

SWAMI RAMA HIMALAYAN UNIVERISTY
HIMALAYAN INSTITUTE OF MEDICAL SCIENCES

Professional Diploma in Clinical Psychology
(P.D.C.P.E.E-2023)

INFORMATION BROCHURE

for admission into

Professional Diploma in Clinical Psychology
Swami Rama Himalayan University
Swami Ram Nagar, Jolly Grant, Dehradun – 248016,
Uttarakhand (India)
Website: www.srhu.edu.in

1. ABOUT THE UNIVERSITY

Swami Rama Himalayan University (SRHU), a top private university in Dehradun endeavors to transform lives through holistic approach to education, providing integrated health care services and effective rural development and social outreach programs.

With a rich legacy of Himalayan Hospital & Himalayan Institute of Medical Sciences, the first and the largest NABH accredited private teaching hospital and medical college of Uttarakhand, SRHU has been providing a platform to the youth, for a decade, to learn and transform into efficient, effective, ethical and committed professionals.

SRHU is the only university in Dehradun, Uttarakhand that has a dedicated multispecialty Himalayan Hospital, Cancer Research Institute, Ayurveda Center and Rural Development Institute, all under one roof, besides eight schools and colleges namely: Himalayan Institute of Medical Sciences, Himalayan College of Nursing, Himalayan School of Management Studies, Himalayan School of Science & Technology, Himalayan School of Bio Sciences, Himalayan School of Yoga Science, Himalayan School of Vocational Studies & Skill Development, Gauri Himalayan School of Science & Technology at Toli, Uttarakhand. Students have a range of options to pursue their academic aspirations and further advance their learnings through interdisciplinary and multidisciplinary programs and research. In addition, there are ample opportunities for extra-curricular & co-curricular activities necessary to become an all-rounder. Furthermore, mentoring, meditation & Science of Joyful Living (SoJL) workshops help students grow as complete individuals.

2. DEPARTMENT OF CLINICAL PSYCHOLOGY

The Department of Clinical Psychology has been an integral part of the Swami Rama Himalayan University since 2003 serving nearly 4000-4500 people every year across the state of Uttarakhand and nearby areas of Uttar Pradesh and Delhi (NCR). According to a survey conducted by WHO in 2006 Himalayan Hospital was the stand alone medical institute that initiated and provided required psychological services to the people of Uttarakhand. The department is dedicated and committed towards providing affordable and quality treatment services. Furthermore, focussing on thorough and excellent education and practical training of students in the mental health profession. Currently the department consists of three faculty.

3. ABOUT THE PROGRAM (PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY)

Although in the last five years number of centres offering M.Phil. Clinical Psychology training and the number of students undergoing the professional training in clinical psychology have increased by many folds the available manpower is still no match to the number required to meet the growing demands in mental health area.

In order to meet this gap, professional training of one-year duration in clinical psychology laying emphasis on critical domains has been developed. The candidates on successful completion of the Professional Diploma in Clinical Psychology can register with RCI as

“Clinical Psychologist (Associate)” under CRR and function in service settings as expert/specialist in non-academic service settings.

4. OUTCOME OF PROGRAM (PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY)

The Clinical Psychologists (Associate) are distinguished from the M.Phil qualified Clinical Psychologist. The later are full-fledged professionals with higher level of competency and responsibility in service, academic and research areas; whereas Clinical Psychologists (Associate) by the nature and duration of their training are consider not fully adept to function as an academician. They are, however, considered competent enough to involve in a broad range of professional service activities. The clinical psychologist (Associate) will be used as an underfill class for existing clinical psychologist positions under state and central government sectors.

However, the role in such appointments are limited only for providing clinical services to clients with mental illness and does not involve independent responsibilities in academic activities such as teaching/training/guiding/supervising students of clinical psychology at the academic departments. In these activities Diploma qualified may be assigned roles of Clinical Assistant and/or Teaching Assistant or Junior Consultant as deemed fit in teaching/training centers.

5. AIM & OBJECTIVES OF THE COURSE (PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY)

5.1 AIM

The aim of this course is to train students with acceptable level of competency to offer the basic mental health services such as identifying and diagnosing mental health problems in different populations, and intervening with appropriate counseling and psychotherapy/behavior therapy techniques while applying relevant code of conduct and ethical principles in all his/her activities. This cadre of professionals has been created, as emphasized earlier, to fulfill the acute shortage of trained personnel in mental health field. The Diploma qualified professionals are expected to contribute as an expert and specialist in the multi-disciplinary team setting, and undertake the services activities as defined below:

- 1) Interview and diagnose mental health problems
- 2) Carryout psychological assessment (Intelligence, Developmental abilities, Academic skills, Adaptive and Social Maturity, Personality, Diagnostic and Clinical Ratings)
- 3) Carryout Psychoeducation, Counselling, Psychotherapy and Behaviour Therapy
- 4) In all of the above (1 – 3) apply code of conduct and professional ethics.

