Swami Rama Himalayan University

Swami Ram Nagar, Jolly Grant, Dehradun – 248016, Uttarakhand, India

REPORT ON

Clinical Trial Centre

Himalayan Institute of Medical Sciences (HIMS)

Reporting period: 2025-26

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Document Control

Name of the Centre	Clinical Trial Centre
Host school / department	Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University
Year of establishment	2022 (established on 11 October 2022)
Reporting period	2025-26
Centre Coordinator / Head	Dr Nikku Yadav, Head, Department of Clinical Research, HIMS
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1. About the Centre

1.1 Background and Establishment

The Clinical Trial Centre was established on 11 October 2022 to conduct high-quality clinical research supporting new drug development. The inauguration featured a ribbon-cutting and Nariyal Fodne ritual, attended by SRHU's Vice Chancellor Dr. Vijay Dhasmana and Dr. Rajendra Dobhal, highlighting the institution's research commitment. Clinical trials in India follow strict regulations like NDCTR 2019, ICMR guidelines, and DCGI rules, with mandatory registration on the Clinical Trials Registry - India (CTRI). Dr. Nikku Yadav confirmed all trials at the center will comply with national and international standards, requiring DCGI approval and independent ethics oversight. The center partners with Somaya Research and Health Services LLP and KV Clinical Research to enhance trial operations, patient recruitment, and multi-center studies. It will focus on cardiovascular, metabolic, neurological, infectious, oncology, and rare diseases, advancing drug development through expert clinicians and researchers.

Website link: https://srhu.edu.in/clinical-trial-centre/

Team Members

- Dr Nikku Yadav
- Dr Renu Dhasmana
- Dr Kunal Gururani
- Dr Ankit Batra
- Dr Aavarti Baveja
- Dr Sanjiv Kumar Verma
- Dr Reshma Kaushik

The Committee

The committee includes:

- Director Research, Research & Development Cell, Chairperson
- Principal Himalayan University of Medical, Member
- Medical Superintendent Himalayan Hospital, Member
- Finance Officer, Member
- Head, Legal Department, Member
- HOD/In-Charge, Department of Clinical Research, HIMS, Member Secretary

The Office Orders constituting the Clinical Trial Committee are given in Annexure A.

1.2 Vision and Mission

Vision (Himalayan Institute of Medical Sciences): To be the preferred institution for quality medical education and healthcare in the country, and a centre of excellence for educating and training medical students

Mission (Himalayan Institute of Medical Sciences): To foster healthcare leaders in service of humanity through high-quality education, research, compassionate patient care, and innovative practices. It aims to develop competent, ethical clinicians accountable to patients, the community, and their profession

Values (Swami Rama Himalayan University): Integrity, Excellence, Inclusivity, Compassion, Altruism

The Centre's own vision and mission statements are not given in the source report.

1.3 Aim and Objectives

1. To conduct scientifically rigorous and ethically sound clinical trials.
2. To promote collaborations and multi-centre trials nationally and internationally
3. To provide practical training and capacity building in clinical research.
4. To support investigator- and sponsor-initiated research projects.
5. To promote collaborations and multi-centre trials nationally and internationally

1.4 Focus Areas and Research Themes

Functional Areas of Centre: The Clinical Trial Centre operates across multiple functional areas to ensure the smooth execution of clinical research while maintaining regulatory compliance, ethical standards, and high-quality data integrity.

The key functional areas of the centre include:

1. Clinical Trial Operations

- Designing and managing clinical trials for various therapeutic areas.
- Ensuring adherence to Good Clinical Practice (GCP) guidelines.
- Overseeing patient recruitment, screening, and enrolment.
- Conducting site monitoring, data collection, and safety assessments.
- Coordinating with sponsors, investigators, and ethics committees.

2. Regulatory Affairs & Compliance

- Ensuring all clinical trials comply with NDCTR 2019, ICMR guidelines, and Drugs Controller General of India (DCGI) regulations.
- Preparing and submitting regulatory documents for approvals from DCGI, Institutional Ethics Committee (IEC), and other governing bodies.
- Registering trials with the Clinical Trials Registry - India (CTRI) to maintain transparency.
- Ensuring compliance with ethical guidelines for patient safety and rights.

3. Site Management & Coordination

- Managing clinical trial sites efficiently through collaborations with Somaya Research and Health Services (SRHS) LLP and KV Clinical Research, Chhattisgarh.
- Conducting feasibility studies to assess the suitability of the site for different therapeutic trials.
- Training site personnel, investigators, and research coordinators.
- Ensuring timely execution of trials with effective resource management.

4. Patient Recruitment & Retention

- Developing patient recruitment strategies to enhance enrollment.
- Conducting awareness programs and community engagement initiatives.
- Ensuring informed consent processes are properly followed.
- Implementing patient retention strategies for long-term trials.

5. Data Management & Biostatistics

- Managing clinical trial data collection, validation, and analysis.
- Implementing electronic data capture (EDC) systems to maintain data integrity.
- Conducting statistical analysis for clinical trial outcomes.
- Ensuring compliance with 21 CFR Part 11 for electronic records.

6. Pharmacovigilance & Safety Monitoring

- Monitoring and reporting adverse drug reactions (ADRs) and serious adverse events (SAEs).
- Ensuring compliance with global pharmacovigilance regulations.
- Implementing risk management plans (RMPs) for safety monitoring.
- Conducting periodic safety updates and reporting to regulatory authorities.

7. Training & Capacity Building

- Providing hands-on training for students and clinical research professionals.
- Conducting workshops, seminars, and certificate programs in clinical research.
- Collaborating with academic institutions for research and education.
- Offering specialized training in Good Clinical Practice (GCP), Good Laboratory Practice (GLP), and Regulatory Affairs.

8. Quality Assurance & Auditing

- Conducting internal audits and quality control checks.
- Ensuring compliance with Standard Operating Procedures (SOPs).
- Performing risk assessments and corrective action planning.
- Preparing for external audits by regulatory authorities and sponsors.

9. Investigator-Initiated & Sponsor-Initiated Research

- Supporting investigator-initiated clinical research projects.
- Conducting industry-sponsored trials in collaboration with pharmaceutical companies and Contract Research Organizations (CROs).
- Developing research proposals and grant applications for funding.

10. Multi-Center Clinical Trials & Collaborations

- Coordinating multi-site clinical trials with national and international research centers.
- Conducting global clinical trials for new drug applications (NDAs) and biologics license applications (BLAs).

1.5 Alignment with Institutional Priorities and the UN SDGs

Clinical trials conducted at the university contribute to institutional priorities in healthcare research, evidence-based medicine, innovation, patient safety and improved healthcare outcomes. These activities support the following UN Sustainable Development Goals:

SDG 3: Good Health and Well-being

Conducting clinical trials to evaluate the safety and efficacy of new drugs, treatments and healthcare interventions, ultimately improving patient care and health outcomes.

SDG 9: Industry, Innovation and Infrastructure

Promoting medical research, clinical innovation, research infrastructure and the development of new therapeutic approaches.

2. Infrastructure, Facilities and Instrumentation

2.1 Major Instruments and Facilities

Name of instrument / facility	Make, model and year	Description and applications	Funding source	Image
-80° C Deep Freezer	Thermofisher Scientific, TDE60086FV-ULTS, 2024	Long-term preservation of biological specimens such as serum, plasma and other clinical trial samples at ultra-low temperatures.	Institute	
-20°C Deep Freezer	Blue Star, CF4-180NEYW, 2024	Storage of biological samples, reagents and temperature-sensitive clinical trial materials.	Institute	
Centrifuge	Luna Health Care, MAX-4K, 2024	Separation of serum, plasma and cellular components from blood samples for clinical research and laboratory investigations.	Institute	
Workstation: 16	Dell, OptiPlex 3000	Clinical trial data management, electronic data capture (EDC), regulatory documentation, electronic medical records and research coordination.	Institute	
Bio Bank Unit	Custom-designed facility 2022	Collection, processing, labeling, documentation, inventory management and controlled storage of biological specimens for clinical research.	Institute	

Softwares

- Oracle
- Cenduit
- IWRS
- Imedidata
- Icon

2.2 Laboratory Space and Specialised Units

Himalayan Central Diagnostic and Research Laboratory

2.3 Facility Utilisation and External Users

Sr. No.	User / institution	Purpose	Facility used	Samples / hours	Charges (₹), if any
	NA	NA	NA	NA	NA

3. Research Projects

3.1 Intramural / Seed Grant Projects

Sr.	PI / Co-PIs	Title of the project	PIN No.	Duration	Amount (₹)	Status
1	Dr Nikku Yadav PI	Prediction of Diabetes-Induced Complications in Patients of Himalayan Hospital Dehradun, Uttarakhand: An Artificial Intelligence Approach-2025	Clinical research /2025/01	2 Years	30,000	Ongoing
2	Dr Nikku Yadav Co-PI	Effect of Validated Rehabilitation Module (RehabMo) on Cognitive Impairment, Functional Disability, and Hospital Stay in Post-Stroke Patients: A Study from a Tertiary Care Hospital in Dehradun, May 2025	Clinical research/2026/01	2 Years	35000	Ongoing
3	Dr Nikku Yadav Co-PI	Development and assessment of tele: yoga protocol for Thyroid Disorder a randomized controlled trial at Himalayan hospital, Dehradun May 2025	-	2 Years	188000	Ongoing
4	Dr Nikku Yadav CO - PI	Epidemiological study of dementia in Uttarakhand A comparison approach	Neurology/2024/04	2 Years	954500	Ongoing

3.2 Extramural Projects

Sr.	PI	Title of the project	Sanctioning agency	Duration	Total cost (₹)	Status
1	Dr. Nikku Yadav (Principal Investigator, DHR Project)	Ensuring Integrity in Healthcare & Medical Ethics: Good Clinical Practice & Medical Ethics (training program)	Department of Health Research, Ministry of Health and Family Welfare (MoHFW)	5 Years	43,07,500	Ongoing
2	Dr. Nikku Yadav (Co- Principal Investigator, DHR Project)	Capacity Building for Managing Healthcare-Associated Infection Outbreaks in Tertiary and Secondary Care Hospitals across India – Hub and Spoke Model (Pandemic Preparedness), ICMR, 2026	ICMR, 2026	3 Year	30,00,000	Ongoing

3.3 Industry-Sponsored and Consultancy Projects

List of Regulatory Trials Completed/Ongoing/ Under-pipeline

Sr. No.	Indication	Sponsor	CRO	Study Start Date	Trial Status	Patient Recruited	Monitoring Visits
1	Metastatic Non- small Cell lung cancer	Zydus Life Sciences, Ahmadabad, GJ	Cliantha Research, Mumbai, MH	09/Mar/2023 to 10/Mar/2023	Close out	4	08/Nov/2023, 09-10/Mar/2023, 30-31/May/2023, 28-29/Jun/2023, 05-06/Sep/2023, 16-17/Oct/2023 29-30/Nov/2023, 11-12/Apr/2024
2	Rheumatoid arthritis	Virchow Biotech Pvt. Ltd. Hyderabad, Telangana	NMC Clinical services, Hyderabad, Telangana	14 Jul 2…	Close out	3	14/Jul/2023, 03/Apr/2024
3	Multiple Myeloma	Pfizer Ltd Mumbai, MH	Parexel India, Mumbai, MH	06/Jun/2023 to 07/Jun/2023	Ongoing	2	03/Jan/2023, 06-07/Jun/2023,28-29/sep/2023, 26/Oct/2023, 19-20/Dec/2023, 16/Feb/2024, 12-13/Mar/2024, 29-30/Apr/2024, 13-14/Jun/2024,19-20 /Feb/2025, 16-17/June/2025
4	Established cardiovascular Disease	Novartis Ltd, Mumbai, MH	Not available	08/Jun/2023 to 09/Jun/2023	Ongoing	8	08-09/Jun/2023, 10-11/Jul/2023, 19-20/Oct/2023, 09-10/01/2024, 04-05/Apr/2024, 06Jun/2024,9-10/Jan/2025,5/06/2025 to 6/6/20258-9 Sep 2025,14 Nov 2025
5	Atherosclerotic cardiovascular Disease	Novartis Ltd, Mumbai, MH	Not available	20/Jul/2023 to 21/Jul/2023	Ongoing	13	20-21/Jul/2023, 08/Sep/2023, 04-06/Dec/2023, 06-08/Mar/2024, 05-06/Jun/2024,6-7/ March /2025
6	HER 2 + Breast Cancer	Hetero Biopharma Ltd, Hyderabad, Telangana	Insignia Clinical Services Pvt. Ltd, New Delhi	03/May/2024	Pending	-	-
7	Invasive Fungal Infection	Gufic Biosciences Limited, Mumbai, MH	-	15 Mar 2024	Close	-	-

