

PROFESSIONAL DIPLOMA IN

CLINICAL PSYCHOLOGY

(P.D.Cl.Psy)

ENTRANCE EXAMINATION 2026-27

**HIMALAYAN INSTITUTE OF
MEDICAL SCIENCES**

Information Brochure

For Admission into

Professional Diploma in Clinical Psychology

Swami Rama Himalayan University

Swami Ram Nagar, Jolly Grant, Dehradun – 248016, Uttarakhand (India)

Website: srhu.edu.in



1. ABOUT THE UNIVERSITY

Swami Rama Himalayan University (SRHU), a top private university in Dehradun, endeavors to transform lives through a holistic approach to education, providing integrated health care services and effective rural development and social outreach programs.

With a rich legacy of Himalayan Hospital & Himalayan Institute of Medical Sciences, the first and the largest NABH-accredited private teaching hospital and medical college of Uttarakhand, SRHU has been providing a platform to the youth, for a decade, to learn and transform into efficient, effective, ethical, and committed professionals.

SRHU is the only university in Dehradun, Uttarakhand, that has a dedicated multispecialty Himalayan Hospital, Cancer Care Research Centre, Ayurveda Center, and Rural Development Institute, all under one roof, besides eight schools and colleges, namely: Himalayan Institute of Medical Sciences, Himalayan College of Nursing, School of Management Studies, School of Science & Technology, School of Bio Sciences, School of Yoga Science, Centre for Vocational Studies and Skill Development, and Centre for Skill Development and Education, Toli, Uttarakhand.

Students have a range of options to pursue their academic aspirations and further advance their learning through interdisciplinary and multidisciplinary programs and research. In addition, there are ample opportunities for extracurricular & co-curricular activities necessary to become an all-rounder. Furthermore, mentoring, meditation, and Science of Joyful Living (SoJL) workshops help students grow as complete individuals

2. DEPARTMENT OF CLINICAL PSYCHOLOGY

The Department of Clinical Psychology has been an integral part of the Swami Rama Himalayan University since 2003, serving nearly 4000–4500 people every year across the state of Uttarakhand and nearby areas of Uttar Pradesh and Delhi (NCR). According to a survey conducted by WHO in 2006, Himalayan Hospital was the stand-alone medical institute that initiated and provided psychological services to the people of Uttarakhand. The department is dedicated and committed to providing affordable and quality treatment services. Furthermore, focus on thorough and excellent education and practical training of students in the mental health profession. Currently the department consists of five faculty members.

3. ABOUT THE PROGRAM (PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY)

Although in the last five years the number of centers offering M.Phil. Clinical Psychology training and the number of students undergoing the professional training in clinical psychology have increased by many folds, the available manpower is still no match for the number required to meet the growing demands in the mental health area.

In order to meet this gap, professional training of one-year duration in clinical psychology, laying emphasis on critical domains, has been developed. The candidates, on successful completion of the Professional Diploma in Clinical Psychology, can register with RCI as “Clinical Psychologist (Associate)” under CRR and function in service settings as experts/specialists in non-academic service settings

4. OUTCOME OF PROGRAM (PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY)

The clinical psychologists (associate) are distinguished from the M.Phil.-qualified clinical psychologists. They later become full-fledged professionals with a higher level of competency and responsibility in service, academic, and research areas, whereas clinical psychologists (associates), by the nature and duration of their training, are considered not fully adept to function as academics. They are, however, considered competent enough to be involved in a broad range of professional service activities. The clinical psychologist (associate) will be used as an underfill class for existing clinical psychologist positions under the state and central government sectors.

However, the roles in such appointments are limited only to providing clinical services to clients with mental illnesses and do not involve independent responsibilities in academic activities such as teaching/training/guiding/supervising students of clinical psychology at the academic departments. In these activities, diploma-qualified individuals may be assigned roles of clinical assistant and/or teaching assistant or junior consultant as deemed fit in teaching/training centers.

5. AIM & OBJECTIVES OF THE COURSE (PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY)

5.1 AIM

The aim of this course is to train students with an acceptable level of competency to offer basic mental health services, such as identifying and diagnosing mental health problems in different populations and intervening with appropriate counseling and psychotherapy/behavior therapy techniques while applying relevant codes of conduct and ethical principles in all his/her activities. This cadre of professionals has been created, as emphasized earlier, to fulfill the acute shortage of trained personnel in the mental health field. The diploma-qualified professionals are expected to contribute as experts and specialists in the multidisciplinary team setting and undertake the service activities as defined below:

- 1) Interview and diagnose mental health problems.
- 2) Carry out psychological assessments (intelligence, developmental abilities, academic skills, adaptive and social maturity, personality, and diagnostic and clinical ratings).
- 3) Carry out psychoeducation, counseling, psychotherapy, and behavior therapy.
- 4) In all of the above (1–3), apply the code of conduct and professional ethics.

