

SWAMI RAMA HIMALAYAN UNIVERSITY

SWAMI RAM NAGAR, JOLLY GRANT, DEHRADUN, 248016

OFFICE OF THE CONTROLLER OF EXAMINATIONS

Ref No.: SRHU/COE/Int./2024-144

Date: 30 April 30, 2024

NOTIFICATION

It is hereby notified that the schedule of University Examinations (June 2024) for B.Sc. (Yoga Science & Holistic Health) & M.Sc. (Yoga Sciences) Even Semesters shall be as under:

Theory Examination (Timings: 10:00 am to 01:00 pm)
Practical Examination (Timings: 09:00 am onwards)

Venue : Yoga Hall

B. Sc. (Yoga Science & Holistic Health) Semester II (Theory)

S.No	Date	Day	Course Code	Course Title
1.	03/06/2024	Monday	BYS201	Foundations of Yoga-II
2.	06/06/2024	Thursday	BYS202	Principles of Hatha Yoga-II
3.	10/06/2024	Monday	BYS203	Human Anatomy and Physiology-II
4.	13/06/2024	Thursday	BYS204	Human System According to Yoga

B. Sc. (Yoga Science & Holistic Health) Semester II (Practical)

S.No	Date	Day	Course Code	Course Title
1.	18/06/2024	Tuesday	BYS205	Yoga Practical-III
2.	19/06/2024	Wednesday	BYS206	Yoga Practical-IV
3.	20/06/2024	Thursday	BYS207	Human Anatomy and Physiology Practical-II

B.Sc. (Yoga Science & Holistic Health) Semester IV (Theory)

S.No	Date	Day	Course Code	Course Title
1.	04/06/2024	Tuesday	BYS401	Patanjal Yoga Darshana-II
2.	07/06/2024	Friday	BYS402	Yoga Psychology
3.	11/06/2024	Tuesday	BYS403	Yoga Diet & Nutrition
4.	14/06/2024	Friday	BYS404	Fundamentals of Ayurveda

B. Sc. (Yoga Science & Holistic Health) Semester IV (Practical)

S.No	Date	Day	Course Code	Course Title
1.	21/06/2024	Friday	BYS405	Yoga Practical-VII
2.	22/06/2024	Saturday	BYS406	Yoga Practical-VIII
3.	19/06/2024	Wednesday	BYS407	Ayurveda Practical


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B. Sc. (Yoga Science & Holistic Health) Semester VI (Theory)

S.No	Date	Day	Course Code	Course Title
1.	05/06/2024	Wednesday	BYS601	Human Values, according to different philosophical System
2.	08/06/2024	Saturday	BYS602	Yogic Therapeutic Management of Lifestyle related disorders
3.	12/06/2024	Wednesday	BYS603	Fundamentals of Environmental Science
4.	15/06/2024	Saturday	BYS604-A (Old Subject) BYS604-B (New Subject)	Elective-I, Principles of Yoga in Different Upanishads (Old Subject) Elective-II, Various Yoga Parampara's

B. Sc. (Yoga Science & Holistic Health) Semester VI (Practical)

S.No	Date	Day	Course Code	Course Title
1.	18/06/2024	Tuesday	BYS605	Yoga Practical-X
2.	19/06/2024	Wednesday	BYS606	Yoga Research Project
3.	20/06/2024	Thursday	BYS607	Yoga Field Work

M. Sc. (Yoga Science) Semester II (Theory)

S.No	Date	Day	Course Code	Course Title
1.	06/06/2024	Thursday	MYS201	Patanjal Yoga Darshana
2.	10/06/2024	Monday	MYS202	Fundamentals of Ayurveda and Naturopathy
3.	13/06/2024	Thursday	MYS203	Human Anatomy and Physiology-II
4.	17/06/2024	Monday	MYS204	Essence of Upanishad

M. Sc. (Yoga Science) Semester II (Practical)

S.No	Date	Day	Course Code	Course Title
1.	18/06/2024	Tuesday	MYS205	Yoga Practical - III
2.	19/06/2024	Wednesday	MYS206	Yoga Practical - IV



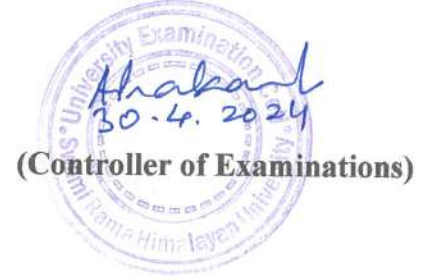
M. Sc. (Yoga Science) Semester IV (Theory)

S.No	Date	Day	Course Code	Course Title
1.	06/06/2024	Thursday	MYS401	Research Methodology & Statistics
2.	10/06/2024	Monday	MYS402	Yogic Management of Diseases
3.	13/06/2024	Thursday	MYS403	Elective-I Holistic Health

M. Sc. (Yoga Science) Semester IV (Practical)

S.No	Date	Day	Course Code	Course Title
1.	20/06/2024	Thursday	MYS405	Case Study
2.	21/06/2024	Friday	MYS406	Dissertation

This bears approval of the competent authority.

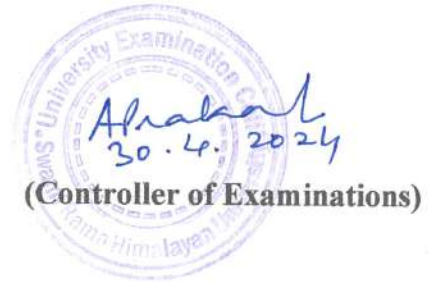

(Controller of Examinations)

Copy to : Hon'ble Vice Chancellor
: Registrar } for kind information please

: Principal, Himalayan School of Yoga Sciences]- For further necessary action i.e. to inform all concerned/ To provide invigilation duties chart/ seating arrangements etc.

: Webmaster – to upload on the University website

: Notice Boards


(Controller of Examinations)