Sr. No.	Indication	Sponsor	CRO	Study Start Date	Trial Status	Patient Recruited	Monitoring Visits
8	Chornic Hyperuricemia	Vivotech Research Lab Pvt. Ltd, Mumbai, MH	-	-	CTA Pending	-	-
9	Lung Cancer Tecentriq® Lung Registry	Roche India, New Delhi	Eversana Ltd ,Mumbai, MH	-	terminated	-	-
10	ER+/HER- Early Breast cancer	Astrazeneca Ltd, Banglore, KA	-	-	On going	11 Patients Screen & 8 Enrolled till date	8-9 May 2025,19-20 August 2025
11	Biliary Tract Cancer	Astrazeneca Ltd, Banglore, KA	-	-	On going	1 Enrolled & 1 is under Screening Process	7-8 Nov 2025 (SIV) 22 Dec 2025 (IMV)
12	A Phase III Prospective, Randomized, Open-labelled, Blinded endpoint (PROBE), Multi-centric, Parallel Group, Non-inferiority Study to compare the Efficacy and Safety of GBL1204 with Ranibizumab in Patients with Wet Age-Related Macular Degeneration (PROMISES Study)	Gennova Biopharmaceuticals Limited	CRNI	Not available	Not available	7 screen 6 randomize	01 May 2025, 12 June 2025-13 June 2025, 30 July 2025-31July 2025, 15 Sep -16 sep 2025
13	A Phase IV, open label, clinical trial to assess safety and efficacy of Fexofenadine HCl + pseudoephedrine HCl fixed dose combination in Indian participants with allergic rhinitis (AR) who arc 12 years and above (FAST trial).	Sanofi	-	-	ongoing	-	29-30 sep 2025, 07 - 08 N0v 2025, 02-03 Dec 2025,
14	Advanced Hepatocellular Carcinoma (Dr. Ankit Batra)	Astrazeneca Ltd, Banglore, KA	-	-	Approved by EC CSA Pending	-	-
15	A Prospective, Randomized, Double-Blind, Active-Controlled, Multi-Centre, Two Arm, Phase-I/III Study to Investigate Safety, Efficacy, Pharmacokinetics and Immunogenicity of Intas Daratumumab (INTP33) Compared of DARZALEX@ in Transplant-Ineligible Participants with Newly Diagnosed	Intas	Lambda Therapeutic Reaserch Limited	-	upcoming	-	-

Sr. No.	Indication	Sponsor	CRO	Study Start Date	Trial Status	Patient Recruited	Monitoring Visits
16	A Phase-1/3, Randomised, Assessor-Blind, Active-Controlled, Parallel, Two Arm, Multicentre Study, to Compare Efficacy, Safety, Pharmacokinetics, and Immunogenicity of INTP58 versus Keytruda, Both Administered With Platinum-Doublet Chemotherapy, in the First-Line Treatment of Patients With Locally-Advanced or Metastatic Squamous or Non squamous Non-Small Cell Lung Cancer.	Intas	Lambda Therapeutic Reaserch Limited	-	upcoming	-	-
17	A Phase-1/3, Randomised, Assessor-Blind, Active-Controlled, Parallel, Two Arm, Multicentre Study, to Compare Efficacy, Safety, Pharmacokinetics, and Immunogenicity of INTP58 versus Keytruda, Both Administered With Platinum-Doublet Chemotherapy, in the First-Line Treatment of Patients With Locally-Advanced or Metastatic Squamous or Non squamous Non-Small Cell Lung Cancer.	Sun pharma	Sun pharma	-	upcoming	-	-
18	A Phase 1/3, Randomized, Multicentre, Assessor-Blind, Two-Arm, Parallel-Group, Comparative Clinical Study to Investigate the Efficacy, Immunogenicity, Safety, and Pharmacokinetics of Sponsor Nivolumab	Intas	Lambda Therapeutic Reaserch Limited	-	upcoming	-	-
19	A Phase I/III, Prospective, Assessor-Blind, Randomized, Multicentre, Active-Controlled, Two-Arm, Parallel-Group, Comparative Clinical Study to Investigate the Efficacy, Safety, Immunogenicity and Pharmacokinetics of INTP78 Versus Phesgo®, Both Administered in Combination with Docetaxel, in Previously Untreated Patients With HER2 Positive Locally Advanced or Metastatic Breast Cancer.	Intas	Lambda Therapeutic Reaserch Limited	-	upcoming	-	-

Sr. No.	Indication	Sponsor	CRO	Study Start Date	Trial Status	Patient Recruited	Monitoring Visits
20	A Randomized, Two-Arm, Double-Blind, Parallel, Multicentre Study to Compare Efficacy, Safety, Pharmacokinetics, and Immunogenicity of ASP200 (Pembrolizumab biosimilar) with Keytruda® in Adult Participants with Metastatic Non-Squamous Non-Small Cell Lung Cancer (NSCLC)	Cipla	CBCC	-	upcoming	-	-

3.4 Funding Summary

Category	No. of projects
Intramural / Seed Grant	4
Extramural	2
Industry / Consultancy	20
Total	26

Number of projects is as listed in sections 3.1 to 3.3; sanctioned amounts are not given in the source report.

3.5 Project Highlights

1. DHR-Sponsored National Symposium on Advancing Clinical Research 10 July 2026
2. Ensuring Integrity In Healthcare: Good Clinical Practice & Medical Ethics (A 5 Week Training Program) 28-June-2026 to 29-july 2026
3. Ensuring Integrity In Healthcare: Good Clinical Practice & Medical Ethics (A 5 Week Training Program) 28-Jan-2026 to 24-Feb 2026
4. Capacity Building Workshop on Healthcare Research & Biostatistics 25 - 26 February 2026
5. Ensuring Integrity In Healthcare: Good Clinical Practice & Medical Ethics (A 5 Week Training Program) 4 July – August 7, 2025
6. Two-workshop on “Good Clinical Practice & Ethics”4–5, July 2025,
7. Training Workshop on Bioethics, Sponsored by Department of Health Research 6-7Jan 2025
8. Ensuring Integrity In Healthcare: Good Clinical Practice & Medical Ethics (A 5 Week Training Program) 6 Jan- 7 Feb 2026
9. Data to Discovery International Symposium on Biology and Medicine in AI Era with hands- on workshop on Datamining, Statistics and AI ML tools in Biomedicine, Feb 2025

4. Research Outputs

4.1 Research Publications

Sr.	Author(s)	Title of the publication	Journal / Proceeding / Book Name	Year	DoI / ISSN / ISBN	Link
1	Charu, Dr Nikku Yadav, Dr Ashok Kumar Srivastav, A K Pandey	Effect of Structured Yoga Practice on Glycemic and Hepatic Outcomes in Patients with Coexisting Type 2 Diabetes Mellitus and Non-Alcoholic Fatty Liver Disease	IJCH	2026	0971-7587	Link
2	Dr Nikku Yadav, Dr Ankit Singh, Dr Anita Sharma	Thyroid Hormone Reference Ranges in Iodine-Deficient Pregnant Women: An Analysis in Foothills of Himalaya, Uttarakhand Establishing Trimester-Specific Reference Ranges in a Himalayan	IJCH	2026	0971-7587	Link
3	Eesha Goel, Suman Bala, Yashpal Singh, Dr Nikku Yadav, Ashwani Bhat, Akanksha	Evaluation of Trigger Factors of Acute Migraine Episodes among Medical Students: A Cross-sectional Study	Journal of Clinical and Diagnostic Research.	2026	0973-709X	Link
4	Charu, Dr Nikku Yadav, Dr Ashok Kumar Srivastav, A K Pandey	Effect of Structured Yoga Practice on Glycemic and Hepatic Outcomes in Patients with Coexisting Type 2 Diabetes Mellitus and Non-Alcoholic Fatty Liver Disease.	IJCH	2026	0971-7587	Link
5	Dr. Manish Raturi	Designing And Assessing The Impact Of A Competency-Based Training Program In Transfusion Medicine Among Mbbs Interns	Transfusion clinique et biologique	2025	10.1016/j.tracli.2025.06.003	View
6	Dr. Manish Raturi	Distribution And Correlation Of Lewis Antigens And Salivary Abh Secretions In Blood Donors From Uttarakhand, India	Global Journal of Transfusion Medicine	2025	10.5005/gjtm-11039-0005	View
7	Dr. Manish Raturi	Immunological Complications Of Blood Transfusion: Current Insights And Advances	Current Opinion in Immunology	2025	10.1016/j.coi.2025.102617	View
8	Dr. Manish Raturi	The Crimson Laureate'S Vision: Establishing Paw Blood Bank For All Creatures Great And Small	Transfusion Clinique et Biologique	2025	10.1016/j.tracli.2025.12.002	View
9	Dr. Manish Raturi	The Tireless Journey Of The Resilient Little Red Blood Cell	Transfusion Clinique et Biologique	2025	10.1016/j.tracli.2025.01.002	View
10	Raturi, Manish; Nautiyal, R.; Kumar, V.; Dhiman, Y.; Singh Gaur, D.; Chandra, H.	Beyond Royalty: Unraveling The Mystery Of Bluish Discolouration In The Blood Transfusion Set	Elsevier Masson s.r.l.	2025	10.1016/j.tracli.2024.10.005	View
11	Raturi, Manish; Bhatt, S.; Dhiman, Y.; Gaur, D.S.; Bathla, G.	Blood Group Misinformation Impacting The Attendant'S Decision-Making For A Timely Blood Transfusion To Their Patient: An Ethical Dilemma	Elsevier Masson s.r.l.	2025	10.1016/j.tracli.2024.12.003	View

Sr.	Author(s)	Title of the publication	Journal / Proceeding / Book Name	Year	DoI / ISSN / ISBN	Link
12	Raturi, Manish; Shivhare, A.	Fragile Beginnings Enduring Legacy: The Blood Bag Story	Elsevier Masson s.r.l.	2025	10.1016/j.tracli.2025.04.005	View
13	Maini, R.; Kumar Rawat, A.; Kumar, R.; Raturi, Manish	Prevalence And Risk Factors Of Alloimmunization In Multi-Transfused Pediatric Patients: A Cross-Sectional Study From A Sub-Himalayan Tertiary Care Hospital In Uttarakhand India	Elsevier Masson s.r.l.	2025	10.1016/j.tracli.2024.10.007	View
14	Bansal, N.; Raturi, Manish; Kaur, A.	Recent Advances In Transfusion Medicine: Need For Bridging Evidence And Practices In Low- And Middle-Income Countries	Elsevier Masson s.r.l.	2025	10.1016/j.tracli.2025.07.003	View
15	Dr. Reshma Kaushik	Diagnostic Efficacy Of Fib-4 Scores, Nafld-Fibrosis Score And Bard Score In The Assessment Of Liver Fibrosis In Nafld	International Journal of Science and Research	2025	2676-7104	View
16	Dr. Nikku Yadav, Sandeep Rawat, Vedika Rawat	Advancing antimicrobial therapy through nanotechnology: Design, evaluation, and clinical translation	Journal of Laboratory Physicians	2025	0974-7826	View
17	Kuliyal Aditi, Jha K Manish, Agarwal Vaibhav, Dr. Nikku Yadav	Analysing The Effects Of Neuro-Dynamics In Carpal Tunnel Syndrome In Pain And Disability: A Randomized Control Trial	South eastern european Journal of public Health Volume XXVI, S2,2025,	2025	10.70135/seejph.vi.4512	View
18	Dr. Nikku Yadav, Anjali Mishra, Ruchika Thapliyal	Anti-microbial resistance: A global threat to humanity	Journal of Laboratory Physicians	2025	0974-7826	View
19	Ms. Charu Paliwal, Prof. Dr. Ashok Kumar Srivastav, Dr. Nikku Yadav	Benefits Of Yoga In Patients Of Diabetes Mellitus 2 And Non-Alcoholic Fatty Liver Disease (Nafld): A Review	International Journal for Multidisciplinary Research	2025	10.36948/ijfmr.2025.v07i06.60065	View
20	Dr. Nikku Yadav, Akankska Rawat, Swati Pandey	Clinical application of bacteriophages to treat multidrug resistance: Phage journey from bench to bedside	Journal of Laboratory Physicians	2025	0974-7826	View
21	Rohit Pawar, Dr. Nikku Yadav	Detection methods for antimicrobial resistance: Phenotypic and genotypic	Journal of Laboratory Physicians	2025	0974-7826	View
22	Dr. Ruchi Juyal, Dr. Deep Shikha, Dr. Nikku Yadav, Dr. Taruna Sharma, Dr. Sai Chandan Das	From Connection To Isolation: The Paradox Of Social Media And Its Impact On Adoescent Mental Health	STAPS Journal	2025	1482-1568	View
23	Dr. Nikku Yadav, Seema Nautiyal, Pratyush Kumar Sahoo	Revolutionizing antibiotic-resistant detection: A breakthrough paper-based approach	Journal of Laboratory Physicians	2025	0974-7826	View

Status and indexing details are not given in the source report.