5.2 OBJECTIVES

The course is organized as a one-year full-time face-to-face training program with theoretical inputs and hands-on clinical experience, to provide services with a minimum level of competence in core areas of Clinical Psychology. On successful completion of the course, the candidates are eligible to be considered for specialist posts (but not for faculty appointments in the field of Clinical Psychology teaching and training) in a wide variety of health care settings such as short-term and long-term mental health care facilities, mental health institutes, private/public run general or mental hospitals, nursing

homes, rehabilitation units, schools, and other community care centers as an associate clinical psychologist. On completion of the course, the trainees are expected to perform the following

- 5.2.1 Interview and diagnose mental health issues.
- 5.2.2 Carry out clinical workup, plan psychosocial interventions and set goals
- 5.2.3 Administer, analyse and interpret commonly used psychometric tests (intelligence, personality, diagnostic and clinical ratings of symptoms, assessment of disability, dysfunctions, family burden and stress) and communicate findings to other team members.
- 5.2.4 Certify IQ and disability status for government pension or concessions
- 5.2.5 Impart psychoeducation to clients with mental illnesses and family members and discuss issues regarding management/prevention (tackle myths and misconceptions, if any).
- 5.2.6 Undertake therapeutic/rehabilitation interventions at individual and family levels, both in institutional and community settings.
- 5.2.7 Participate in outreach and community mental health services (DMHP)
- 5.2.8 Undertake school counselling and relevant assessments.
- 5.2.9 Manage/contribute to suicide prevention centres, crisis centres, grief counselling centres, tele-counselling, drop-in-centres
- 5.2.10 Participate in wellness promotion, stress/conflict management and other supportive measure programs for employers, caregivers, teachers etc.
- 5.2.11 Undertake the role of teaching assistant, where necessary

6. ENTRY REQUIREMENT

The minimum educational requirement for admission to this course will be an M.A./M.Sc. degree in psychology (or in counseling psychology, clinical psychology, or applied psychology) from a UGC-recognized university with a minimum of 55% marks in aggregate. For the SC/ST/OBC category, a minimum of 50% marks in aggregate is essential. NOTE: To appear in the entrance examination, the candidate must upload the final semester or final year mark sheet of the M.A./M.Sc. (psychology, clinical psychology, applied psychology, or counseling psychology) at the time of applying the online application.

7. TOTAL INTAKE OF SEATS FOR P.D.C.P. = 08 Nos.

Category-wise seat allotment

Category	No of seats
All India Rank	05
Permanent Residents of Uttarakhand	
UK unreserved	02
UK - SC	01
Total	08

- * In case of multiple applicants from the reservation category (UK- OBC/SC/ST), the candidate securing the highest marks in the entrance examination will be considered for the admission process. The applicability of the reservation shall be in accordance with the policy of the State of Uttarakhand.

8. PATTERN OF PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY (P.D.C.P.E.E-2026)

The entrance exam of the Professional Diploma in Clinical Psychology- 2026 will be completed in 05 phases as defined by RCI. It is mandatory to attempt in all five phases of P.D.C.P.E.E.

S. No	Examination Pattern	Purpose	Total Question/ Activity	Total Time
1.	Objective type Test	To test knowledge base in related branches of Psychology	50 M.C.Q. s	60 min
2.	Descriptive Type Test (Long answer type)	To test the writing skills essential to communicate among other clinicians/ professionals	1	30 min
3.	Group Discussion	To test the expressive skills	A topic will be provided to discuss in two groups	15 minutes/ group
4.	Practical	To test the proficiency in administering and interpreting the basic psychological tests and conducting a problem-focused interview with a client	Basic Screening psychological tool will be given	90 min
5.	Interview	To understand motivation and commitment to serve the disabled populations)	Through observation and questions	10 min/ Candidate

09. LANGUAGE OF THE QUESTION PAPER

The Question Paper shall be English language

10 SYLLABUS FOR PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY ENTRANCE EXAMINATION (P.D.C.P.E.E-2026)

10.1 The syllabus for the Entrance Examination of P.D.C.P.E.E-2026

Unit	Contents
1	Understanding of Psychology, History of Psychology, Branches of Psychology, Methods in Psychology
2	Perception, Attention, Attitude, Motivation
3	Learning, Emotion
4	Memory, Intelligence
5	Personality, Development during childhood, Adolescents, adulthood, and old age
6	Psychological Assessment and Testing, Psychological Disorder, Psychotherapies

10.2 Marks Distribution of Entrance Examination:-

Examination Phases	Marks
Objective Type Test (MCQ)	50
A written Test (One Long Question)	10
Group Discussion	10
Practical Test	10
Interview	20
Total Marks	100

11. EXAMINATION SCHEDULE

Professional Diploma in Clinical Psychology Entrance Examination—2026 will be held on Date : 28th, 29th & 30th May, 2026.

