



# Health Awareness Program

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*Driven by the vision of becoming a premier institution recognized for excellence in education and healthcare, the university, along with its constituent Schools and the Himalayan Hospital, is dedicated to delivering high-quality services in both health care, education and health care research. Aligned with this vision, the University actively pursues the objectives of Sustainable Development Goal 3 (SDG 3) to ensure healthy lives and promote well-being for all at all ages. The University is engaged in imparting quality education in the areas of Medicine, Nursing, Paramedical, Biosciences, Engineering, Management, Yoga Sciences, Clinical Research, Epidemiology, and Hospital Administration.*

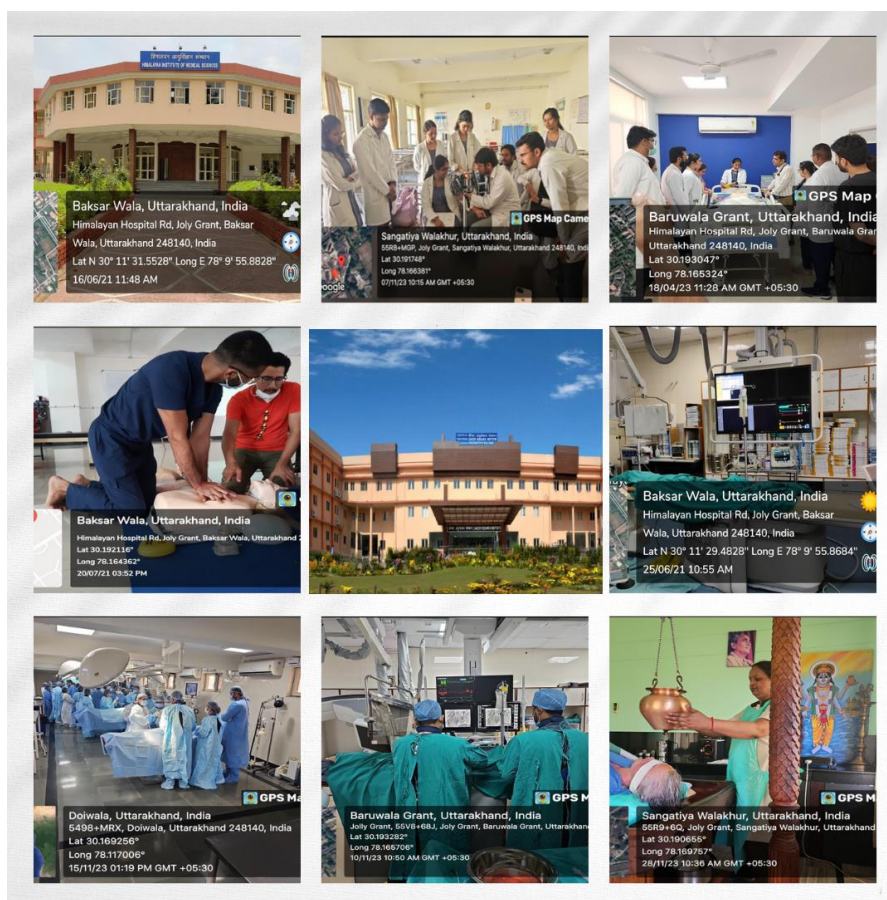
*Achieving SDG 3 requires coordinated efforts from governments, non-governmental organizations, healthcare institutions, and communities. The University offers a basket of core courses, electives, skill/capability enhancement courses, value addition courses, and interdisciplinary courses in keeping with the recent advances in respective disciplines, as relevant to the programs. The curricula take into consideration the needs of environmental sustainability, community health programs, global healthcare issues, diseases of epidemic & pandemic potential, international health regulations, impact of climate change, mental health issues, Covid-19, occupational diseases, along with national issues like poverty, safe water, rising burden of NCDs, population explosion, gender empowerment, inadequate health infrastructure, malnutrition, tuberculosis elimination, etc, as also highlighted in the UN's 'Sustainable Development Goals'.*

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## Healthcare Infrastructure and Services

The University is home to a super-specialty teaching hospital accredited by the National Accreditation Board for Hospitals (NABH), offering 1200 beds, including 960 teaching beds. It features AYUSH therapy centers and cutting-edge central diagnostic laboratories accredited by the National Accreditation Board for Testing and Calibration Laboratories (NABL). These laboratories are equipped with modern, automated, high-end diagnostic equipment and a pneumatic shoot system, delivering advanced diagnostic services, as well as training and research opportunities. The hospital's diagnostic capabilities include a 1.5 Tesla MRI, 128-slice Spiral CT scan, PET scan, Gamma camera, hi-tech ultrasounds, mammography, echocardiography, cardiac catheterization labs, neurology labs, sleep labs, and endoscopic labs. These facilities provide hands-on training for medical and paramedical students.

The dedicated Cancer Centre offers comprehensive cancer care, including state-of-the-art facilities for radiotherapy and bone marrow transplants. Additionally, the institution houses a modern dialysis center and provides facilities for renal transplants, further enhancing its capabilities in delivering specialized medical care and supporting advanced research and training.



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## *Skill and Simulation Centre*

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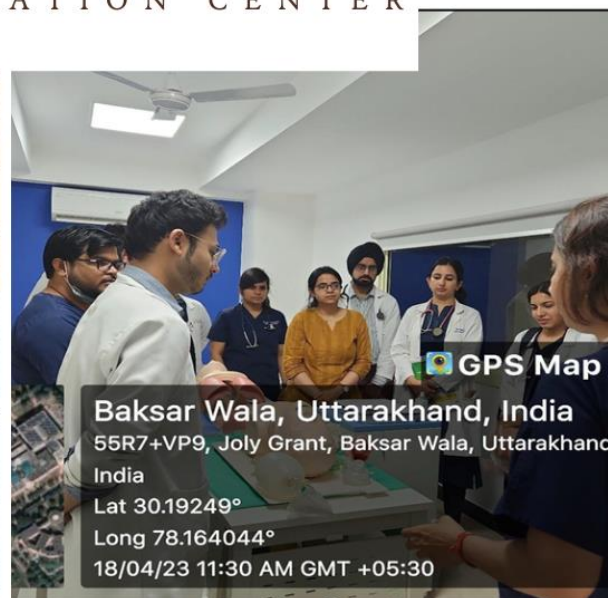
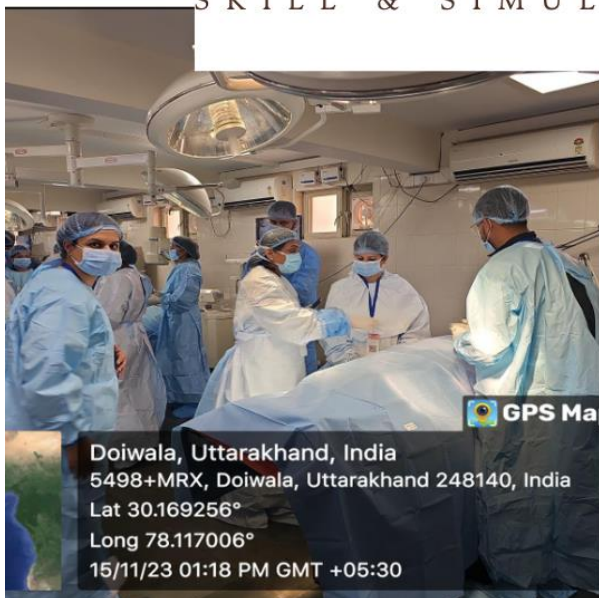
A comprehensive medical and surgical 'Skill and Simulation Centre of Excellence (SSCE)', established by the University, is the first and only Skills & Simulation Lab in Uttarakhand, to provide state-of-the-art health care education ([srhu.edu.in/mediaevents/cm-inaugurates-centre-of-excellence-in-skills-simulation-at-srhu/](http://srhu.edu.in/mediaevents/cm-inaugurates-centre-of-excellence-in-skills-simulation-at-srhu/)). SSCE has a broad range of diverse products like high-fidelity manikins, task trainers, learning models, computer-based simulators, and standardized patients. SSCE conducts regular training programs like Basic Life Support, Advanced Cardiovascular Life Support, Pediatric Advanced Cardiovascular Life Support, Neonatal Advanced Life Support, First Aid & CPR, Intensive Care Unit Procedures, Airway Management, Intravenous Access, Surgical Suturing, Trauma Management, Gynecological & Obstetrics Procedures, Abdominal Assessment, Rectal Examination, Paracentesis, Spinal Procedures, Sonography Modules, and Basic Patient Care Procedures etc. The Skill and Simulation Center is committed to supporting and participating in offering high quality education to individuals and assisting in their preparation to be effective and compassionate health care providers in accordance with standards established nationally.