4.2 Patents and Intellectual Property

Sr.	Inventor(s)	Title	Application number	Filing date	Status
1	Ms Neelam Patel , Dr Nikku Yadav	A Yoga Protocol for the Management of Cognitive Function, Emotion Regulation and Sleep Quality	LD-29650/2026-CO	24/6/2026	Published

Sr.	Inventor(s)	Title	Application number	Filing date	Status
2	Dr Ankit Sharma , Dr Nikku Yadav	A System For Integrative Analysis Of Extrasensory Perception In Indian Philosophical Traditions 202511125559A 23/01/2026	202511125559A	23/01/2026	Published
3	Dr Somlata Jha,Dr Nikku Yadav	Developing Yoga Protocol for Hyperthyroidism LD-26553-2025-CO 16 December 2025	LD-26553-2025-CO	16 /12/ 2025	Published
4	Dr Manisha Sharma,Dr Nikku Yadav	Rehabilitation Module (RehabMo) for Improving Functional Disability and Impaired Cognition in Post-Stroke Patient LD-26166/2025-CO,2025	LD-26166/2025-CO	30/06/2025	Published

4.3 Books, Chapters, Technologies, Prototypes, Datasets and Protocols

Sr.	Type	Title	Author(s) / developer(s)	Year	Remarks
1	Book Chapter	Technologies and Innovations for Smart Health Care System in Society 5.0. In: Yadav, D.K., Gulati, A. (eds) Artificial Intelligence and Machine Learning in Healthcare. Springer, Singapore. https://doi.org/10.1007/978-981-99-6472-7_10	Dr Nikku Yadav, Dr Suman Bala Dr S Thakur	2023	-

4.4 Conference Presentations and Posters

Sr.	Presenter	Title	Conference	Date and venue	Award, if any
1	Dr Nikku Yadav	International conference: Indian knowledge system and scientific perspective of yoga for holistic health	Yes	17-18 March 2026, SRHU	Judge of Oral Presentation
2	Dr Nikku Yadav	16 India Probiotic Symposium: Gut Microbiota and Probiotics: Impact from Cradle to Centenarians	Yes	27-28 March 2026,JLN Auditorium, AIIMS.Delhi	-
3	Dr Nikku Yadav	Resource Person & Plenary Speaker – 4th National Conference of Pharmacy Practice	Yes	30 April–1 May 2026, SGT University	Resource Person
4	Sadhna Mishra and Ruchika	“CAR-T Cell Therapy Without Borders: Advancing Global Clinical Trials Through Collaboration”	International Clinical Trials Day 2026 – Poster Presentation Competition	20 May 2026, Department of Clinical Research, Sushruta LT-1, and the Clinical Trial Centre	Winner

Sr.	Presenter	Title	Conference	Date and venue	Award, if any
5	Hasnain and Rajni Saini	"Risk Based Patient Monitoring in Global Advanced Trials"	International Clinical Trials Day 2026 – Poster Presentation Competition	20 May 2026, Department of Clinical Research, Sushruta LT-1, and the Clinical Trial Centre	Winner
6	Dr Nikku Yadav	International Union of Biological Sciences (IUBS) Conference 2026	Yes	9-13 June 2026,Indian Institute of Science (IISc), Bengaluru	Oral Presentation
7	Dr Nikku Yadav	Epidemiology Foundation of India	Yes	AIIMS New Delhi 11-12 Nov 2025	Chairperson
8	Dr Nikku Yadav	Indian Conference on Bioinformatics 2025 (InBix2025)	Yes	13–15 November 2025 NSCB Medical College & ICMR-NIRTH, Jabalpur	Oral Presentation
9	Dr Nikku Yadav	Microbiome & theBiotic Family :R&D Leading to clinical & Commercial Implication	Yes	19-20 Dec 2025,SRHU	Session Chair

5. Collaborations, MoUs and Consortia

Sr.	Title of MoU / collaboration	Partner institution / industry	Scope of work	Duration
1	Partnership with Somaya Research and Health Services LLP	Somaya Research and Health Services LLP (SRHS LLP)	Collaboration in conducting clinical research studies, clinical trial management, patient recruitment, site coordination, regulatory documentation, data management, and capacity building in clinical research.	5Year
2	Partnership with KV Clinical Research	KV Clinical Research, Chhattisgarh	Collaborative support for clinical trial operations, patient recruitment, study coordination, regulatory compliance, clinical research training, and facilitation of multicentre clinical studies.	5 Year
3	VICTORION-2 PREVENT trial, a randomized, double-blind, placebo-controlled, multicenter study	Novartis Healthcare Private Limited	Conduct of a multicentre clinical trial, including patient screening and recruitment, informed consent, protocol implementation, clinical assessments, safety monitoring, data collection, and reporting in accordance with GCP and regulatory requirements.	75 Months
4	A randomized, 2-arm, Phase 3 study of Elranatamab (PF-06863135) versus Lenalidomide in patients with newly diagnosed Multiple myeloma after undergoing antilogous stem-cell transplantation.	Parexel International Clinical Research Pvt. Ltd	Conduct of a Phase III clinical trial involving patient screening and enrolment, informed consent, protocol-based treatment and follow-up, safety and efficacy assessments, adverse event reporting, and clinical data documentation in compliance with GCP.	60 Months

Sr.	Title of MoU / collaboration	Partner institution / industry	Scope of work	Duration
5	A Phase III Prospective, Randomized, Open-labelled, Blinded endpoint (PROBE), Multi-centric, Parallel Group, Non-inferiority Study to compare the Efficacy and Safety of GBL1204 with Ranibizumab in Patients with Wet Age-Related Macular Degeneration (PROMISES Study)	Clinical Research Network India Pvt. Ltd	Conduct of a multicentre Phase III clinical trial involving patient recruitment, informed consent, administration of investigational treatment, monitoring of safety and efficacy outcomes, follow-up assessments, and clinical data management as per the approved protocol.	
6	A Phase 3 Study of Trastuzumab Deruxtecan (T-DXd) and Rilvegostomig versus Standard-of-Care Gemcitabine, Cisplatin, and Durvalumab for First Line Locally Advanced or Metastatic HER2-expressing Biliary Tract Cancer (DESTINY-Biliary Tract Cancer-01)	AstraZeneca Pharma India Limited	Conduct of a Phase III oncology clinical trial involving patient screening and recruitment, informed consent, protocol-based administration of investigational treatments, monitoring of safety and efficacy outcomes, adverse event reporting, patient follow-up, and clinical data management in compliance with GCP and applicable regulatory guidelines.	Until disease progression
7	Swami Rama Himalayan University (SRHU) and **Auriga Research**, New Delhi, entered into a **Memorandum of Understanding (MoU)** on **20th September 2024** with the shared vision of fostering stronger collaboration between academia and industry. The objectives of this MoU are to **strengthen ties between the two sectors**, enabling knowledge exchange and practical exposure	Auriga Research, New Delhi	To promote academic–industry collaboration through student internships, industrial training, faculty development programmes, knowledge exchange, practical exposure, skill development, and placement opportunities in clinical research and allied fields.	5 Year
8	Swami Rama Himalayan University (SRHU), Dehradun, achieved a significant milestone with the signing of a Memorandum of Understanding (MoU) with Enparis Bio Pvt. Ltd., a leading organization focused on advancing innovative therapeutics into impactful healthcare solution	Enparis Bio Private Limited, Punjab	. To facilitate collaboration in clinical research, biomedical research, drug development, innovative therapeutics, knowledge sharing, research training, and joint academic and scientific activities.	5 Year
9	The project was initiated in November 2024. Its main objective was to investigate adult trauma patients and assess the care provided to them in accordance with the Advanced Trauma Life Support (ATLS) protocol, in comparison with standard care	The George Institute	To conduct collaborative clinical research on adult trauma patients, assess the quality of trauma care, evaluate adherence to Advanced Trauma Life Support (ATLS) protocols, and compare outcomes with standard care.	1 Year

Sr.	Title of MoU / collaboration	Partner institution / industry	Scope of work	Duration
	A Prospective, Randomized, Double-Blind, Active-Controlled, Multi-Centre, Two-Arm, Phase I/III Study to Investigate the Safety, Efficacy, Pharmacokinetics, and Immunogenicity of Intas Daratumumab (INTP33) Compared to DARZALEX® in Transplant-Ineligible Participants with Newly Diagnosed Multiple Myeloma	Lambda Therapeutic Research Ltd Gujarat	To conduct a multicentre Phase I/III clinical trial evaluating the safety, efficacy, pharmacokinetics, and immunogenicity of Intas Daratumumab (INTP33) compared with DARZALEX® in transplant-ineligible patients with newly diagnosed multiple myeloma, including patient recruitment, informed consent, safety monitoring, data collection, and regulatory compliance.	

Managing clinical trial sites efficiently through collaborations with Somaya Research and Health Services (SRHS) LLP and KV Clinical Research, Chhattisgarh.

6. Human Capital Development

6.1 Ph.D. Scholars

Sr.	Scholar	Supervisor / Co-supervisor	Research topic	Year of registration	Status
1	Ms Charu Paliwal	**Co-supervisor**	Impact of yoga asanas, on quality of life of patients with type 2 diabetes and non-Alcoholic fatty liver disease (NAFLD): a hospital based (quasi experiment) study	2021	Thesis Submitted
2	Ms Neelam Pandey	**Co-supervisor**	Effect of Yogic Intervention on Cognitive Function, Emotion Regulation and Sleep Quality Among University Students: A Randomized Control Study	2024	Ongoing
3	Ms Deepshika Jha	**Supervisor**	Draft Synopsis	2025	Synopsis Preparation on medical Leave
4	Mr Yogesh Saini	**Supervisor**	Draft Synopsis	2025	Synopsis Preparation

6.2 PG / UG Dissertations and Project Students

Sr.	Student	Programme	Guide	Title of dissertation / project	Year
1	Aditi Uniyal	Msc Clinical Research	Dr Manisha Sharma, Assistant Professor Department of Clinical Research, HIMS, Swami Rama Himalayan University	A mono-centric, open-label, versus control study to evaluate Dermatological Safety of test products by primary irritation patch test on healthy human volunteers of varied skin types.	2026

Sr.	Student	Programme	Guide	Title of dissertation / project	Year
2	Koyna Sharma	Msc Clinical Research	Dr Nikku Yadav, Associate Professor & In charge Department of Clinical Research, HIMS, Swami Rama Himalayan University	Evaluation of safety of Test products by primary irritation patch test on healthy human volunteers of varied skin types.	2026
3	Anushka Yadav	Msc Clinical Research	Dr Nikku Yadav, Associate Professor & In charge Department of Clinical Research, HIMS, Swami Rama Himalayan University	Evaluation of safety of Test products by primary irritation patch test on healthy human volunteers of varied skin types.	2026
4	Karan Singh	Msc Clinical Research	Dr Sourav Kohli, Professor Department of Pharmacology, HIMS,Swami Rama Himalayan University	A multicenter, randomized, double-blind, active-control phase III clinical trial of WOXhealÂ® [Diperoxochloric acid] topical solution in the treatment of chronic venous leg ulcer–in comparison with the active-control 0.9% sodium chloride topical solution in addition to standard of care.	2026
5	Himanshu Kohli	Msc Clinical Research	Dr Nikku Yadav, Associate Professor & Incharge Department of Clinical Research, HIMS, Swami Rama Himalayan University	Development of a Protocol for Immunobridging of Panacea Biotec's Tetravalent Single-Dose Dengue Vaccine (DengiAll) (Live Attenuated, Recombinant, Lyophilized) from Adults to Paediatric Population.	2026
6	Sneha Pandey	Msc Clinical Research	Dr Manisha Sharma, Assistant Professor Department of Clinical Research, HIMS, Swami Rama Himalayan University	Association of Clinical and Echocardiographic Factors with Adverse Outcomes in Patients Implanted with Dafodil TM Percardial Bioprosthetic: A Retrospective Study	2026
7	Dev Saini	Msc Clinical Research	Dr Nikku Yadav, Associate Professor & In charge, Department of Clinical Research, HIMS, Swami Rama Himalayan University	A multicenter, randomized, double-blind, active-control phase III clinical trial of WOXheal® [Diperoxochloric acid] topical solution in the treatment of pressure ulcers – in comparison with the active-control 0.9% sodium chloride topical solution in addition to standard of care.	2026
8	Vini Bhargava	Msc Clinical Research	Dr Manisha Sharma, Assistant Professor Department of Clinical Research, HIMS, Swami Rama Himalayan University	Evaluating the Impact of Structured Clinical Research Training on Competency Development among Healthcare Professionals.	2026