5.2 OBJECTIVES

The course is organized as one-year fulltime face-to-face training program with theoretical inputs and hands-on clinical experience, to provide services with minimum level of competence in core areas of clinical psychology. On successful completion of the course, the candidates are eligible to be considered for specialist posts (but not for faculty appointments in the field of Clinical Psychology teaching and training) in a wide variety of health care settings such as short-term and long term mental health care facilities, mental health institutes, private/public run general or mental hospitals, nursing homes, rehabilitation units, schools and other community care centres as Associate Clinical Psychologist. On completion of the course, the trainees are expected to perform the following:

- 5.2.1 Interview and diagnose mental health issues
- 5.2.2 Carry out clinical work up, plan psychosocial interventions and set goals
- 5.2.3 Administer, analyse and interpret commonly used psychometric tests (intelligence, personality, diagnostic and clinical ratings of symptoms, assessment of disability, dysfunctions, family burden and stress) and communicate findings to other team members
- 5.2.4 Certify IQ and disability status for government pension or concessions
- 5.2.5 Impart psychoeducation to clients with mental illnesses and family members and discuss regarding management/prevention issues (tackle myths and misconceptions, if any)
- 5.2.6 Undertake therapeutic/rehabilitation interventions at individual and family levels both in institution and community set-ups
- 5.2.7 Participate in outreach and community mental health services (DMHP)
- 5.2.8 Undertake school counselling and relevant assessments
- 5.2.9 Manage/contribute in suicide prevention centres, crisis centre, grief counselling centres, tele-counselling, drop-in-centres
- 5.2.10 Participate in wellness promotion, stress/conflict management and other supportive measure programs for employers, caregivers, teachers etc.
- 5.2.11 Undertake the role of teaching assistant, where necessary

6. ENTRY REQUIREMENT

Minimum educational requirement for admission to this course will be M.A./M.Sc. degree in Psychology (or in counselling psychology, clinical psychology, applied psychology) from the UGC recognized university with a minimum of 55% marks in aggregate. For SC/ST/OBC category, minimum of 50% marks in aggregate is essential.

NOTE: To appear in the entrance examination, candidate must upload the final semester or final year mark-sheet of the M.A./M.Sc. (psychology, clinical psychology, applied psychology, counselling psychology) at the time of applying the online application.

7. TOTAL INTAKE OF SEATS FOR P.D.C.P. = 08 Nos.

Category wise seat allotment

Category	No of seats
All India Rank	05
Permanent Residents of Uttarakhand	
UK unreserved	02
UK - SC	01
Total	08

8.PATTERN OF PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY (P.D.C.P.E.E-2023)

The entrance exam of the Professional Diploma in Clinical Psychology – 2023 will be completed in 05 phases as defined by RCI. It is mandatory to attempt in all five phases of P.D.C.P.E.E.

S. No	Examination Pattern	Purpose	Total Question / Activity	Total Time
1.	Objective Type Test	to test knowledge base in related branches of psychology	50 M.C.Q.s	60 min
2.	A written Test	to test the writing skills essential to communicate among other clinicians/ professionals	1 long question	30 min
4.	Group Discussion	to test the expressive skills	A topic will be provided to discuss in two groups	30 min (15 minutes per group)
5.	Practical	to test the proficiency in administering and interpreting the basic psychological tests and conducting a problem-focused interview with a client	Basic Screening psychological tool will be given	30 min
6.	Interview	to understand motivation and commitment to serve the disabled populations)	Trough observation and questions	10 to 15 minutes of each candidate

09. LANGUAGE OF THE QUESTION PAPER

The Question Paper shall be English language

10. SYLLABUS FOR PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY ENTRANCE EXAMINATION (P.D.C.P.E.E-2023)

10.1 The syllabus for the Entrance Examination of P.D.C.P.E.E-2023

Unit	Contents
1	Understanding of Psychology, History of Psychology, Branches of Psychology, Methods in Psychology
2	Perception, Attention, Attitude, Motivation,
3	Learning, Emotion
4	Memory, Intelligence
5	Personality, Development during childhood, Adolescents, adulthood, and old age,
6	Psychological Assessment and Testing, Psychological disorder, Psychotherapies.

