

SWAMI RAMA HIMALAYAN UNIVERSITY

SWAMI RAM NAGAR, JOLLY GRANT, DEHRADUN, 248016

OFFICE OF THE CONTROLLER OF EXAMINATIONS

Ref No.: SRHU/COE/Int./2022- 459

Date: 01 December, 2022

NOTIFICATION

It is hereby notified that the schedule of University Examinations (Jan/Feb.-2022) for B.A./B.Sc. (Yoga Science & Holistic Health) & M.A./M.Sc. (Yoga Sciences) Odd Semesters shall be as under:

B.A./B.Sc. (Yoga Science & Holistic Health) Semester - I				
Theory Examination (Timings : 10:00 am to 01:00 pm)				Venue : HLT-2
S. No.	Date	Day	Subject Code	Subject
1	16 January 2023	Monday	BYS101	Foundations of Yoga - I
2	19 January 2023	Thursday	BYS102	Principles of Hatha Yoga - I
3	23 January 2023	Monday	BYS103	Human Anatomy & Physiology - I
4	27 January 2023	Friday	BYS104	Basics of Sanskrit
Practical Examination (Timings : 09:00 am onwards)				Venue : Yoga Department
S. No.	Date	Day	Subject Code	Subject
1	03 February 2023	Friday	BYS105	Yoga Practical - I
			BYS106	Yoga Practical - II
2	04 February 2023	Saturday	BYS107	Human Anatomy & Physiology Practical-I

B.Sc. (Yoga Science & Holistic Health) Semester - III				
Theory Examination (Timings : 10:00 am to 01:00 pm)				Venue : HLT-2
S. No.	Date	Day	Subject Code	Subject
1	17 January 2023	Tuesday	BYS301	Patanjal Yoga Darshan-I
2	20 January 2023	Friday	BYS302	Yoga Education & Teaching Methodology
3	24 January 2023	Tuesday	BYS303	Holistic Health/ General Psychology
4	28 January 2023	Saturday	BYS304	Functional English
Practical Examination (Timings : 09:00 am onwards)				Venue : Yoga Department
S. No.	Date	Day	Subject Code	Subject
1	02 February 2023	Thursday	BYS305	Yoga Practical - I
			BYS306	Yoga Practical - II
2	03 February 2023	Friday	BYS307	Holistic Health Practical/ General Psychological Practical



Alrakant
01.12.2022

B.Sc. (Yoga Science & Holistic Health) Semester – V**Theory Examination (Timings : 10:00 am to 01:00 pm)****Venue : HLT-2**

S. No.	Date	Day	Subject Code	Subject
1	18 January 2023	Wednesday	BYS501	Bhagwad Gita
2	21 January 2023	Saturday	BYS502	Yogic Principles & Practices of Healthy Living
3	25 January 2023	Wednesday	BYS503	Fundamentals of Ayurveda & Naturopathy/ Fundamentals of Biochemistry
4	30 January 2023	Monday	BYS504	Computer Application/ Applied Alternative Therapies

Practical Examination (Timings : 09:00 am onwards)**Venue : Yoga Department**

S. No.	Date	Day	Subject Code	Subject
1	01 February 2023	Wednesday	BYS505	Yoga Practical - IX
2	02 February 2023	Thursday	BYS506	Fundamentals of Ayurveda & Naturopathy Practical/ Practical of Biochemistry
3	03 February 2023	Friday	BYS507	Computer Practical/ Applied Alternative Therapy Practical

M.A./M.Sc. (Yoga Sciences) Semester - I**Theory Examination (Timings : 10:00 am to 01:00 pm)****Venue : HLT-2**

S. No.	Date	Day	Subject Code	Subject
1	18 January 2023	Wednesday	MYS101	Foundations of Yoga
2	21 January 2023	Saturday	MYS102	Human Consciousness
3	25 January 2023	Wednesday	MYS103	Human Anatomy & Physiology
4	30 January 2023	Monday	MYS104	Principles of Hatha Yoga

Practical Examination (Timings : 09:00 am onwards)**Venue : Yoga Department**

S. No.	Date	Day	Subject Code	Subject
1	01 February 2023	Wednesday	MYS105	Yoga Practical - I
			MYS1-06	Yoga Practical - II

This bears approval of the competent authority.

Abhakar
01.12.2022
(Controller of Examinations)

Copy to : Hon'ble Vice Chancellor

: Pro-Vice Chancellor

: Registrar

: Principal, Himalayan School of Yoga Sciences

: Webmaster – to upload on the University website

: Notice Boards

for kind information please

For further necessary action i.e. to inform all concerned/
provide invigilation duties chart/ seating arrangements etc.

Abhakar
01.12.2022
(Controller of Examinations)

