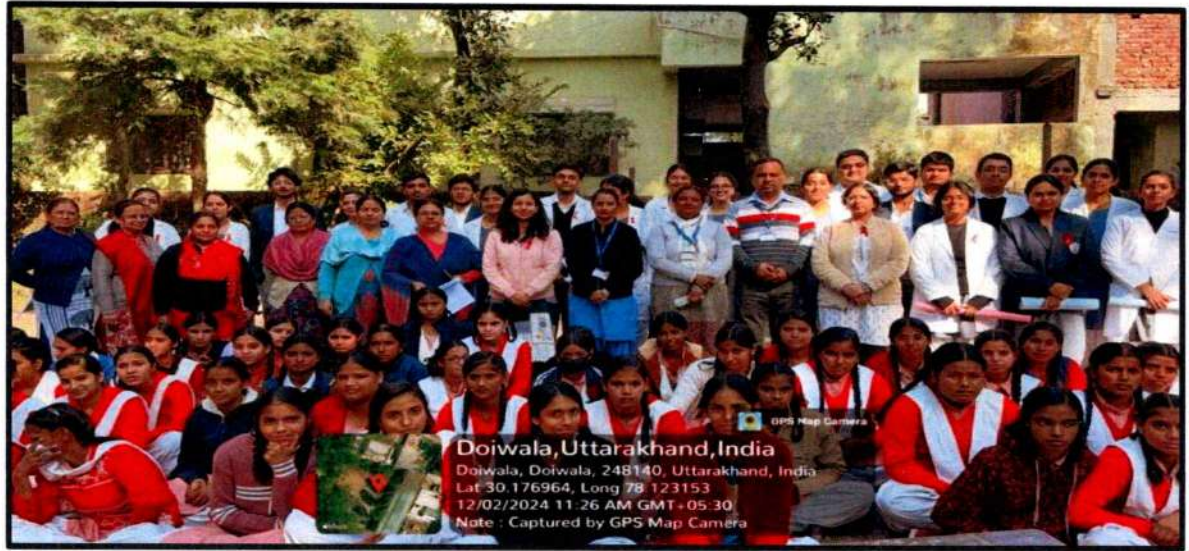
**Theme: "Take the rights path: My health, my right!"**

The Community Medicine Department, successfully organized a comprehensive World AIDS Day observance on December 2, 2024. The event was designed to raise awareness about HIV/AIDS, promote prevention, and reduce stigma associated with the disease. Activities conducted were Health education sessions, Poster Making Competition, Presentation by MSc Epidemiology Students.

The World AIDS Day observance proved to be a resounding success, achieving the following objectives:

- **Increased Awareness:** The events significantly raised awareness about HIV/AIDS among healthcare providers, students, and the general public.
- **Empowerment:** Participants were empowered to make informed decisions about their sexual health and to seek necessary healthcare services.
- **Stigma Reduction:** The activities helped to dispel myths and misconceptions about HIV/AIDS, promoting empathy and understanding.







**Attendance:**

01-12-2024		S.No.	Name of Students	Signature
		1	Muskan Jain	Muskan
		2	Nandini Saini	Nandini
		3	Narinder Garg	Narinder
		4	Neha Chauhan	Neha
		5	Neha Lamba	Neha
		6	Dr Vaibhav Rana	Vaibh
		7	Dr Chirag Joshi	Chirag

*H. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University  
Swami Ram Nagar, Jolly Grant  
Dehra Dun-248006, Uttarakhand, India



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 03 December 2024

**Time:** 9am-2pm

**Program:** Free Eye Camps

**Location:** Free Eye Camps PHC Mori, Distt Uttarkashi

**No. of Beneficiaries:** 85

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 08/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD244353005	Uvesh	Uvesh
2.			
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2264





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 4/12/2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** –Salempur, Haridwar

**Beneficiaries** – 30

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4, Student-5

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, and field supervisor conducted the camp. The camp provided a comprehensive range of services, such as general examination, and primary investigation, including Blood Pressure, sugar, and haemoglobin. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

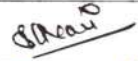


Rural Development Institute  
Himalaya An Inaugural Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

**Date-** 4/12/2024

**Program** – Comprehensive Community Health Program

**Location** –Salempur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301114	Shivani Rana	
2.	DD22113301115	Shivanshi Uniyal	
3.	DD22113301116	Shivanshu Rana	
4.	DD22113301117	Shiwani Rawat	
5.	DD22113301118	Shobhit Khandelwal	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 05 December 2024

**Time:** 9am-2pm

**Program:** Free Eye Camps

**Location:** CHC Barkot, Distt Uttarkashi

**No. of Beneficiaries:** 99

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.




Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 5/12/24.

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	Amisha
2.	DD21142520-3	Shubha	Shubha
3.			
4.			
5.			

  
Coordinator  
Dr. Hanu Bahadur  
Regn. No. UKMC-2254



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 05 December 2024

**Time:** 9am-1pm

**Program:** Free Eye Camps

**Location:** Uttari Ramlila Adarsh Samiti, Morna, Distt Bijnor

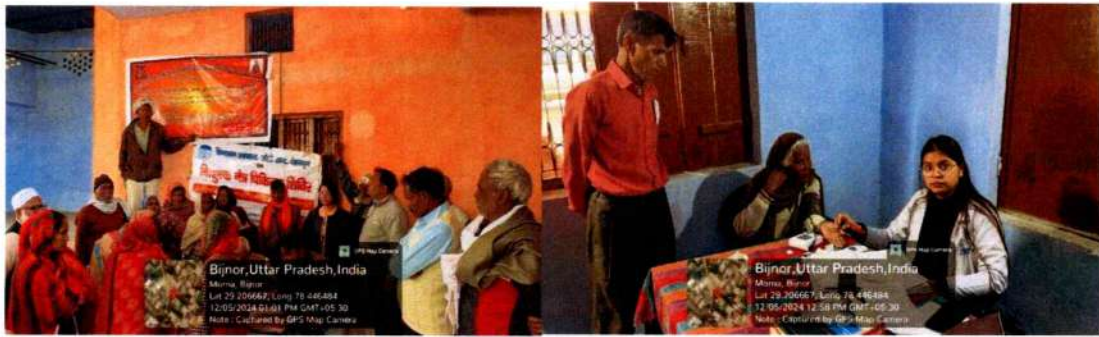
**No. of Beneficiaries:** 81

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 5/12/24.

