

SWAMI RAMA HIMALAYAN UNIVERSITY
SWAMI RAM NAGAR, JOLLY GRANT, DEHRADUN, 248016

OFFICE OF THE CONTROLLER OF EXAMINATIONS

Ref No.: SRHU/COE/Int./2025- 501

Date: 26 December, 2025

NOTIFICATION

It is hereby notified that the schedule of **University Examinations (January-2026)** for **M.Sc. (Yoga Therapy) Odd Semesters** shall be as under:

Venue : School of Yoga Sciences

M.Sc. (Yoga Therapy) Semester I (Theory)				
Timings: 10:00 am to 01:00 pm				
S.N	Date	Day	Course Code	Course Title
1.	13.01.2026	Tuesday	MYT101	Basic Principles and Application of Hatha Yogic Practices
2.	15.01.2026	Thursday	MYT102	Human Anatomy and Physiology
3.	17.01.2026	Saturday	MYT103	Biomechanics & Kinesiology
4.	20.01.2026	Tuesday	MYT104	Yoga and Strategic Management
M.Sc. (Yoga Therapy) Semester I (Practical)				
Timing: 9:00 am 4:00 pm				
S.N	Date	Day	Course Code	Course Title
1.	29.01.2026	Thursday	MYT105	Yoga Therapy Practicum-I
2.	30.01.2026	Friday	MYT106	Yoga Anatomy Practicum
3.	31.01.2026	Saturday	MYT107	Biomechanics & Kinesiology Practicum

This bears approval of the competent authority.

for Jyandindh
26/12/2025
(Controller of Examinations)

Copy to : Hon'ble Vice Chancellor
: Registrar
: Principal, School of Yoga Sciences

for kind information please

For further necessary action i.e. to inform all concerned/
provide invigilation duties chart/ seating arrangements etc.

: Webmaster – to upload on the University website
: Notice Boards

for Jyandindh
26/12/2025
(Controller of Examinations)