10.2 Marks Distribution of Entrance Examination: -

Examination Phases	Marks
Objective Type Test (MCQ)	50
A written Test (One Long Question)	10
Group Discussion	10
Practical test	10
Interview	20
Total Marks	100

11. EXAMINATION SCHEDULE

Professional Diploma in Clinical Psychology Entrance Examination – 2023 will be held on:

Date : 28th and 29th Aug 2023

Note: University reserves the right to prepone /postpone the date of P.D.C.P.E.E-2023. Applicants are advised to keep checking the University Website regularly for related updates.

S. No	Examination Pattern	Total Time	Time of Conduction examination
Day 1- August 28, 2023			
1.	Objective Type Test	60 min	10 A.M to 11:00 A.M
2.	A written Test	30 min	11 A.M to 11:30 A.M
Break			11:30 A.M to 12:00 Noon
3.	Group Discussion	30 min (15 minutes per group)	12:00 Noon to 12:30 P.M
4.	Practical	30 min	12:30 P.M to 1:00 P.M
Day 2- August 29, 2023			
5.	Interview	10 to 15 minutes of each candidate	10 A.M onwards

12. THE MINIMUM QUALIFYING CRITERIA IN PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY – 2023

The minimum qualifying criteria for admission into Professional Diploma in Clinical Psychology is as under:

General	50 th Percentile
SC/ST/OBC/PWD	45 th Percentile

13. EXAMINATION CENTER FOR PROFESSIONAL DIPLOMA IN CLINICAL PSYCHOLOGY (P.D.C.P.E.E-2023)

The Professional Diploma in Clinical Psychology – 2023 shall be conducted at:
Swami Rama Himalayan University,

**Swami Ram Nagar, P.O. Jolly Grant
Dehradun – 248016 (Uttarakhand)**

Note: The candidate should make his/her own arrangements to reach the Examination Center timely.

14. ADMIT CARD

- i. On the basis of information given in the application form, Admit Cards of provisionally eligible candidates will be uploaded on the University website (www.srhu.edu.in) only. Date of uploading Admit Cards is **22th August 2023**.
- ii. The candidate should carefully examine the Admit Card for all entries made therein. In case of any discrepancy, the candidate should immediately inform the Controller of Examinations,
'Swami Rama Himalayan University', Ph: 0135-2471150 or email: coe@srhu.edu.in
- iii. Only those candidates, who are in possession of a valid Admit Card issued by the University, shall be allowed to enter the examination centre.
- iv. The Candidate shall also bring his/her Valid Photo ID proof in original for his/her identification (like : Aadhaar Card/ PAN Card/ Voter Card/ Driving License etc). Candidate who does not possess the Valid Photo ID proof in original shall not be allowed to enter the Examination Hall under any circumstances.
- v. Candidates are advised to preserve their Admit Cards in good condition till the process of admission is completed.

15. INSTRUCTIONS TO BE FOLLOWED IN THE EXAMINATION HALL

GENERAL INSTRUCTIONS

- i. The Examination Hall will be opened 30 minutes before the commencement of the examination. Candidates are expected to take their seats immediately after the opening of the Examination Hall. If the candidates do not report on time, they are likely to miss some of the important instructions announced in the Examination Hall.
- ii. A candidate who does not possess the valid Admit Card shall not be allowed to enter the Examination Hall under any circumstances.

- iii. A seat with a roll number will be allotted to each candidate. Candidates must find out and occupy their allotted seats. If a candidate is found appearing in the exam from a seat or room other than the one allotted to him/her, his/her candidature shall be cancelled.
- iv. **A candidate, who comes after the commencement of the examination, shall not be permitted to appear in the examination.**
- v. **No candidate will be allowed to leave the examination hall till the examination is over.**
- vi. Candidates are not allowed to carry any textual material, printed or written, bits of papers, envelope or any other material except the Admit Card & Black ink ball point pen inside the Examination Hall.
- vii. **Calculators, Slide Rules, Log Tables, Geometry Box, Electronic Digital Watches with facilities of calculators, mobile phones, pagers or any other electronic gadgets are strictly prohibited inside the Examination Hall.**
- viii. The test will start exactly at the time mentioned in the Admit Card and an announcement to this effect will be made by the invigilator.