SKILL & SIMULATION CENTER



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*Clinical, Equipment and Laboratory Learning Resources-*  
*Himalayan Hospital*

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As the cornerstone of its teaching and learning methods, the university is committed to providing students with a top-notch education with a strong emphasis on practical learning. With 1200 beds and 960 teaching beds, it is a state-of-the-art tertiary-care multispecialty teaching hospital that has been properly accredited by the National Accreditation Board for Hospitals (NABH) to give students clinical experience. Furthermore, its all-inclusive cancer treatment clinic is unparalleled in service and capacity, furnished with state-of-the-art nuclear medicine, chemotherapy, radiotherapy, and surgical facilities.

The hospital has enough staff and state-of-the-art facilities to run all clinical departments around-the-clock. The hospital offers all related services as part of regulatory measures, including a Central Clinical Laboratory that has been properly accredited by the National Accreditation Board for Testing and Calibration Laboratories (NABL), a pharmacy open 24/7, a state-of-the-art blood bank, a Central Sterilisation unit, a Medical Records section, laundry, a canteen, a Central Purchase & Store, and more.

**Innovative Services:** The Himalayan Institute of Medical Sciences' Neonatology department created the Advanced Neonatal Transport Ambulance services to address the health issues of newborns and guarantee appropriate care and treatment while in transit. It is a creative program that can serve as a model for other establishments and help postgraduate students studying paediatrics and neonatology develop their clinical expertise.

The hospital offers a wide range of diagnostic and therapeutic services, including a 1.5 Tesla MRI, a 128-slice CT scan, high-tech ultrasounds, bone densitometry, mammography, NCV Lab, EMG, BERA, Colour Doppler, TMT, Holter, ECHO, endoscopy, bronchoscopy, cardiography, PFT, angiography, cath lab, sleep lab, blood bank, hemo & peritoneal dialysis, bone marrow transplant facilities, radiotherapy, gamma camera, brachytherapy, PET CT scan, and bone & renal scan in the nuclear medicine unit.

Located in a dedicated four-story building, the Central Diagnostic Laboratory houses a number of labs that support investigations in the fields of haematology, clinical biochemistry, serology, virology, mycology, bacteriology, parasitology, immunology, histopathology, cytopathology, and immunohistochemistry, among others. Additionally, patients and students can easily access advanced investigations such as RT-PCR, flow cytometry, high-tech molecular lab testing, and plasma therapy for COVID-19. A special pneumatic-chute system in this structure

allows blood samples from different Himalayan Hospital wards to be transferred instantly. To support student research and education, the university also maintains a central research lab.

The hospital has received several awards and recognitions, including Ayushman Gold Certificate by the National Health Authority & Quality Council of India in appreciation and recognition of the services provided, excellence in continuous adherence with quality standards and compliance with the “Gold Quality Standards” of ABPMJAY.



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### *Promoting Healthy Lifestyles*

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The University's AYUSH Learning and Therapy Centre is a distinctive facility that integrates Naturopathy, Ayurveda, Yoga, and Homeopathy clinics to promote alternative healthcare and holistic healing. These clinics not only provide quality healthcare services to the community but also expose students to diverse approaches to medical treatment, enriching their academic and practical knowledge.

The Learning Disability Clinic (LDC) exemplifies the University's dedication to inclusive education. It collaborates with various clinical departments to offer comprehensive evaluation and support services for children with learning disorders. Through its multidisciplinary approach, the LDC ensures that children receive tailored interventions, enabling them to overcome challenges and thrive academically and socially.

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### *Health Benefit Policy*

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The University has implemented a comprehensive health benefit policy to support the well-being of its staff and students. This policy includes health insurance coverage, regular health check-ups, and access to medical consultations at the University's teaching hospital. Special provisions are made for preventive care, vaccinations, and wellness programs to promote a healthy lifestyle. Emergency medical services are available 24/7, ensuring immediate attention and care. Additionally, mental health support, counseling services, and rehabilitation programs are integrated into the policy to address holistic health needs, emphasizing physical, emotional, and psychological well-being ([View Document](#)).



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*The institution has adequate facilities to support physical and recreational requirements of students and staff*

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University has a 200-acre green campus, emphasizing eco-friendliness and energy efficiency. The University focuses on fostering physical fitness, mental and emotional well-being, and cultural enrichment among its students, faculty members, and staff. In order to ensure that students, faculty members and staff maintain their physical fitness, the University provides Gym facilities with 1 indoor gym with 125 sq. m. covered area and 1 outdoor gym with 235 sq.m. covered area.

### ***Yoga facility***

The Yoga Centre conducts regular sessions & training programs on yogasanas, pranayama, meditation & stress management for students, faculty & staff for maintenance and enhancement of their overall well-being. Workshops like the "Science of Joyful Living" based on the teachings of Swami Rama, aiming to unlock hidden potential and promote joy, creativity, and dynamism are also organized periodically. In accordance with the teachings of Swami Rama and the ancient Indian gurus, the Himalayan School of Yoga Sciences was founded with the goal of providing instruction in cutting-edge fields of yoga science and holistic health as well as strong moral standards. Our yoga school's primary goal is to establish the department as a Centre of Excellence and provide top-notch instruction that satisfies the demands of the modern educational and medical fields. At SRHU, yoga science interacts with various related fields of study.





## Health Care Research

The University is committed to advancing health care through robust research initiatives aimed at addressing contemporary health challenges. It actively fosters interdisciplinary research in fields such as biotechnology, pharmacology, clinical sciences, and public health. Research projects both Intramural research grants and extramural research grants are focused on the development of innovative therapies, drug discovery, disease diagnostics, epidemiological studies, and health intervention strategies. The University collaborates with national and international institutions, industries, and funding agencies to conduct cutting-edge research that translates scientific discoveries into practical healthcare solutions. In accordance to the vision of the university, all Schools are conducting quality research. Out of all Schools, Himalayan Institute of Medical Sciences, Himalayan School of Biosciences and Himalayan School of Yoga Sciences focuses on the health care research.

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### *Collaborations*

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The University actively fosters collaborations with national and international institutions, industries, and research organizations to enhance healthcare research and training. These partnerships facilitate the exchange of knowledge, technology, and best practices, driving advancements in medical research and improving healthcare delivery systems. Collaborative initiatives include joint research projects, student and faculty exchange programs, training workshops, and seminars. Strategic alliances with government agencies and non-governmental organizations further support outreach programs, public health campaigns, and skill development activities. Through these collaborative efforts, the University reinforces its commitment to achieving SDG 3 by leveraging collective expertise and resources to promote health and well-being globally.