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	Amisha
2.	DD21143520-3	Shushan	Shushan
3.			
4.			
5.			

  
Coordinator  
Dr. Hari Bahadur  
Regn. No. UKMC-2261





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Camp

**Date** – 5/12/2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Ahmedpur, Haridwar

**Beneficiaries** – 22

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Students** - 5

**Activity Detail** – A school health camp was conducted by a medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students. The camp provided a comprehensive range of services, such as general examination, growth monitoring and screening of 4Ds (Defects at birth, Deficiencies, Diseases, Development delays including disability). The children were provided with the necessary treatment. During this camp, counselling and health education session of both groups and individuals was also done on nutrition, hand washing practices, hygiene, etc.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himalayan Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## School Health Camp

**Date** – 5/12/2024

**Program** – Comprehensive Community Health Program

**Location** – Ahmedpur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22114301053	Gaurav Pal	
2.	DD22114301054	Gaurav Singh	
3.	DD22114301055	Gauri Bhatia	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-charge Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date:** 11 December 2024

**Time:** 9am - 1pm

**Program:** Free Eye Camps

**Location:** Gurudwara, Bhogpur, Distt Bijnor

**No. of Beneficiaries:** 25

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of  
Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 11/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214302001	Amisha	Amisha
2.	DD2114353003	Shubhan	Shubhan
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2254



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Specialist Health camp

**Date** – 11/12/2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** – Jendo, Kalsi, Dehradun

**Beneficiaries** – 118

**Supporting Agency** – NSIL-RDI

**University Role** – Staff – 7, Students - 10

A Specialist health camp was organized, and community members attended the event. The camp was conducted by a medical team comprising specialists from the Gynaecology and Obstetrics, Dental, General Medicine, and Ophthalmology departments, pharmacists, field supervisors and students. The camp offered a comprehensive range of services, including general examinations, eye check-ups, risk assessments, and primary investigations such as blood pressure, sugar level, Hemoglobin level, height, and weight. Counseling was provided to both individuals and groups. Nutrition kits were distributed to the high-risk pregnant women in the camp. Medicines were given free of cost to the patients, and referrals were made to those who needed further treatment.

S. No.	Date	Department	No. of Patient
1	11 December 2024	Ophthalmology	22
2		Gynecology	36
3		Dental/RDI	28
4		General Medicine	32



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)


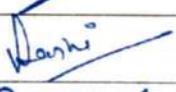







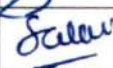
Rural Development Institute  
Himalayan In-Home Hospital Trust  
Swami Rama Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### Specialist Health camp

Date – 11/12/2024

Program – Comprehensive Community Health Program

Location – Jendo, Kalsi, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301095	Rahul	
2.	DD22113301096	Rashi	
3.	DD22113301097	Rashi Kumari	
4.	DD22113301098	Rekha	
5.	DD22113301099	Reshav Ramola	
6.	DD22113301100	Riya	
7.	DD22113301101	Sakshi Baluni	
8.	DD22113301102	Sakshi Rawat	
9.	DD22113301103	Sakshi Rawat	
10.	DD22113301104	Saloni	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman and Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date:** 13 December 2024

**Time:** 9am - 1pm

**Program:** Free Eye Camps

**Location:** PHC Pilkhi, Distt Tehri Garhwal

**No. of Beneficiaries:** 31

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 13/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353004	Shivani	Shivani
2.	DD2114353002	Simran	Simran
3.			
4.			
5.			

  
Coordinator  
Dr. Hrushikesh Bahadur  
Regn. No. UKMC-2264



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 14 December 2024

**Time:** 9am - 2pm

**Program:** Free Eye Camps

**Location:** Divine College of Medical Sciences, Shyampur, Haridwar

**No. of Beneficiaries:** 132

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 14/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD21H353001	PRIYANKA	Priyanka
2.	DD21H353004	Shivani	Shivani
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2264



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 14/12/2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

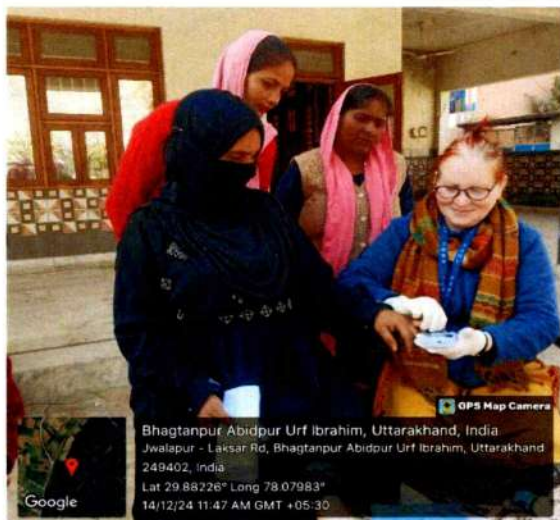
**Location** –Ibrahimpur, Haridwar

**Beneficiaries** – 24

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4, Student 5

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students conducted the camp. The camp provided a comprehensive range of services, such as Blood Pressure, sugar, and haemoglobin. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




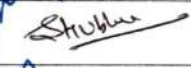

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## Maternal and Child Health Program

Date- 14/12/2024

Program – Comprehensive Community Health Program

Location –Ibrahimpur, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301119	Shreya Bhushan	
2.	DD22113301120	Shreya Pal	
3.	DD22113301121	Shristi Aswal	
4.	DD22113301122	Shubham Negi	
5.	DD22113301123	Shubham Singh	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 14/12/2024

**Time:** 9:00am-1:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

**Beneficiaries** – 53

**Supporting Agency** – SRHU

**University Role** – Staff-2 (Dr. Amandeep Kaur, Ms. Bhawna Bisht), Student-5

**Activity Detail** – A Ni-Kshay Mitra Program was conducted in CHC Doiwala for TB Patients of the community. General Health Awareness sessions conducted for TB patients regarding disease prevention and precautions followed by the TB patients in their families and community. Growth monitoring of the Program was also conducted by the TB champions. Information of the patients was collected through a Google questionnaire. A protein-rich food kit (nutrition kit) was distributed to the TB patients for their better nutritional status.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)




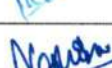

Rural Development Institute  
Haryana and Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

**Date-** 14/12/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Doiwala

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301006	Aditi Sajwan	
2.	DD231103301007	Aditya Negi	
3.	DD231103301008	Akansha Dhoundiyal	
4.	DD231103301009	Akansha Pandey	
5.	DD231103301010	Akshita Kukreti	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa and In-Gene Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





Department of Community Medicine  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University



**Health Camp and Breastfeeding Awareness Session**

**Camp Date:** 14.12.2024

**Time:** 10:00 am to 2:00 pm

**Camp Venue:** Baratghar, Shyampur (through RHTC Gohrimafi, Raiwala)

**Number of Students Participated:** 70

**Activities Conducted:** Specialist consultations, basic lab services, free drug distribution and breastfeeding awareness session.