Sr.	Student	Programme	Guide	Title of dissertation / project	Year
9	Himanshi	Msc Clinical Research	Dr Manisha Sharma, Assistant Professor Department of Clinical Research, HIMS, Swami Rama Himalayan University	Assessment of Hemodynamic Outcomes and Early Clinical Performance of Myval™ THV in TAVR with Subgroup Analysis Based on Valve Sizes.	2026
10	Pragati Jadli	Msc Clinical Research	Dr Ruchi Juyal, Professor Department of Community Medicine, HIMS, Swami Rama Himalayan University	Knowledge, Awareness and Attitudes toward clinical research among Life Science and Healthcare Scholars in India	2026
11	Kajal	Msc Clinical Research	Dr Deep Shika, Professor Department of Community Medicine, HIMS, Swami Rama Himalayan University	Evaluation of Patient-Reported Outcomes and Tolerability of intranasal corticosteroid (INCS) in Indian patients with allergic rhinitis.	2026
12	Akshita Verma	Msc Clinical Research	Dr Nikku Yadav, Associate Professor & In charge Department of Clinical Research, HIMS, Swami Rama Himalayan University	A machine learning, approach for predicting polycystic ovarian syndrome through lifestyle and medical indicator.	2026
13	Anshika Kukshal	Msc Clinical Research	Dr Ruchi Juyal, Professor Department of Community Medicine, HIMS,Swami Rama Himalayan University	Assessment of Disease Severity, Pain, Functional Outcome, and Physiotherapy Adherence in Patients with Knee Osteoarthritis: A Follow-Up Study	2026
14	Anushka Pant	Msc Clinical Research	Dr Saurabh Kohli, Professor Department of Pharmacology, HIMS,Swami Rama Himalayan University	Assessment of anticholinergic drug burden among geriatric patients at a tertiary care hospital	2026
15	Anuj Singh	Msc Clinical Research	Dr Nikku Yadav, Associate Professor & In charge Department of Clinical Research, HIMS, Swami Rama Himalayan University	A studyt on Gaming addiction and aggressive behavior among swami Rama Himalayan university students.	2026
16	Avalapati Padma Sri	Msc Clinical Research	Dr Manisha Sharma, Assistant Professor Department of Clinical Research, HIMS, Swami Rama Himalayan University	A Prospective Observational Study to Compare the Effect of Different Drugs on Intravenous Propofol Injection Pain.	2026

Sr.	Student	Programme	Guide	Title of dissertation / project	Year
17	Bheemisetty Hari Priya	Msc Clinical Research	Mrs Akanksha Uniyal, Lecturer, Department of Biostatics	Study of Effects of probiotics on anaemia in adolescent girls	2026
18	Mohd Shazar	Msc Clinical Research	Dr Abha Srivastava Professor & Hod Department of Physiology , HIMS, Swami Rama Himalayan University	Knowledge, Attitude, and Practice of People with Diabetes Mellitus towards Diabetes and kidney disease	2026
19	Ruchika	Msc Clinical Research	Dr Nikku Yadav, Associate Professor & In charge Department of Clinical Research, HIMS, Swami Rama Himalayan University	Association between anaemia severity and quality of life in patient undergoing haemodialysis.	2026
20	Sadhna Mehra	Msc Clinical Research	Dr Amjad Husain, Professor, Translational Research Cancer Research Institute, HIMS, Swami Rama Himalayan University Dehradun	Association of baseline serum Vitamin D levels with Tumor-Infiltrating Lymphocytes (TILs) and Clinicopathological Stages in Breast Cancer Patients: A Prospective Study.	2026
21	Shruti Chauhan	Msc Clinical Research	Dr Deep shika, Professor Department of Community Medicine, HIMS,Swami Rama Himalayan University	Assessment of Psychological distress and body image perceptions in breast Cancer patients undergoing treatment: A cross-sectional study	2026
22	Shresth Sharma	Msc Clinical Research	Dr Ankit Batra, Associate Professor, Department of Oncology, HIMS,Swami Rama Himalayan University	A prospective analysis to address myths regarding post-biopsy cancer spread and their influence on diagnostic timelines in suspected malignancy	2026
23	Soumyajit Chakraborty	Msc Clinical Research	Dr. Abha Srivastava Hod & Prof Department of Physiology HIMS,Swami Rama Himalayan University	Study on High-Risk Drug Utilization Pattern and Laboratory Monitoring in ICU Patients of a Tertiary Care Hospital	2026
24	Tamanna	Msc Clinical Research	Dr Manisha Sharma, Assistant Professor Department of Clinical Research, HIMS, Swami Rama Himalayan University	A Retrospective Analysis of the Association between Non-Alcoholic Fatty Liver Diseases (NAFLD) severity and cardiovascular diseases (CVD) risk factors.	2026

Sr.	Student	Programme	Guide	Title of dissertation / project	Year
25	Vanshika Sharma	Msc Clinical Research	Dr. Ankit Batra Associate Professor Department of Oncology, HIMS, Swami Rama Himalayan University	Evaluation of Incidence and Severity of Adverse Drug Reactions in Cancer Patients from Hilly and Non-Hilly Areas Receiving Chemotherapy with Emphasis on Myelosuppression.	2026

Project Submitted to STPI Funding Agency by Students:

S. NO	Registration Number	TEAM	Batch	TITLE
	DD251111502005	Hari Priya,	2025	
	DD251111502006	Padma Sri	2025	
1	DD2611025060001	Garima	2026	Study Match
	DD251111502010	Sadhna Mehra,	2025	
	DD251111502002	Anshika Kukshal	2025	
	DD2611025060003	Sania	2026	
2	DD251111502001	Akshita Verma	2025	TIL-EASE
	DD251111502003	Anushka	2025	
	DD251111502011	Shruti	2025	
	DD251111502013	Soumyajit	2025	
	DD251111502015	Vanshika	2025	Medimate
3	DD2611025060005	Shreya	2026	
	DD251111502004	Anuj	2025	
	DD251111502014	Tamanna	2025	
4	DD2611025060004	Shaily	2026	Trash2Cash
	DD251111502012	Shresth Sharma	2025	
	DD251111502009	Ruchika	2025	
5	DD2611025060002	Kabyashri	2026	Equipgrid

6.3 Research Fellows and Project Staff

Sr.	Name	Designation	Project
1	Tamana Saini	CRC	Conduct of a multicentre Phase III clinical trial involving patient recruitment, informed consent, administration of investigational treatment, monitoring of safety and efficacy outcomes, follow-up assessments, and clinical data management as per the approved protocol.
2	Rashmi Negi	CRC	A Phase IV, open label, clinical trial to assess safety and efficacy of Fexofenadine HCl + pseudoephedrine HCl fixed dose combination in Indian participants with allergic rhinitis (AR) who arc 12 years and above (FAST trial).
3	Hasnain	CRC	Conduct of a Phase III oncology clinical trial involving patient screening and recruitment, informed consent, protocol-based administration of investigational treatments, monitoring of safety and efficacy outcomes, adverse event reporting, patient follow-up, and clinical data management in compliance with GCP and applicable regulatory guidelines.
4	Aditi Uniyal	CRC	"A randomized, 2-arm, phase 3 study of elranatamab (pf-06863135) vs lenalidomide in patients with newly diagnosed multiple myeloma who are minimal residual disease positive after undergoing autologous stem-cell transplantation c1071007"
5	Yash Chandra	CRC	"A randomized, double-blind, placebo -controlled, multicenter trial, assessing the impact of inclisiran on major adverse cardiovascular events in participants with established cardiovascular disease (VICTORION-2 PREVENT) CKJX839B12302"

7. Training, Workshops, Conferences and Outreach

7.1 Events Organised

Sr.	Title of the event	Type	Sponsor / organiser	Dates	Participants
1	Celebration of International Clinical Trials Day 2026	Celebration	Department of Clinical Research, HIMS	20 May 2026	Not available
2	Workshop on Good Clinical Practices (GCP), Good Laboratory Practices (GLP), and Ethics	Workshop	Organized By: Event Management club	13th March, 2026	112 PG Students (MD, MD, DM, MCh)
3	Advancing Research Excellence: Capacity Building Workshop on Healthcare Research & Biostatistics	Capacity Building Workshop	Department of Clinical Research, HIMS (support from Department of Health Research, MoHFW)	25-26 Feb 2026	Not available
4	Workshop on Bioethics, Sponsored by Department of Health Research, Ministry of Health and Family Welfare (MoHFW)	Workshop / Training Program	Sponsored by Department of Health Research, MoHFW; organized by Department of Clinical Research, HIMS	28 -Jan-2026 - 26 Feb 2026	30 healthcare research professionals and 10 faculty members
5	Workshop on Bioethics, Sponsored by Department of Health Research, Ministry of Health and Family Welfare (MoHFW)	Workshop	Sponsored by Department of Health Research, MoHFW; organized by Department of Clinical Research, HIMS	4 July 2025 - 5 July 2025	121

7.2 Event Reports

Event Report 1: SRHU Encourages Young Researchers Through International Clinical Trials Day Celebration, 20 May 2026

The Department of Clinical Research, Himalayan Institute of Medical Sciences, under Swami Rama Himalayan University, successfully organized the celebration of International Clinical Trials Day 2026 on 20 May 2026 at the Department of Clinical Research, Sushruta LT-1, and the Clinical Trial Centre. Dr. Nikku Yadav, Incharge, Department of Clinical Research, highlighted that the event was organized under the global theme, “Stronger Together: Advanced Therapy Clinical Trials Without Borders,” which emphasized the importance of collaboration, innovation, and patient-centred advancements in clinical research across the world. The programme commenced at 10:00 AM with an engaging Poster Presentation Competition organized for MSc Clinical Research students in the Department of Clinical Research.

The students presented posters on diverse topics related to clinical research and various disciplines of medical sciences, demonstrating scientific understanding, analytical thinking, creativity, and research aptitude under the Guidance of Dr Nikku Yadav & Dr Manisha Sharma. The occasion was graced by Dr. Ahmadulla Shriff, Dean HIMS, as the Chief Guest. The poster presentations were evaluated by an esteemed panel of judges comprising Prof. D.C. Dhasmana, Dr. Anuradha Kusum, Dr. (Brig.) Ravinder Saini, Dr. Ruchi Juyal, Dr. Kiran Bhat, Dr. Arti Kotwal, Dr. Deep Shikha, and Dr. Vidisha Vallabh. Their valuable insights, constructive feedback, and encouragement greatly motivated the participating students and enhanced the academic spirit of the event.

The winners of the Poster Presentation Competition were:

Team H – Hasnain and Rajni Saini
Topic: “Risk Based Patient Monitoring in Global Advanced Trials”

Team F – Sadhna Mishra and Ruchika
Topic: “CAR-T Cell Therapy Without Borders: Advancing Global Clinical Trials Through Collaboration”

Following the poster presentation session, an interactive and motivational activity titled “Pass the Success Forward” was conducted for the 14 MSc Clinical Research students. The activity was moderated by Dr. Nikku Yadav, Dr. Manisha Sharma, and Ms. Pooja Kandari. The session highlighted the importance of teamwork, mutual support, generosity, leadership, and collective growth among future clinical research professionals. The activity served as a meaningful reminder that success becomes more impactful and fulfilling when shared with peers and colleagues.

Post lunch, an informative Awareness Session on the “Role of Clinical Research in Drug Discovery and Development Process” was organized at Sushruta LT-1 for pharmacy and allied health sciences students. Dr. Nikku Yadav, Incharge and Associate Professor, delivered an insightful lecture on the topic “Awareness Session: Role of Clinical Research in Drug Discovery and Development Process.” The session provided students with a comprehensive understanding of the significance of clinical research in modern healthcare, drug development, patient safety, and evidence-based medicine.

A special highlight of the programme was the inspiring interaction by the department’s distinguished alumna, Ms. Arpita Borgaonkar, Associate Centralised Monitor, IQVIA RDS Ltd., Mumbai. Addressing the students on the topic “Why to Pursue MSc Clinical Research from Swami Rama Himalayan University?” she shared her professional journey, industry experiences, and valuable insights regarding career opportunities and professional growth in the field of clinical research. Her interaction motivated students to explore emerging opportunities and pursue excellence in clinical research.

The post-lunch activities also included Role Plays by MSc Clinical Research students on the Informed Consent Process, enabling participants to understand the ethical and communication aspects involved in clinical trials. In addition, students visited the Clinical Trial Centre in groups, where they received practical exposure to clinical research operations and trial management processes, thereby enhancing their experiential learning.

The celebration of International Clinical Trials Day 2026 concluded successfully with enthusiastic participation from students and faculty members. The event effectively promoted scientific curiosity, collaborative learning, ethical awareness, and professional motivation among aspiring clinical research professionals. The programme reflected the continued commitment of Swami Rama Himalayan University toward excellence in clinical research education, healthcare innovation, and capacity building in translational and patient-centred research.



Turning Knowledge into Research, and Ideas into Impact.



A Step Towards Scientific Excellence Through Research Poster Presentations.



Celebrating Clinical Trials Day — Advancing Research, Transforming Lives!



Celebrating Research, Inspiring Innovation!

Website link: srhu.edu.in – International Clinical Trials Day 2026 report

Event Report 2: Strengthening Research Integrity: Workshop on Good Clinical Practice (GCP), Good Laboratory Practice (GLP) and Research Ethics for Postgraduate Students.