16. UNFAIR MEANS PRACTICE & BREACHES OF EXAMINATION RULES:

- a) **Unfair means practice is an activity that allows a candidate to gain an unfair advantage over other candidates. It includes, but is not limited to:**
 - i. having in possession papers, books, notes, mobile phones, IT gadgets, calculators or any other material or information relevant to the examination;
 - ii. paying someone to write examination (impersonation) or prepare material;
 - iii. breaching examination rules;
 - iv. assisting another candidate to engage in malpractice;
 - v. giving or receiving assistance directly or indirectly of any kind or attempting to do so;
 - vi. writing questions or answers on any material other than the answer sheet given by the Centre
 - vii. tearing of Answer Sheet, any page of the Test booklet, etc.;
 - viii. contacting or communicating or trying to do so with any person.
 - ix. Using/attempting to use any undesirable method or means in connection with the examination.

- b) **Punishment for using unfair means practice**

During/before/after the examination, if a candidate is found indulging in any of the above practices, he/she shall be deemed to have used unfair practice at the examination. Such candidates would be expelled from P.D.C.P.E.E-2023 and

shall be debarred from appearing in the examination in future too & shall also be liable for criminal action and/or any other action as deemed fit by the University.

- c) Candidates should ensure before leaving the Examination Hall that they have handed over the Answer Sheet to the invigilators on duty and that they have signed on the attendance sheet and filled the other required details. In case the candidate does not hand over the Answer Sheet & takes it away with him/her, it shall be taken as the use of unfair means & case shall be dealt accordingly.

17. INSTRUCTIONS FOR EXAMINEE

- i. Five minutes before the commencement of the Test, each candidate will be given a pre-printed sealed Test Booklet. Do not open/break the seal before the announcements in the examination hall.
- ii. Read carefully all the instructions given on the cover page of the Test Booklet. The candidate will ensure that the Test booklet contains the same number of pages as written on top of the cover page of the Test Booklet.
- iii. After which the candidates will fill in the required particulars on the cover page of the Test booklet with Black Ball Point Pen only.
- iv. The candidates are advised to read the instructions written on the answer sheet carefully and follow it for marking the answers.
- v. All entries are to be made with black **ball point pen** only.
- vi. All rough work should be done in the blank pages, provided only at the end of Test Booklet.

18. MARKING SYSTEM

For **Objective Type Questions (50 Marks)** : All questions will be objective type with four (A,B,C,D) choices of which, only one will be the most appropriate. Each correct answer shall be awarded ONE mark. There is no negative marking

There will be one **long question of 10 Marks**.. No mark will be given for the questions not attempted. More than one answer indicated against any question shall be considered as an incorrect response.

For Group Discussion : 10 marks

Knowledge of the topic
Communication skill
Leadership and team participation and attitude

Practical test : 10 marks

Administration
Test scoring
Interpretation

Interview : 20 marks

Motivation and Attitude

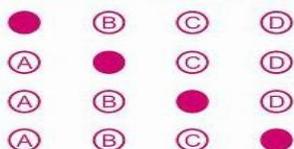
Communication

Commitment to serve the disabled populations

19. CORRECT METHOD OF MARKING ANSWERS

- i. Use black ball point pen only to darken the appropriate circle. Mark should be dark and should completely fill the appropriate circle. Candidate should not indicate the answer in any other way (i.e. tick mark, cross, dot line etc. are not accepted):

Correct way of marking



1. If your answer is (A)
2. If your answer is (B)
3. If your answer is (C)
4. If your answer is (D)

Incorrect way of marking



- ii. Each MCQ will consist of a stem which may be in the form of a question or an incomplete statement and four responses labelled A, B, C and D. One of the four responses only is the most appropriate answer.
- iii. Please do not make any stray marks on the Answer Sheet.
- iv. If more than one circle is darkened, or if the response is marked in a wrong manner to each question, it shall be treated as a wrong answer.
- v. **It is advisable to mark the appropriate answer with a pencil first, so that if any correction is considered later on it can be easily erased. The appropriate answer should be darkened with a black ball point pen only when the candidate is sure about the answer.** No change will be allowed once answer is marked. Use of eraser or white fluid on the Answer Sheet is not permissible as the Answer Sheets are machine gradable and it may lead to wrong evaluation.
- vi. Candidate should not do any rough work or writing work on the Answer Sheet.
- vii. Do not seek clarification on any question in the Test Booklet from the invigilator or supervisors. Use your own best judgment.

20. DECLARATION OF RESULT

The result of P.D.C.P.E.E-2023, shall be declared by 4th September 2023. (Change in date, if any, will be notified through university website).