**Glimpse of the camp**





# Attendance:

DEPARTMENT OF COMMUNITY MEDICINE, MBBS BATCH-2023, FAMILY ADOPTION PROGRAM & HEALTH CAMP ATTENDANCE Date: 14/12/2024				
SNo	Name	Registration No	Enrollment No	Date: 14/12/2024
1	DD231101301001	SRHU23000623	AARADHYA THUKRAL	P
2	DD231101301002	SRHU23000624	AASTHA JUNEJA	(A)
3	DD231101301003	SRHU23000625	AASTHA KUMAR	(A)
4	DD231101301004	SRHU23000626	AASTHA SAHARAN	(A)
5	DD231101301005	SRHU23000627	ABHIGYAN SINGH	P
6	DD231101301006	SRHU23000628	ABHINAV KATARIA	A
7	DD231101301007	SRHU23000629	ABHINAV SINGH	P
8	DD231101301008	SRHU23000630	ADITI	P
9	DD231101301009	SRHU23000631	ADITYA BHANDARI	P
10	DD231101301010	SRHU23000632	ADITYA JOSHI	A
11	DD231101301011	SRHU23000633	ADITYA KUMAR	A
12	DD231101301012	SRHU23000634	ADITYA VARDHAN SINGH	A
13	DD231101301013	SRHU23000635	AISHLEE GOYAL	P
14	DD231101301014	SRHU23000636	AKSHITA GUPTA	P
15	DD231101301015	(A) SRHU23000637	AMRITANSHU VARMA	(A)  4 days
16	DD231101301016	SRHU23000638	ANA PERVEEN	P
17	DD231101301017	SRHU23000639	ANAM MALIK	A
18	DD231101301018	SRHU23000640	ANANT SINGH BISHT	P
19	DD231101301019	SRHU23000641	ANANYA SHARMA	P
20	DD231101301020	SRHU23000642	ANANYA SHARMA	P
21	DD231101301021	SRHU23000643	ANIKA SINGH	A
22	DD231101301022	SRHU23000644	ANIRUDH BHANDARI	P
23	DD231101301023	SRHU23000645	ANJALI VERMA	A
24	DD231101301024	SRHU23000646	ANMOL JINDAL	P
25	DD231101301025	SRHU23000647	ANSHIKA TOMAR	P

**DEPARTMENT OF COMMUNITY MEDICINE, MBBS BATCH-2023,**  
**FAMILY ADOPTION PROGRAM & HEALTH CAMP ATTENDANCE** Date: 14/12/2024

SNo	Name	Registration No	Enrollment No	Date: 14/12/2024
26	DD231101301026	SRHU23000648	APOORVA KOTHARI	A
27	DD231101301027	SRHU23000649	ARCHITA RAWAT	P <i>Archita</i>
28	DD231101301028	SRHU23000650	ARIEKA RAINA	P <i>Arieka</i>
29	DD231101301029	SRHU23000651	ASHUTOSH GOLEY	A
30	DD231101301030	SRHU23000652	ASTHA GARG	A
31	DD231101301031	SRHU23000653	AVNI GARG	P <i>Avni</i>
32	DD231101301032	SRHU23000654	AYUSH KONDAL	P <i>Ayush</i>
33	DD231101301033	SRHU23000655	AYUSH PRATAP SINGH	P <i>Ayush</i>
34	DD231101301034	SRHU23000656	CHARU BHATT	P <i>Charu</i>
35	DD231101301035	SRHU23000657	CHINAR SINGLA	A
36	DD231101301036	SRHU23000658	DEEPESH YADAV	P <i>Deepesh</i>
37	DD231101301037	SRHU23000659	DESHNA JAIN	A
38	DD231101301038	SRHU23000660	DEV YADAV	A
39	DD231101301039	SRHU23000661	DEVSHREE RASTOGI	P <i>Devshree</i>
40	DD231101301040	SRHU23000662	DHAIRYA GULATI	A
41	DD231101301041	SRHU23000663	DHRUV GARG	P <i>Dhruv</i>
42	DD231101301042	SRHU23000664	DRISHTI BHATT	P <i>Drishiti</i>
43	DD231101301043	SRHU23000665	EKTA CHANDRA	P <i>Ektachandra</i>
44	DD231101301044	SRHU23000666	GAURI GOEL	P <i>Gauri Goel</i>
45	DD231101301045	SRHU23000667	GULMAFRUZA	P <i>Gulmafruz</i>
46	DD231101301046	SRHU23000668	GUNIKA GULATI	P <i>Gunika</i>
47	DD231101301047	SRHU23000669	HARI ANANT SHARMA	P <i>Hari Anant</i>
48	DD231101301048	SRHU23000670	HARSHIKA SINGH	P <i>Harshika</i>
49	DD231101301049	SRHU23000671	HARSHITA GOEL	P <i>Harshita</i>
50	DD231101301050	SRHU23000672	HARSHITA MITTAL	P <i>Harshita</i>



