



HIMALAYAN SCHOOL OF YOGA SCIENCE (HSYS)

At HSYS, we enable you in advanced areas of yoga science intersecting with other allied sciences.

MA/M.Sc.
Yoga Sciences



www.srhu.edu.in



Teaching and Training



- Inter-disciplinary programs & Projects, Guest key note Speakers, Lectures Group Activities, and one-on-one discussion, along with use of Multimedia
- Conferences, seminars, special yoga workshops and camps, research/evidence based projects & practical work including therapeutic yoga training in SRHU Medical setup with the core team of senior medical faculties

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FACULTY



The faculty, a blend of research and academia, provides experiential learning and insights to holistic health.

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PLACEMENTS



Excellent links with hospitality industry and leading institutions. Dedicated Placement Cell that provides 'Summer Internship' and 100% placement support.

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HIGHLIGHTS

1

Well equipped Yoga Practical Lab

2

Research and Academic Interface

3

Interactive and Integrative Learning

4

Summer Training Assignments

5

Program Assignments for Public Welfare

6

Higher Training for Yoga Therapy



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M.Sc. in Yoga Science and Holistic Health

With this M.Sc. program, you will be able to:

1. Cultivate philosophical and therapeutic knowledge of yoga
2. Learn yogic techniques for the prevention and treatment of somatic, psychosomatic and psychological illness.
3. Pursue research to understand and promote integration of ancient sciences of healing with modern medicine
4. Teach yoga to the students in schools and colleges and to the interested public of all age groups.
5. Provide students with the knowledge and skill base that would enable them to undertake further studies in Yoga and related areas or in multidisciplinary areas that involve Yoga
6. Help develop a range of generic skills that are relevant to wage employment, self-employment and entrepreneurship
7. Develop the ability to work as Health care professional and paramedical person with holistic vision
8. Commit to professional & social ethics, responsibilities and norms of yoga practice in the society

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EMPLOYMENT OPPORTUNITIES



Opportunities are available in Educational Institutes resorts, hospitals, spa centers, yoga centers, sports centers, community health clubs etc.

Job Roles

Yoga Instructor / Therapist in health centers, hospitals, medical sector, AYUSH sector etc.

Yoga Teacher in the villages, schools, colleges

Visiting yoga guide / instructor to spiritual organizations

Open their own Yoga Centers / Yoga Studio



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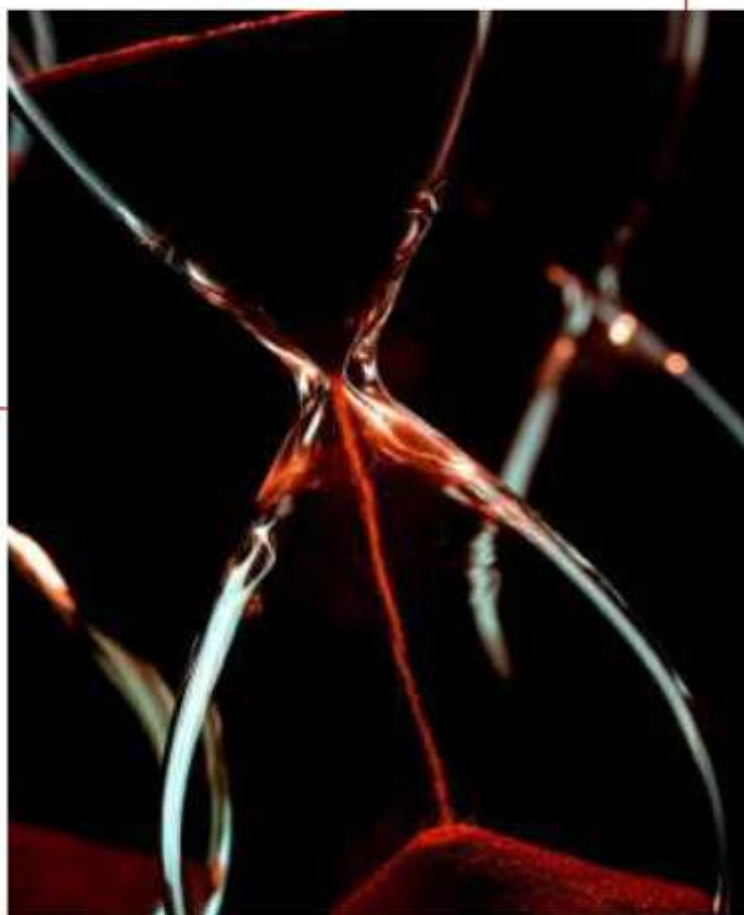
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ELIGIBILITY & DURATION



Graduation from any stream with minimum 50% marks in aggregate. The selected candidates must be in good physical and mental health and fit to practice yoga as certified by a physician.

