

**SWAMI RAMA HIMALAYAN UNIVERSITY**  
**SWAMI RAM NAGAR, JOLLY GRANT, DEHRADUN, 248016**

**OFFICE OF THE CONTROLLER OF EXAMINATIONS**

Ref No.: SRHU/COE/Int./2025- 501

Date: 26 December, 2025

**NOTIFICATION**

It is hereby notified that the schedule of **University Examinations (January-2026)** for **M.Sc. (Yoga Therapy) Odd Semesters** shall be as under:

**Venue : School of Yoga Sciences**

<b>M.Sc. (Yoga Therapy) Semester I (Theory)</b>				
<b>Timings: 10:00 am to 01:00 pm</b>				
<b>S.N</b>	<b>Date</b>	<b>Day</b>	<b>Course Code</b>	<b>Course Title</b>
1.	13.01.2026	Tuesday	MYT101	Basic Principles and Application of Hatha Yogic Practices
2.	15.01.2026	Thursday	MYT102	Human Anatomy and Physiology
3.	17.01.2026	Saturday	MYT103	Biomechanics & Kinesiology
4.	20.01.2026	Tuesday	MYT104	Yoga and Strategic Management

  

<b>M.Sc. (Yoga Therapy) Semester I (Practical)</b>				
<b>Timing: 9:00 am 4:00 pm</b>				
<b>S.N</b>	<b>Date</b>	<b>Day</b>	<b>Course Code</b>	<b>Course Title</b>
1.	29.01.2026	Thursday	MYT105	Yoga Therapy Practicum-I
2.	30.01.2026	Friday	MYT106	Yoga Anatomy Practicum
3.	31.01.2026	Saturday	MYT107	Biomechanics & Kinesiology Practicum

This bears approval of the competent authority.

*for Jumandish*  
26/12/2025  
(Controller of Examinations)

Copy to : Hon'ble Vice Chancellor  
: Registrar  
: Principal, School of Yoga Sciences

} for kind information please

} For further necessary action i.e. to inform all concerned/  
provide invigilation duties chart/ seating arrangements etc.

: Webmaster – to upload on the University website  
: Notice Boards

*for Jumandish*  
26/12/2025  
(Controller of Examinations)