



स्वामी राम हिमालयन विश्वविद्यालय
Swami Rama Himalayan University

**GUIDELINES ON CAPABILITY ENHANCEMENT
AND LIFE SKILLS DEVELOPMENT**

Approved by the Board of Management in its 33rd Meeting held on
11th December, 2021

Swami Rama Himalayan University

Swami Ram Nagar, Jolly Grant- 248 016, Dehradun, Uttarakhand

SWAMI RAMA HIMALAYAN UNIVERSITY

Guidelines on Capability Enhancement & Life Skills Development

1. **Title:** These Guidelines shall be known as ‘Guidelines on Capability Enhancement & Life Skills Development’.
2. These Guidelines shall come into force from the date of approval of the Board of Management.
3. **Applicability:** These Guidelines shall be applicable across all the programmes conducted by the University.
4. **Aims & Objectives:** Teaching and training should aim at making students ready for career and life. Therefore, in addition to the core field of any programme of study, the learning outcomes should focus on skills including problem solving, critical thinking, creativity, people management, emotional intelligence and cognitive flexibility.
5. Based on the requirement of the programme, each academic unit of the University shall devise Capability Enhancement & Life Skills Development schemes for their students.
6. The Capability Enhancement & Life Skills Development schemes shall broadly cover the following areas:
 - 6.1 Skills development:
 - 6.1.1 Stressing more on practical hands-on skills, enabling the students to possess expertise in the core area.
 - 6.1.2 Introduction of short duration courses, focussing more on emerging areas.
 - 6.1.3 Modules focusing on inculcating soft skills, language & communication skills, art of presentation and professionalism.
 - 6.2 Yoga, wellness & human values development.
 - 6.3 Extended learning shall include:
 - 6.3.1 Preparing students for higher professional studies and employment.
 - 6.3.2 Personal & career counselling.
 - 6.3.3 Bridge courses and foundation courses.


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- 6.4 Any other scheme not included herein above, as deemed fit, by the Head of the constituent academic unit.
 - 6.5 The Head of constituent academic units may organize workshops, guest lectures, labs, field visits or any other activity needed for fulfilment of the schemes outlined herein above.
 - 6.6 Each Head of the constituent academic unit shall maintain complete record of all the activities under these guidelines. The record shall also be maintained of the participating students.
7. The University reserves the right to interpret, alter, amend, modify, cancel or withdraw any or all provisions, mentioned herein above, in these guidelines without any notice.
 8. In case of any dispute, decision of the Vice Chancellor of the University shall be final and binding.


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