Collaborations with local, national or global health institutes = 46

Collaboration with local, national or global hospitals = 02

## ***List of ongoing collaborations with industry, research institutions and Hospitals***

S.No	Name of the Party	Title of Agreements/MoUs/License Deeds	Category	Date of Execution
	DIAGAST, India	To supply, install & maintain In-Vitro diagnostics medical devices at Himalayan Hospital	Agreement	18/05/2022
	Perdana University	To establish, promote and develop on a basis of direct cooperation and collaboration in the field of research, education and training programs of mutual interest.	MOU	11-04-2023
	Nephrocare	Joint Agreement with Nephrocare Dialysis	Agreement	18/09/2023
	MoU with CSIR-CIMAP, Lucknow	To share the facilities and expertise available in each other's Institutes.	MOU	18/08/2023
	Max Hospital for Cadaveric Lab	for imparting training/access to the DNB Trainee Students at Cadaver Lab, SRHU	Agreement	15/08/2023
	ICMR- NCDIR	Hospital Based Cancer Registries in India	MOU	01/08/2023
	IIT, Roorkee	To exchange of research documents as per University norms, visits of faculty, staff and student to each other campus for promoting the excellent research in the field of Biomedical science, engineering and technology.	MOU	21/07/2023
	Saumya Research and Health Services LLP	Clinical Trail Agreement	Agreement	20/07/2023
	GCBCYW	MEMORANDUM OF UNDERSTANDING (MoU) for establishing a Global Consortium for Breast Cancer in Young Women (GCBCYW) between (1) Cancer Research Institute (CRI), Swami Rama Himalayan University (SRHU), Dehradun, India (2) Lisbon Academic Medical Centre -North Lisbon University Hospital Centre, Lisbon, Portugal (3) Graduate School of Medicine and Faculty of Medicine Kyoto University, Kyoto, Japan (4) Advanced Centre for Treatment, Research and Education in Cancer (ACTREC), Tata Memorial Centre, Mumbai, India (5) Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC), New Delhi, India	MOU	08 June 2023
	RCUES, Lucknow	For enabling efficient knowledge sharing and information exchange for enhancing the institutional capacity development	MOU	01/05/2023
	Beckman Coulter India Pvt. Ltd.	To supply reagents and consumables for biochemistry and immunoassay reagents to the Laboratory of Himalayan Hospital.	Operating Lease & Service Agreement	01/05/2023
	NABARD	To recognize and empaneled Himalayan Hospital under NABARD for providing healthcare facilities to their employees.	Agreement	24/04/2023
	DITU	For promoting academic and non- academic exchanges , especially in Technology and health Sciences domain	MOU	01/04/2023
	UPCL	For empanelment of Himalayan Hospital under UPCL, Dehradun for providing healthcare facilities to their employees.	Agreement	01/04/2023
	Cochlear Implant Surgery Under ADIP Scheme of Government of India	For conducting Cochlear Implant Surgery for the Candidate approved by AYJNISHD	MOU	31/03/2023
	IOCL	For empanelment of Himalayan Hospital under IOCL, Dehradun for providing healthcare facilities to their employees.	Agreement	22/03/2023
	Novartis Healthcare Private Limited	Clinical Trail Agreement	Agreement	01/01/2023
	Core Diagnostic	SRHU appoints CORE as its outsource partner for tests that it doesn't conduct in its own facilities.	Agreement	29/11/2022
	M/s Ishwar Ambulance Services	For providing ambulance services	License Deed	18/11/2022
	CSIR-NBRI	Collaboration on Research & Development and Academic including faculty and student exchange	MOU	23/09/2022

	Ortho Clinical Diagnostics India Pvt. Ltd.	To install and maintain VITRO ECI and supply reagents & consumables to the said equipment at Himalayan Hospital	Agreement	13/09/2022
	M/s. Life Cell International Pvt. Ltd.	To provide large range of diagnostic and pathology service	MOU	01 September 2022
	Maa Anandmayee Memorial School Trust	Rent Agreement with Maa Anandmayee Memorial School Trust to run Rural Health Training Centre	Agreement	27/05/2022
	S. K Memorial Hospital	for referring / transfer of patient for appropriate care and treatment	MOU	12/05/2022
	CSIR -IHBT	Collaboration on Research & Development and Academic including faculty and student exchange	MOU	20/03/2022
	Clinical Trial Agreement	Clinical Trial Agreement between Dr. Nand Kishor, Swami Rama Himalayan University and IDD Research solution Pvt. Ltd	Agreement	01/02/2022
	American Heart Association	To provide training in the areas of Basic life support and Advanced Cardiac Life Support in collaboration with American Heart Association.	MOU	01-04-2022
	M/s. Medical Pollution Control Committee (For COVID-19)	To provide services for collection, transportation, reception, storage, treatment & disposal of disposal of medical waste, generated during treatment/Diagnosis/Quarantine of COVID-19 patients at Himalayan Hospital.	Agreement	18/09/2021
	Cryoviva Biotech Pvt. Ltd.	for processing of Bone Marrow Cells/Peripheral blood stem cells	Agreement	01/08/2021
	ESI Scheme Uttarakhand	Treating of ESI Scheme Patients at CGHS or ESI rates	Agreement	01/06/2021
	PHD Chamber of Commerce and Industry, New Delhi, India	for strengthening the ties between industry and academia	MoU	01/06/2021
	Clinical Trial Agreement (Parexel International Clinical Research Pvt. Ltd)	Clinical Trial Agreement between Dr. Sanjeev Verma, Swami Rama Himalayan University and Parexel Int. Pvt. Ltd	Agreement	12/05/2021
	Clinical Trial Agreement (Hetero Biopharma Limited Pvt. Ltd)	Clinical Trial Agreement between Dr. Ankit Batra, Swami Rama Himalayan University and Hetero Biopharma Limited	Agreement	08/03/2021
	Gurman Medical Pvt Ltd	for sleep study	Agreement	03/03/2021
	ECHS	To recognize and empanel Himalayan Hospital under ECHS for providing healthcare facilities to their employees.	Agreement	25/02/2021
	The Hans Foundation	Treatment of poor children under 18 years who are suffering from diseases/conditions not covered under RBSK	MOU	23/02/2021
	Biotech Consortium India Limited	for the transfer of technology(ies) to BCIL by Licensing to Industry for their further developement and commercialization	Agreement	05 December 2020
	ICMR- NCDIR	National Stroke Care Registry Programme in India: Hospital Based Stroke Registries In India	MoU	01/11/2020
	BHEL, Haridwar	For empanelment of Himalayan Hospital under BHEL, Haridwar for providing healthcare facilities to their employees.	Agreement	28/10/2020
	FRI, Dehradun	For empanelment of Himalayan Hospital under FRI, Dehradun for providing healthcare facilities to their retired and pensioners on CGHS cash basis.	Agreement	21/09/2020
	SRHU-HIHT	To mutually share resources, conduct research, outreach activities in the field & cooperate with each other in area of village development, health, education, sanitation etc.	License Deed	26/05/2020
	SRHU-HIHT for its Rural Development Institute(RDI)	To mutually share resources, conduct research, outreach activities in the field & cooperate with each other in area of village development, health, education, sanitation etc.	MOU	01/04/2020
	Hemwati Nandan Bahuguna Uttarakhand Medical Education University (HNBUMU), Dehradun	to provide a framework for the future development of cooperation (Research and Development Projects, Workshops and Training Programs ,exchange of Publications etc)	MOU	10-04-2019



	Styker India Pvt. Ltd.	To conduct various workshops and activities for organising courses at HIMC Cadaver Centre	Agreement	31/08/2019
	MOU between HIMC, Dehradun & ICMR National Institute of Virology (ICMR-NIV) North Zone, Jammu governed by the ICMR-NIV, Pune, Maharashtra	Technical collaboration to inculcate and nurture common areas of interest including supporting and improving outbreak investigation and response, diagnosis and testing support, disease and outbreak surveillance, research collaboration, other public health activities and also academic activities between	MOU	29/11/2017
	MOU-HIMC & CMO Dehradun (CHC Doiwala)	Training of MBBS/Interns/PGs	MOU	02/08/2016
	Wipro Cares Bangalore	Improving maternal, child and adolescent health outcomes in 12 underserved villages of Bahadurabad block of Haridwar, Uttarakhand	Grant Agreement	09/02/2016
	New Space India Limited Bangalore	For providing Primary Health Care for the selected villages of Kalsi block of Dehradun district Uttarakhand	MOU	

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### *Research Projects*

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The University provides research funds to promote the research for conduction of research ([Intramural-Projects-Completed-2022.pdf](#), [Intramural-Projects-Completed-2023.pdf](#)). To name a few intramural projects funded by the university are:

1. Prospective observational study of gastric emptying time in newborns and comparison of gastric emptying time in between appropriate for gestational age and small for gestational age newborns.
2. Assessment of Health Problems among Brick Kiln Factory Workers in a District of Uttar Pradesh -A Cross Sectional Study.
3. Bio Social Risk Factors of Acute Stroke: A Case Control study from tertiary care Hospital of Uttarakhand.
4. प्राथमिक स्वास्थ्य कमिय क मिए इग व्यसन तथा इग दरुपय ग पर स्वास्थ्य पस्तिका.
5. A cross-sectional study evaluating the knowledge, practices and attitudes of the general population on antibiotic use.
6. A Smart System or Non-Invasively Determining Level of Bilirubin, Haemoglobin and Hematocrit in Blood Using Artificial Intelligence.
7. First Aid and Support Training Manual for Drivers and Conductors.