- i. The result will be available only on University website (www.srhu.edu.in).

- ii. Result of the individual candidate will **not** be communicated on telephone, mail or by any other way.

21. REULES FOR RE-CHECKING/RE-EVALUATION OF ANSWER SHEETS AND VERIFICATION OF MARKS

- (i) A candidate shall be allowed to take with him/her the Test Booklet on the date of examination after returning the OMR answer sheet to the invigilator on duty.
- (ii) Answer keys to the MCQ questions shall be uploaded in the University website.
- (iii) The answer sheet will be scanned by an Optical Scanner.
- (iv) There shall be no re-checking/re-evaluation of answer sheets of the P.D.C.P.E.E-August 2023. No correspondence in this regard will be entertained.

22. PRESERVATION OF RECORDS

The records of P.D.C.P.E.E-2023 of the candidates, who are either not qualified in P.D.C.P.E.E-2023 or not admitted into Professional Diploma in Clinical Psychology Programme, are preserved for one year after declaration of result.

23. MERIT LIST

Merit list shall be prepared based on the aggregated performance (MCQ, Long question, Practical, Group Discussion, Interview) in the P.D.C.P.E.E-2023 for admission into Professional Diploma in Clinical Psychology Programme.

In case of two or more candidates securing equal marks in the P.D.C.P.E.E-2023, the inter-se-merit of such candidates shall be determined in order of preference as follows:

- i. Candidates securing higher marks in MCQs in the Entrance examination.
- ii. Candidates securing higher marks in Long answer question in the Entrance examination.
- iii. Candidates securing higher marks in Practical in the Entrance examination.
- iv. Candidates securing higher marks in group discussion in the Entrance examination.
- v. Candidates securing higher marks in Interview in the Entrance examination.
- vi. Candidates with higher aggregate percentage/ CGPA in the M.A./M.Sc. examination.

24. INSTRUCTIONS FOR COUNSELING / ADMISSION

- i. The admission to the Professional Diploma in Clinical Psychology Programme shall be made purely **on the basis of merit obtained in aggregated marks of P.D.C.P.E.E.**
- ii. The date for counseling/allotment of seats shall be intimated by the University to the eligible candidates, in the order of merit.
- iii. At the time of counseling / allotment of seats for Professional Diploma in Clinical Psychology Programme, the candidate shall bring the following documents in original along with one set of self-attested photocopy of the same:

High School (10th Class) or equivalent examination's mark sheet
High School (10th Class) or equivalent examination's Certificate as proof of date of birth .
Mark sheet of Intermediate or qualifying examination (12th Class) from a recognized board.
Graduation Marksheet and degree (from the UGC approved university)
M.A./M.SC. Marksheet and degree (from the UGC approved university)
Recent Character Certificate from the School/College last attended /Gazetted Officer
Gap year affidavit (If Applicable)
Permanent Residence Certificate for Uttarakhand Candidate (If Applicable)
Caste or category (SC/ST/OBC) and (or) sub-category (FF, DPW, PH) certificate issued by competent authority (If Applicable). <i>Note: Candidates belonging to OBC category must produce their LATEST category certificate which should be valid on the day of counseling/admission</i>
Bank Guarantee/Post dated Cheque for the remaining tuition fee of the course
Guarantee bond
Aadhaar Card.
Two passport size recent colored photographs
One set of self-attested photocopy of all the original documents.
Admit Card of P.D.C.P.E.E.-2023.

25. FEE STRUCTURE

Annual Fees Structure for Professional Diploma in Clinical Psychology Programme_ Program– 2023

Fee Category		Fee (in Rs.)
Tuition Fee per annum	AIC	Rs. 65,000/-
	PRU	Rs. 48,100/-
Admission Fee one time (Non-Refundable)		Rs. 10,000/-
Security Fee (Refundable on completion of the program)		Rs. 10,000/-
Enrollment Fee (one time at the time of admission)		Rs. 1,000/-
University Examination Fee*		As decided from time to time
Supplementary Exam Fee* (if applicable)		As decided from time to time
Administrative Charges (to be charged at the time of admission)		Rs. 1,000/-
Miscellaneous Fee		Rs. 10,000/-
Alumni Fee (to be charged at the time of admission)		Rs. 1,000/-
Vaccination Charges, if applicable (one time)		Rs. 1,500/-

Other Fee

Fee Category	Fee dues on	Fee (in Rs.)
Hostel Fee*	Per Year	42,000
Mess Charges*	Per Month	As per actuals

* Fee is subject to revision