DEPARTMENT OF COMMUNITY MEDICINE, MBBS BATCH-2023,  
FAMILY ADOPTION PROGRAM & HEALTH CAMP ATTENDANCE Date: 14/12/2024

SNo	Name	Registration No	Enrollment No	Date: 14/12/2024
51	DD231101301051	SRHU23000673	HINA KAUSHAR	(A)
52	DD231101301052	SRHU23000674	ISHA PANGHAL	P Isha
53	DD231101301053	SRHU23000675	ISHAN KAPIL	(A)
54	DD231101301054	SRHU23000676	ISHAN SHARMA	P
55	DD231101301055	SRHU23000677	ISHITA GARG	(A)
56	DD231101301056	SRHU23000678	JAHANVI RAJPAL	P jahanvi
57	DD231101301057	SRHU23000679	JASMINE RAWAT	(A)
58	DD231101301058	SRHU23000680	JYOTSNA SOROUT	P Jyotsna
59	DD231101301059	SRHU23000681	KARTIK BANSAL	(A)
60	DD231101301060	SRHU23000682	KARTIKEY BENIWAL	(A)
61	DD231101301061	SRHU23000683	KARTIKEY THAPLIYAL	P Kartikey
62	DD231101301062	SRHU23000684	KAVYA CHOPRA	P kavya
63	DD231101301063	SRHU23000685	KAVYA GUPTA	(A)
64	DD231101301064	SRHU23000686	KAVYA JAIN	(A)
65	DD231101301065	SRHU23000687	KHUSHI	P Khushi
66	DD231101301066	SRHU23000688	KHUSHI AMIT SHARMA	(A)
67	DD231101301067	SRHU23000689	KHUSHI BHUTANI	P Khushi
68	DD231101301068	SRHU23000690	KHUSHI JUGRAN	(A)
69	DD231101301069	SRHU23000691	KHUSHI SHARMA	(A)
70	DD231101301070	SRHU23000692	KOMAL	P Komal
71	DD231101301071	SRHU23000693	KRIKA SHRIDHAR	P K. Shridhar
72	DD231101301072	SRHU23000694	KSHITIJ GUWALANI	(A)
73	DD231101301073	SRHU23000695	LAKSH GUPTA	P Laksh
74	DD231101301074	SRHU23000696	LAVANYA PAL	(A)
75	DD231101301075	SRHU23000697	MAHI MALIK	(A)



**DEPARTMENT OF COMMUNITY MEDICINE, MBBS BATCH-2023,**  
**FAMILY ADOPTION PROGRAM & HEALTH CAMP ATTENDANCE** Date: 14/12/2024

SNo	Name	Registration No	Enrollment No	Date: 14/12/2024
76	DD231101301076	SRHU23000698	MANAS CHOUDHARY	(A)
77	DD231101301077	SRHU23000699	MANASWI GAIRI	(A)
78	DD231101301078	SRHU23000700	MANISHA AGARWAL	P Manisha
79	DD231101301079	SRHU23000701	MANTIKA PANT	P Mantika
80	DD231101301080	SRHU23000702	MAYANK PANDEY	(A)
81	DD231101301081	SRHU23000703	MAYURI AGARWAL	P Mayuri
82	DD231101301082	SRHU23000704	MISHA SHAH	(A)
83	DD231101301083	SRHU23000705	MOHAMMAD SAQIB	(A)
84	DD231101301084	SRHU23000706	MOHD AMAN	(A)
85	DD231101301085	SRHU23000707	MOHID ALI	(A)
86	DD231101301086	SRHU23000708	MUSKAN	P Muskan
87	DD231101301087	SRHU23000709	MUSKAN YADAV	P Muskan
88	DD231101301088	SRHU23000710	NAMIT CHADHA	(A)
89	DD231101301089	SRHU23000711	NANDA SINGH	(A)
90	DD231101301090	SRHU23000712	NIKHIL PAL	(A)
91	DD231101301091	SRHU23000713	NIKITA KOHLI	(A)
92	DD231101301092	SRHU23000714	NILANJANA SINGH	P Nilan
93	DD231101301093	SRHU23000715	NIMISH GARG	(A)
94	DD231101301094	SRHU23000716	NISHTHA SINGH	(A)
95	DD231101301095	SRHU23000717	PALAK BAMETHA	(A)
96	DD231101301096	SRHU23000718	PARAM RATHI	(A)
97	DD231101301097	SRHU23000719	PRABAL RAJORA	(A)
98	DD231101301098	SRHU23000720	PRACHI SINGH	(A)
99	DD231101301099	SRHU23000721	PRAKRITI AGRAWAL	(A)
100	DD231101301100	SRHU23000722	PRANAY NAUTIYAL	(A)

**DEPARTMENT OF COMMUNITY MEDICINE, MBBS BATCH-2023,**  
**FAMILY ADOPTION PROGRAM & HEALTH CAMP ATTENDANCE** Date: 14/12/2024

SNo	Name	Registration No	Enrollment No	Date: 14/12/2024
126	DD231101301126	SRHU23000748	SIMRAN RAWAT	<u>Simran</u>
127	DD231101301127	SRHU23000749	SOMYA SHARMA	<u>Somya</u>
128	DD231101301128	SRHU23000750	SRISHTI SINGHAL	<u>Srishti</u>
129	DD231101301129	SRHU23000751	SUDHANSHU SUYAL	<u>Sudhan</u> <u>Suyal</u>
130	DD231101301130	SRHU23000752	SUHANI CHANDA	<u>Suhani</u>
131	DD231101301131	SRHU23000753	SUKRITI MISHRA	(A)
132	DD231101301132	SRHU23000754	SWAMITA	<u>Swamita</u>
133	DD231101301133	SRHU23000755	SWAPNIL SHRUTI	(A)
134	DD231101301134	SRHU23000756	SYED ZAID ALI	(A)
135	DD231101301135	SRHU23000757	TAMANNA MOUDGIL	(A)
136	DD231101301136	SRHU23000758	TANIEEM HUDA	(A)
137	DD231101301137	SRHU23000759	TANISHK GOEL	(A)
138	DD231101301138	SRHU23000760	TANISHKA GUPTA	<u>Tanishka</u>
139	DD231101301139	SRHU23000761	TARUN KUMAR CHAUHAN	(A)
140	DD231101301140	SRHU23000762	TASMIA NASEEM KHAN	(A)
141	DD231101301141	SRHU23000763	TRISHA SHARMA	<u>Trisha</u>
142	DD231101301142	SRHU23000764	UDAY MANDER	<u>Uday</u>
143	DD231101301143	SRHU23000765	UDAY SHARMA	(A)
144	DD231101301144	SRHU23000766	UJJWAL	(A)
145	DD231101301145	SRHU23000767	UPANSHU GOYAL	(A)
146	DD231101301146	SRHU23000768	URVASHI JAKHMOLA	<u>Urvashi</u>
147	DD231101301147	SRHU23000769	UVESH	(A)
148	DD231101301148	SRHU23000770	VAISHNAVI KANDARI	(A)
149	DD231101301149	SRHU23000771	VARTIKA SINGHANI	(A)
150	DD231101301150	SRHU23000772	YUKTA DEVKA	(A)



**DEPARTMENT OF COMMUNITY MEDICINE, MBBS BATCH-2023,  
FAMILY ADOPTION PROGRAM & HEALTH CAMP ATTENDANCE Date: 14/12/2024**