The University has successfully undertaken several extramural projects funded by national and international agencies to advance healthcare research and innovation. These projects focus on critical health issues such as cancer diagnostics, infectious diseases, metabolic disorders, and regenerative medicine. Through collaborations with organizations like the

Department of Biotechnology (DBT), Indian Council of Medical Research (ICMR), and State funding agencies, the University has been able to address key healthcare challenges.

Extramural funding has supported the establishment of advanced research facilities, development of novel therapeutic approaches, and implementation of community-based interventions. These projects also emphasize capacity building, training programs, and translational research to ensure practical applicability and scalability of outcomes. By leveraging extramural grants, the University continues to make meaningful contributions to achieving SDG 3 and improving public health ([Extramural-Project-Completed-2022.pdf](#), [Extramural-Project-Ongoing-2022-.pdf](#)). To name a few Extramural projects funded by the government agencies are:

1. CMR Task Force Study on Epidemiology of Chronic Respiratory Illness in Select Population Groups in India(CRISPI).
2. Hygiene Practics and Associated Risk Factors for Urinary Tract Infections Anong School going Adolescents of District Pauri & tehri Garhwal.
3. Epidemiological erourvey of SARC-Cov-2 Antibodies among general population and its association with ABO blood typing in foothills and middle hills of Uttarakhand.
4. A cross-sectional study employing survey (questionnaire) and diagnostic (microbiology) methods to find out the prevalence of sexually transmitted disease (STD) and reproductive tract infection (RTI) amongst saxuality active group (both mail and fmail) of Doiwala block in district Dehradun.
5. Establishing a regional rare blood donor registry in Uttarakhand.
6. Resistance to Anti-Leprosy Drugs in Multi-Bacillary Leprosy Patients: A prospective Observation study from Tertiary Care Health Institute in Uttarakhand.

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### *Research Publications*

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The University actively promotes the dissemination of research findings through high-quality publications in reputed national and international journals. Faculty members and researchers regularly publish peer-reviewed articles, review papers, and case studies focusing on diverse areas such as clinical sciences, biotechnology, pharmacology, and public health. These publications contribute to scientific advancements, support evidence-based practices, and enhance the University's reputation as a hub for research excellence. Emphasis is placed on collaborative authorship and interdisciplinary research, further strengthening the impact of published work. The University also encourages faculty and students to present their findings

at national and international conferences, fostering knowledge exchange and professional development ([Scopus - Swami Rama Himalayan University](#)).

To name a few top publications are as under:

1. Bhattacharjee, R., Mitra, P., Gupta, N., ...Dhasmana, A., Gundamaraju, R., "Cellular landscaping of exosomal miRNAs in cancer metastasis: From chemoresistance to prognostic markers". *Advances in Cancer Biology - Metastasis*, 2022.
2. Paul, M.M., Revikumar, A., George, B., ...Pillai, M.R., Kumar, R. The Revelation of Continuously Organized, Co-Overexpressed Protein-Coding Genes with Roles in Cellular Communications in Breast Cancer. *Cells*, 2022.
3. Chetan, C., Suryawanshi, P.B., Patnaik, S.K., ...Verma, A., Singh, Y.Oral versus intravenous sildenafil for pulmonary hypertension in neonates: a randomized trial. *BMC Pediatrics*, 2022.
4. Chakraborty, S., Sircar, E., Bhattacharyya, C., ...Sachin, K., Sengupta, R.S-Denitrosylation: A Crosstalk between Glutathione and Redoxin Systems Antioxidants, 2022.
5. Dhasmana, A., Malik, S., Sharma, A.K., ...Bawazir, W.M.S., Haque, S.Fabrication and evaluation of herbal beads to slow cell ageing. *Frontiers in Bioengineering and Biotechnology*, 2022.
6. Kumar, V., Bansal, S., Badola, A., ...Ahmad, M., Saini, S.Definitive chemoradiation in nonmetastatic squamous cell carcinoma anal canal: A single-institution experience. *Journal of Cancer Research and Therapeutics*, 2022.
7. Islam, S., Udhayakumar, R., Kar, S., ...Aswal, U.S., Saini, D.K.J.B.Enhancing Brain Tumor Detection Classification by Computational Intelligence Proceedings of the 2023 2nd International Conference on Electronics and Renewable Systems, ICEARS 2023, 2023.
8. Siddiqui, M.F., Nohra, L., Saleh, M., ...Nicolas, G., Emmanuel, N.Pediatric Oncology, Palliative Care and Low- or Middle- Income Countries: A Call for Action Global Pediatric Health, 2023.
9. Kamboj, S., Divya,, Singh, K.V., Rawat, A.Role of exercise in postpartum women with gestational diabetes mellitus (GDM) *Duke Mathematical Journal*, 2023.
10. Bhattacharya, S., Tripathi, S.K., Gupta, P.C., Varshney, S., Vallabh, V.Integration of communicable and non-communicable diseases within the health system of India: A window of opportunity? *Frontiers in Public Health*, 2023.



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## *Endowment Chairs for Cancer Research*

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The University has established two prestigious endowment chairs dedicated to advancing cancer research. These chairs aim to foster cutting-edge studies in cancer biology, therapeutics, and diagnostics, with the goal of developing innovative treatments and improving patient outcomes. The endowment chairs provide sustained funding to support interdisciplinary research teams, facilitate collaborations with global research institutions, and promote translational research that bridges the gap between laboratory discoveries and clinical applications.

1. **Swami Rama Chair in Cancer research-** [View](#)
2. **Research in Breast Cancer in Young Women-** [View](#)



**Swami Rama Chair in Cancer Research**





**Dr Aaron J. Ciechanover**

**Nobel Laureate**  
Technion Distinguished Research Professor  
Ruth & Bruce Rappaport-Technion-I.I.T.- Integrated cancer center  
The Rappaport Faculty of Medicine & Research Institute Technion, Israel  
Institute of Technology, Israel  
**Chair Professor-** Swami Rama Chair in Cancer, Swami Rama  
Himalayan University,



**ENDOWMENT CHAIR**  
in the field of  
**Research in Breast Cancer in Young Women**





**Dr Rakesh Kumar**

**Chair Professor-** Research in Breast Cancer in Young Women,  
Swami Rama Himalayan University,

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## Workshops and Training Programs

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The University organizes regular workshops and training programs on Good Clinical Practices (GCP), clinical trials, bioethics, and regulatory compliance to ensure adherence to international standards in research and healthcare delivery. These workshops aim to enhance the knowledge and skills of healthcare professionals, researchers, and students, promoting high-quality research and patient care. Training programs also focus on advanced diagnostic techniques, data management, and quality assurance in clinical research, preparing participants for emerging challenges in the medical field.