2 years (4 semesters)
and six months of fulltime
in-house internship



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PROCESSES



POSTGRADUATE DEGREE

M.Sc. in Yoga Science and Holistic Health

Candidates are shortlisted on the basis of merit and first come first serve basis.

Merit list is displayed and shortlisted candidates are required to attend personal counseling session.

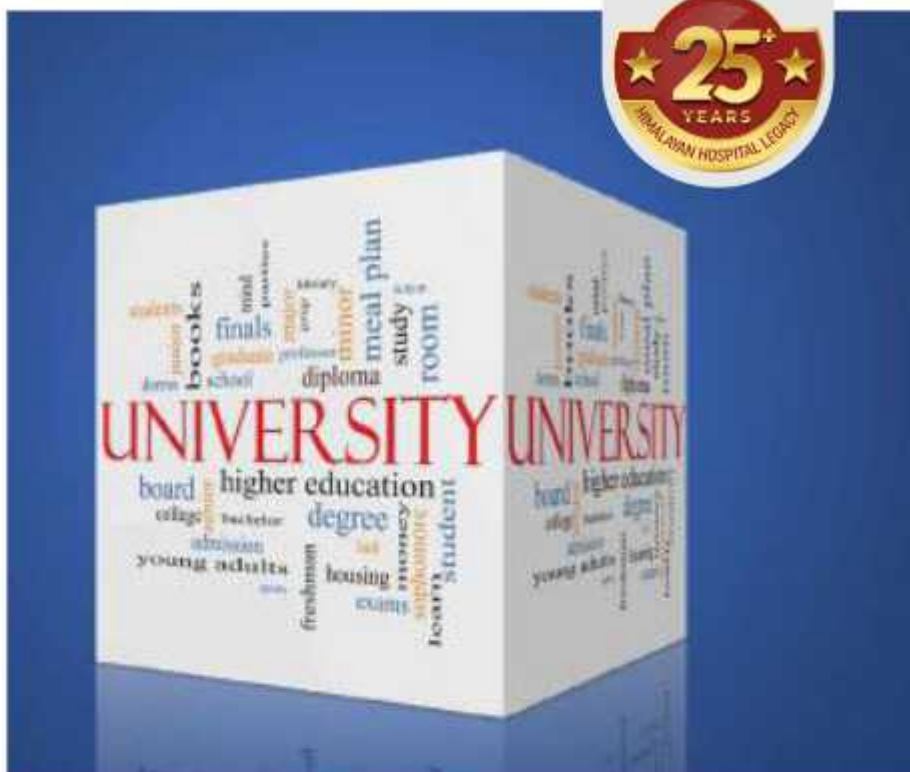
Thereafter, students are selected on the basis of qualifying testimonials, credentials and medical examination.

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FREE STRUCTURE



M.Sc. Yoga Science and Holistic Health

Fee Category	Program	Fee*(₹)
Tuition Fee (Per Semester)	Regular-AIC	15,000
	Regular-PRU	11,100
Admission fee	One Time, at the beginning	10,000
Enrollment Fee		1,000
Refundable Security		10,000
Examination fee (Per University Exam)*	Regular	5,000
Supplementary Exam fee (Per Course)*		2,500
Convocation Fee	One Time, Pre Final Semester	2,000

AIC - All India Category | PRU - Permanent Resident of Uttarakhand

* Fee is subject to revision

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SCHOLARSHIPS



- 1 Merit Scholarship**
Upto 100% of Tuition fee
- 2 Merit cum Means Scholarship**
Upto 50% of Tuition fee
- 3 Special Scholarship**
Upto 100% of Tuition fee for
 - Ward of Armed Forces/Para Military Forces/Police Force Personnel (Serving and Retired; Non-commissioned Officers)
 - Transgender Candidate
 - Differently abled Candidate
- 4 Free-ship Scholarship**
Completely free education for One Candidate in each academic program of the University who is an orphan / has no earning member in the family.
- 5 Alumni concession**
Upto 25% of Tuition fee
- 6** 26% fee relaxation for students from Uttarakhand (Permanent resident)
- 7** Interest free Education Loan facility.

*Terms & Conditions Apply

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DEPARTMENT CONTACT



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Uttarakhand No. 12 of 2013.

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