Note: The university reserves the right to prepone/postpone the date of P.D.C.P.E.E.-2026. Applicants are advised to keep checking the university website regularly for related updates.

S. No	Examination Pattern	Total Time	Time of Conduction Examination
Day 1 - May 28 th , 2026			
1.	Objective Type Test	60 min	1: 00 Noon to 2:00 Noon
2.	A Written Test	30 min	2 Noon to 2:30 Noon
Break (2: 30 P.M - 3: 00 P.M)			
3.	Practical	90 min	3:00 Noon to 4:30 Noon
Day 2- May 29 th , 2026			
4.	Group Discussion	15 minutes/ group	10 A.M - 4 P.M
Day 3- May 30 th , 2026			
5.	Interview	10 minutes / candidate	10 A.M- 4 P.M

12. THE MINIMUM QUALIFYING CRITERIA IN PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY – 2026

The minimum qualifying criteria for admission into a Professional Diploma in Clinical Psychology is under:

General/ All India Category	50th Percentile
SC/ST/OBC/PWD (For Permanent Resident of Uttarakhand)	45th Percentile

13. EXAMINATION CENTER FOR PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY (P.D.C.P.E.E-2026)

The Professional Diploma in Clinical Psychology – 2026 shall be conducted at:
Swami Rama Himalayan University,

Swami Ram Nagar, P.O. Jolly Grant Dehradun – 248016 (Uttarakhand)

Note: The candidate should make his/her arrangements to reach the Examination Center timely.

14. ADMIT CARD

- i. On the basis of information given in the application form, admit cards of provisionally eligible candidates will be uploaded on the university website (www.srhu.edu.in) only. The date of uploading admit cards is 18th May 2026.
- ii. The candidate should carefully examine the admit card for all entries made therein. In case of any discrepancy, the candidate should immediately inform the Controller of Examinations.
'Swami Rama Himalayan University,' Ph: 0135-2471150 or email: coe@srhu.edu.in
- iii. Only those candidates who are in possession of a valid Admit Card issued by the University shall be allowed to enter the examination center.
- iv. The Candidate shall also bring his/her Valid Photo ID proof in original for his/her identification (like: Aadhaar Card/ PAN Card/ Voter Card/ Driving License etc.). Candidate who does not possess the Valid Photo ID proof in original shall not be allowed to enter the Examination Hall under any circumstances.
- v. Candidates are advised to preserve their Admit Cards in good condition till the process of admission is completed.

15. INSTRUCTIONS TO BE FOLLOWED IN THE EXAMINATION HALL

GENERAL INSTRUCTIONS

- i. The Examination Hall will be opened 30 minutes before the commencement of the examination. Candidates are expected to take their seats immediately after the opening of the Examination Hall. If the candidates do not report on time, they are likely to miss some of the important instructions announced in the Examination Hall.
- ii. A candidate who does not possess the valid Admit Card shall not be allowed to enter the Examination Hall under any circumstances.
- iii. A seat with a roll number will be allotted to each candidate. Candidates must find and occupy their allotted seats. If a candidate is found appearing in the exam from a seat or room other than the one allotted to him/her, his/her candidature shall be cancelled.
- iv. A candidate, who comes after the commencement of the examination, shall not be permitted to appear in the examination.
- v. No candidate will be allowed to leave the examination hall till the examination is over.
- vi. Candidates are not allowed to carry any textual material, printed or written, bits of papers, envelopes or any other material except the Admit Card & a Black ink ball point pen inside the Examination Hall.

- vii. Calculators, Slide Rules, Log Tables, Geometry Box, Electronic Digital Watches with facilities of calculators, mobile phones, pagers or any other electronic gadgets are strictly prohibited inside the Examination Hall.
- viii. The test will start exactly at the time mentioned in the Admit Card and an announcement to this effect will be made by the invigilator.