S. No.	Subject of the Workshop, Training Course, etc.	Date(s) on which held	Relevance to the research area or the activity carried out by the Association	Link
1.	ELBW case presentation (NHISGI)	26-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
2.	Multiple Myeloma: Protean manifestation (CGR)	24-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
3.	Vasudhaiva Kutumbakam, International Yoga Day	21-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
4.	Evaluation of Cytology (Guest Lecture)	20-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
5.	Grossing (Guest Lecture)	19-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
6.	Systemic Sclerosis (CME)	17-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
7.	World Blood Donor Day	14-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
8.	Clinical Clerkship: Evolving role of faculty related to student doctor learning method (CME)	10-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
9.	Use of smart phones app in NICU (NHISGI)	5-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
10.	Antimicrobial Susceptibility Testing: Promise, Pearl and Perils (CME)	3-Jun-23	Good Clinical Practice	<a href="#">View Document</a>
11.	Precision Oncology in the Management of Lung Cancer (CGR)	27-May-23	Good Clinical Practice	<a href="#">View Document</a>
12.	Sensitization (Workshop) for NAAC	19-May-23	Good Clinical Practice	<a href="#">View Document</a>
13.	Sports Physiology and Yoga through the lens of medical research: Crux to Confluence (Guest Lecture)	16-May-23	Good Clinical Practice	<a href="#">View Document</a>
14.	Acute Cholangitis in Pregnancy: How Safe is ERCP?? (CGR)	13-May-23	Good Clinical Practice	<a href="#">View Document</a>
15.	Professional Ethics (Guest Lecture)	10-May-23	Good Clinical Practice	<a href="#">View Document</a>

16.	Yoga for Holistic Health (CME)	6-May-23	Good Clinical Practice	<a href="#">View Document</a>
17.	Infective Endocarditis - Uncommon presentation of a common disease (CGR)	29-Apr-23	Good Clinical Practice	<a href="#">View Document</a>
18.	PICC line insertion maintenance & complications including inserting cases (NHISGI)	24-Apr-23	Good Clinical Practice	<a href="#">View Document</a>
19.	Penal discussion and public awareness program on Autism	18-Apr-23	Good Clinical Practice	<a href="#">View Document</a>
20.	Management of Snakebite in the Emergency (CME)	8-Apr-23	Good Clinical Practice	<a href="#">View Document</a>
21.	Autism awareness program	2-Apr-23	Good Clinical Practice	<a href="#">View Document</a>
22.	Thrombotic Microangiopathy – when to suspect, how to differentiate and therapeutics (CGR)	1-Apr-23	Good Clinical Practice	<a href="#">View Document</a>
23.	Public speaking skill/stage presentation (NHISGI)	27-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
24.	CME on Glaucoma (CME)	26-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
25.	Orthodontics in the management of cleft lip and palate (CME)	25-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
26.	Vasico-bullous dermatosis (Guest Lecture)	23-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
27.	Immune System & Cancer (Guest Lecture)	23-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
28.	World Syndrome Day (Seminar)	21-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
29.	Mediastinal adenopathy through eyes of Endobronchial ultrasound (EBUS) in Tuberculosis endemic region: a case based approach (CGR)	18-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
30.	Prevalence of Hyperglycemia in Pregnancy and related Screening Practice in Rural Dehradun: The first Population- based study from Uttarakhand (CME)	11-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
31.	Intestinal perforation in patients of Dengue- A rare complication (CGR)	4-Mar-23	Good Clinical Practice	<a href="#">View Document</a>
32.	Post-op management (NHISGI)	27-Feb-23	Good Clinical Practice	<a href="#">View Document</a>
33.	Workshop on Journal Evaluation matrix & publication	27-Feb-23	Good Clinical Practice	<a href="#">View Document</a>
34.	Sample size: Concept and Application in Clinical Practice (Guest Lecture)	25-Feb-23	Good Clinical Practice	<a href="#">View Document</a>
35.	Acute Coronary Syndrome in disguise: A serious public health problem, often undiagnosed with lethal consequences (CGR)	11-Feb-23	Good Clinical Practice	<a href="#">View Document</a>
36.	Effects of Alcohol on Metabolism, Nutrition & Health (CME)	4-Feb-23	Good Clinical Practice	<a href="#">View Document</a>
37.	TPN Practice in NICU (NHISGI)	30-Jan-23	Laboratory	<a href="#">View Document</a>
38.	Toxic Epidermal Necrolysis: Approach & Management (CGR)	28-Jan-23	Good Clinical Practice	<a href="#">View Document</a>



39.	Neonatal Advanced Life Support training program (NALS)	25-Jan-23	Good Clinical Practice	<a href="#">View Document</a>
40.	Plastination (CME)	21-Jan-23	Good Clinical Practice	<a href="#">View Document</a>
41.	Newborn healthcare in Uttarakhand: The way forward	15-Jan-23	Good Clinical Practice	<a href="#">View Document</a>
42.	Primary hyperparathyroidism due to parathyroid adenoma – diverse manifestation in clinical practice (CGR)	14-Jan-23	Good Clinical Practice	<a href="#">View Document</a>
43.	The Airway's story: from tragedy to learning and action (CME)	7-Jan-23	Good Clinical Practice	<a href="#">View Document</a>
44.	Molecular Basis of Cancer (Guest Lecture)	30-Dec-22	Good Clinical Practice	<a href="#">View Document</a>
45.	Necrotising enterocolitis diagnosis & management (NHISGI)	26-Dec-22	Good Clinical Practice	<a href="#">View Document</a>
46.	Pregnancy with dengue fever- concerns and challenges (CGR)	17-Dec-22	Good Clinical Practice	<a href="#">View Document</a>
47.	Let's talk "Sex, the emperor of all maladies": start low, go slow (CME)	10-Dec-22	Good Clinical Practice	<a href="#">View Document</a>
48.	PG Orientation program	6-Dec-22	Good Clinical Practice	<a href="#">View Document</a>
49.	Key elements of team work and communication in Plastic Surgery (CME)	3-Dec-22	Good Clinical Practice	<a href="#">View Document</a>
50.	Antenatal Hydronephrosis (bilateral PUJ obstruction) Case discussion (NHISGI)	28-Nov-22	Good Clinical Practice	<a href="#">View Document</a>
51.	Contentious issues in evidence based medicine (CME)	26-Nov-22	Good Clinical Practice	<a href="#">View Document</a>
52.	Scrub typhus: A serious public health problem, often underdiagnosed with lethal consequences (CGR)	19-Nov-22	Good Clinical Practice	<a href="#">View Document</a>
53.	Reversing Diabetes: A Road to Remission (CME)	14-Nov-22	Good Clinical Practice	<a href="#">View Document</a>
54.	Deciphering Dreams: A physiologist's attempt (CME)	12-Nov-22	Good Clinical Practice	<a href="#">View Document</a>
55.	Plugged-In Our children, Youth and Social media. (CME)	5-Nov-22	Good Clinical Practice	<a href="#">View Document</a>
56.	Neonatal thrombosis Case Discussion (NETTSU)	31-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
57.	Surgical Emergencies in New Born (CME)	29-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
58.	End of life care (CME)	22-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
59.	Human milk banking (NETTSU)	20-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
60.	Guest Lecture on Uttarakhand RSSDI	20-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
61.	Inherited Bleeding Disorder Approach to Diagnosis (CME)	15-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
62.	World hospice and palliative care day	8-Oct-22	Good Clinical Practice	<a href="#">View Document</a>