SNo	Name	Registration No	Enrollment No	Date: 14/12/2024
101	DD231101301101	SRHU23000723	PRATIGYA	<i>Pratigya</i>
102	DD231101301102	SRHU23000724	PRIYANSHI MELTI	(A)
103	DD231101301103	SRHU23000725	RACHIT RAWAT	(A)
104	DD231101301104	SRHU23000726	RAJ ARIAN SINGH	<i>Raj Arian Singh</i>
105	DD231101301105	SRHU23000727	REHANSH CHAUDHARY	(A)
106	DD231101301106	SRHU23000728	RISHIKA TOMAR	(A)
107	DD231101301107	SRHU23000729	RISHIT BHARDWAJ	(A)
108	DD231101301108	SRHU23000730	RISHITA TRIPATHI	(A)
109	DD231101301109	SRHU23000731	RIYA CHAUHAN	<i>Riya Chauhan</i>
110	DD231101301110	SRHU23000732	SAHILA JAIN	<i>Sahila Jain</i>
111	DD231101301111	SRHU23000733	SAI SHARNAM	(A)
112	DD231101301112	SRHU23000734	SAKSHI MEHTA	<i>Sakshi Mehta</i>
113	DD231101301113	SRHU23000735	SAKSHI MITTAL	<i>Sakshi Mittal</i>
114	DD231101301114	SRHU23000736	SALMA BATOOL	(A)
115	DD231101301115	SRHU23000737	SANCHIT OLI	<i>Sanchit Oli</i>
116	DD231101301116	SRHU23000738	SARANSHI TULI	(A)
117	DD231101301117	SRHU23000739	SHAGUN	<i>Shagun</i>
118	DD231101301118	SRHU23000740	SHAHNAWAZ HUSSAIN	(A)
119	DD231101301119	SRHU23000741	SHATAKSHI	(A)
120	DD231101301120	SRHU23000742	SHAURYA MITTAL	<i>Shaurya Mittal</i>
121	DD231101301121	SRHU23000743	SHIRAJ ANSARI	(A)
122	DD231101301122	SRHU23000744	SHIVANGI BHADAURIA	(A)
123	DD231101301123	SRHU23000745	SHIVI SINGH	(A)
124	DD231101301124	SRHU23000746	SHRIYA SINGH	<i>Shriya Singh</i>
125	DD231101301125	SRHU23000747	SHUBHAM DIMRI	(A)



DEPARTMENT OF COMMUNITY MEDICINE, MBBS BATCH-2023,  
FAMILY ADOPTION PROGRAM & HEALTH CAMP ATTENDANCE Date: 14/12/2024

SNo	Name	Registration No	Enrollment No	Date: 14/12/2024
151	DD22114301009		AMAN REHMAN	(A)
152	DD22114301034		ASMI NEGI	(A)
153	DD22114301057		GORESH GIRI	(A)
154	DD22114301095		MOHAMMED ARSHIL QAMAR	(A)
155	DD22114301105		PRABAL KUMAR WALIA	Prabal

Signature of Faculties/ Residents:

*(Signature)*

*(Signature)*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University,  
Swami Ram Nagar, Jolly Grant,  
Dehradun-248001, Uttarakhand, India



स्वामी राम हिमालयन विश्वविद्यालय  
Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 15 December 2024

**Time:** 9am - 1pm

**Program:** Free Eye Camps

**Location:** Saraswati Shishu Mandir, Nahtaur, Distt Bijnor

**No. of Beneficiaries:** 58

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 03

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 15/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD21MS353004	Shivadi	Shivadi
2.	DD21MS3001	PRIYANKA	Priyanka
3.	DD231102303002	AHUSH	Ahush
4.			
5.			

Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2764





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Program

**Date** – 16/12/2024

**Time:** 9:00am-1:00pm

**Program** – Community Health Program

**Location** – Kalsi, Dehradun

**Beneficiaries** – 117

**Supporting Agency** – NSIL-SRHU

**University Role** – Staff – 2 (Dr. Amandeep Kaur, Ms. Maya Sharma)

**Student** - 7

### Activity Detail

A school health camp was organized at Eklavya Model Residential School under the NSIL project, providing a comprehensive range of healthcare services. The camp included general health check-ups and screenings for the 4Ds (Defects at Birth, Deficiencies, Diseases, and Developmental Delays, including disabilities). Children received appropriate treatment for various health concerns such as cough, cold, allergies, body pain, headaches, fungal infections, eye and ear pain, and dental issues. Additionally, group and individual counseling sessions were conducted to educate students on nutrition, personal hygiene, and menstrual hygiene, promoting overall health and well-being.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)








Rural Development Institute  
Himalayan In-Home Hospital Trust  
Swami Rama Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## School Health Program

**Date** – 16/12/2024

**Program** – Community Health Program

**Location** – Kalsi, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301139	Unnati Saxena	
2.	DD22113301140	Uttkarsh Pal	
3.	DD22113301141	Vaibhav Kabadwal	
4.	DD22113301142	Vanshika	
5.	DD22113301143	Versha Rani	
6.	DD22113301144	Vishal Pal	
7.	DD22113301145	Vivek Kumar Prajapati	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-home Hospital Trust  
Swami Ram Nagar, P.O. Dera  
Dehradun-248140, Uttarakhand



# स्वाामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## School Health Camp

**Date** – 16/12/2024

**Time**: 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Teliwala, Haridwar

**Beneficiaries** – 25

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4

**Students** - 5

### Activity Detail

Under our School Health Program a school health camp was successfully conducted by a multidisciplinary medical team, comprising a doctor, pharmacist, nurse, counsellor, field supervisor and students. The camp offered a wide range of services, including general health examinations, growth monitoring, and screenings for defects, deficiencies, diseases, and developmental delays/disabilities. Necessary treatment was provided to the children, while group and individual counselling sessions focused on essential health topics such as nutrition, hand hygiene, and overall wellness.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-charge Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

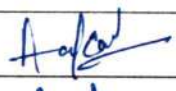

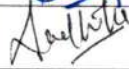




### School Health Camp

**Date** – 16/12/2024

**Program** – Comprehensive Community Health Program

**Location** – Teliwala, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	Aakanksha	Aakanksha	
2.	Aanchal Pundir	Aanchal Pundir	
3.	Abhishek Sahani	Abhishek Sahani	
4.	Aditi Parmar	Aditi Parmar	
5.	Aditi Raturi	Aditi Raturi	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doliwala  
Dehradun-248140, Uttarakhand



## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 18 December 2024

**Time:** 9am - 2pm

**Program:** Free Eye Camps

**Location:** Shanti Dham, Bhikkawala, Distt Bijnor

**No. of Beneficiaries:** 92

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 18/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD22214304001	Amisha	Amisha
2.	DD211353002	SPRAN	SPRAN
3.			
4.			
5.			