Topic: Workshop on Good Clinical Practices (GCP), Good Laboratory Practices (GLP), and Ethics

Date: 13th March, 2026

Venue: Sushruta LT-3, Himalayan Institute of medical Sciences

Organized By: Event Management club

Speakers:

- Dr. Nikku Yadav, Incharge, Department of Clinical Research
- Prof. D.C. Dhasmana, Professor, Department of Pharmacology
- Prof. AK Srivastava, HOD, Department of Community Medicine
- Dr. Richa Sinha, Assistant Professor, Department of Pharmacology
- Dr. Harvinder Chhabra, Assistant Professor, Department of FMT
- Dr. Manisha Sharma, Assistant Professor, Department of Clinical Research
- Mr. Abhinav Bahuguna, Lecturer, Department of Clinical Research and Biostatistics

No. of Participants: 112 PG Students (MD, MD, DM, MCh)

Introduction: The workshop on Good Clinical Practices (GCP), Good Laboratory Practices (GLP), and Ethics was conducted on 13th March 2026 at HIMS. The objective of the workshop was to enhance participants' understanding of regulatory guidelines and ethical considerations in clinical and laboratory research. The event brought together healthcare professionals, researchers, and students to discuss best practices, regulatory requirements, and ethical challenges in the field of biomedical research.

Objectives of the Workshop

- To provide an overview of GCP and its role in clinical trials.
- To highlight the principles and significance of GLP in laboratory research.
- To discuss ethical considerations in research involving human participants.
- To familiarize participants with national and international regulatory guidelines.
- To promote compliance with ethical standards in research.
- To introduce the basics of biostatistics in research.

Sessions and Key Discussions

The session began with a Pretest which consisted of 20 questions to evaluate the level of knowledge of medical postgraduate students.

Session 1: New Drug discovery and development

Speaker: Dr. Nikku Yadav, Incharge, Department of Clinical Research

Session Highlights:

- **Ethical Conduct of Clinical Trials** – Ensuring that clinical trials are conducted according to ethical principles that protect the rights, safety, and well-being of participants.
- **Scientific Quality and Integrity** – Clinical trials must be scientifically sound, properly designed, and accurately documented.
- **Informed Consent** – Participants must voluntarily participate in the study after receiving complete information about the study objectives, risks, benefits, and procedures.
- **Roles and Responsibilities** – Clear responsibilities of investigators, sponsors, and ethics committees in conducting and monitoring clinical trials.
- **Data Accuracy and Confidentiality** – Ensuring proper recording, handling, and storage of data while maintaining participant confidentiality.
- **Regulatory Compliance** – Adherence to national and international guidelines such as ICH-GCP and regulatory authorities to maintain quality and credibility in clinical research.

Session 4: Basics of Biostatistics Research

Speaker: Mr. Abhinav Bahuguna, Lecturer, Department of Clinical Research and Biostatistics

Session Highlights:

- Study Design & Data Collection
- Types of Data
- Descriptive Statistics (Summarizing Data)
- Inferential Statistics (Drawing Conclusions)
- Bias & Error Considerations

Session 5: Professional Ethics- Code of conduct in medical practice

Speaker: Dr. Harvinder Chabbra, Assistant Professor, Department of FMT

Session Highlights:

- Patient Welfare & Autonomy
- Competence & Continuous Learning
- Honesty & Integrity
- Respect & Non-Discrimination
- Accountability & Legal Compliance

Session 6: Human Research Ethics: (NDCT 2019; Sponsor, Investigator's and IEC responsibilities, Informed Consent process)

Speaker: Prof. D.C. Dhasmana, Professor, Department of Pharmacology

Session Highlights:

Human Research Ethics (New Drugs and Clinical Trials Rules, 2019 - India)

1. Ethical Principles in Human Research

- Protect rights, safety, and well-being of participants.
- Ensure scientific validity and ethical integrity.
- Maintain transparency and regulatory compliance.

2. Responsibilities of Key Stakeholders

- Sponsor (Funding & Oversight)
- Investigator (Conduct & Compliance)
- Institutional Ethics Committee (IEC) (Approval & Monitoring)

3. Informed Consent Process

- Participants must receive clear, comprehensive information on study purpose, risks, benefits, and voluntary participation.
- Consent must be written, voluntary, and informed, ensuring participant understanding.
- Special protection for vulnerable populations (e.g., minors, pregnant women).
- Ongoing consent required for any protocol changes.
- Adhering to NDCT 2019 ensures ethical, safe, and responsible human research practices.

Session 7: Indian GCP and GLP Guidelines

Speaker: Dr. Manisha Sharma, Assistant Professor, Department of Clinical Research

Session Highlights:

1. Indian Good Clinical Practice (GCP) Guidelines

(Issued by CDSCO, aligned with ICH-GCP & Schedule Y of Drugs and Cosmetics Rules, 1945)

Key Principles:

- **Ethical Conduct:** Protect participant rights, safety, and well-being.
- **Scientific Integrity:** Trials must be methodologically sound and properly documented.
- **Informed Consent:** Participants must voluntarily agree after receiving full study details.
- **Confidentiality:** Patient data must be kept private and secure.
- **Investigator's Responsibility:** Conduct trials as per protocol and report adverse events.
- **Regulatory Compliance:** Follow DCGI (Drug Controller General of India) approvals and guidelines.
- **Post-Trial Access:** Participants should receive necessary care after the trial..

Indian Good Laboratory Practice (GLP) Guidelines

(Issued by NGCMA - National GLP Compliance Monitoring Authority, under DST)

Key Principles:

- **Quality Assurance:** Ensure reliability and reproducibility of non-clinical laboratory studies.
- **Study Planning & Conduct:** Clear protocols, trained personnel, and validated procedures.
- **Data Integrity:** Maintain accurate, traceable, and secure study records.
- **Facility & Equipment Standards:** Properly maintained labs, calibrated instruments, and controlled environments.
- **Test Item Control:** Document handling, storage, and stability of test substances.
- **Reporting & Archiving:** Transparent reporting and long-term record maintenance.

Interactive Session Following the lecture, an engaging post test session was held where students and had the opportunity to evaluate themselves with the help of an online feedback test.

Conclusion and Recommendations The workshop successfully enhanced participants' understanding of GCP, GLP, and ethical research principles. It was recommended that institutions implement continuous education programs and strengthen regulatory compliance frameworks. Participants also emphasized the need for interdisciplinary collaboration to uphold the highest standards in research and clinical practices.



Student listening lecture on Workshop on Good Clinical Practices (GCP), Good Laboratory Practices (GLP), and Ethics



Mr. Abhinav delivering an insightful lecture on the Basics of Biostatistics Research, enhancing students' understanding of research data and statistical concepts.

Website link: srhu.edu.in – GCP, GLP and Research Ethics workshop report

Event Report 3: Advancing Research Excellence: Capacity Building Workshop on Healthcare Research & Biostatistics

Organized by: Department of Clinical Research

Institution: Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU)

Date: 26 February 2026

Venue: BC Roy Auditorium

The Department of Clinical Research at Himalayan Institute of Medical Sciences (HIMS), a constituent of Swami Rama Himalayan University (SRHU), successfully organized the Valedictory Ceremony of its five-week intensive training program titled "Ensuring Integrity of Healthcare: Good Clinical Practice and Medical Ethics" along with a two-day "Capacity Building Workshop on Healthcare Research & Biostatistics" on 26 February 2026 at BC Roy Auditorium.

The ceremony was organized under the leadership of Dr. Nikku Yadav along with her dedicated team members — Dr. D. C. Dhasmana, Dr. Ruchi Juyal, Dr. Manisha Sharma, Mr. Abhinav, Ms. Akanksha, Ms Charu Palwal and Ms. Pooja.

The program commenced with the traditional Lamp Lighting Ceremony and Guru Vandana, symbolizing the pursuit of knowledge and academic excellence. The Chief Guest for the occasion was Dr. Piyush Agarwal, Head – Clinical Development at Dr. Reddy's Laboratories. The event was also graced by Dr. Vijender Chauhan, Director General (Academic Development), SRHU.

Dr. Ahmadulla Shariff, Dean, HIMS, SRHU, delivered the Welcome Address and highlighted the importance of structured training in Good Clinical Practice (GCP), medical ethics, regulatory compliance, study design, and statistical applications in strengthening healthcare delivery systems. He emphasized that adherence to GCP principles is fundamental not only for regulatory compliance but also for ensuring participant safety, data credibility, and ethical research conduct.

Dr. R. J. Yadav, Former Director Grade Scientist 'G', NIMS–ICMR, Department of Health Research, Ministry of Health and Family Welfare, Government of India, addressed the gathering and underscored the significance of quality data in healthcare research. He elaborated on project evaluation strategies and the appropriate application of statistical methodologies in clinical research.

In his address, Dr. Vijender Chauhan reaffirmed that SRHU, as a dedicated healthcare university, carries a profound responsibility to promote research that is scientifically robust, ethically sound, and compliant

with Good Clinical Practice standards. He stressed that high-quality research must not only generate reliable evidence but also safeguard the dignity, rights, and safety of research participants.

The keynote address was delivered by Dr. Piyush Agarwal, who shared valuable insights into clinical development processes, industry expectations, and the pivotal role of well-structured study designs and accurate statistical interpretation in ensuring patient safety and data integrity. He encouraged participants to uphold ethical standards and continuously enhance their analytical competencies.

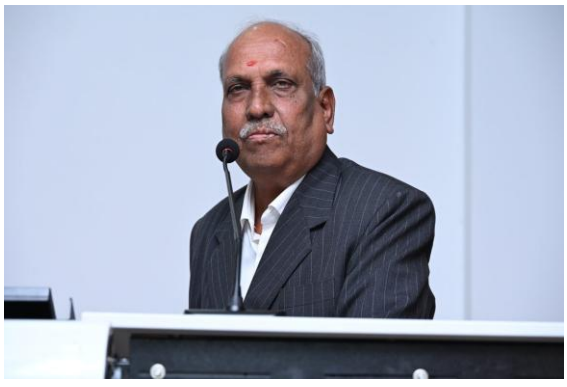
The academic initiative was organized by the Department of Clinical Research, HIMS, under the aegis of Swami Rama Himalayan University, with support from the Department of Health Research, Ministry of Health and Family Welfare, Government of India.

The five-week program comprised 137 hours of comprehensive training in Good Clinical Practice, medical ethics, regulatory frameworks, research methodology, and hands-on sessions using advanced research and statistical software platforms. The sessions were facilitated by distinguished experts from both academia and industry, reflecting a strong amalgamation of academic excellence and practical industry exposure.

Representatives from leading pharmaceutical and research organizations, including Bharat Biotech, AstraZeneca, and Clinical Research Network India, were also present, further strengthening the industry–academia interface and enriching the learning experience for participants.

Certificates were distributed to 30 resource persons and were recognized for their significant contributions through lectures, mentoring, and practical training sessions. University officials Dr. Kiran Bhat, Dr. Sanjay Gupta, Dr. Pramod, Dr. Pradeep Varshney, Dr. Yogendra Singh, Dr. Amzad Hussain, Dr Vikas Jadon, Dr Ankit Batra and Dr. Rajiv Bijalwan also graced the occasion with their esteemed presence.

The event concluded with a formal Vote of Thanks, followed by the National Anthem, a group photograph, and brunch. The valedictory function marked the successful culmination of an intensive academic journey fostering ethical awareness, methodological competence, and research excellence, reflecting SRHU's continued commitment to promoting integrity, quality, and innovation in healthcare research and clinical practice.



Dr R J Yadav addressing the gathering.



Guest Speakers and Dignitaries

Website link: srhu.edu.in – Five-week healthcare research training program concludes

Event Report 4: Inauguration of Workshop on Ensuring Integrity in Healthcare & Medical Ethics: Good Clinical Practice & Ethics

Date: 28th January 2026

Venue: Training and Development Cell, HIMS, SRHU

Organized by: Department of Clinical Research, Himalayan Institute of Medical Sciences, Swami Rama Himalayan University.

SRHU Inaugurates Third Training Program on Good Clinical Practice & Medical Ethics sponsored by Department of Health Research

The Department of Clinical Research, Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU), inaugurated the Third Training Program on “Ensuring Integrity in Healthcare: Good Clinical Practice & Medical Ethics” on 28 January at 09:30 a.m.

The inauguration ceremony commenced with the traditional lamp lighting by Prof. Renu Dhasmana, Principal, HIMS, followed by Guru Vandana by Ms. Anuskha and her team, symbolizing the pursuit of knowledge, ethical values, and professional integrity in healthcare and clinical research.

The program was coordinated by Dr. Nikku Yadav, Principal Investigator, DHR Project, along with her team. The inauguration was graced by the presence of Dr. D. C. Dhasmana Co Investigator, Dr. Taruna Sharma, Dr. Anuradha Kusum, Dr. Ruchi Juyal Co Investigator DHR Project, Dr. Manisha Sharma, Ms. Akanksha Uniyal, Mr. Abhinav, and Ms. Pooja, among others.