63.	LMS (Learning Management System) Demo (CME)	8-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
64.	Approach to a Neonate with Urological Disorder (NETTSU)	6-Oct-22	Good Clinical Practice	<a href="#">View Document</a>
65.	Newborn screening Practice in NICU at HIMS (NHISGI)	26-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
66.	Mid term symposium	25-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
67.	Cyanotic congenital heart disease newborn to adulthood (Guest Lecture)	24-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
68.	Newborn screening Practice (NETTSU)	22-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
69.	Paediatric Stem Cell Transplantation- A Journey So Far In Uttarakhand (CME)	17-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
70.	Neuroprotection in Neonates (NETTSU)	15-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
71.	Workshop on Intellectual property right IPR Indian Patent System	10-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
72.	Management Of Nonunion And Deformity Correction With Ilizarov Fixation And Advanced Hexapod (CME)	10-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
73.	Undiagnosed Glaucoma (CME)	3-Sep-22	Good Clinical Practice	<a href="#">View Document</a>
74.	Infection Control Practice in NICU, HIMS (NHISGI)	29-Aug-22	Good Clinical Practice	<a href="#">View Document</a>
75.	Prenatal Genetic Screening and Diagnosis- Institutional Protocol and Experience" (CME)	27-Aug-22	Good Clinical Practice	<a href="#">View Document</a>
76.	Extra Uterine growth restriction (EUGR) (NETTSU)	25-Aug-22	Good Clinical Practice	<a href="#">View Document</a>
77.	Ambulatory blood pressure monitoring (CME)	20-Aug-22	Good Clinical Practice	<a href="#">View Document</a>
78.	Neonatal Ventilation (Workshop)	7-Aug-22	Good Clinical Practice	<a href="#">View Document</a>
79.	The unfolding story of Organ Transplant Surgery (Guest Lecture)	6-Aug-22	Good Clinical Practice	<a href="#">View Document</a>
80.	How to choose cardiac drug in neonates (NETTSU)	4-Aug-22	Good Clinical Practice	<a href="#">View Document</a>
81.	Intracranial Aneurysms: Management Protocol and Our Institutional experience (CME)	30-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
82.	Case based discussion on Neonatal Cardiology (NETTSU)	28-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
83.	Scientific Symposium on "Significance of Hepatitis Marker Screening (Conference)	28-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
84.	Rh Isoimmunization (NHISGI)	25-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
85.	अद्वैत वेदांत सावर्भौमिक एकात्म तत्त्व बोध	25-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
86.	NMC Guidelines for online learning & Assessment, A) E- Learning on LMS platform working model	23-Jul-22	Good Clinical Practice	<a href="#">View Document</a>

	(Moodle), B) Use of Apps in Mobile phone C) Telegram for collaborative learning (CME)			
87.	Social restructuring through Yoga	20-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
88.	Workshop on EQAS (Workshop)	18-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
89.	The "Aging with Pride": Fight back against Neurodegeneration (CME)	16-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
90.	Management Approach to congenital cyanotic heart disease (NETTSU)	14-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
91.	Extrapulmonary tuberculosis, the great masquerade diagnostic challenges and future (CME)	9-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
92.	Perinatal Asphyxia- A global concern (CME)	2-Jul-22	Good Clinical Practice	<a href="#">View Document</a>
93.	Basics of Neonatal ECG & Management approach of cardiac arrhythmias in neonates (NETTSU)	30-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
94.	Term/AGA/Perinatal Asphyxia PPHN/AKI (peritoneal dialysis) (NHISGI)	27-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
95.	MILAN (Conference)	26-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
96.	Recent Advances in Breast Cancer Management (CME and Workshop)	25-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
97.	Training to excel –with the mind not the eye (Guest Lecture)	25-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
98.	Autoantibodies and systemic autoimmune rheumatic diseases - ordering and Interpretation (CME)	18-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
99.	Necrotising Soft Tissue Infection: A lethal malady (CME)	11-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
100.	Non invasive respiratory monitoring while on respiratory support case based discussion (NETTSU)	9-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
101.	Hypercalcemia: Insight into etiology and Management (CME)	4-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
102.	Term/AGA/NVD/Male Severe hypernatremia Dehydration/AKI/sepsis/ meningitis/coagulopathy (NHISGI)	1-Jun-22	Good Clinical Practice	<a href="#">View Document</a>
103.	PG Orientation program	28-May-22	Good Clinical Practice	<a href="#">View Document</a>
104.	Gastro Esophageal RFLUX Disease (GERD): The Indian Consensus (CME)	28-May-22	Good Clinical Practice	<a href="#">View Document</a>
105.	Physical Child Abuse, Munchausen syndrome by proxy and their Medico Legal Correlation (CME)	21-May-22	Good Clinical Practice	<a href="#">View Document</a>
106.	Approach to a neonate with failed extubation (NETTSU)	19-May-22	Good Clinical Practice	<a href="#">View Document</a>
107.	Phonosurgery (CME)	14-May-22	Good Clinical Practice	<a href="#">View Document</a>
108.	Seminar on internation nursing day	12-May-22	Good Clinical Practice	<a href="#">View Document</a>
109.	Renoprotection in Diabetes (CME)	7-May-22	Good Clinical Practice	<a href="#">View Document</a>



110.	Decision making & Ancillary respiratory support Case Based Discussion (NETTSU)	5-May-22	Good Clinical Practice	<a href="#">View Document</a>
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### *Disease Prevention and Health Education*

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The University places a strong emphasis on disease prevention and health education as fundamental components of promoting public health and well-being. It conducts awareness programs, vaccination drives, health screening camps, and nutrition education sessions to address preventive healthcare needs. Special outreach programs focus on maternal and child health, infectious disease prevention, hygiene practices, and lifestyle modifications to reduce the risk of chronic diseases.

Health education initiatives are designed to empower individuals and communities with the knowledge and skills needed to make informed decisions about their health. The University also engages in capacity-building activities for healthcare workers and volunteers, ensuring they are equipped to deliver effective health interventions. By integrating prevention-focused education with community participation, the University strengthens efforts to create healthier and more resilient societies.

The University offers a basket of core courses, electives, skill/capability enhancement courses, value addition courses, and interdisciplinary courses in keeping with the recent advances in respective disciplines, as relevant to the programs. The curricula take into consideration the needs of environmental sustainability, community health programs, global healthcare issues, diseases of epidemic & pandemic potential, international health regulations, impact of climate change, mental health issues, Covid-19, occupational diseases, along with national issues like poverty, safe water, rising burden of NCDs, population explosion, gender empowerment, inadequate health infrastructure, malnutrition, tuberculosis elimination, etc, as also highlighted in the UN's 'Sustainable Development Goals' (**Read more**).

**Activities organized for students and employees of SRHU to inculcate health awareness**

S.N	Name of the Event	Date of Observation	Days	Participants
1	Eye Donation Fortnight Observation	25/08/2022-08/09/2022	15	554
2	Awareness Session on Drug Abuse	12/05/2023	01	79
3	International Yoga Day Observation	21/06/ 2023	01	184



**ACTIVITIES FOR HEALTH AWARENESS**

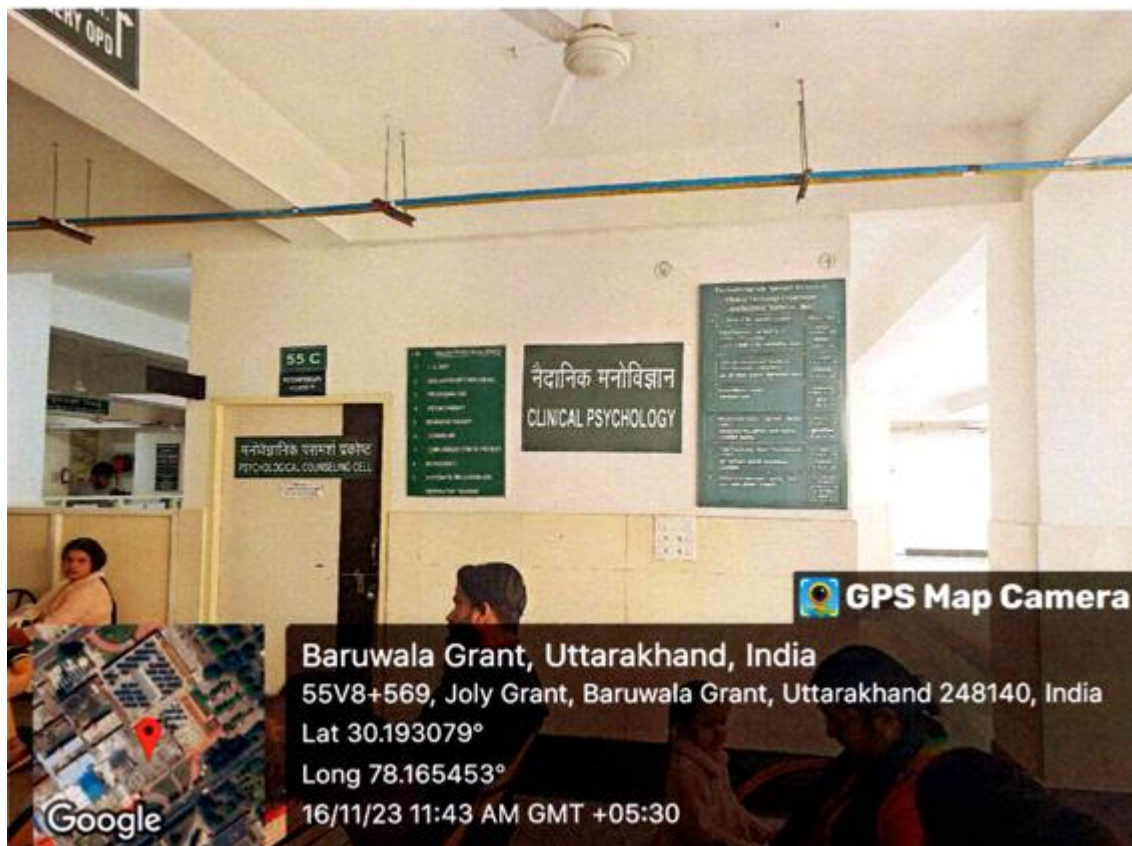


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## *Mental Health and Well-Being*