16. UNFAIR MEANS PRACTICE & BREACHES OF EXAMINATION RULES:

- a) **Unfair means practice is an activity that allows a candidate to gain an unfair advantage over other candidates. It includes, but is not limited to:**
 - i. Possession of papers, books, notes, mobile phones, IT gadgets, calculators or any other material or information relevant to the examination.
 - ii. Paying someone to write examination (impersonation) or prepare material.
 - iii. Breaching examination rules.
 - iv. Assisting another candidate to engage in malpractice.
 - v. Giving or receiving assistance directly or indirectly of any kind or attempting to do so.
 - vi. Writing questions or answers on any material other than the answer sheet given by the Centre.
 - vii. Tearing of Answer Sheet, any page of the Test booklets, etc.
 - viii. Contacting, communicating any person.
 - ix. Using/attempting to use any undesirable method or means in connection with the examination.
- b) **Punishment for using unfair means**

During/before/after the examination, if a candidate is found indulging in any of the above practices, he/she shall be deemed to have used unfair practice at the examination. Such candidates would be expelled from P.D.C.P.E.E-2026 and Will be debarred from appearing in the examination in future too and will also be held liable for criminal action and/or any other action as deemed fit by the University.
- c) Candidates should ensure, before leaving the Examination Hall, that they have handed over the Answer Sheet to the invigilators on duty and that they have signed the attendance sheet and filled the other required details. In case the candidate does not hand over the Answer Sheet & takes it away with him/her, it shall be taken as the use of unfair means & the case shall be dealt accordingly.

17. INSTRUCTIONS FOR EXAMINEE

- i. Five minutes before the commencement of the Test, each candidate will be given a pre-printed sealed Test Booklet. Do not open/break the seal before the announcement in the examination hall.
- ii. Read carefully all the instructions given on the cover page of the Test Booklet. The candidate will ensure that the Test booklet contains the same number of pages as indicated on the cover page of the Test Booklet.
- iii. After which, the candidates will fill in the required particulars on the cover page of the Test booklet with a black ballpoint pen only.

- iv. The candidates are advised to read the instructions written on the answer sheet carefully and follow them for marking the answers.
- v. All entries are to be made with black ballpoint pen only.
- vi. All rough work should be done in the blank pages, provided only at the end of the Test Booklet.

18. MARKING SYSTEM

For Objective Type Questions (50 Marks): All questions will be objective type with four (A, B, C, D) choices of which, only one will be the most appropriate. Each correct answer shall be awarded ONE mark. There is no negative marking

There will be one long question of 10 Marks. No mark will be given for the questions not attempted. More than one answer indicated against any question shall be considered as an incorrect response.

For Group Discussion: 10 marks

Knowledge of the topic
Communication skill
Leadership and team participation and attitude

Practical test: 10 marks

Administration
Test scoring
Interpretation

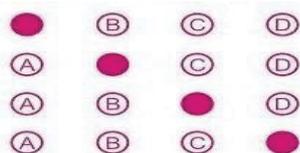
Interview: 20 marks

Motivation and Attitude
Communication
Commitment to serve the disabled populations

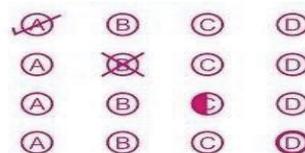
19. CORRECT METHOD OF MARKING ANSWERS

- i. Use black ballpoint pen only to darken the appropriate circle. Mark should be dark and should completely fill the appropriate circle. Candidate should not indicate the answer in any other way (i.e. tick mark, cross, dot line etc. are not accepted):

Correct way of marking



Incorrect way of marking



1. If your answer is (A)
 2. If your answer is (B)
 3. If your answer is (C)
 4. If your answer is (D)
-
- ii. Each MCQ will consist of a stem which may be in the form of a question, or an incomplete statement and four responses labelled A, B, C and D. One of the four responses only is the most appropriate answer.
 - iii. Please do not make any stray marks on the Answer Sheet.
 - iv. If more than one circle is darkened, or if the response is marked in a wrong manner to each question, it shall be treated as a wrong answer.
 - v. It is advisable to mark the appropriate answer with a pencil first, so that if any correction is considered later on it can be easily erased. The appropriate answer should be darkened with a black ballpoint pen only when the candidate is sure about the answer. No change will be allowed once answer is marked. Use of eraser or white fluid on the Answer Sheet is not permissible as the Answer Sheets are machine gradable and it may lead to wrong evaluation.
 - vi. Candidate should not do any rough work or writing work on the Answer Sheet.
 - vii. Do not seek clarification on any question in the Test Booklet from the invigilator or supervisors. Use your own best judgment.

20. DECLARATION OF RESULT

The result of P.D.C.P.E.E-2026, shall be declared by 15th June 2026. (Change in date, if any, will be notified through university website).