Addressing the gathering, Dr. Kiran Bhat, Vice Principal, Allied Health UG Program, SRHU, emphasized the importance of Good Clinical Practice (GCP) and medical ethics in ensuring patient safety, research credibility, and ethical decision-making. Dr. D. C. Dhasmana, Co-Investigator, DHR Project, highlighted the responsibility of healthcare professionals to adhere to national and international ethical and regulatory guidelines.

In her address, Prof. Renu Dhasmana stressed fairness, empathy, and trust in clinician–patient relationships and reaffirmed the institution’s commitment to ethical healthcare practices.

The training program is being conducted from 28 January to 26 February, spanning five weeks of intensive hands-on training in clinical research and medical ethics. It is attended by 30 healthcare research professionals and 10 faculty members. The inaugural session concluded with a vote of thanks by Dr. Ruchi Juyal Co Investigator DHR Project, followed by the commencement of technical sessions.



Dr. Kiran Bhatt delivering a talk on the growing importance of Good Clinical Practice (GCP) and medical ethics in clinical research



Dr. DC Dhasmana addressing the audience on the importance of Ethics in Clinical Research



Dr. Renu Dhasmana addressing the gathering with her insightful words



A group photo of all the participants

Event Report 5: Report on Training Workshop on Ensuring Integrity in Healthcare & Medical Ethics: Good Clinical Practice & Ethics

Sponsored by: Department of Health Research, Ministry of Health and Family Welfare (MoHFW)

Date: July 4 – July 5, 2025

Venue: B.C. Roy Auditorium, HIMS

Number of Participants: 121

The Department of Clinical Research at the Himalayan Institute of Medical Sciences (HIMS), Swami Rama Himalayan University (SRHU), in collaboration with the Department of Health Research, Ministry of Health and Family Welfare (MoHFW), launched a five-week training program on “Ensuring Integrity in Healthcare & Medical Ethics,” beginning on July 4, 2025. As part of this initiative, a two-day workshop on “Good Clinical Practice & Ethics” was conducted from July 4–5, 2025, aiming to strengthen the ethical competence of faculty members and Research Ethics Committees across medical institutions in Uttarakhand. Research committee members from all medical colleges in the state were invited to participate in this sensitization program.

Inaugural Session

The workshop was formally inaugurated by esteemed dignitaries:

- Dr. Kiran Katoch, NJILOMD, ICMR (Chief Guest)
- Dr. Rajendra Dobhal, Vice-Chancellor, SRHU
- Dr. Vijendra D Chauhan, Director General Academic Development, SRHU
- Dr.Pradeep Varshney, Director IQAC,SRHU
- Dr. Yogender Singh, other Principals and Departmental Heads of SRHU

The organizing team was led by:

- Lt. Gen Dr. Daljit Singh, Principal, HIMS (Organizing Chairperson)
- Dr. Bindu Dey, Director of Research, SRHU (Organizing Chairperson)
- Dr. Nikku Yadav, Head, Department of Clinical Research, HIMS (Organizing Secretary)

Supporting organizers included: Dr. Ruchi Juyal, Dr. Manisha Sharma, Mr. Abhinav, Ms. Akanksha, Ms. Jagriti, and Ms. Pooja.

Distinguished Speakers

The workshop featured expert speakers from across India, including:

- Dr. Vikas Dhiman – Director, Regulatory Affairs, India Subcontinent, GSK Pvt. Ltd; Member, ISCR North Chapter
- Dr. Abhishek Tyagi – Senior Director, FSP Hub Lead – India & Philippines, PPD Clinical Research Services (Thermo Fisher Scientific)
- Dr. Monika Bahl – Founder Director, Shodh Clinicals
- Dr. Puja Nagpal – Consultant, Indian Spinal Injuries Centre

Workshop Highlights:

The sessions focused on fostering ethical conduct and adherence to Good Clinical Practice (GCP) guidelines in clinical research. Through expert-led presentations, interactive discussions, and practical exercises, the participants engaged with critical topics such as:

- Fundamental principles of research ethics
- Roles and responsibilities of Ethics Committees
- Implementation of GCP standards
- Ethical decision-making and management of dilemmas in clinical trials

The workshop was attended by 121 participants, including faculty and research committee representatives from five prominent medical institutions in Uttarakhand:

- Doon Medical College, Dehradun
- Graphic Era Medical College, Dehradun
- Government Medical College, Haridwar
- Himalayan Institute of Medical Sciences, SRHU

Conclusion and Way Forward

This workshop served as a valuable platform for capacity building and inter-institutional collaboration among ethics oversight bodies within the region. By promoting a deeper understanding of ethical frameworks and cultivating a culture of research integrity, the program contributed significantly to enhancing the quality and compliance of clinical research in Uttarakhand.

The broader five-week training initiative will continue, with batch of 30 participants from Gurukul Kangari Haridwar, SGGR Dehradun & SRHU, ensuring sustained engagement and capacity development in ethical research practices.



Lamp lighting ceremony graced by the Honourable Vice Chancellor, marking an auspicious beginning to the event.



All guests presenting souvenirs as a gesture of appreciation during the workshop ceremony.



Honourable Vice Chancellor presenting a token of appreciation to Dr. Monika Behl for her exemplary contributions



Insightful discussions, powerful voices. Our expert panel sheds light and the future ahead."

Website link: srhu.edu.in – Promoting ethical excellence in clinical research through intensive training

7.3 Invited Lectures, Expert Visits and Observances

Sr.	Speaker / observance	Topic / activity	Date	Outcome
1	International Clinical Trials Day 2026 (observance)	Theme: “Stronger Together: Advanced Therapy Clinical Trials Without Borders”	20/05/2026	The celebration concluded successfully with enthusiastic participation from students and faculty members.
2	Dr. Nikku Yadav, Incharge and Associate Professor	“Awareness Session: Role of Clinical Research in Drug Discovery and Development Process”	20/05/2026	The awareness session enhanced participants’ understanding of the role of clinical research in the drug discovery and development process. It provided insights into the different stages of clinical trials, regulatory requirements, research ethics, and the importance of clinical research in bringing safe and effective medicines to patients.

Sr.	Speaker / observance	Topic / activity	Date	Outcome
3	Ms. Arpita Borgaonkar, Associate Centralised Monitor, IQVIA RDS Ltd., Mumbai (alumna of the department)	"Why to Pursue MSc Clinical Research from Swami Rama Himalayan University?"	20/05/2026	The session provided prospective students with insights into the scope, career opportunities, and professional growth prospects in the field of Clinical Research. The alumna shared her industry experience and highlighted the relevance of the MSc Clinical Research programme at SRHU in developing industry-ready professionals.
4	Dr. Piyush Agarwal, Head – Clinical Development, Dr. Reddy's Laboratories (Chief Guest)	Keynote address	26/02/2026	The keynote address highlighted current trends, challenges, and emerging opportunities in clinical development. It provided participants with valuable industry perspectives on clinical research, drug development, innovation, and the skills required to build successful careers in the pharmaceutical and clinical research sectors.
5	Dr. R. J. Yadav, Former Director Grade Scientist 'G', NIMS–ICMR, Department of Health Research, MoHFW	Address on the significance of quality data in healthcare research, project evaluation strategies and statistical methodologies	26/02/2026	The session strengthened participants' understanding of the importance of quality data in healthcare research, scientific project evaluation, and appropriate statistical methodologies. It enhanced their knowledge of research data integrity, evidence-based decision-making, and the application of robust statistical approaches to ensure the reliability and validity of research findings.
6	Dr. Kiran Katoch, NJILOMD, ICMR (Chief Guest)	Inauguration of the workshop on Good Clinical Practice & Ethics	04/07/2025	The inauguration highlighted the importance of Good Clinical Practice (GCP) and ethical principles in conducting clinical research. It reinforced awareness of participant safety, rights, informed consent, ethical oversight, and regulatory compliance, encouraging participants to adopt responsible and scientifically sound clinical research practices.
7	Dr. Vikas Dhiman (GSK Pvt. Ltd); Dr. Abhishek Tyagi (PPD Clinical Research Services, Thermo Fisher Scientific); Dr. Monika Bahl (Shodh Clinicals); Dr. Puja Nagpal (Indian Spinal Injuries Centre)	Distinguished speakers – workshop on Good Clinical Practice & Ethics	04/07/2025 – 05/07/2025	Enhanced understanding of Good Clinical Practice, research ethics, regulatory compliance, clinical trial management, participant safety, and industry practices through expert interactions.

7.4 Community and Outreach Activities

The Department of Clinical Research, Swami Rama Himalayan University (SRHU), actively promotes community engagement and social responsibility through various outreach activities. These initiatives aim to create awareness about healthcare, research, ethics, and public health while encouraging students and faculty members to contribute towards community welfare.

The department undertakes awareness programmes, educational sessions, expert interactions, and collaborative activities to bridge the gap between academic knowledge and community needs. These activities also provide students with opportunities to develop communication skills, social awareness, ethical values, and a better understanding of real-world healthcare challenges.

Through these initiatives, the department contributes to the university's commitment to **community engagement, health promotion, capacity building, and sustainable development**, particularly in alignment with SDG 3 (Good Health and Well-being) and SDG 4 (Quality Education).

Key focus areas include:

- Health and research awareness programmes.
- Community-based health education and sensitisation.
- Awareness of research ethics and responsible clinical research.
- Student and faculty participation in outreach initiatives.
- Collaboration with healthcare organisations and industry experts.
- Promotion of social responsibility and public health awareness.

08. Translation, Innovation and Societal Impact

The Department of Clinical Research, Swami Rama Himalayan University (SRHU), focuses on translating scientific research into practical healthcare solutions through innovation, collaboration, and capacity building.

Key Areas of Contribution:

1. **Research Translation:** Facilitating the translation of scientific research findings into clinical practice and evidence-based healthcare interventions.

2. **Healthcare Innovation:** Promoting innovation in drug development, clinical trials, artificial intelligence, and emerging healthcare technologies.

3. **Industry–Academia Collaboration:** Strengthening partnerships with pharmaceutical companies, Clinical Research Organisations (CROs), and research institutions.

4. **Capacity Building:** Developing skilled professionals through MSc and PhD programmes, Good Clinical Practice (GCP) training, workshops, and expert interactions.

5. **Societal Impact:** Encouraging ethical and socially relevant research focused on patient safety, public health priorities, improved healthcare delivery, and community well-being.

09. Awards, Recognitions and Honours

Sr.	Awardee	Award / recognition	Awarding body	Date
1	Dr Nikku Yadav	Judge of Oral Presentation	International conference: Indian knowledge system and scientific perspective of yoga for holistic health	17-18 March 2026
2	Dr Nikku Yadav	Resource Person & Plenary Speaker – 4th National Conference of Pharmacy Practice	SGT University	30 April–1 May 2026
3	Team H – Hasnain and Rajni Saini	Winner, Poster Presentation Competition	International Clinical Trials Day 2026 celebration, Department of Clinical Research, HIMS	20/05/2026
4	Team F – Sadhna Mishra and Ruchika	Winner, Poster Presentation Competition	International Clinical Trials Day 2026 celebration, Department of Clinical Research, HIMS	20/05/2026
5	Dr Nikku Yadav	Oral Presentation	Indian Institute of Science (IISc), Bengaluru	9-13 June 2026
6	Dr Nikku Yadav	Appreciation Letter for Times Higher Education Impact Sustainability Rating 2026	Srhu	18-June-2026
7	Dr Nikku Yadav	Judge in state level Pre conference CME	Department of Biochemistry Srhu	3-Oct-2026
8	Dr Nikku Yadav	Appreciation for NAAC Award	SRHU	26-Oct-2025
9	Dr Nikku Yadav	Chairperson	AIIMS New Delhi	11-Dec Nov 2025
10	Dr Nikku Yadav	Oral Presentation	NSCB Medical College & ICMR-NIRTH, Jabalpur	13–15 November 2025
11	Dr Nikku Yadav	Appreciation for NIRF Award	SRHU	20-Nov-2025
12	Dr Nikku Yadav	Session Chair	Microbiome & theBiotic Family :R&D Leading to clinical & Commercial Implication SRHU	19-20 Dec 2025
13	Dr Nikku Yadav	Publication Certificate	International Journal for Multidisciplinary Research	Nov-Dec 2025

10. Photo Gallery and Annexures

Photo Gallery



Clinical Trial Centre



Clinical Trial Centre



Glimpse of the Event



Glimpse of the Event



Glimpse of the Event



Glimpse of the Event





Glimpse of the Event	*Glimpse of the Event*

List of Annexures

Annexure	Description	Document type	Pages
A	Office Orders of the Registrar constituting the Clinical Trial Committee	Scanned documents	29–32
B	Press Media	Newspaper clippings	33–36
C	Publications – first pages of articles	Page images	37–39
D	Messages from the Hon'ble President and the Vice Chancellor; About Clinical Trial Centre, Swami Rama Himalayan University	Text	40–40

Annexure A: Office Orders constituting the Clinical Trial Committee

ANNEXURE 6

Swami Rama Himalayan University
Office of the Registrar

SRHU/Reg/OO/2025- 71 Date: 19th April 2025

OFFICE ORDER

Subsequent to appointment of Dr. A. K Deorari as Pro Voce- Chancellor, I am directed to inform that the Clinical Trial Committee of the University is hereby re-constituted, comprising of the following members:

1. Director Research, Research & Development Cell : Chairperson
2. Principal, Himalayan Institute of Medical Sciences : Member
3. Medical Superintendent, Himalayan Hospital : Member
4. Member Secretary, Ethics Committee : Member
5. Finance Officer : Member
6. Head, Legal Department : Member
7. HOD/In-charge, Department of Clinical Research, HIMS : Member Secretary

This bears the approval of the Competent Authority.