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The University recognizes the critical importance of mental health and well-being as integral components of overall health. It conducts dedicated programs, workshops, and counseling sessions focusing on stress management, emotional resilience, and mental wellness. Certified counselors and mental health experts offer individualized support through structured therapies and group sessions. These initiatives aim to promote psychological well-being, reduce stigma, and create a supportive environment for students, staff, and the community. Special campaigns are organized to raise awareness about mental health issues and provide practical strategies for coping with stress and anxiety ([View more](#)).



***Number of extension and outreach activities conducted in collaboration with industry, community Government and Non- Government Organizations engaging NSS/NCC/Red cross/YRC***

***Detailed program report for each extension and outreach program***

<b>1.</b>	<b>Free Eye Camps on 29 June 2022</b>	<a href="#"><u>View document</u></a>
<b>2.</b>	Free Eye Camps on 17 July 2022	<a href="#"><u>View document</u></a>
<b>3.</b>	Free Eye Camps on 1 August 2022	<a href="#"><u>View document</u></a>
<b>4.</b>	Free Eye Camps on 17 August 2022	<a href="#"><u>View document</u></a>
<b>5.</b>	Free Eye Camps on 25 August 2022	<a href="#"><u>View document</u></a>
<b>6.</b>	Free Eye Camps on 1 November 2022	<a href="#"><u>View document</u></a>
<b>7.</b>	Free Eye Camps on 10 November 2022	<a href="#"><u>View document</u></a>
<b>8.</b>	Free Eye Camps on 15 November 2022	<a href="#"><u>View document</u></a>
<b>9.</b>	Free Eye Camps on 5 December 2022	<a href="#"><u>View document</u></a>
<b>10.</b>	Free Eye Camps on 10 December 2022	<a href="#"><u>View document</u></a>
<b>11.</b>	School Health Camp on 13 May 2022	<a href="#"><u>View document</u></a>
<b>12.</b>	Learning Disability Clinic on 24 May 2022	<a href="#"><u>View document</u></a>
<b>13.</b>	Awareness program on effect of tobacco use_31 May 2022	<a href="#"><u>View document</u></a>
<b>14.</b>	Learning Disability Clinic on 02 June 2022	<a href="#"><u>View document</u></a>
<b>15.</b>	School Health Camp on 03 June 2022	<a href="#"><u>View document</u></a>
<b>16.</b>	Learning Disability Clinic on 16 June 2022	<a href="#"><u>View document</u></a>
<b>17.</b>	Learning Disability Clinic on 14 July 2022	<a href="#"><u>View document</u></a>
<b>18.</b>	School Health Camp on 15 July 2022	<a href="#"><u>View document</u></a>
<b>19.</b>	Learning Disability Clinic on 04 August 2022	<a href="#"><u>View document</u></a>
<b>20.</b>	School Health Camp on 12 August 2022	<a href="#"><u>View document</u></a>
<b>21.</b>	Learning Disability Clinic on 08 Sept 2022	<a href="#"><u>View document</u></a>
<b>22.</b>	School Health Camp on 09 Sept 2022	<a href="#"><u>View document</u></a>
<b>23.</b>	Learning Disability Clinic on 29 Sept 2022	<a href="#"><u>View document</u></a>
<b>24.</b>	School Health Camp on 14 Oct 2022	<a href="#"><u>View document</u></a>
<b>25.</b>	Learning Disability Clinic on 17 Nov 2022	<a href="#"><u>View document</u></a>
<b>26.</b>	School Health Camp on 18 Nov 2022	<a href="#"><u>View document</u></a>
<b>27.</b>	Comprehensive Community Health Camp on 28 Nov 2022	<a href="#"><u>View document</u></a>
<b>28.</b>	School Health Camp on 09 Dec 2022	<a href="#"><u>View document</u></a>

<b>29.</b>	Learning Disability Clinic on 15 Dec 2022	<a href="#">View document</a>
<b>30.</b>	School Health Camp on 13 May 2022	<a href="#">View document</a>
<b>31.</b>	Free Eye Camps on 3 March 2023	<a href="#">View document</a>
<b>32.</b>	Learning Disability Clinic on 02 March 2023	<a href="#">View document</a>
<b>33.</b>	Free Eye Camps on 4 March 2023	<a href="#">View document</a>
<b>34.</b>	Free Eye Camps on 10 March 2023	<a href="#">View document</a>
<b>35.</b>	School Health Camp on 11 March 2023	<a href="#">View document</a>
<b>36.</b>	Community effort to eliminate tuberculosis_24 March 2023	<a href="#">View document</a>
<b>37.</b>	School Health Camp on 08 April 2023	<a href="#">View document</a>
<b>38.</b>	Free Eye Camps on 15 April 2023	<a href="#">View document</a>
<b>39.</b>	Free Eye Camps on 18 April 2023	<a href="#">View document</a>
<b>40.</b>	Free Eye Camps on 1 May 2023	<a href="#">View document</a>
<b>41.</b>	Comprehensive Package of service - TB elimination Programme on 12 May 2023	<a href="#">View document</a>
<b>42.</b>	School Health Camp on 19 May 2023	<a href="#">View document</a>
<b>43.</b>	Free Eye Camps on 2 June 2023	<a href="#">View document</a>
<b>44.</b>	Blood donation camp_14 Jun 2023	<a href="#">View document</a>
<b>45.</b>	Free Eye Camps on 22 June 2023	<a href="#">View document</a>
<b>46.</b>	Free Eye Camps on 15 July 2023	<a href="#">View document</a>
<b>47.</b>	Free Eye Camps on 1 August 2023	<a href="#">View document</a>
<b>48.</b>	BLS in IMA Activity Report_8 Sep 2023	<a href="#">View document</a>
<b>49.</b>	BLS training program_5 Oct 2023	<a href="#">View document</a>
<b>50.</b>	RIMC BLS Activity_23 Oct 2023	<a href="#">View document</a>
<b>51.</b>	Basic Life support training program_4 Nov 2023	<a href="#">View document</a>
<b>52.</b>	School Health Camp on 09 Jan 2023	<a href="#">View document</a>
<b>53.</b>	School Health Camp on 03 Feb 2023	<a href="#">View document</a>
<b>54.</b>	Learning Disability Clinic on 23 Feb 2023	<a href="#">View document</a>
<b>55.</b>	Comprehensive Primary Health Camp on 27 Feb 2023	<a href="#">View document</a>



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## *Maternal and Adolescent Health Programs*

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The University is committed to enhancing maternal and adolescent health through targeted programs and initiatives. It conducts awareness campaigns on reproductive health, menstrual hygiene, and nutrition to empower young women and expectant mothers. Nutritional support programs and preventive healthcare services are implemented to reduce maternal and infant mortality rates. Additionally, counseling and outreach activities focus on mental health, family planning, and adolescent well-being to promote holistic development and sustainable health practices.