- i. The result will be available only on University website (srhu.edu.in).
- ii. The result of the individual candidate will not be communicated by telephone, mail or by any other way.

21. RULES FOR RE-CHECKING/RE-EVALUATION OF ANSWER SHEETS AND VERIFICATION OF MARKS

- (i) A candidate shall be allowed to take with him/her the Test Booklet on the date of examination after returning the OMR answer sheet to the invigilator on duty.
- (ii) Answer keys to the MCQ questions shall be uploaded on the University website.
- (iii) The answer sheet will be scanned by an Optical Scanner.
- (iv) There shall be no re-checking/re-evaluation of answer sheets of the P.D.C.P.E.E. 2026. No correspondence in this regard will be entertained.

22. PRESERVATION OF RECORDS

The records of P.D.C.P.E.E-2026 of the candidates, who are either not qualified in P.D.C.P.E.E-2026 or not admitted into Professional Diploma in Clinical Psychology Programme, are preserved for one year after declaration of result.

23. MERIT LIST

Merit list shall be prepared based on the aggregated performance (MCQ, Long question, Practical, Group Discussion, Interview) in the P.D.C.P.E.E-2026 for admission into Professional Diploma in Clinical Psychology Programme.

In case of two or more candidates securing equal marks in the P.D.C.P.E.E- 2026, the

inter-se-merit of such candidates shall be determined in order of preference as follows:

- i. Candidates securing higher marks in MCQs in the Entrance examination.
- ii. Candidates securing higher marks in Long answer question in the Entrance examination.
- iii. Candidates securing higher marks in Practical in the Entrance examination.
- iv. Candidates securing higher marks in-group discussion in the Entrance examination.
- v. Candidates securing higher marks in Interview in the Entrance examination.
- vi. Candidates with higher aggregate percentage/ CGPA in the M.A./M.Sc. examination.

24. INSTRUCTIONS FOR COUNSELLING / ADMISSION

- i. The admission to the Professional Diploma in Clinical Psychology Programme shall be made purely based on merit obtained in aggregated marks of P.D.C.P.E.E.
- ii. The University to the eligible candidates, in the order of merit, shall intimate the date for counseling/allotment of seats.
- iii. At the time of counselling/allotment of seats for the Professional Diploma in Clinical Psychology Programme, the candidate shall bring the following documents in original along with one set of self-attested photocopy of the same:

High School (10th Class) or equivalent examination's mark sheet
High School (10th Class) or equivalent examination's Certificate as proof of date of birth.
Mark sheet of Intermediate or qualifying examination (12th Class) from a recognised board.
Graduation Marksheet and degree (from the UGC approved university)
M.A./M.SC. Marksheet and degree (from the UGC approved university)
Recent Character Certificate from the School/College last attended /Gazetted Officer
Gap year affidavit (If Applicable)
Permanent Residence Certificate for Uttarakhand Candidate (If Applicable)
Caste or category (SC/ST/OBC) and (or) sub-category (FF, DPW, PH) certificate issued by competent authority (If Applicable). Note: Candidates belonging to OBC category must produce their LATEST category certificate which should be valid on the day of counseling/admission
Bank Guarantee/Postdated cheque for the remaining tuition fee of the course
Guarantee bond
Aadhaar Card
Two passport size recent colored photographs
One set of self-attested photocopy of all the original documents.
Admit Card of P.D.C.P.E.E.-2026

25. FEE STRUCTURE

Annual Fees Structure for Professional Diploma in Clinical Psychology Programme– 2026

Programme Fee			Programme (Paramedical)
Fee Category		Fee dues on	Professional Diploma in Clinical Psychology
			Fee (in Rs.)
Tuition Fee per annum	AIC	Per Year	100,000/-
	PRU		75,000/-
Admission Fee one time (Non-Refundable)		One time, at the beginning	25,000/-
Enrollment Fee (one time at the time of admission)			2,000/-
Refundable Security F (to be refunded after completion of program)			25,000/-
Uniform & Sports- ware Fees			5,040/-
Vaccination Charges (if not vaccinated)			2,000/-
Convocation Fees		One Time, at the beginning	5,000
Examination Fee*		Per University Exam	10,000
Supplementary Exam Fee* (if applicable)		Per Course	2,500
Total Program Fees		AIC	1,76,540
		PRU	1,51,540

Other Fee

Fee Category	Fee dues on	Fee (in Rs.)
Hostel Fee*	Per Year	54,000
Mess Charges*	Per Month	As per actuals

* Fee is subject to revision