  
Dr. Dhan Bahadur  
Regn. No. UKMC-2264





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 19 December 2024

**Time:** 10am-2pm

**Program:** Free Eye Camps

**Location:** CHC Purkaji, Distt Muzaffar Nagar

**No. of Beneficiaries:** 27

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 01

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 19/12/21

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114352003	Shubham	Shubham
2.			
3.			
4.			
5.			

Coordinator  
Reg. No. UKMC-2261



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Maternal and Child Health Program

**Date-** 21/12/2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** –Hazaragrانت, Haridwar

**Beneficiaries** – 20

**Supporting Agency** – Wipro Cares

**University Role** – Staff – 4, Student-5

**Activity Detail** – A maternal health camp was organized which was attended by pregnant and lactating women, including adolescents and children. A medical team consisting of a doctor, pharmacist, nurse, counsellor, field supervisor and students conducted the camp. The camp provided a comprehensive range of services, such as general examination, and primary investigation, including Blood Pressure, sugar, and haemoglobin. During this camp, counselling of both groups and individuals was also done on nutrition, family planning, self-care during pregnancy, institutional delivery, breastfeeding, hygiene, post-delivery care, etc.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haramia an Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

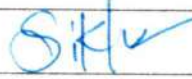

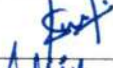




## Maternal and Child Health Program

**Date-** 21/12/2024

**Program** – Comprehensive Community Health Program

**Location** –Hazaragrانت, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301124	Sikha Rawat	
2.	DD22113301125	Simran	
3.	DD22113301126	Simran Saxena	
4.	DD22113301127	Smriti Dhyani	
5.	DD22113301128	Sneha Rawat	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hazardan Income Hospital Trust  
Swami Ram Nagar, P.O. Dharwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 21/12/2024

**Time:** 9:00am-1:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

**Beneficiaries** – 90

**Supporting Agency** – SRHU

**University Role** – Staff-4 (Dr. Vivek Singh, Mrs. Leela Uniyal, Dr. Joy, Dr. Shivam Rawat)

**Student** - 5

**Activity Detail**— A TB Elimination camp was organized in SPS hospital Rishikesh by a team from AAS Sansthan, the program implementation team of RDI, and the medical team from SRHU. The camp provided several services, including general health check-ups, counselling on personal and environmental hygiene, growth monitoring, and assistance with filling out the Google questionnaire, and the distribution of protein-rich nutrition kits to TB patients.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)






Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

**Date-** 21/12/2024

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – SPS Rishikesh

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301011	Aman	
2.	DD231103301013	Aman Kumar	
3.	DD231103301014	Anamika	
4.	DD231103301015	Anisha Krishali	
5.	DD231103301016	Anisha Nakoti	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





## HIMALAYAN INSTITUTE OF MEDICAL SCIENCES SWAMI RAMA HIMALAYAN UNIVERSITY



### School Health Camp Report

**Date:** 21.12.2024

**Time:** 9.30am – 3.30pm

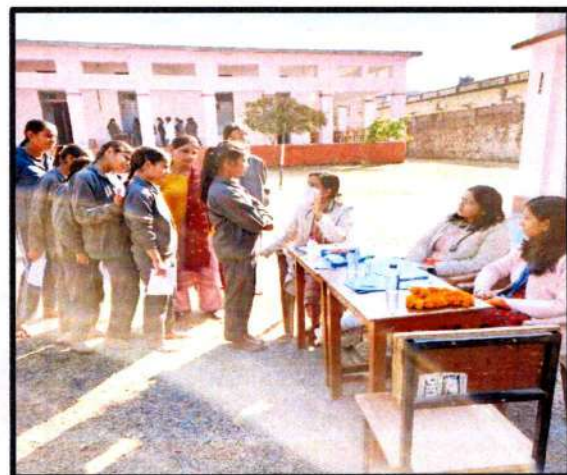
**Venue:** Kanya Gurukul Vidyalaya, Rajpur Road, Dehradun

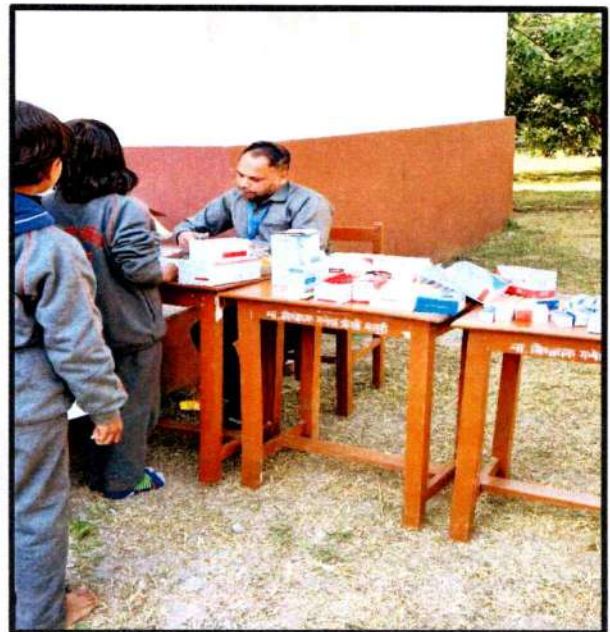
**Total no. of beneficiaries:** 76

**Number of Students Participated:** 5

**Activity details:** Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU) organized a Health Camp at Kanya Gurukul Vidyalaya, Rajpur Road, Dehradun on 21<sup>st</sup> December, 2024. The camp focused on providing health check-ups, along with preventive care and health education to the girl students and the school staff. Special focus was given on promotion of awareness about general health and menstrual hygiene followed by an Interactive Q&A Session where Students were encouraged to ask questions in an open and supportive environment. Common myths and taboos were addressed, and misconceptions were clarified.