***Detailed program report for each extension and outreach program focusing Maternal Health***

S. No.	Particular	Link
1.	Maternal Health Camp on 18 May 2022	<a href="#">View document</a>
2.	Maternal Health Camp on 18 May 2022	<a href="#">View document</a>
3.	Maternal Health Camp on 18 June 2022	<a href="#">View document</a>
4.	Adolescent Friendly Health Clinic on 24 June 2022	<a href="#">View document</a>
5.	Maternal Health Camp on 20 July 2022	<a href="#">View document</a>
6.	Menstrual Hygiene Training on 23 July 2022	<a href="#">View document</a>
7.	Menstrual Hygiene Training on 30 July 2022	<a href="#">View document</a>
8.	Maternal Health Camp on 03 August 2022	<a href="#">View document</a>
9.	Menstrual Hygiene Training on 27 August 2022	<a href="#">View document</a>
10.	Menstrual Hygiene Training on 29 August 2022	<a href="#">View document</a>
11.	Maternal Health Camp on 07 Sept 2022	<a href="#">View document</a>
12.	Menstrual Hygiene Training on 10 Sept 2022	<a href="#">View document</a>
13.	Menstrual Hygiene Training on 13 Sept 2022	<a href="#">View document</a>
14.	Menstrual Hygiene Training on 17 Sept 2022	<a href="#">View document</a>

15.	Menstrual Hygiene Training on 01 Oct 2022	<a href="#">View document</a>
16.	Maternal Health Camp on 19 Oct 2022	<a href="#">View document</a>
17.	Menstrual Hygiene Training on 29 Oct 2022	<a href="#">View document</a>
18.	Menstrual Hygiene Training on 05 Nov 2022	<a href="#">View document</a>
19.	Menstrual Hygiene Training on 26 Nov 2022	<a href="#">View document</a>
20.	Menstrual Hygiene Training on 03 Dec 2022	<a href="#">View document</a>
21.	Maternal Health Camp on 17 Dec 2022	<a href="#">View document</a>
22.	Maternal Health Camp on 04 Jan 2023	<a href="#">View document</a>
23.	Adolescent Friendly Clinic on 06 Jan 2023	<a href="#">View document</a>
24.	Adolescent Friendly Clinic on 16 Jan 2023	<a href="#">View document</a>
25.	Adolescent Friendly Clinic on 23 Jan 2023	<a href="#">View document</a>
26.	Menstrual Hygiene Training on 04 Feb 2023	<a href="#">View document</a>
27.	Adolescent Friendly Clinic on 06 Feb 2023	<a href="#">View document</a>
28.	Adolescent Friendly Clinic on 09 Feb 2023	<a href="#">View document</a>
29.	Maternal Health Camp on 11 Feb 2023	<a href="#">View document</a>
30.	Adolescent Friendly Clinic on 13 Feb 2023	<a href="#">View document</a>
31.	Maternal Health Camp on 22 March 2023	<a href="#">View document</a>
32.	Maternal Health Camp on 05 April 2023	<a href="#">View document</a>
33.	Menstrual Hygiene Training on 29 April 2023	<a href="#">View document</a>
34.	Adolescent Friendly Clinic on 12 May 2023	<a href="#">View document</a>
35.	Maternal Health Camp on 17 May 2023	<a href="#">View document</a>
36.	Adolescent Friendly Clinic on 19 May 2023	<a href="#">View document</a>
37.	Menstrual Hygiene Training on 20 May 2023	<a href="#">View document</a>
38.	<b>Adolescent Friendly Clinic on 25 May 2023</b>	<a href="#">View document</a>

### ***Awards Recognizing Contributions to Health-Related Extension Activities***

Extension activities focused on health awareness, preventive measures, and accessible medical services play a pivotal role in realizing this goal. Recognizing the significance of such initiatives, several prestigious awards are conferred by recognized bodies to honor outstanding contributions to health-related outreach programs and interventions. The aforementioned prizes serve as an example of how initiatives to advance health and well-being in line with SDG 3 are acknowledged. These honours motivate people and organisations to keep striving for the global attainment of sustainable health goals by promoting creativity, outreach, and accessibility. Extension initiatives continue to be a vital component of community health development, enabling societies to embrace healthier habits and lifestyles while guaranteeing universal access to healthcare.

#### ***List of Government/other recognized bodies that have given the awards***

<b>S. No.</b>	<b>Name of the Activity</b>	<b>Name of the award/ recognition</b>	<b>Name of the Awarding agency</b>	<b>Name of the Department Awarded</b>	<b>Year of Award</b>
1.	School Health Camp on 27-05-2023	Appreciation	Bharat Vikash Parishad, Dharampur, Dehradun	Department of Community Medicine, Himalayan Institute of Medical Science	2023
2.	Awareness program on Sanitation on 10-05-2022	Appreciation	Nagar Palika Parishad Doiwala, Dehradun	Department of Community Medicine, Himalayan Institute of Medical Science	2022
3.	Maternal, child & Adolescent Health services (Haridwar) on 9.11.22	Implementing Partner	Wipro Cares	Rural Development Institute, Swami Rama Himalayan University	2022
4.	Comprehensive Primary Health Care Services for Tribal Region on 26.2.2022	Implementing Partner	New Space India Limited	Rural Development Institute, Swami Rama Himalayan University	2022



Swami Rama Himalayan University

6,252 followers

1y · Edited

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Celebrating One Year of 'Pradhan Mantri TB Mukh Bharat Abhiyan' 🇮🇳

🏆 SHRU is honored to receive the "Best Ni-kashay Mitra Team Award" from the Honourable Governor Lt. General Gurmit Singh (Retd) alongside the Health Minister of Uttarakhand Dr. Dhan Singh Rawat for outstanding efforts in providing Nutrition and Health services to 600 selected cases in Dehradun and Haridwar Districts. 🙏📄

SRHU and RDI are committed to making a positive impact on public health, and this recognition fuels the team's dedication to contribute to a TB-free India. 🇮🇳 #PMJTB MBA #HealthForAll #UttarakhandHeroes #SRHU #RDI #PublicHealthChampions #TBFreeIndia #OneYearStrong #CommunityHealth #ImpactfulService #HealthMatters #CelebratingSuccess







सम्पर्क

सहयोग

राष्ट्र देवो भवः

संस्कार

सेवा

समर्पण



# BHARAT VIKAS PARISHAD

## BRANCH-DRON, DEHRADUN

### Certificate Of Appreciation

Awarded To

**Department of Community Medicine, HIMS,**  
Swami Rama Himalayan University, Jollygrant, Dehradun

**For Organizing Free Health Check Up Camp on 27th May 2023**  
**At Netaji Subhas Chandra Bose Residential Hostel, Dharampur, Dehradun (U.K.)**

*Naresh Bhatnagar*  
President

Naresh Bhatnagar

*Yama Sharma*  
Secretary

Yama Sharma



*Ajeet Singh Tomar*  
Treasurer

Ajeet Singh Tomar

## नगर पालिका परिषद् डोईवाला

श्रीमती सुमित्रा मनवाल  
अध्यक्ष



निवास :- जीलीबाग, डोईवाला  
जनपद - देहरादून (उत्तराखण्ड)  
कार्यालय दूरभाष :- 0135-2695682  
मोब - 9458111171

पत्रांक 324

दिनांक 10-05-22

### प्रशस्ति पत्र

सामुदायिक शिक्षा विभाग, स्वामी राम हिमालयन विश्वविद्यालय के कुडकावाला स्थित स्वास्थ्य केंद्र द्वारा किए गये प्रयासों का हार्दिक अभिनंदन करती हूँ। आपकी निष्ठा, ईमानदारी, कड़ी मेहनत और प्रतिबद्धता के कारण हमारे क्षेत्र में स्वच्छता शिक्षा स्वास्थ्य में शंकरात्मक बदलाव आये है।

हम आपके उत्कृष्ट प्रदर्शन व कार्यो की सराहना करते है। हमें पूरी उम्मीद है कि आप भविष्य में भी साथ अपने बहलतरीन कार्य को जारी रखेंगे।

आदर्श सहित।

*Sunita*  
अध्यक्ष

नगर पालिका परिषद् डोईवाला