By Order,

19/04/2025
Registrar

Copy to:
Hon'ble President
Hon'ble Vice Chancellor
Director General (Academic Development)
Pro Vice Chancellor
Principal, HIMS
Finance Officer
All the member of Clinical Trial Committee

for kind information please

Office Order 1 of 4

Swami Rama Himalayan University
Office of the Registrar

SRHU/Reg/OO/2023-186 Date: 30th September, 2023

OFFICE ORDER

I am directed to inform that in order to facilitate the Clinical Trials at SRHU and maintain the guidelines of Clinical Trials, **Clinical Trial Committee** of the University is hereby re-constituted, comprising of the following members:

1. Dr. Bindu Dey, Director Research
   Research & Development Cell, SRHU : Chairperson
2. Dr. Vijendra D. Chauhan
   Director General (Academic Development), SRHU : Co-Chairperson
3. Dr. A.K. Deorari, Principal
   Himalayan Institute of Medical Sciences : Member
4. Dr. S.L. Jethani, Chief Medical Superintendent
   Himalayan Hospital, SRHU : Member
5. Dr. D.C. Dhasmana
   Professor, Department of Pharmacology, HIMS : Member
6. Mr. Avnish Shalya
   Finance Officer, SRHU : Member
7. Mr. Arun Kundra
   Legal Consultant : Member
8. Dr. Nikku Yadav, Assistant Professor
   Department of Community Medicine, HIMS : Member Secretary

The tenure of the above constituted Committee shall be for a period of 03 (Three) years.

This bears approval of the Competent Authority.

By Order,

30/9/23

Registrar

Copy to: Hon'ble Chancellor
Hon'ble Vice Chancellor
Director General (Academic Development)
Advisor(s), SRHU
Director, Research
Director, Medical Services
Principal, HIMS
Persons concerned
for kind information please

Office Order 2 of 4

Swami Rama Himalayan University
Office of the Registrar

SRHU/Reg/OO/2022-169 Date: 16th September, 2022

OFFICE ORDER

I am directed to inform that in order to facilitate Clinical Trials at SRHU and maintenance of the guidelines of Clinical Trials, a Committee comprising of the following is hereby constituted:

1	Dr. Rajendra Dobhal Honorary Director - Strategic Planning and R & D	:	Chairperson
2	Dr. Vijendra D. Chauhan Pro Vice Chancellor, SRHU	:	Co-Chairperson
3	Principal Himalayan Institute of Medical Sciences	:	Member
4	Chief Medical Superintendent/ Medical Superintendent Himalayan Hospital	:	Member
5	Dr. D.C. Dhasmana Professor, Department of Pharmacology, HIMS & Secretary, Ethics Committee	:	Member
6	Mr. Avnish Shalya Finance Officer, SRHU	:	Member
7	Mr. Arun Kundra Legal Consultant	:	Member
8	Dr. Nikku Yadav, Assistant Professor, Department of Community Medicine, HIMS	:	Member Secretary

The tenure of the above constituted Committee shall be for a period of 03 (Three) years.

This bears the approval of the Competent Authority.

By Order,

16/9/22
Registrar

Copy to: Hon'ble Chancellor
Hon'ble Vice Chancellor
Pro Vice Chancellor
} for kind information please
Advisor(s), SRHU
Honorary Director, Strategic Planning and Research & Development
Director, Medical Services
Principal, HIMS
Person(s) concerned

Swami Rama Himalayan University Registrar

Office Order 3 of 4

SWAMSWAMI RAMA HIMALAYAN UNIVERSITY
OFFICE OF THE REGISTRAR

SRHU/Reg./OO/2020 – 162 Date: 24th December 2020

OFFICE ORDER

In order to maintain the guidelines of Clinical Trials, a Committee has been re-constituted, comprising of the following:

Dr. Vijendra D. Chauhan, Professor & Head, Department of Orthopaedics, HIMS	Chairperson
Dr. C.S. Nautiyal, Scientific Advisor	Member
Dr. Vinita Kalra, Officer Incharge, Research & Ph.D. Cell	Member
Dr. D.C. Dhasmana, Secretary, Ethics Committee	Member
Mr. Avnish Shalya, Finance Officer	Member

This supersedes the Committee for starting of Clinical Trials of the University constituted earlier vide letter no. SRHU/Reg./OO/2018-11 dated 14th February 2018.

This bears the approval of the competent authority.

By order,

Registrar

Copy to:

Hon'ble Vice Chancellor } for his kind information
Pro Vice Chancellor }
Scientific Advisor
Officer Incharge, Research & Ph.D. Cell
Dean, Faculty of Medicine
Director, CRI
Principal, HIMS - **to intimate respective departments under your control**
Secretary, Ethics Committee
All members concerned



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Office Order 4 of 4

Annexure B: Press Media

the pioneer
www.dailypioneer.com

Clinical trial centre inaugurated at Himalayan hospital

PNS ■ DEHRADUN

The vice chancellor of the Swami Rama Himalayan University, Vijay Dhasmana inaugurated the clinical trial centre of the Himalayan hospital on Tuesday. The centre has been established to conduct clinical trial studies for the development of new drugs. Speaking on the occasion Dhasmana said, "The clinical trials will be conducted at the centre for multiple indications. Our doctors will be involved in the development of new drugs and also, the students of clinical research will benefit from in-house hands-on experience of the clinical trials."



He added that the clinical trials will be conducted after the permission from DCGI India and other regulatory authorities is attained.

Clinical trials are an intrinsic part of top quality, contemporary healthcare facilities, and constitute a significant step in developing new treatments to improve human health.

Clinical trials in India refer to clinical research in which researchers test drugs and other treatments on research participants. As per rules of government agencies (NDCTR 2019 and ICMR guidelines) it is recommended that all researchers conducting a clinical trial must publicly document it in the Clinical Trials Registry, India.

The pro vice chancellor of SRHU Dr Vijendra Chauhan, CRI director Dr Sunil Saini, SRHU registrar Susheela Sharma and others were present on the occasion.

Press Media

www.epaper.loksatya.com
राष्ट्रीय हिंदी दैनिक
लोकसत्य
सत्य के संग, असत्य से जंग

05 आसमान हुआ साफ, निकली तेज धूप | BJP अध्यक्ष की चिट्ठी पर CM का पलटवार 07 कंगना ने किया

हिमालयन हॉस्पिटल जॉलीग्रांट में क्लिनिकल ट्रायल सेंटर का उद्घाटन

देहरादून, लोकसत्य



अब हिमालयन हॉस्पिटल जॉलीग्रांट में भविष्य में बिमारी के उपचार के लिए नए टीके अथवा दवा का क्लिनिकल ट्रायल भी हो सकेगा। हॉस्पिटल के कैंसर रिसर्च सेंटर में क्लिनिकल ट्रायल सेंटर शुरू किया गया है। कुलपति डॉ.विजय धस्माना ने सेंटर का औपचारिक उद्घाटन कर जन स्वास्थ्य को समर्पित किया। कुलपति डॉ.विजय धस्माना ने सेंटर का उद्घाटन करते हुए कहा कि किसी भी टीके या दवाई की विकास प्रक्रिया में क्लिनिकल ट्रायल सबसे अहम होता है। क्लिनिकल ट्रायल सेंटर में नियुक्त डॉ.निक्कू यादव ने बताया कि केंद्र सरकार की गाइडलाइन के मुताबिक ही क्लिनिकल ट्रायल किया जाएगा जोकि पूरी तरह सुरक्षित होता है। रोगियों के इस्तेमाल से पूर्व पांच चरणों में दवाई का परीक्षण किया जाता है। इस सेंटर में तीसरे व चौथे चरण का परीक्षण किया जाएगा। उन्होंने बताया कि हिमालयन हॉस्पिटल को फर्मास्यूटिक्लस की बहुराष्ट्रीय कंपनियों की ओर से प्रोजेक्ट साझा किया जाएंगे। इस दौरान प्रति कुलपति डॉ.विजेंद्र चौहान, मुख्य चिकित्सा अधीक्षक डॉ.एसएल जेठानी, डॉ.सुनील सैनी, कुलसचिव सुशीला नौटियाल, डॉ.राजेंद्र डोभाल, डॉ.मुश्ताक अहमद, डॉ.सीएस नौटियाल, डॉ.आशा चंदोला, डॉ.डीसी धस्माना, सोमाया रिसर्च एंड हेल्थ सर्विसेज के अरविंद कुमार, शुभम तोमर, निधि यादव सहित हिमालयन इंस्टिट्यूट ऑफ मेडिकल साइंसेज के कम्यूनिटी मेडिसिन विभाग के क्लिनिकल रिसर्च व एपिडियोमोलॉजी के छात्र-छात्राएं मौजूद रहे।

Press Media



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भरोसा नए हिन्दुस्तान का

राजनाथ बोले, भारत को विकसित राष्ट्र बनने से दुनिया की कोई ताकत नहीं रोक सकती

हिम्स में युवा शोधकर्ताओं को मिला मंच

आयोजन

अंतरराष्ट्रीय क्लीनिकल ट्रायल्स दिवस पर कार्यक्रम आयोजित

डोईवाला, संवाददाता। हिमालयन इंस्टीट्यूट ऑफ मेडिकल साइंसेज (हिम्स) जौलीग्रांट में अंतरराष्ट्रीय क्लीनिकल ट्रायल्स दिवस के अवसर पर विभिन्न शैक्षणिक एवं जागरूकता कार्यक्रमों का आयोजन किया गया। कार्यक्रम का उद्देश्य वैश्विक स्तर पर क्लीनिकल रिसर्च में सहयोग, नवाचार और रोगी-केंद्रित चिकित्सा को बढ़ावा देना रहा।

क्लीनिकल रिसर्च विभाग की ओर से सुश्रुत लेक्चर थियेटर में आयोजित कार्यक्रम में विद्यार्थियों ने उत्साहपूर्वक भाग लिया। इस अवसर पर मुख्य अतिथि हिम्स के डीन डॉ. ए. शरीफ ने कहा कि चिकित्सा विज्ञान के क्षेत्र में क्लीनिकल रिसर्च नई संभावनाओं के द्वार खोल रही है। उन्होंने विद्यार्थियों को शोध कार्यों में सक्रिय भागीदारी के लिए प्रेरित करते हुए कहा कि गुणवत्तापूर्ण रिसर्च ही भविष्य की बेहतर स्वास्थ्य सेवाओं की आधारशिला है। विभागाध्यक्ष डॉ. निक्कू यादव ने कहा कि आधुनिक स्वास्थ्य सेवाओं और नई दवाओं के विकास में क्लीनिकल रिसर्च की महत्वपूर्ण भूमिका है। ऐसे कार्यक्रम विद्यार्थियों को शोध एवं चिकित्सा विज्ञान के नए आयामों से परिचित कराते हैं और उन्हें अनुसंधान के प्रति प्रेरित करते हैं। कार्यक्रम में एमएससी क्लीनिकल रिसर्च के विद्यार्थियों के लिए पोस्टर प्रेजेंटेशन प्रतियोगिता आयोजित की गयी। प्रतियोगिता में टीम एच के हसनैन एवं रजनी सैनी ने "वैश्विक एडवांस्ड ट्रायल्स में जोखिम आधारित रोगी मॉनिटरिंग" विषय पर प्रथम स्थान प्राप्त किया। वहीं टीम एफ की साधना मिश्रा एवं रुचिका ने "सीएआर-टी सेल थेरेपी विदाउट बॉर्डर्स" विषय पर प्रस्तुति देकर दूसरा स्थान हासिल किया। प्रतियोगिता का मूल्यांकन डॉ. डी.सी. धस्माना, डॉ. अनुराधा कुसुम, डॉ. रविंदर सैनी, डॉ. रुचि जुयाल, डॉ. किरण भट्ट, डॉ. आरती कोटवाल, डॉ. दीप शिखा एवं डॉ. विदिशा वल्लभ ने किया। निर्णायकों ने विद्यार्थियों के प्रयासों की सराहना करते हुए उन्हें भविष्य में और बेहतर कार्य करने के लिए प्रेरित किया।