### **Glimpse of the Camp**







Attendance:

21-12-2024		S.No.	Name of Students	Signature
		1	Rashi Sharma	Rashi
		2	Md. Sameer	Sameer
		3	Sakshi Bhagat	Sakshi
		4	Riya Uniyal	Riya
		5	Dr Avani Gupta	Avani

*H. K. Srivastava*  
Dr A K Srivastava  
(Prof. & Head)

Department of Community Medicine,  
Himalayan Institute of Medical Sciences  
Swami Rama Himalayan University,  
Swami Ram Nagar, Jolly Grant  
Dehradun-248016, Uttarakhand, India





## स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

### FREE EYE CAMP

**Date:** 22 December 2024

**Time:** 9.30am - 1.30pm

**Program:** Free Eye Camps

**Location:** MSB Inter College, Jaitra, Dhampur, Distt Bijnor

**No. of Beneficiaries:** 64

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 22/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353001	PRIYANKA	Priyanka
2.	DD2114353004	Shivani	Shivani
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UKMC-2761



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date:** 22 December 2024

**Time:** 9.30am - 1.30pm

**Program:** Free Eye Camps

**Location:** Inter College, Bhokarhedi, Distt Muzaffar Nagar

**No. of Beneficiaries:** 87

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 03

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology



Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences  
Activity: Free Eye Camp  
List of students participated in the activity

Dated: 22/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD291353002	Simran	Shree
2.	DD22214304001	Amisha	Amisha
3.	DD2114353001	Shree	Shree
4.			
5.			

Dr. Coordinator  
Reg. No. DRMC-2



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** – 26 December 2024

**Time:** 9:00am-4:00pm

**Program** – Comprehensive Community Health Program

**Location** – Arya Inter College Bongla, Bahadrabad Block, Haridwar

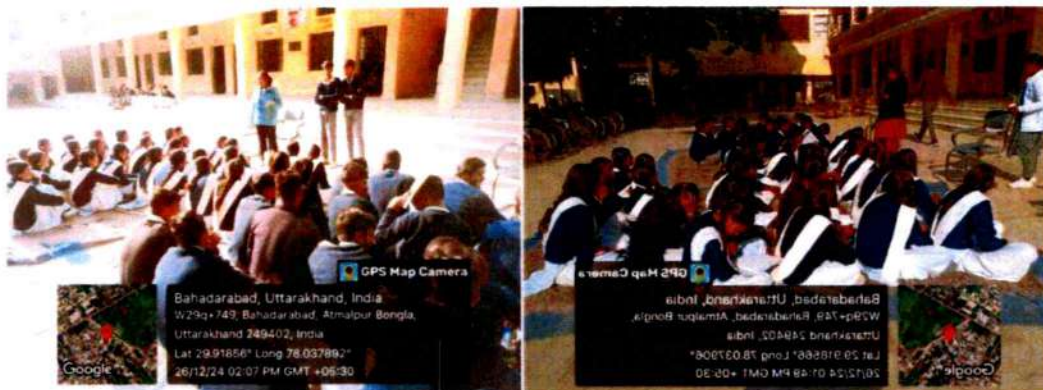
**Beneficiaries** – 40

**Supporting Agency** – WIPRO Care

**University Role** – Staff- 3 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur, and Ms. Sheetal)

**Students** - 5

**Activity Detail** – A two-day training session was conducted for the selected School Health & Hygiene Club members which was delivered on the three components of RKSK through a combination of lectures, case studies, and role-playing exercises. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). The training session included filling up of Pre-questionnaire before initiation of training, growth monitoring, and testing of Hemoglobin levels among School Health and Hygiene Club members.



  
Dr. Rajeev Bhatnagar  
(Dy. Director-Health)


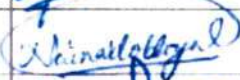
Rural Development Institute  
Himalayan In-Care Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

### Adolescent Health Program

**Date** 26 December 2024

**Program** – Comprehensive Community Health Program

**Location** – Arya Inter College Bongla, Bahadrabad Block, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301074	Muskan	
2.	DD22113301075	Naina Dobliyal	
3.	DD22113301076	Naved Ansari	
4.	DD22113301077	Nikhil Dhoundiyal	
5.	DD22113301078	Nikita	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hruday an In Home Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date:** 26 December 2024

**Time:** 9am - 3pm

**Program:** Free Eye Camps

**Location:** Panchayat Ghar, Bhutpuri, Distt Bijnor

**No. of Beneficiaries:** 85

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

**Swami Rama Himalayan University**  
**Himalayan Institute of Medical Sciences**  
**Activity: Free Eye Camp**  
**List of students participated in the activity**

Dated: 26/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353001	PRIYANKA	Priyanka
2.	DD2114353003	Shubham	Shubham
3.			
4.			
5.			

Coordinator

Dr. Nisha Patel  
Reg. No. 1234567



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** – 27 December 2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Arya Inter College Bongla, Bahadrabad Block, Haridwar

**Beneficiaries** – 40

**Supporting Agency** – WIPRO Care

**University Role** – Staff- 3 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur, and Ms. Sheetal)

**Students** - 6

**Activity Detail** – A two-day training session was conducted for the selected School Health & Hygiene Club members which was delivered on all components of RKSK through a combination of lectures, case studies, role-playing exercises, and growth monitoring including fill-up of the post-training questionnaire. Lectures and discussion on Nutrition, Substance Abuse, Mental Health, and Gender Based Violence including Good Touch and Bad touch.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand



**Adolescent Health Program**

**Date** – 27 December 2024

**Program** – Comprehensive Community Health Program

**Location** – Arya Inter College Bongla, Bahadrabad Block, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301079	Nikita	Nikita
2.	DD22113301080	Nikita Panwar	Nikita Panwar
3.	DD22113301081	Om Joshi	Om Joshi
4.	DD22113301082	Parul Pal	Parul Pal
5.	DD22113301083	Pavani Negi	Pavani Negi
6.	DD22113301084	Payal	Payal

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## TB Elimination Program

**Date-** 28/12/2024

**Time:** 9:00am-1:00pm

**Program** –Ni-Kshay Mitra Program (TB Elimination)

**Location** – CHC Bahadrabad

**Beneficiaries** – 85

**Supporting Agency** – SRHU

**University Role** – Staff-3 (Dr. Amandeep Kaur, Dr. Ravindra Singh, Mrs. Pawandeep Kaur

**Students** - 5

**Activity Detail** – A Ni-Kshay Mitra Program was organized in the Community Health Center, Bhadrabad for tuberculosis patients. The Ni-Kshay Mitra program offered a comprehensive range of services, including general examinations, growth monitoring, and Protein Rich Food kit (nutrition kit) distribution to TB patients for their better nutritional status. Secretary and volunteers of AAS Sansthan also collaborate with SRHU for their volunteer work. Information from the TB patients was taken through the Google Questionnaire.