Press Media



स्वतंत्र चेतना

अंतरराष्ट्रीय क्लीनिकल ट्रायल्स दिवस पर हिम्स में जागरूकता कार्यक्रम आयोजित



स्वतंत्र चेतना

डोईवाला। हिमालयन इंस्टीट्यूट ऑफ मेडिकल साइंसेज (हिम्स) में अंतरराष्ट्रीय क्लीनिकल ट्रायल्स दिवस के अवसर पर विभिन्न शैक्षणिक एवं जागरूकता कार्यक्रम आयोजित किए गए। कार्यक्रम का उद्देश्य क्लीनिकल रिसर्च के क्षेत्र में नवाचार, सहयोग और रोगी-केंद्रित चिकित्सा को बढ़ावा देना रहा। क्लीनिकल रिसर्च विभाग की ओर से आयोजित कार्यक्रम में विद्यार्थियों ने उत्साहपूर्वक भाग लिया। कार्यक्रम को संबोधित करते हुए हिम्स के डीन डॉ. ए. शरीफ ने कहा कि चिकित्सा विज्ञान के क्षेत्र में क्लीनिकल रिसर्च नई संभावनाओं के द्वार खोल रही है। उन्होंने विद्यार्थियों को शोध कार्यों में सक्रिय भागीदारी के लिए प्रेरित करते हुए कहा कि गुणवत्तापूर्ण रिसर्च भविष्य की बेहतर स्वास्थ्य सेवाओं की आधारशिला है। विभागाध्यक्ष डॉ. निक्कू यादव ने कहा कि आधुनिक स्वास्थ्य सेवाओं और नई दवाओं के विकास में क्लीनिकल रिसर्च की महत्वपूर्ण भूमिका है तथा ऐसे कार्यक्रम विद्यार्थियों को अनुसंधान के नए आयामों से परिचित कराते हैं। इस दौरान एमएससी क्लीनिकल रिसर्च के विद्यार्थियों के लिए पोस्टर प्रेजेंटेशन प्रतियोगिता आयोजित की गई। प्रतियोगिता में एच के हसनैन एवं रजनी सैनी की टीम ने ह्लवैश्विक एडवांस्ड ट्रायल्स में जोखिम आधारित रोगी मॉनिटरिंगह्व विषय पर प्रथम स्थान प्राप्त किया, जबकि साधना मिश्रा एवं रुचिका की टीम दूसरे स्थान पर रही। साथ ही ह्लदवा खोज एवं विकास प्रक्रिया में क्लीनिकल रिसर्च की भूमिकाह्व विषय पर जागरूकता सत्र भी आयोजित किया गया। कार्यक्रम में पूर्व छात्रा अर्पिता बोरगांवकर ने विद्यार्थियों को क्लीनिकल रिसर्च के क्षेत्र में उपलब्ध करियर अवसरों की जानकारी दी। निर्णायकों ने विद्यार्थियों के प्रयासों की सराहना करते हुए उन्हें भविष्य में बेहतर शोध कार्य के लिए प्रेरित किया।

Press Media

अमर उजाला

Rishikesh

21-05-2026

न्यूज डायरी

रोगी-केंद्रित रिसर्च पर हिम्स में चर्चा



जौलीग्रांट में जागरूकता कार्यक्रमों का आयोजन। स्रोत : अस्पताल

जौलीग्रांट। हिमालयन इंस्टीट्यूट ऑफ मेडिकल साइंसेज (हिम्स) में अंतरराष्ट्रीय क्लीनिकल ट्रायल्स दिवस के अवसर पर विभिन्न शैक्षणिक और जागरूकता कार्यक्रमों का आयोजन किया गया। कार्यक्रम का उद्देश्य वैश्विक स्तर पर क्लीनिकल रिसर्च में सहयोग, नवाचार और रोगी-केंद्रित चिकित्सा को बढ़ावा देना रहा। मुख्य अतिथि हिम्स के डीन डॉ. ए शरीफ ने कहा कि चिकित्सा विज्ञान के क्षेत्र में क्लीनिकल रिसर्च नई संभावनाओं के द्वार खोल रही है। कार्यक्रम में एमएससी क्लीनिकल रिसर्च के विद्यार्थियों के लिए पोस्टर प्रेजेंटेशन प्रतियोगिता आयोजित की गई। प्रतियोगिता में टीम एचके हसनैन और रजनी सैनी ने वैश्विक एडवांस्ड ट्रायल्स में जोखिम आधारित रोगी मॉनिटरिंग विषय पर प्रथम स्थान प्राप्त किया। वहीं टीम एफ की साधना मिश्रा और रुचिका ने सीएआर-टी सेल थेरेपी विदाउट बॉर्डर्स विषय पर प्रस्तुति देकर दूसरा स्थान हासिल किया। संवाद

Press Media

Annexure C: Publications – First pages of articles

ORIGINAL ARTICLE

Thyroid Hormone Reference Ranges in Iodine-Deficient Pregnant Women: An Analysis in Foothills of Himalaya, Uttarakhand

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CITATION
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ABSTRACT

Background: Thyroid dysfunction during pregnancy poses significant maternal and fetal health risks, particularly in iodine-deficient regions like the Himalayan foothills. Population-specific thyroid hormone reference ranges are essential for accurate diagnosis, yet limited data exists for iodine-deficient pregnant populations in India. **Aim & objective:** To establish trimester-specific serum TSH reference ranges for pregnant women in the iodine-deficient Himalayan foothill districts of Uttarakhand. **Methodology:** This cross-sectional observational study was conducted at three major districts of Uttarakhand i.e. Dehradun, Tehri Garhwal and Pauri Garhwal from March 2020 to August 2023. A total of 544 pregnant women (181 first trimester, 181 second trimester, 182 third trimester) were recruited using systematic random sampling. Trimester-specific reference ranges were calculated using 2.5th and 97.5th percentiles. In addition to TSH, urinary iodine excretion (UIE) was

Original Article

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Evaluation of Trigger Factors of Acute Migraine Episodes among Medical Students: A Cross-sectional Study

Pharmacology Section

EESHA GOEL[1], SUMAN BALA[2], YASHPAL SINGH[3], NIKKU YADAV[4], ASHWANI BHAT[5], AKANKSHA UNIYAL[6]

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ABSTRACT

Introduction: Migraine is most common headache disorder among all age group. Recurrent headaches has been found to have direct impact on academic performance of students. Recognition and management of triggers play the important role in reducing impact of migraine.

Aim: To evaluate the pattern of headache and trigger factors associated with migraine among the medical students.

Materials and Methods: A cross-sectional study was carried out among 300 undergraduate medical students of Himalayan Institute of Medical Sciences, Dehradun from May 2022 to June 2022.Demographic details and response of participants were noted using a structured and validated questionnaire. The participants were asked to choose triggers on the basis of their experiences of last five episodes of acute migraine from a list of trigger factors. Frequency of triggers, severity of migraine the association between two qualitative variables, chi-square test was used. The p-value <0.05 was considered as statistically significant.

Results: Among 300 medical students of mean age of 19.9±2 years, 28% were diagnosed with Migraine. Migraine prevalence was higher in females (63.5%). All the migraineurs reported to have at least one trigger and majority of them (85%) had more than three triggers. Stress was the most commonly reported trigger (85%) followed by sleep deprivation (75%), emotional changes (49%) and excessive use of mobile phone (42%). Participants with more than three triggers hade more frequent (2.67±1.87) headache episodes (p=0.04*), higher number of missed classes due to headache (7.39±3.706) (p<0.001**) and more severe episodes as per NRS scale (6.58±1.608) (p<0.001**).

Conclusion: According to the present study findings, the

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ORIGINAL ARTICLE

Effect of structured yoga practice on glycemic and hepatic outcomes in patients with Co-existing Type 2 Diabetes Mellites and Non -Alcoholic Fatty Liver Disease

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ABSTRACT

Background: Non-alcoholic fatty liver disease and type 2 diabetes mellitus often coexist and have similar metabolic risk factors. A key component of management is still changing one's lifestyle. Hepatic and metabolic parameters may be improved by yoga, as an adjuvant therapy to the standard. **Aims and objective**:The current study aim was to evaluate the effect of yoga asanas on biochemical parameters of diabetes (FBS, PPBS, HbA1c) and NAFLD (ALT, AST). **Methodology**: This study was designed as a quasi-experiment and conducted at ESIC Medical College and Hospital, Faridabad. Total 160 participants with T2DM and NAFLD were recruited after obtaining the inform consent and ethics approval. The enrolled participant further divided in the two -group intervention and control group. Intervention group included the addition of the designed yogic program to the standard care of treatment and control group included the participant with standard care of treatment alone. The enrolled participants are followed up for 12 months. Biochemical parameter (Fasting Blood Sugar, Post-prandial Blood Sugar and HbA1c as glycemic and ALT and AST as Hepatic) is evaluated at month 3, month 6, month, month



STATUS, CHALLENGES, AND OPPORTUNITIES AMONG ASHA'S IN PAURI DISTRICT IN UTTARAKHAND

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Abstract
ASHA, the grass root level specialist is an extension among populace and wellbeing (Healthcare system). The objective of this work is to determine the difficulties and obstacles looked by ASHA during their hands on work in rustic area of region Pauri district in Uttarakhand. The cross-sectional study took place in the Bahadarbad block of Haridwar district. ASHA workers with more than six months of active field experience prior to the survey start date were included. Interviews were conducted in person using a pre-structured, pretested checklist. Verbal assent was collected both from ASHA's and recipients. At the hour of the review of every one of the 133 ASHA's were enlisted in the block Bahadarbad block and subsequent to applying consideration and prohibition rules, 28 ASHA's were seen as qualified for the review. Data resulted that many ASHA's are dissatisfied by their incentives and were interested in learning more skills in the health field.50% of the ASHA's in our study sample scored under 48 % in their understanding evaluation. Different bury related factors influences work execution of ASHA's in field. Monetary impetuses, self-identity and working for society were inspiration for joining this calling. In any case, deferred and deficient instalment, overburden of work, unfortunate vehicle, and struggle among ICDS and Wellbeing staff were normal difficulties. Additionally, the fundamental information to play out their responsibilities actually requires more hands-on training with regular Monitoring and supervision.
Key words: ASHA, Challenges, Work Performance, Fieldwork, Health Workers.

Analysing the Effects of Neuro-dynamics in Carpal Tunnel Syndrome in Pain and Disability: A Randomized Control Trial
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Analysing the Effects of Neuro-dynamics in Carpal Tunnel Syndrome in Pain and Disability: A Randomized Control Trial

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Annexure D: Messages and About Swami Rama Himalayan University

Message from the Desk of Hon'ble President – Dr Vijay Dhasmana

Staying Ahead of the Times with Timeless Values

At SRHU, our transformative approach nurtures holistic growth, equipping students with the skills, experiences, and wisdom to navigate life's journey with purpose and confidence.

Over three decades, SRHU's strong foundation in Medical, Science and Technology, Management, Biosciences, Yoga Sciences, and social outreach, has been the bedrock for shaping the future. Our world-class academic resources, cutting-edge research opportunities, and national and international collaborations create an unparalleled learning ecosystem.

Here, students don't just earn qualifications—they emerge as leaders, innovators, and changemakers. Whether as doctors, scientists, technocrats, educators, or entrepreneurs, they are driven by knowledge, values, and a spirit of service. To those seeking a path of self-discovery, excellence, and meaningful impact—welcome to SRHU

Welcome to the most transformative years of life! May our 'Life Ka Compass' help discover your path and set you on course for success!

Message from the Vice Chancellor – Dr Rajendra Dobhal, FNASc

SRHU Shaping the Future of Education and Innovation

With 66% of its population under 35, India stands at the threshold of transformation. By 2047, our higher education system must not only equip young minds with knowledge but also drive innovation, research, and entrepreneurship to position India as a global leader.

At SRHU, we are deeply aligned with this national vision. We are building not just a university, but a vibrant ecosystem that nurtures curiosity, encourages critical thinking, and empowers students to become change-makers. In line with NEP 2020, we offer programs designed to meet the evolving needs of a dynamic world. I invite aspirants to join SRHU's thriving community—where education is not just about degrees, but about shaping a future of innovation, excellence, and global impact.

About Swami Rama Himalayan University

Swami Rama Himalayan University (SRHU), established in 2012 and located near Jolly Grant Airport in Dehradun, Uttarakhand, is a premier private institution named after the renowned yogi Swami Rama. Spread over a 200+ acre eco-friendly campus, SRHU offers a diverse range of undergraduate, postgraduate, and doctoral programs through its key schools—Himalayan Institute of Medical Sciences (HIMS), Himalayan College of Nursing (HCN), School of Science & Technology (SST), School of Bioscience (SBS), School of Yoga Science (SYS), School of Pharmacy(SPS) and School of Management Studies (SMS). Recognized by the UGC, NMC, and Indian Nursing Council, and accredited with an NAAC A+ grade, the university is known for its academic excellence, state-of-the-art infrastructure, and strong focus on holistic development.

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