  
Dr. Rajeev Brijalwan  
(Dy. Director-Health)



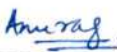


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Haraman an In Home Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand

## TB Elimination Program

Date- 28/12/2024

Program –Ni-Kshay Mitra Program (TB Elimination)

Location – CHC Bahadrabad

S. No.	Registration No.	Name of Student	Signature
1.	DD231103301017	Anshika Chauhan	
2.	DD231103301018	Anshika Negi	
3.	DD231103301019	Anurag Dilwal	
4.	DD231103301020	Anushka Hatwal	
5.	DD231103301021	Anushka Raj	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand





# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## FREE EYE CAMP

**Date:** 29 December 2024

**Time:** 9am - 1pm

**Program:** Free Eye Camps

**Location:** Awami Imdadi Muslim Fund Office, Kiratpur, Distt Bijnor

**No. of Beneficiaries:** 65

**Supporting Agency:** National Programme for Control of Blindness and Visual Impairment

**University Role:** Faculty & Staff – 04

**Students:** 02

**Activity Details:** Free Comprehensive Eye Camp was conducted for the needy people in rural area to treat curable blindness. The eye camp was conducted by the team of doctors & staff from department of Ophthalmology. All patients required Cataract Surgery are brought to base hospital and drop them back after surgical intervention.



Dr. Renu Dhasmana  
Professor & Head  
Department of Ophthalmology

Swami Rama Himalayan University  
Himalayan Institute of Medical Sciences

Activity: Free Eye Camp

List of students participated in the activity

Dated: 29/12/24

S. No.	Registration No.	Student's Name	Signature of Student
1.	DD2114353002	Shubham	Shubham
2.	DD2114353002	Shruti	Shruti
3.			
4.			
5.			

  
Coordinator  
Dr. Harsh Bahadur  
Regn. No. UHMS-2364



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** – 30 December 2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Rashtriya Inter College Aurangabad, Bahadrabad Block, Dehradun

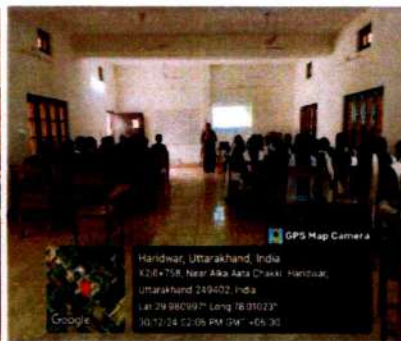
**Beneficiaries** – 40

**Supporting Agency** – WIPRO Care

**University Role** – Staff- 2 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur)

**Students** - 5

**Activity Detail** – A training session was conducted for the selected School Health & Hygiene Club members on the components of RKSK. The training was scheduled based on various activities like lectures, providing the actual conditions faced by the adolescents in society, and role-playing exercises. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). The training session also included filling up of Pre-questionnaire before initiation of training, growth monitoring, and testing of Hemoglobin levels among School Health and Hygiene Club members.





Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Himachal Pradesh Institute Hospital Trust  
Swami Ram Nagar, P.O. Doiwala  
Dehradun-248140, Uttarakhand


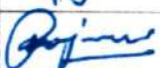
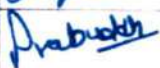

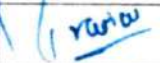


**Adolescent Health Program**

**Date** – 30 December 2024

**Program** – Comprehensive Community Health Program

**Location** – Rashtriya Inter College Aurangabad, Bahadrabad Block, Dehradun

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301085	Payal	
2.	DD22113301086	Pooja Rana	
3.	DD22113301087	Prabuddh Dhyani	
4.	DD22113301088	Prachi Singh	
5.	DD22113301089	Pratiksha Pant	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Haraman Lal Hospital Trust  
Swami Ram Nagar, P.O. Dharwala  
Dehradun-248140, Uttarakhand



# स्वामी राम हिमालयन विश्वविद्यालय Swami Rama Himalayan University

## Adolescent Health Program

**Date** – 31 December 2024

**Time:** 9:00am-1:00pm

**Program** – Comprehensive Community Health Program

**Location** – Rashtriya Inter College Aurangabad, Bahadrabad Block, Haridwar

**Beneficiaries** – 40

**Supporting Agency** – WIPRO Care

**University Role** – Staff- 3 (Dr. Amandeep Kaur, Mrs. Pawandeep Kaur, and Ms. Neelam Kukshal)

**Students** - 5

**Activity Detail** – Rastriya Kishore Swasthya Karyakaram offered the various components. A two-day training session was conducted for the selected School Health & Hygiene Club members. The lectures and two-way communication as well as discussion on the components of RKSK. The program has six components which are Nutrition, Sexual and Reproductive Health (SRH), Non-Communicable Diseases (NCDs), Substance Misuse, Mental Health, and Injuries and Violence, including Gender-Based Violence (GBV). The training session included filling up of post-questionnaire after completion of the training, and information of the SHHC members taken through the Google questionnaire.



  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)


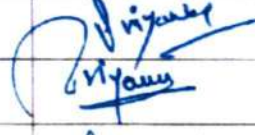
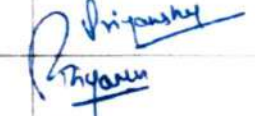

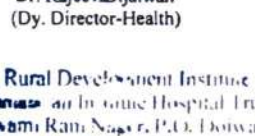
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Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Deowala  
Dehradun-248140, Uttarakhand

### Adolescent Health Program

**Date** – 31 December 2024

**Program** Comprehensive Community Health Program

**Location** – Rashtriya Inter College Aurangabad, Bahadrabad Block, Haridwar

S. No.	Registration No.	Name of Student	Signature
1.	DD22113301090	Priyanka	
2.	DD22113301091	Priyanka Binjola	
3.	DD22113301092	Priyanka Negi	
4.	DD22113301093	Priyanshu Negi	
5.	DD22113301094	Priyanshu Singh	

  
Dr. Rajeev Bijalwan  
(Dy. Director-Health)

Rural Development Institute  
Hansa an In-Gate Hospital Trust  
Swami Ram Nagar, P.O. Dohwala  
Dehradun-248140, Uttarakhand